S.T.C. 2489
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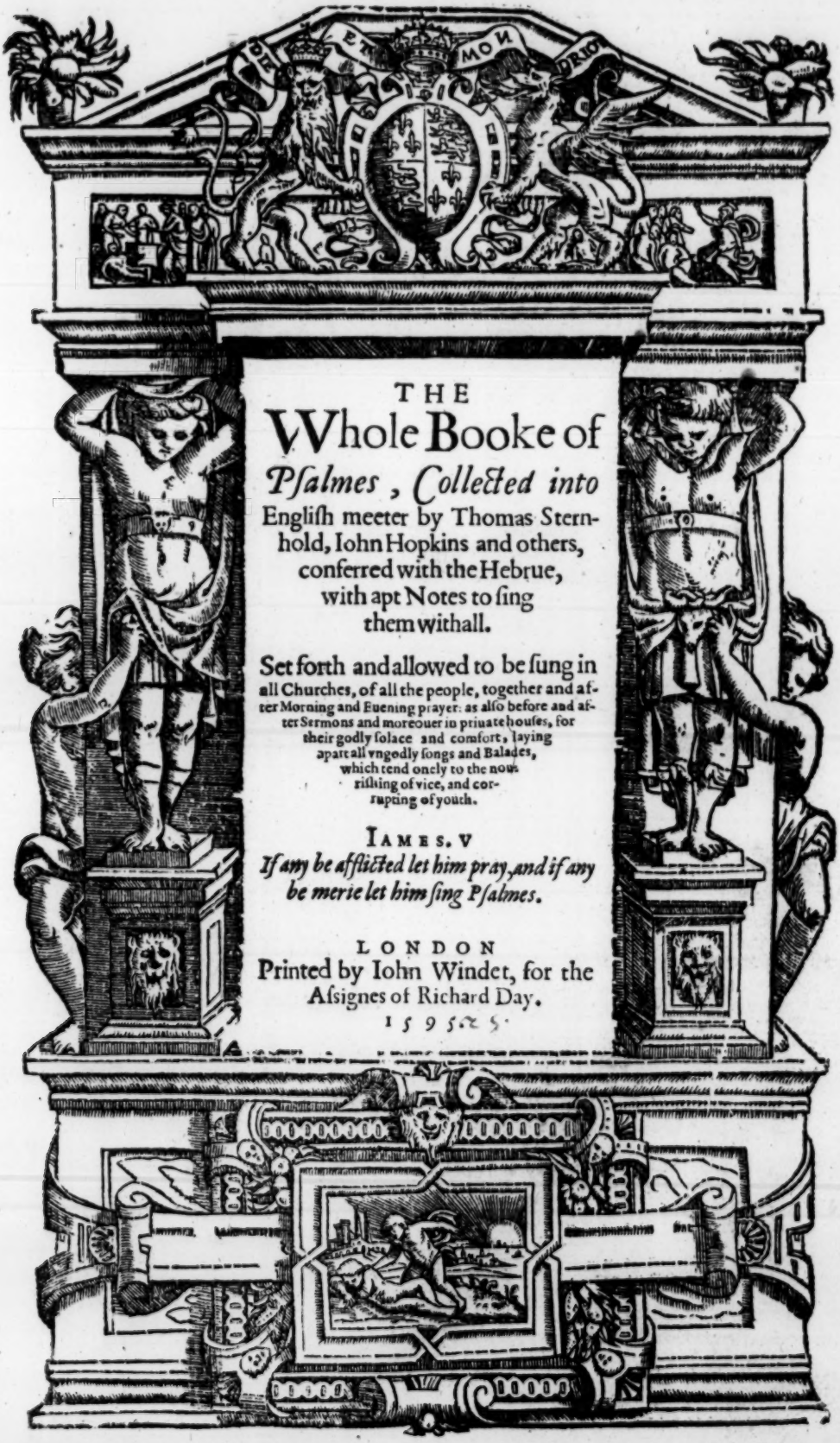

THE Whole Booke of *Psalmes, Collected into* English meeter by Thomas Sternhold, Iohn Hopkins and others, conferred with the Hebrue, with apt Notes to sing them withall.

Set forth and allowed to be sung in all Churches, of all the people, together and after Morning and Euening prayer: as also before and after Sermons and moreouer in priuate houses, for their godly solace and comfort, laying apart all vngodly songs and Balades, which tend onely to the nourishing of vice, and corrupting of youth.

IAMES. V

If any be afflicted let him pray, and if any be merie let him sing Psalmes.

LONDON
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1595.

A TREATISE MADE BY

Athanasius the great, concerning the vse and *vertue of the Psalmes.*

ALL holie Scripture is certainely the teacher of all vertue and of the true fayth: but the Booke of the Psalmes doeth expresse after a certayne maner the very state and condition of the Soule. For as hee which entendeth to present himselfe to a King, first wil compound with himselfe to set in good order both his gesture and speache, least els he might be reputed rude and ignoraunt: Euen so doeth this godly Booke infourme all such as be desirous to lead their life in vertue, and to know the life of our Sauiour, which he ledde in his conuersation, putting them in minde in the reading thereof of all their affections and passions, whereto their soule is inclined.

Moreouer, the Psalmes forme and teache euery man with diuerse instructions, whereby he may not onely espie the affections and state of his soule, and to winne a good paterne and discipline, howe he may please God, but also with what fourme of wordes he may amende himselfe, and howe to giue God due thankes least if hee shoulde speake otherwise then were conuenient, he shoulde fall into impietie by his vnreuerent estimation of God for we must all make an account to the Iudge, as well of our euill deedes, as of our idle wordes.

IF therefore thou wouldest at any time describe a blessed man, who hée is, and what thing maketh him to be so: thou hast the 1.32.41.111.128. Psalmes.

2 If thou wouldest rebuke the Iewes for their spite they haue to Christ: thou hast the seconde Psalme.

3 If thine owne familiars pursue thee: and if many rise against thee, say the 3.143. Psalmes.

4 If thus in trouble thou hast called on God and hast tarryed vpon his helpe: and wouldest giue him thankes for that he hath hearde thee with his helpe, sing the 4.40.116. Psalmes.

5 If that thou seest that euill men lay snares for thée, and therefore desirest Gods eares to heare thy prayer: sing the 5 Psalme.

6 If thou fèlest Gods dreadfull threats, and seest thy selfe afrayde of them: thou mayest say the 6.38.88. Psalmes.

7 If any take counsell against thé, as Achitophell did against Dauid, if thou bee admonished thereof: sing the 7. Psalme.

8 If thou in beholding the grace of our Sauiour spread on euery side, speacially for the restoring of mankinde to saluation, and wouldest speake thereof in meditation to God: sing the 8. Psalme.

9 If so againe: thou wilt sing in giuing thankes to God for the prosperous gathering of thy fruites, vse the 8. Psalme.

10 If thou wouldest haue thine aduersarie kept backe, and thy soule saued, trust not in thy selfe but in the Sonne of God, singing the 9. Psalme.

11 If thou perceiuest God to be wroth with his people, as though he regarded them nothing, thou hast to pacifie him to complayne thereof, the 10.60.74. Psalmes.

12 If any man woulde put thé in feare, haue thou thy hope in God, and sing the 11. Psalme.

13 If thou beholdest the pride of many men, and fèlt malice to abounde, so that there is no

godlines among men, repaire then to God and ſay the 12. Pſalme.

14 If thine aduerſarie lye long in wayt againſt thée, diſpaire not as though God had forgotten thée, but call vpon the Lord, and ſing the 13.22.61. Pſalmes.

15 If thou heareſt any to blaſpheme God in his prouidence, be not partaker with them in wickednes, but make haſt to God, and ſay the 14.55. Pſalmes.

16 If thou deſireſt to know who is a Citizen of heauen: ſing the 15. Pſalme.

17 If thou haſt néede of prayer for ſuch as bee againſt thée, and haue cloſed thy ſoule on euerie ſide, ſing the 16,17,86,141. Pſalmes.

18 If thou haſt eſcaped from thine enemies, and art deliuered from them who purſued thée, ſing thou the 18,89. Pſalmes.

19 If thou doſt wonder at the order of things created by God, conſidering the grace of the diuine prouidence, ſing the 19,24. Pſalmes.

20 If thou ſeeſt a man in aduerſitie, comfort him and pray for him with the 20, Pſalme.

21 If thou perceiueſt thy ſelfe to be defended and fed by God, and to liue proſperouſly, reioyce therein, and ſing the 23, Pſalme.

22 If thine enemies conſpire againſt thée, lift vp thy ſoule to God and ſay the 23, pſalme, and thou ſhalt eſpy them to labour but in vaine againſt thée.

23 If thine enemies cluſter againſt thée, and goe about with their bloodie hands to deſtroy thée, goe not thou aboute by mans help to reuenge it, for all mens iudgementes are not truſtie, but deſire God to be iudge, for he alone is iudge, and ſay the 26,35,43, pſalmes.

24 If they preſſe more fiercely on thée, though they be in number like an armed hoſt, feare them not, which thus reiect thée: as though thou were not annointed and elected by God, but ſing the 27, pſalme.

25 If they be yet ſo impudent that lay wait againſt thée, ſo that it is not lawfull for thée to haue any vocation by them, regard them not, but ſing to God the 28, pſalme.

26 If thou wilt exhort and prouoke kings and princes, to ſubmit their powers to God, and to regard his honor, ſing the 29,82, pſalmes.

27 If thou renue and build thine houſe, both of the ſoule, whereto thou receiueſt God to hoſt, and of thy tempoꝛall habitation, ſing the 30,48,127, pſalmes.

28 If thou ſeeſt thy ſelfe had in hate for the truthes ſake of thy friendes and kinſfolke, leaue not of thy purpoſe, nor feare them which be againſt thée, but thinke on them which followe, and ſing the 31.

29 If thou beholdeſt ſuch as be baptiſed & ſo deliuered from the corruption of their birth, praiſe thou the bountifull grace of God, and ſing the 32, Pſalme.

30 If thou delight to ſing among many, call together righteous men of Godly life, and ſing the 33, Pſalme.

31 If by chaunce thou falleſt among thine enemies, and yet haſt fortunately eſcaped them, if therefore thou wilt giue thanks call together méeke men, and ſing the 34, Pſalme.

32 If thou ſeeſt wicked men contend among themſelues to do miſchief, thinke not that their nature doeth impell them by neceſſitie to worke ſinne againſt their will, as certaine heretikes ſuppoſe, but conſider the Pſalme 36, and thou ſhalt perciue that they bee to themſelues their owne occaſion of ſinning.

33 If thou ſeeſt how wicked men do much wickedneſſe, and that yet ſimple folke praiſe ſuch when thou wilt admoniſh any man to follow them, to bee like vnto them, becauſe they ſhall bee ſhortly rooted out and deſtroyed: ſpeake to thy ſelfe, and to the other the 37, Pſalme.

34 If thou haſt decréed to take héede of thy ſelfe, and ſeeſt thine enemie approch nie thée, as to ſuch the aduerſarie is more prouoked to com with aſſault, and therefore wilt prepare thy ſelfe, ſing the 39, Pſalme.

35 If thou ſeeſt many poore men to begge, and wilt ſhewe pittie to them, thou maieſt both thy ſelfe, receiue them to mercy, and alſo exhort other to do the ſame, ſaying the 41, Pſalme.

36 If thou haſt a deſire to Godward, and heareſt thine enemies to vpbrayd thée, be not troubled, but conſider what fruit of immortalitie riſeth to thée for this deſire, comfort thy ſoule with hope to God, and ſo therein releuing and aſſwaging the heauineſſe of thy life, ſay the 42, Pſalme.

37 If

37 If thou wilt remember of Gods beneſites which he did to their fathers, both in their out-going from Egipt, as in the deſert, and how good God was vnto them, but they vnthankfull to him. Thou haſt the. 44. 78. 89. 102. 106. 114. 117. Pſalmes.

38 If thou haſt made thy refuge to God and haſt eſcaped ſuch trouble as was prepared againſt thée, if thou wilt giue thankes and ſhew out his kindnes to thée, ſing the 46. Pſalme.

39 If thou wilt know how to giue thankes to God, when thou doeſt reſort to him with vnderſtanding ſound, ſing the 47. 48. Pſalmes.

40 If thou wilt exhort men to put their truſt in the liuing God, who miniſtreth all things aboundantly to good mens vſe: and blameth the madnes of the world: which ſerueth their God Pammon ſo inordinately, ſing the 49. Pſalme.

41 If thou wouldeſt call vpon the blind world for their wrong cõfidence of their bruite ſacrifices, and ſhew them what ſacrifice God moſt hath required of them, ſing the 50. Pſalme.

42 If thou haſt ſinned & art conuerted and moued to do penaunce, deſirous to haue mercy, thou haſt words of confeſſion in the 51. Pſalme.

43 If thou haſt ſuffered falſe accuſation before the King, and ſeeſt the deuil to triumph thereof, go aſide and ſay the 52. Pſalme.

44 If they which perſecute thée with accuſations would betray thée: as the Phareſies did Jeſus, and as the aliantes did Dauid: diſcomfort not thy ſelfe therewith, but ſing in good hope to God the 54. 69. 57. Pſalmes.

45 If thine aduerſaries which trouble thée doe vphrayd thée, and that they which ſéme to be thy friends, ſpeake moſt againſt thée: wherupon if in thy meditation thou art ſomewhat grieued therat, thou mayſt call on God, ſaying the 55. Pſalme.

46 If perſecution come fierce on thée, and vnbewares chaunce to enter into the caue where thou hideſt thy ſelfe, feare not, for in this ſtrayte thou ſhalt haue expedient wordes both to comfort thée, and put thée in old remembrance with the 57. 142. Pſalmes.

47 If thou wilt confound hypocrites which make glorious ſhewes outwardly, ſpeake their conuerſion with the 58. Pſalme.

48 If thy purſuers commaund thy houſe to bee watched, when thou art eſcaped, geue thankes to God, and graue it in the tables of thy heart for a perpetuall remembrance, and ſaye the 59. Pſalme.

49 If thine enemies cruelly aſſault thée, and would catch thy life, offer the ſubiection to God againſt them, and be of good comfort: for the more they rage, the more ſhall God ſubdue them, and ſay the 62. Pſalme.

50 If thou flieſt perſecution, and getteſt thée into a wilderneſſe, feare thou not, as though thou were there alone, but hauing God nie vnto thée riſe to him earely in the morning, ſinging the 63. Pſalme.

51 If thine enemies would put thée in feare, and neuer ceaſe to lay traines for thée, and pick all maner of quarels againſt thée, though they be very many, giue no place to them, for the darts of babes ſhall be their deſtruction, if thou ſayeſt the 61. 68. 70. 71. Pſalmes.

52 If thou wilt laud God with a Pſalme or Himne, ſing the 65. 66. Pſalmes.

53 If thou aſkeſt mercy of God, ſing the 67. Pſalme.

54 If thou wouldeſt ſing to the Lord, thou haſt what to ſay, in the 96. 98. Pſalmes.

55 If thou haſt néd to confeſſe God with thanks, ſing the 71. 75. 92. 108. 111. 118. 136. 138 195. Pſalmes.

56 If thou ſeéſt wicked men proſper in peace, bé not offended thereat, but ſay the 73. Pſalme.

57 If thine enemies haue beſet the waies whether thou fleeſt, and art thereby in great anguiſh yet in this trouble diſpaire not but pray, and if thy prayer be heard, giue God thanks and ſay the 77. Pſalme.

58 If they perſeuere ſtill, and defile the houſe of God, kill electes, and caſt their bodies to the foules of the ayre, feare not their crueltie, but ſhew pittie to them which bee in ſuch agonie, and ſay the 79. Pſalme.

59 If thou wilt informe any man with the miſterie of the reſurrection, ſing the 81. Pſalm.
60 If thou wilt ſing to the Lorde, call together Gods ſeruantes on the feſtiuall day, and ſing the 81.95.134. Pſalmes.
61 If the Aduerſaries flocke together on euery ſide, and threate to deſtroy the houſe of God, and make their conſpiracies againſt the religion, let not the number and power trouble thee, for thou haſt an anker of the words of the 83. Pſalme.
62 If thou caſteſt an eye to Gods houſe and to his eternall tabernacles, and haſt a deſire thereto as the Apoſtle had: ſay thou alſo the 84. Pſalme.
93 If Gods wrath be ceaſed, and the captiuitie ended, thou haſt cauſe howe to giue thankes to God with Dauid, recounting his goodnes to thee and others, with the 76.85.116. Pſalmes.
64 If thou wilt rebuke Paynims and heretikes, for that they haue not the knowledge of God in them, thou maiſt haue an vnderſtanding to ſing to God, the 86.115. Pſalmes.
65 If thou wilt ſee and knowe the diſſente that the Catholike Church haue from ſchiſme: and wouldeſt conuerte them, or to diſcerne the Churche concerning the outwarde appearaunce, and formes thereof: thou mayeſt ſay, the 87. Pſalmes.
66 If thou wouldeſt knowe howe Moyſes prayed to God, and in his meditation, recounting the brittle ſtate of mans life, deſired God to direct ſo his ſhort life, that he might follow wiſedome, reade the 90. Pſalme.
67 If thou wouldeſt comfort thy ſelfe and others in true Religion, and teache them, that hope in God will neuer ſuffer a ſoule to be confounded, but make it bolde without feare, for Gods protection, ſing the 91. Pſalme.
68 If thou wilt ſing on the Sabboth day, thou haſt the 92. Pſalme.
69 If thou wilt ſing on the Sonday in meditation of Gods worde, deſiring tobee inſtructed therein, whereby thou mayeſt reſt in Gods holy will, and ceaſe from all the workes & doctrines of vayne men, reuolue that notable Pſalme 119.
70 If thou wilt ſing in the ſecond day of the Sabboth, thou haſt the 95. Pſalme.
71 If thou wouldeſt ſing to the Lorde, thou haſt what to ſay, in the 96.98. Pſalme.
72 If thou wilt ſing the fourth day of the Sabboth, ſing the Pſalme 94. for then when the Lord was betrayed, hé began to take vengeance on death, and to triumph of it: therefore when thou readeſt the Goſpell, wherein thou heareſt the Iewes to take counſell againſt the Lorde, & that hé ſtandeth boldely againſt the deuill, then ſing the foreſaid Pſalme.
73 If thou wilt ſing on good Friday, thou haſt a commendation of the Pſalme 93. for then was the houſe of Gods Church builded and groundly founded, though the enemies wente about to hinder it: for which cauſe ſing to God the ſongs of triumphant victorie, with the ſaide Pſalme, and with the 98. and 129. Pſalmes.
74 If there be any captiuitie wherein thy houſe is layd waſt and yet builded againe, ſing the 96. Pſalme.
75 If the lande be vext with enemies, and after come to any reſt by the power of God, if thou wilt ſing therefore: ſing the 97. Pſalme.
76 If thou conſidereſt the prouidence of God in his gouernaunce ſo ouer all, and wilt inſtruct any with true faith and obedience, when thou haſt firſt perſwaded them to confeſſe themſelues, ſing the 100.147. Pſalmes.
77 If thou doeſt acknowledge in God his iudiciall power, and that in iudgement hee mixeth mercie, if thou wilt drawe nie vnto him, thou haſt the wordes of this Pſalme 101. to the ende.
78 If for the imbecillitie of thy nature, thou art wearie with the continuall miſeries & greefes of this life, and wouldeſt comfort thy ſelfe, ſing the 102. Pſalme.
79 If thou wilt giue thankes to God as it is moſt conuenient and due for all his giftes: when thou wilt ſo doe, thou haſt howe to reioyce thy ſelfe thereunto, with the 103. and 104. Pſalmes.
80 If thou wilt praiſe God, and alſo knowe howe and for what cauſe, and with what woordes thou mayeſt beſt doe it, conſider the 113.117.133.145.147.148.149.150. Pſalmes.
81 If thou haſt faith to ſuch thinges as God ſpeaketh, and beleeueſt that which in prayer thou vttereſt: ſay the pſalme 116. in the ende.
82 If thou feeleſt thy ſelfe to riſe vpward in degrees of well working: as though thou ſaiſt with

Saint

Saint Paul. If forget thoſe things which be behind me, and ſet mine eyes on thoſe things which be before me, thou haſt the 120. Pſalme.

83 If thou beeſt holden in thraldome vnder ſtraying and wandering thoughtes, and feeleſt thy ſelfe drawen by them, whereof thou art ſorie, then ſtay thy ſelfe from thenceforth. & tarry where thou haſt founde thy ſelfe in fault, ſet thee downe and mourne thou alſo as the Hebrewe people did, and ſay with them, the 137. Pſalme.

84 If thou perceiueſt that temptations be ſente to proue thee, thou oughteſt after ſuch temptations to giue God the thankes, and ſay the 139. Pſalme.

85 If yet thou be in bondage by thine enemies, and wouldeſt fayne bee deliuered, ſay the 140. Pſalme.

86 If thou wouldeſt pray and make ſupplication, ſay the 141.142.143. Pſalmes.

87 If any tyrannous enemie riſe vp againſt the people, feare thou not no more then Dauid did Goliah, but beléeue like Dauid, and ſing the 144. Pſalme.

88 If thou art elect out of lowe degrée, ſpecially before other to ſome vocation to ſerue thy brethren, aduance not thy ſelfe too high againſt them in thine owne power, but giue God his glorie who did chooſe thee, and ſing thou the 145. Pſalme.

89 If thou wilt ſing of obedience praiſing God with Alleluya, thou haſt the 105.106.107. 111.112.113.114.115.117.135.136.146.147.148.149.150. Pſalmes.

90 If thou wilt ſing ſpecially of our Sauiour Chriſt, thou haſt of him in euerie Pſalme, but moſt chiefly in the 25.45.110. Pſalmes.

91 Such Pſalmes as ſhewe his lawfull generation of his father, and his corporall preſence be the 11.69. Pſalmes.

92 Such as doe prophecie before of his moſt holy croſſe and paſſion, telling howe many deceitfull aſſaultes he ſuſtained for vs, and howe he ſuffered, be the 2.119. Pſalmes.

93 Such as expreſſe the malicious enmities of the Iewes, and the betraying of Iudas, are the 21.50.55.69.72.109. Pſalmes.

94 Such as deſcribe his agony in his paſſion, death, and ſepulture, be the 22.88. Pſalmes.

95 For his dominion and preſence in the fleſhe, read the 116. Pſalme.

96 Such as ſhewe his glorious reſurrection of bodie, be 44.47. Pſalmes.

97 Such as ſet out his aſcention into heauen, are the 93.96.98.99. Pſalmes.

98 And that he ſitteth on the right hand of his Father, the 110. Pſalme maketh manifeſt.

99 Such as ſhewe that he hath authoritie of his father to iudge, expreſſing his iudiciall power, both in condemning the deuill, and all wicked nations, are the 50.72.82.

FINIS.

Come holy Ghost eternall God, proceeding from aboue,
both from the father and the sonne, the God of peace
and loue. Visit our minds and into vs, thy heauenly grace inspire, that in
all truth and godlines, we may haue true desire.

Thou art the verie comforter, in all woe and distresse:
The heauenly gift of God most hie, which no tonge can expresse.
The fountaine and the liuely spring of ioy celestiall:
The fire so bright, the loue so cleare, and vnction spirituall.

Thou in thy gifts art manifold, whereby Christs Church doth stand:
In faithfull harts writing thy law, the finger of Gods hand.
According to thy promise made, thou giuest speech of grace:
That through thy helpe the praise of God, may stand in euerie place.

O holy Ghost into our wits, send downe thy heauenly light:
Kindle our harts with feruent loue, to serue God day and night.
Strength and stablish all our weaknes, so feeble and so fraile:
That neither flesh, the world, nor deuill, against vs doe preuaile.

Put backe our enemies farre from vs, and graunt vs to obtaine:
Peace in our harts with God and man, without grudge or disdaine.
And grant (O Lord) that thou being our leader and our guide:
We may eschew the snares of sinne, and from thee neuer slide.

To vs such plentie of thy grace, good Lord grant we thee pray:
That thou maiest be our comforter, at the last dreadfull day.
Of all strife and dissention, O Lord dissolue the bands:
And make the knots of peace and loue, throughout all Christen lands.

Grant vs (O Lord) through thee to know, the Father most of might,
That of his deare beloued sonne, we may attaine the light.
And that with perfect faith also, we may acknowledge thee:
The spirit of them both alway, one God in persons three.

Laud and praise be to the father, and to the Sonne equall:
And to the holy spirite also, one God coeternall.
And pray we that the onely Sonne, vouchsafe his spirite to send:

To

To all that doe profesſe his name, vnto the worlds end, Amen.

Venite exultemus. Pſalme. XCv.

O Come and let vs now reioyce, and ſing vnto the Lord:
And to our onely Sauiour, alſo with one accord.
O let vs come before his face, with inward reuerence:
Confeſſing all our former ſinnes, and that with diligence.

To thanke him for his benefits, alway diſtributing:
Wherefore to him right ioyfully, in Pſalmes now let vs ſing.
And that becauſe that God alone, is Lord magnificent:
And eke aboue all other Gods, a king omnipotent.

His people doth not he forſake, at any time or tide:
and in his handſare all the coaſts, of all the worlde ſo wide.
And with his louing countenance, he looketh euery where:
And doth behold the tops of all, the mountaines far and neere.

The ſea and all that is therein, are his for he them made:
And eke his hand hath faſhioned, the earth which doth not fade.
O come therefore and worſhip him, and downe before him fall:
And let vs weepe before the Lord, the which hath made vs all.

He is our God, our Lord and king, and we his people are:
His flocke and ſheepe of his paſture, on whom he taketh care.
This day if ye will heare his voice, yet harden not your hart:
As in the bitter murmuring, when ye were in deſert.

Which thing was of their negligence, committed in the time,
Of trouble in the wildernes, a great and grieuous crime.
Whereas your fathers tempted me, and tried me euery way:
They proued me and ſaw my workes, what I could doe or ſay.

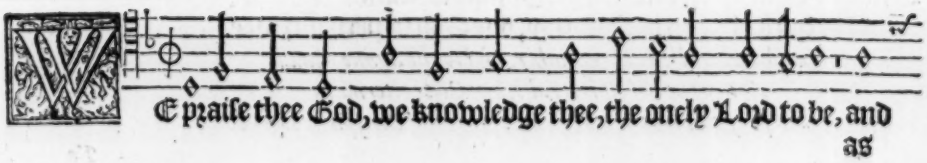
Theſe fortie yeares I haue beene grieued, with all this generation:
And euermore I ſaid they erred, in their imagination.
Where with their harts were ſore combred, long time and many daies:
Wherefore I know aſſuredly, they haue not knowne my waies.

To whome I in mine anger ſwore, that they ſhould not be bleſt:
Nor ſee my ioy celeſtiall, nor enter in my reſt.

Gloria patri.

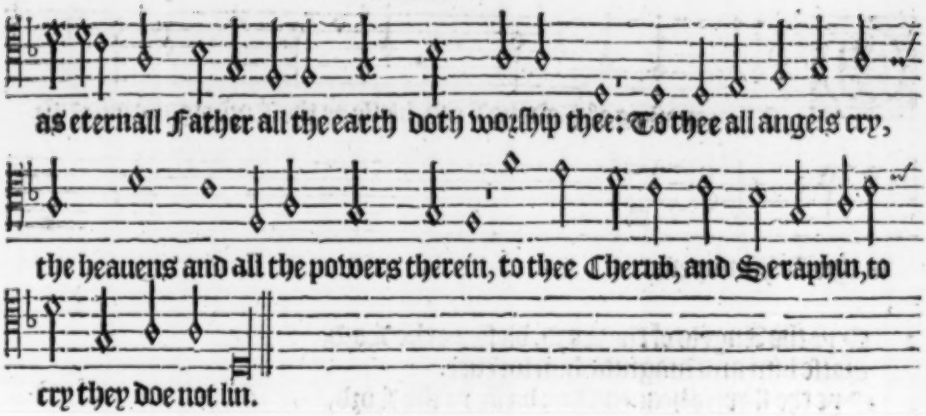
All laud and praiſe be to the Lord, O that of might art moſt,
To God the Father and the Sonne, and to the holy Ghoſt.
As it in the beginning was, for euer heretofore:
As is now at this preſent time, and ſhall be euermore.

The ſong of Saint Ambroſe, called
Te Deum.



WE praiſe thee God, we knowledge thee, the onely Lord to be, and

as



O Holy, Holy, Holy Lord, of Sabboth Lord the God:
Through heauen and earth thy praise is spread, and glorie all abroad.
The Apostles glorious companie, yeelde praises vnto thee:
The Prophets goodly felowship, praise thee continually.

The noble and victorious host, of Martyrs sound thy praise.
The holy Church throughout the world, doth knowledge thee alwaies,
Father of endlesse Maiestie, they doe acknowledge thee:
Thy Christ thine honorable true, and onely sonne to bee.

The holy Ghost the comforter, of glorie thou art king:
O Christ and of the Father art, the sonne euerlasting.
When sinfull mans decay in hand, thou tookest to restore:
To be enclosed in virgins wombe, thou diddest not abhorre.

When thou hadst ouercome of death, the sharpe and cruell might:
Thou heauens kingdome didst set ope, to ech beliuing wight,
In glorie of the Father thou, doest sit on Gods right hand:
We trust that thou shalt come our iudge, our cause to vnderstand.

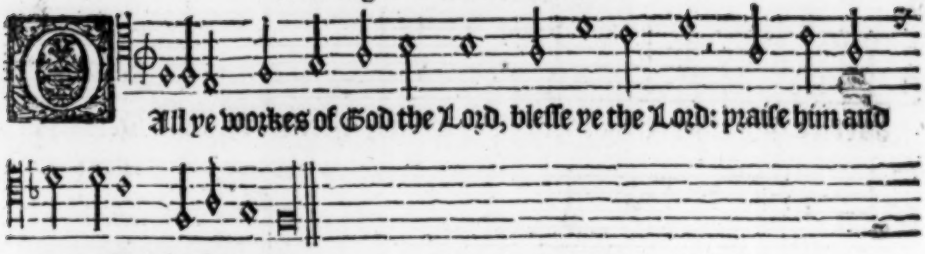
Lord helpe thy seruants whom thou hast, bought with thy precious bloud:
and in eternall glorie set, them with thy Saints so good.
O Lord doe thou thy people saue, blesse thine inheritance:
Lord gouerne them, and Lord doe thou, for euer them aduance.

We magnifie thee day by day, and world without all end:
Adore thy holy name (O Lord) vouchsafe vs to defend,
From sinne this day. Haue mercy Lord, haue mercy on vs all:
And on vs (as we trust in thee) Lord let thy mercy fall.

O Lord I haue reposed all my confidence in thee:
Put to confounding shame therefore, Lord let me neuer bee.

The Song of the three Children, praising God, prouoking
all creatures to doe the same.

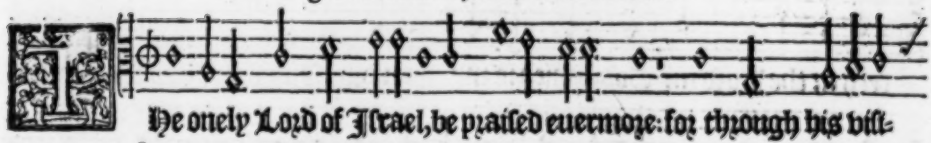
O all



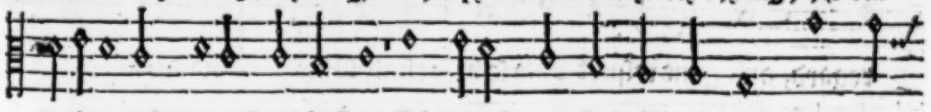
All ye woꝛkes of God the Loꝛd, bleſſe ye the Loꝛd: pꝛaiſe him and magnifie him foꝛ euer.

2 O ye the Angels of the Loꝛd, bleſſe ye the Loꝛd,
pꝛaiſe him and magnifie him foꝛ euer.
3 O ye the ſtarrie heauens hie, bleſſe ye the Loꝛd,
pꝛaiſe him and magnifie him foꝛ euer.
4 O ye waters aboue the ſkie, bleſſe ye the Loꝛd.&c.
5 O ye the powers of the Loꝛd, bleſſe ye the Loꝛd.&c.
6 O ye the ſhining Sunne and Moone, bleſſe ye the Loꝛd.&c.
7 O ye the gliſtring ſtars of heauen, bleſſe ye the Loꝛd.&c.
8 O ye the ſhowers and dꝛopping dew, bleſſe ye the Loꝛd.&c.
9 O ye the blowing winds of God, bleſſe ye the Loꝛd.&c.
10 O ye the fire and warming heate, bleſſe ye the Loꝛd.&c.
11 Ye winter and the ſummer tide, bleſſe ye the Loꝛd. &c.
12 O ye the dewes and binding froſts, bleſſe ye the Loꝛd.&c.
13 O ye the froſt and chilling cold, bleſſe ye the Loꝛd.&c.
14 O ye congeled yſe and ſnow, bleſſe ye the Loꝛd.&c.
15 O ye the nights and lightſome daies, bleſſe ye the Loꝛd.&c.
16 O ye the darkneſſe and the light, bleſſe ye the Loꝛd &c.
17 O ye the lightnings and the clouds, bleſſe ye the Loꝛd.&c.
18 O let the earth eke bleſſe the Loꝛd, ye bleſſe the Loꝛd.&c.
19 O ye the mountaines and the hils, bleſſe ye the Loꝛd.&c.
20 O all ye greene things on the earth, bleſſe ye the Loꝛd.&c.
21 O ye the euer ſpꝛinging wels, bleſſe ye the Loꝛd.&c.
22 O ye the Seas and ye the flouds, bleſſe ye the Loꝛd.&c.
23 Whales and all that in waters moue, bleſſe ye the Loꝛd.&c.
24 O all ye flying foules of the ayꝛe, bleſſe ye the Loꝛd.&c.
25 O all ye beaſts and cattell eke, bleſſe ye the Loꝛd.&c.
26 O ye the childꝛen of mankind, bleſſe ye the Loꝛd.&c.
27 Let Iſraell eke bleſſe the Loꝛd, yea bleſſe the Loꝛd.&c.
28 O ye the pꝛieſts of God the Loꝛd, bleſſe ye the Loꝛd.&c.
29 O ye the ſeruants of the Loꝛd, bleſſe ye the Loꝛd.&c.
30 Ye ſpirits and ſoules of righteous men, bleſſe ye the Loꝛd.&c.
31 Ye holy and ye meeke of hart, bleſſe ye the Loꝛd.&c.
32 O Ananias bleſſe the Loꝛd, bleſſe thou the Loꝛd,
pꝛaiſe him and magnifie him foꝛ euer.
O Azarias bleſſe the Loꝛd, bleſſe thou the Loꝛd,
pꝛaiſe him and magnifie him foꝛ euer.
And Miſaell bleſſe thou the Loꝛd, bleſſe thou the Loꝛd,
pꝛaiſe him and Magnifie him foꝛ euer.

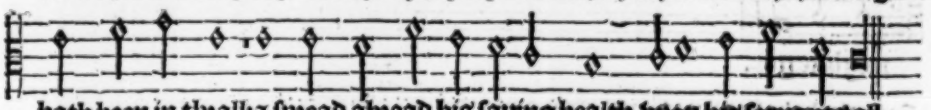
The Song of Zacharias, called Benedictus.



THe onely Lord of Israel, be praised euermore: for through his visi-



tation, and mercy kept in store. His people now he hath redeemd, that long



hath been in thrall: & spread abroad his sauing health, vpon his seruants all.

In Dauids house his seruant true, according to his minde:
and also his annoynted king as we in scripture finde.
As by his holy prophets all, oft times he did declare:
the which were since the world began, his waies for to prepare.

That we might be deliuered, from those that make debate:
our enemies and from the hands, of all that doe vs hate.
The mercy which he promised, our fathers to fulfill:
and thinke vpon his couenant made, according to his will.

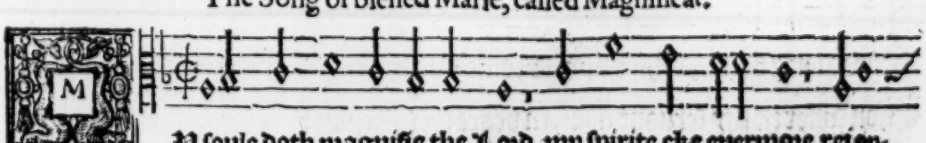
And also to performe the oth, which he before had sworne:
to Abraham our father deare, for vs that were forlorne.
That he would giue him selfe for vs, and vs from bondage bring:
Out of the hands of all our foes, to serue our heauenly king.

And that without all manner feare, and eke in righteousnes:
and also for to leade our life, in stedfast holines.
And thou (O child) which now art borne, and of the Lord elect:
shalt be the Prophet of the highest, his waies for to direct.

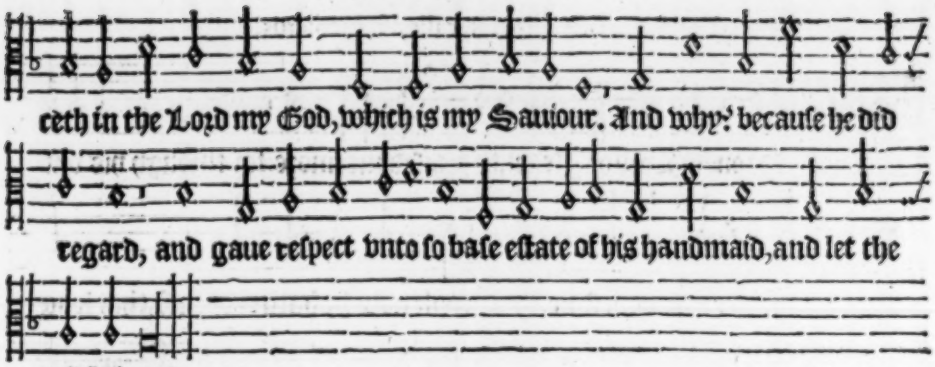
For thou shalt go before his face, for to prepare his waies:
and also for to teach his will, and pleasure all the daies.
To giue them knowledge how that their saluation is neare.
and that remission of their sinnes, is through his mercy meere.

Whereby the day spring from an high, is com vs for to visit:
and those for to illuminate, which doe in darkenes sit.
To lighten those that shadowed be, with death and eke opprest:
and also for to guide their feete, the waie to peace and rest.

The Song of blessed Marie, called Magnificat.



MY soule doth magnifie the Lord, my spirite eke euermore, reioy-



ceth in the Lord my God, which is my Sauiour. And why? because he did

regard, and gaue respect vnto so base estate of his handmaid, and let the

mightie god.

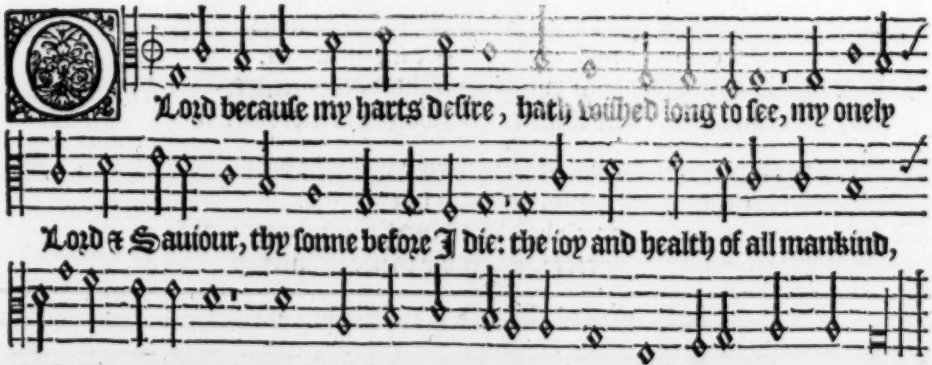
For now behold all nations, and generations all:
from this time fourth for euer more, shall me right blessed call.
Because he hath me magnified, which is the Lord of might:
whose name be euer sanctified, and praised day and night.

For with his mercy and his grace, all men he doth enflame:
throughout all generations, to such as feare his name.
He shewed strength with his greate arme, and made the proud to start:
with all imaginations, that they bare in their heart.

He hath put downe the mightie ones, from their supernall seate:
and did exalte the meeke in heart, as he hath thought it meete.
The hungry he replenished, with all thinges that were good:
and through his power he made the rich, oft times to want their foode.

And calling to remembraunce, his mercy euery deale:
hath holpen vp assistantly, his seruant Israell.
According to his promise made, to Abraham before:
and to his seede successiuely, to stand for euermore.

The Song of Simeon, called Nunc dimittis.



Lord because my harts desire, hath longed long to see, my onely

Lord & Sauiour, thy sonne before I die: the ioy and health of all mankind,

desired long before, which now is come into the world, of mercy bringing store.

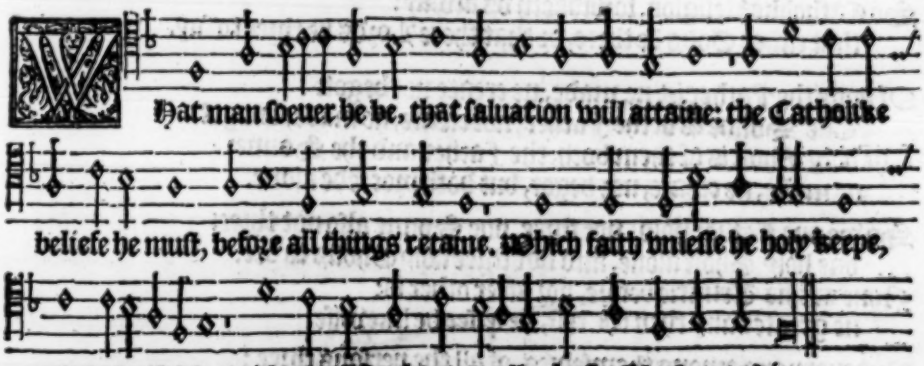
Thou sufferest thy seruant now, in peace for to depart:
according to thy holy word, which lighteneth my heart.

Because

Because mine eyes which thou hast made, to giue my body light:
haue now beheld thy sauing health, which is the Lord of might.

Whom thou mercifully hast set, of thine aboundant grace:
in open sight and visible, before all peoples face.
The Gentiles to illuminate, and Sathan ouerquell:
and eke to be the glorie of, thy people Israell.

The Simbole or Creede of Athanasius, called *Quicunque vult.*



The Catholike beliefe is this, that God we worship one:
in Trinitie, and Trinitie, in vnitie alone.
So as we neuer do confounde, the persons of the three:
nor yet the substance whole of one, in sunder parted be.

One person of the Father is, an other of the Sonne:
an other person proper of, the holy Ghost alone.
Of Father, Sonne, and holy Ghost, but on the Godhead is:
Like glory coeternall eke, the maiestie likewise.

Such as the Father is such is, the Sonne in ech degree:
and such also we do beleeue, the holy Ghost to be.
Uncreate is the Father, and uncreate is the Sonne:
the holy Ghost uncreate, so uncreate is ech one.

Incomprehensible Father is, incomprehensible Sonne:
and comprehensible also is, the holy Ghost of none.
The Father is eternall, and the sonne eternall so:
and in like sort eternall is, the holy Ghost also.

And yet though we beleeue, that ech of these eternall be:
yet there but one eternall is, and not eternals three.
As ne incomprehensible, ne yet uncreate three:
but one incomprehensible, one uncreate hold to be.

Almightie so the Father is, the Sonne almighty so:
and in like sort almighty is, the holy Ghost also.

And albeit that euery one, of theſe almightie bee:
yet there but one almightie is, and not almighties three.

The Father God is, God the Sonne, God holy Ghoſt alſo:
yet are there not three Gods in all, but one God and no moe.
So likewiſe Lord the Father is, and Lord alſo the Sonne:
and Lord the holy Ghoſt, yet are there not three Lords but one.

For as we are compeld to graunt, by Chriſtian veritie:
ech of the perſons by himſelfe, both God and Lord to be.
So Catholike Religion, forbiddeth vs alway:
that either Gods be three, or that there Lords be three to ſay.

Of none the Father is, ne made, ne create nor begot:
The Sonne is of the Father, not create, ne made, but got.
The holy Ghoſt is of them both, the Father and the Sonne:
ne made, ne create, nor begot, but doth proceede alone.

So we one Father hold, not three, one Sonne alſo not three:
one holy Ghoſt alone, and not three holy Ghoſts to bee.
None in this Trinitie before, nor after other is:
ne greater any then the reſt, ne leſſer be likewiſe.

But euery one among themſelues, of all the perſons three:
together coeternall all, and all coequall bee.
So vnitie in Trinitie, as ſayd it is before.
and Trinitie in vnitie, in all thinges we adore.

Therefore what man ſoeuer that, ſaluation will attaine:
this faith touching the Trinitie, of force he muſt retaine.
And needfull to eternall life, it is that euery wight:
of the incarnating of Chriſt, our Lord beleue aright.

For this the right faith is that we, beleue and ſtedfaſt know:
that Chriſt our Lord the Sonne of God, is God and man alſo.
God of his fathers ſubſtance got, before the world began:
and of his mothers ſubſtance borne, in world a verie man.

Both perfect God and perfect man, in one one Jeſus Chriſt:
that doth of reaſonable ſoule, and humaine fleſh conſiſt.
Touching his Godhead, equall with his father God is hee:
touching his manhood lower then, his father in degree.

Who though he be both very God, and very man alſo:
yet is he but one Chriſt alone, and is not perſons two.
One not by turning of Godhead, into the fleſh of man,
but by taking manhood to God, this being one began.
All one not by confounding of, the ſubſtance into one:
but onely by the vnitie, that is of one perſon.
For as the reaſonable ſoule, and fleſh but one man is:
ſo in one perſon God and man, is but one Chriſt likewiſe.

Who ſuffered for to ſaue vs all, to hell he did deſcend:

the

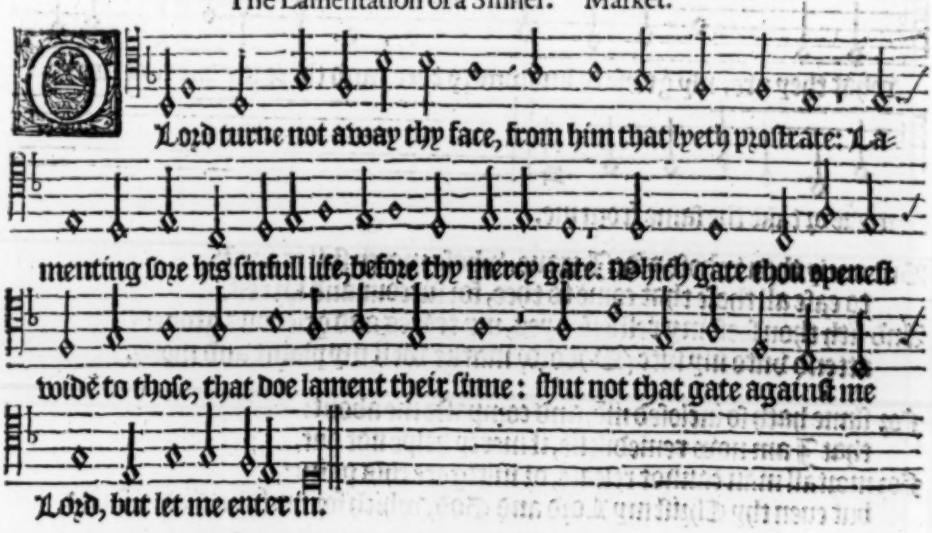
the third day roſe againe from death, to heauen he did deſcend.
He ſits at the right hand of God, the almightie father there:
from thence to iudge the quicke and dead, againe he ſhall retyre.

At whoſe returne all men ſhall riſe, with bodies new reſtord:
and of their owne works they ſhall giue, account vnto the Lord.
And they into eternall life ſhall goe, that haue done well:
who haue done ill, ſhall goe into eternall fire to dwell.

This is the Catholike beliefe, who doth not faithfully,
beleeue the ſame, without all doubt, he ſaued cannot be.

To Father, Sonne, and holy Ghoſt, all glorie be therefore,
As in beginning was, is now and ſhall be euermore.

The Lamentation of a Sinner. Market.



And call me not to mine accounts, how I haue liued here:
for then I know right well (O Lord) how vile I ſhall appeare.
I need not to confeſſe my life, I am ſure thou canſt tell:
what I haue beene and what I am, I know thou knoweſt it well.

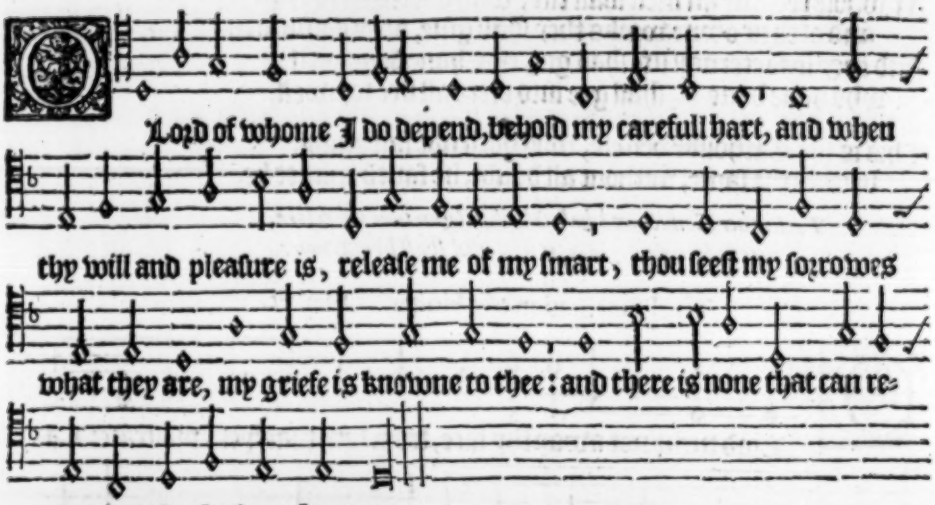
O Lord thou knoweſt what things be paſt, and eke the things that bee:
thou knoweſt alſo what is to come, nothing is hid from thee.
Before the heauens & earth were made, thou knoweſt what things were then:
as all things elſe that haue beene ſince, among the ſonnes of men.

And can the things that I haue done, be hidden from thee then?
nay, nay, thou knoweſt them all O Lord, where they were done and when.
Wherefore with teares I come to thee, to beg and to intreate:
euen as the child that hath done euill, and feareth to be beate.

So come I to thy mercy gate, where mercy doth abound:
requiring mercy for my ſinne, to heale my deadly wound.
O Lord I need not to repeate, what I doe beg or craue:
thou knoweſt O Lord before I aſke, the thing that I would haue.

Mercy good Lord, mercie I aſke, this is the totall ſumme:
for mercy Lord is all my ſute, Lord let thy mercy come.

The humble ſute of a Sinner.



But onely thou whoſe aide I craue, whoſe mercy ſtill is preſt:
to eaſe all thoſe that come to thee, for ſuccour and for reſt.
And ſith thou ſeeſt my reſtleſſe eyes, my teares and grieuous grone:
attend vnto my ſute (O Lord) marke well my plaint and mone.

For ſinne hath ſo incloſed me, and compaſte me about:
that I am now remedileſſe, if mercy helpe not out.
For mortall man cannot releaſe, or mitigate this paine:
but euen thy Chriſt my Lord and God, which for my ſinnes was ſlaine.

Whoſe bloudy wounds are yet to ſee, though not with mortall eye:
yet doe thy Saints behold them all, and ſo I truſt ſhall I:
Though ſinne doth hinder me a while, when thou ſhalt ſee it good:
I ſhall enioy the ſight of him, and ſee his wounds and bloud.

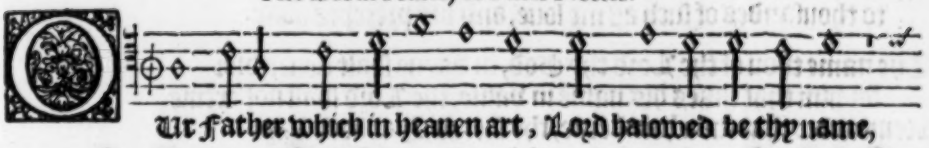
And as thine Angels and thy Saints, doe now behold the ſame:
ſo truſt I to poſſeſſe that place, with them to praiſe thy name.
But whileſt I liue here in this vale, where ſinners doe frequent:
aſſiſt me euer with thy grace, my ſinnes ſtill to lament.

Leaſt that I tread in ſinners trace, and giue them my conſent:
to dwell with them in wickednеſſe, whereto nature is bent.
Onely thy grace muſt be my ſtay, leaſt that I fall downe flat:
and being downe then of my ſelfe, cannot recouer that.

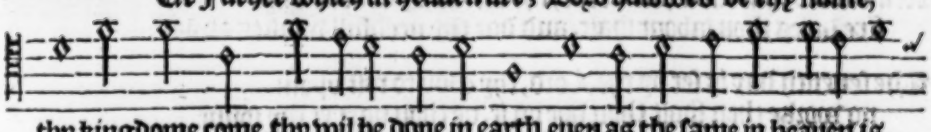
Wherefore this is yet once againe, my ſute and my requeſt:
to grant me pardon for my ſinne, that I in thee may reſt.
Then ſhall my hart, my tongue and voice, be inſtruments of praiſe:
and in thy Church and houſe of Saints, ſing Pſalmes to thee alwaies.

The

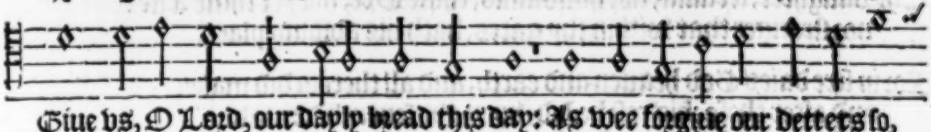
The Lords Praier, or Pater Noſter.



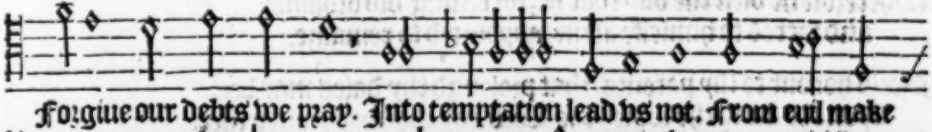
OUr Father which in heauen art, Lord halowed be thy name,



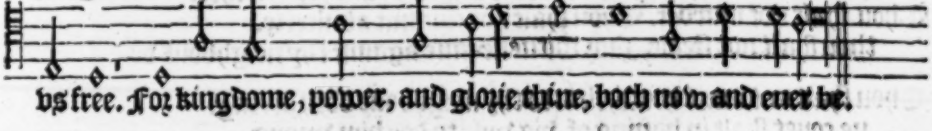
thy kingdome come, thy wil be done in earth, euen as the ſame in heauen is.



Giue vs, O Lord, our dayly bread this day: As wee forgiue our detters ſo,



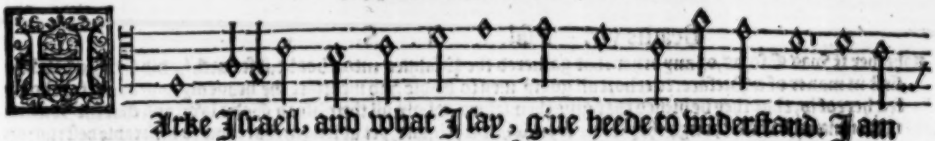
Forgiue our debts we pray. Into temptation lead vs not. From euil make



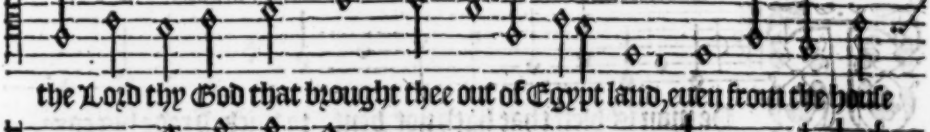
vs free. For kingdome, power, and glorie thine, both now and euer be.

The X. Commandements. Audi Iſraell.

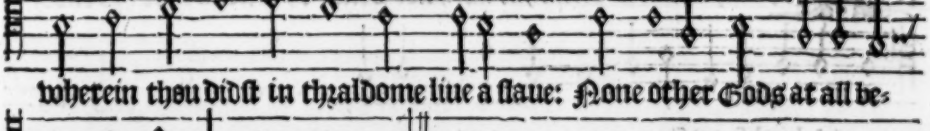
Exodus. xx. N.



HArke Iſraell, and what I ſay, giue heede to vnderſtand. I am



the Lord thy God that brought thee out of Egypt land, euen from the houſe



wherein thou didſt in thraldome liue a ſlaue: None other Gods at all be-

fore, my preſence ſhalt thou haue.

No manner grauen image ſhalt thou make at all to thee:
nor any figure like by thee, ſhall counterfaited be.
Of any thing in heauen aboue, nor in the earth below:
nor in the waters beneath the earth, to them thou ſhalt not bow.

Nor ſhalt them ſerue. Thy Lord thy God, a iealous God am I:
that puniſh parents faults, vnto the third and fourth degree.

Vpon

Upon their children that me hate, and mercy doe display:
to thousandes of such as me loue, and my precepts obay.

The name thou of the Lord thy God, in vayne shalt neuer vse:
for him that takes his name in vaine, the Lord shall not excuse.
Remember that thou holy keepe, the sacred Sabboth day:
sixe daies thou labour shalt, and doe thy needfull workes alway.

The seuenth day is set by the Lord, thy God to rest vpon:
no worke then shalt thou doe on it, ne thou nor yet thy sonne.
Thy daughter, seruant, nor handmaid, thine Ore, nor yet thine Asse:
nor stranger that within thy gates, hath his abiding place.

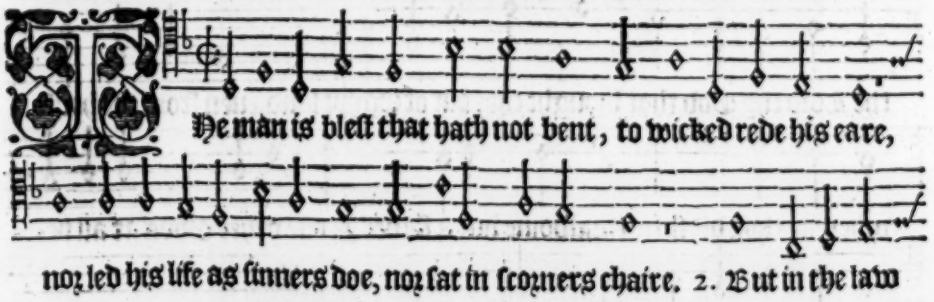
For in sixe daies God heauen and earth, and all therein did make:
and after those, his rest he did, vpon the seuenth day take.
Wherefore he blest the day that he, for resting did ordaine:
and sacred to himselfe alone, appointed to remaine.

Yeeld honour to thy parents, that prolongd thy daies may bee:
vpon the land the which the Lord, thy God hath giuen thee.
Thou shalt not murder. Thou shalt not commit adulterie.
thou shalt not steale, Nor witnesse falsse against thy neighbour be.

Thou shalt not couet house, that to thy neighbour doth belong:
ne couet shalt in hauing of, his wife to doe him wrong.
Nor his man seruant, nor his maid, nor Ore, nor Asse of his:
nor any other thing that to, thy neighbour proper is.

Beatus vir. Psal. i. T. S.

Whether it was Esdras, or any other that gathered the Psalmes into a booke, it seemeth he did set this Psalme first in maner of a Preface, to exhort all godly men to studie and meditate the heauenly wisedome, for the effect hereof is, that they be blessed that giue themselues wholy all their life to Gods law: and that the wicked contemners of God, though they seeme for a while fortunate, yet at length shal come to miserable destruction



3 He shall be like the tree that groweth, fast by the water side:
which bringeth forth most pleasant fruite, in her due time and tide.
Whose leafe shall neuer fade nor fall, but flourish still and stand:
euen so all things shall prosper well, that this man takes in hand.

4 So shall not the vngodly men, they shall be nothing so:
but as the dust which from the earth, the winds driue to and fro.
5 Therefore shall not the wicked men, in iudgement stand vpright:
nor yet the sinners with the iust, shall come in place or sight.

6 For why? the way of godly men, vnto the Lord is knowne:
and eke the way of wicked men, shall quite be ouerthrowne.

Quare fremuerunt gentes. Psal. ii. T. S.

Dauid reioyceth, that notwithstanding his enemies rage and worldly power, yet God will continue his kingdome for euer, and aduaunce it euen to the furmost end of the world. And therefore he exhorteth Kings and rulers, that setting vaine glorie apart, they would humbly submit themselues vnder Gods yoke. Herein is signified Christ and his kingdome.

Sing this as the first Psalme.

Why did the Gentils tumults rayse, what rage was in their braine?
why did the Jewish people muse, seeing all is but vaine?
2 The Kings and rulers of the earth, conspire and are all bent:
against the Lord and Christ his sonne, which he among vs sent.

3 Shall we be bound to them say they? let all their bonds be broke:
and of their doctrine and their law, let vs reiect the yoke:
4 But he that in the heauen dwelleth, their doings will deride:
and make them all as mocking stockes, throughout the world so wide.

5 For in his wrath the Lord will say, to them vpon a day:
and in his furie trouble them, and then the Lord will say.
6 I haue annoynted him my King, vpon my holy hill:
I will therefore Lord preach thy lawes, and eke declare thy will.

7 For in this wise the Lord himselfe, did say to me I wot:
thou art my deare and onely sonne, to day I thee begot.
8 All people I will giue to thee, as heyres at thy request:
the ends and coastes of all the earth, by thee shall be possest.

9 Thou shalt them bruse euen with a mace, as men vnder foote trod:
and as the potters shardes shalt breake, them with an yron rod.
10 Now ye O kings and rulers all, be wise therefore and learnd:
by whome the matters of the world, be cudged and discernd.

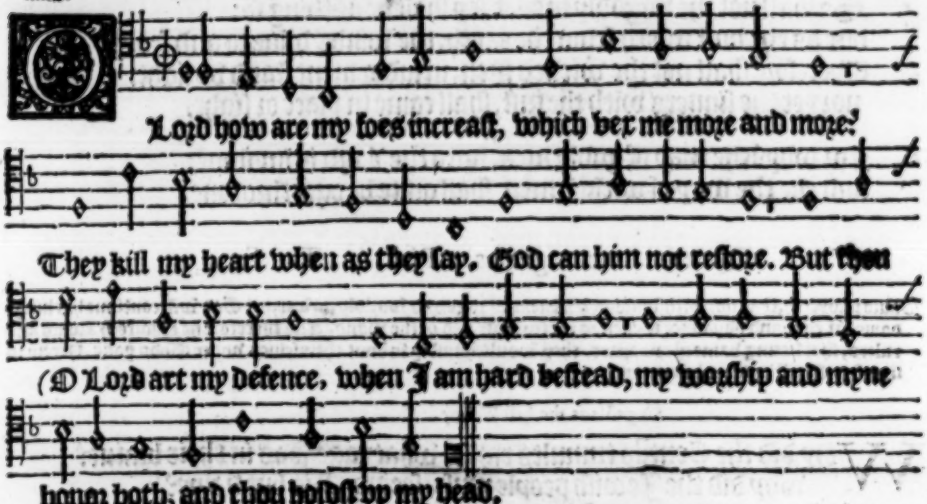
11 See that ye serue the Lord aboue, in trembling and in feare:
see that with reuerence ye reioyce, to him in like maner.
12 See that ye kisse and eke embrace, his blessed sonne I say:
Least in his wrath ye sodenly, perish in the mid way.

13 If once his wrath neuer so small, shall kindle in his brest:
Oh then all they that trust in Christ, shall happie be and blest.

Domine

Domine quid multiplicati. Pſal. iii. T. S.

David being perſecuted and driuen out of his kingdome by his owne ſonne Abſalon, was greatly tormented in mind for his ſinne againſt God: and therefore calleth vpon God, and ſweareth bolde through his promiſes, againſt the great terrours of his enemies: yea and againſt death it ſelfe, which he ſaw preſent before his eyes. Finally he reioyceth for the good ſucceſſe and victorie that God gaue him and all the Church ouer his enemies.



4 Then with my voice vpon the Lord, I did both call and cry:
and he out of his holy hill, did heare me by and by.
5 I laide me downe and quietly, I ſlept and roſe againe:
for why? I know aſſuredly, the Lord will me ſuſtaine.

6 If ten thouſand had hemd me in, I could not be afraid:
for thou art ſtill my Lord my God, my ſauiour and mine aid.
7 Riſe vp therefore ſaue me my God, for now to thee I call:
for thou haſt broke the cheeks and teeth, of theſe wicked men all.

8 Saluation onely doth belong to thee, O Lord, aboue:
thou doeſt beſtow vpon thy folke, thy bleſſing and thy loue.

Cum inuocarem exaudiuit. Pſal. iiii. T. S.

When Saul perſecuted him, he calleth vpon God, truſting moſt aſſuredly in his promiſe, and therefore boldly reproueth his enemies, who by ſinfull malice reſiſted his dominion. And finally preferreth the fauour of God before all worldly treaſures. Let vs likewiſe learne to truſt in Gods promiſes, when we are afflicted with any kind of croſſe, and ſo we ſhall neither feare our enemies, nor yet be ouercome with temptations.

Sing this as the firſt Pſalme.

O God that art my righteouſneſſe, Lord heare me when I call:
thou haſt ſet me at libertie, when I was bound and thrall.
2 Haue mercy Lord therefore on me, and grant me this requeſt:
for vnto thee vnceſſantly, to cry I will not reſt.

3 O mortall men how long will ye, my glorie thus deſpiſe?
why wander ye in banitie, and follow after lies?
4 Know ye that good and godly men, the Lord doth take and chuſe:
and when to him I make my plaint, he doth me not refuſe.

5 Sin

5 Sin not, but ſtand in awe therefore, examine well your hart:
and in your chamber quietly, ſee you your ſelues conuert.
6 Offer to God the ſacrifice, of righteouſneſſe I ſay:
and looke that in the liuing Lord, you put your truſt alway.

7 The greater ſort craue wordly goods, and riches doe embrace:
but Lord grant me thy countenance, thy fauour and thy grace.
8 For thou thereby ſhalt make my hart, more ioyfull and more glad:
then they that of their corne and wine, full great increaſe haue had.

9 In peace therefore lie downe will I, taking my reſt and ſleepe:
for thou onely wilt me O Lord, alone in ſafetie keepe.

Verba mea auribus percipe. Pſal. v. T. S.

Dauid hauing ſuffered great calamities, as well by Doeg and Achitophell Sauls flatterers, as by other infinite enemies, calleth to God for ſuccour, ſhewing how requiſite it is that God ſhould puniſh the malicious enuie of his aduerſaries. After being aſſured of proſperous ſucceſſe, he conceiueth comfort: concluding that when God ſhall deliuer him, other alſo ſhall be partakers of the ſame mercies.

Sing this as the third Pſalme.

INcline thine eares vnto my words, O Lord my plaint conſider:
2 And heare my voice, my king, my God, to thee I make my praier.
3 Heare me betime (Lord) tarie not, for I will haue reſpect:
my praier early in the morne, to thee for to direct.

4 And I will truſt through patience, in thee my God alone:
that art not pleaſed with wickednеſſe, and ill with thee dwels none.
5 And in thy ſight ſhall neuer ſtand, theſe furious fooles (O Lord:)
vaine workers of iniquitie, thou haſt alwaies abhord.

6 The lyers and the flatterers, thou ſhalt deſtroy them than:
and God will hate the bloudthirſtie, and the deceitfull man.
7 Therefore will I come to thy houſe, truſting vpon thy grace:
and reuerently will worſhip thee, toward thine holy place.

8 Lord leade me in thy righteouſneſſe, for to confound my foes:
and eke the way that I ſhall walke, before my face diſcloſe.
9 For in their mouthes there is no truth, their hart is foule and vaine:
10 Their throate an open ſepulchre, their tongues doe gloſe and faine.

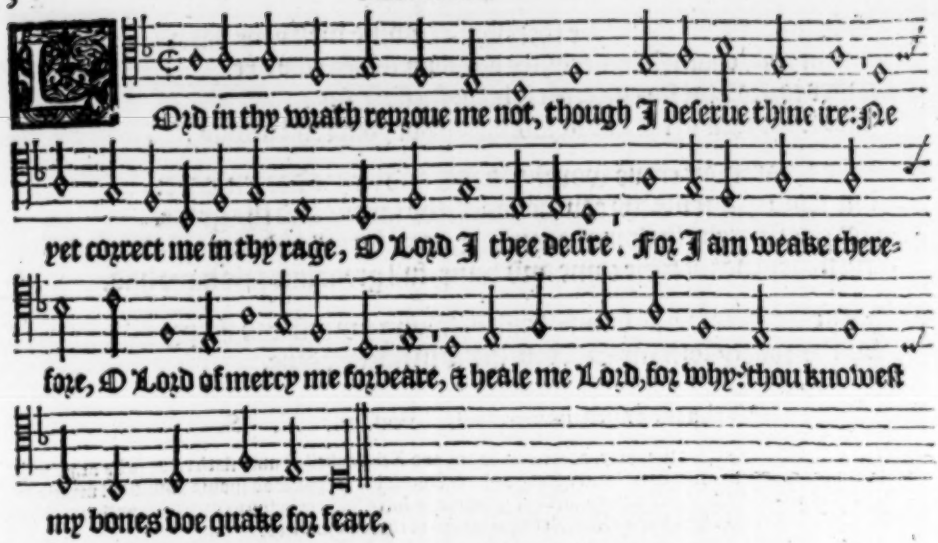
11 Deſtroie their falſe conſpiracies, that they may come to nought:
12 Subuert them in their heapes of ſin, which haue rebellion wrought.
13 But thoſe that put their truſt in thee, let them be glad alwaies:
and render thanks for thy defence, and giue thy name the praiſe.

14 For thou with fauour wilt increaſe, the iuſt and righteous ſtill:
and with thy grace as with a ſhield, defend him from all ill.

Domine ne infurore tuo. Pſal. vi. T. S.

When Dauid by his ſinnes had prouoked Gods wrath, and now felt not onely his hand againſt him, but alſo conceiued the horrors of death euerlaſting: he deſireth forgiuenes, bewayling that if God tooke him away in his indignation, he ſhould lacke occaſion to praiſe him as he was wont to do, whileſt her was amongeſt men. Then ſodenly feeling Gods mercy, he ſharply rebuketh his enemies, which reioyced in his affliction.

Lord



3 My ſoule is troubled very ſore, and vexed vehemently,
but Lord how long wilt thou delay, to cure my miſery.
4 Lord turne thee to thy wonted grace, my ſely ſoule vp take:
oh ſaue me not for my deſertes, but for thy mercies ſake.

5 For why: no man among the dead, remembreth thee one whit:
or who ſhall worſhyp thee (O Lord) in the infernall pit?
6 So grieuous is my plaint and mone that I ware wondrous faint:
all the night long I waſh my bed, with teares of my complaynt.

7 My ſight is dim and wareth old, with anguiſh of myne hart:
for feare of thoſe that be my foes, and would my ſoul ſubuert.
8 But now away from me all ye, that worke iniquitie:
for why? the Lord hath heard the voyce, of my complaynt and cry.

9 He heard not onely the requeſt, and prayer of my hart:
but it receiued at my hand, and toke it in good part
10 And now my foes that vexed me, the Lord will ſoone defame:
and ſodenly confound them all, to their rebuke and ſhame.

Domine Deus meus in te ſperaui. Pſal. vii. T. S.

Dauid being falſely accuſed by Chus, one of Saules kinſmen, calleth to God to be his defender, to whom he commendeth his innocencie: Firſt ſhewing that his conſcience did not accuſe him of any euil towards Saul. Next, that it touched Gods glory to award ſentence againſt the wicked. And ſo entring into the conſideration of Gods mercies and promiſes, he wareth bold & derideth the vaine enterpriſes of his enemies, threatning that it ſhall fall on their owne neckes, that which they haue purpoſed for others.

Sing this as the third Pſalme.

O Lord my God I put my truſt, and confidence in thee:
Saue me from them that me purſue, and eke deliuer me.
2 Leaſt like a Lyon he me teare, and rend in peeces ſmall:
Whileſt there is none to ſuccor me, and rid me out of thrall.

3 O Lord my God if I haue done, the thyng that is not right:

or els if I be found in fault, or guiltie in thy ſight.
4 Or to my frend rewarded euill, or left him in diſtreſſe:
which me purſued moſt cruelly, and hated me cauſeleſſe.

5 Then let my foes purſue my ſoule, and ethe my life down thruſt,
vnto the earth and alſo lay, mine honour in the duſt.
6 Start vp O Lord now in thy wrath, and put my foes to paine:
performe thy kingdom promiſed, to me which wrong ſuſtaine.

7 Then ſhall great nations come to thee, and know thee by this thyng:
if thou declare for loue of them, thy ſelfe as Lord and kyng.
8 And thou that art of all men iudge, O Lord now iudge thou me:
accordyng to my righteouſneſſe, and myne integritie.

The ſecond parte

9 Lord ceaſe the hate of wicked men, and be the iuſt mans guide:
10 By whom the ſecretes of all hartes, are ſearched and diſcride.
11 I take my helpe to come of God, in all my griefe and ſmart:
that doth preſerue all thoſe that be, of pure and perfect hart.

12 The iuſt man and the wicked both, God iudgeth by his power:
ſo that he feelth his mighty hand, euen euerie day and houre.
13 Except he chaung his mind, I dye, for euen as he ſhould ſmite:
he whets his ſword, his bow he bendes, aiming where he may hit.

14 And doth prepare his mortall dartes, his arrowes keene and ſharpe:
for them that do me perſecute, whileſt he doth miſchief warpe.
15 But loe though he in trauell be, of his deuiliſh forecaſt:
and of his miſchief once conceued, yet bringes forth nought at laſt.

16 He digs a ditch and deluss it deepe, in hope to hurt his brother:
but he ſhall fall into the pit, that he digd vp for other.
17 Thus wrong returneth to the hurt, of him in whom it bred:
and all the miſchief that he wrought, ſhall fall vpon his head.

18 I will geue thankes to God therfore, that iudgeth righteouſly:
and with a ſong prayſe will the name, of him that is moſt hie.

Domine Deus noſter. Pſal. viii. T. S.

The prophet conſidering the excellent liberalitie and fatherly prouidence of God towardes man, whome hee made as it were a God ouer all his workes: doth not onely giue great thanks, but is aſtonied with the admiration of the ſame, as one nothing able to compaſſe ſuch great mercies, and ſo endeth.

Sing this as the 3. Pſalme

O God our Lord how wonderfull, are thy works euery where:
whoſe fame ſurmounts in dignitie, aboue the heauens cleare?
2 Euen by the mouthes of ſucking babes, thou wilt confound thy foes:
for in theſe babes thy might is ſeene, thy graces they diſcloſe.

3 And when I ſee the heauens high, the workes of thine owne hand:
the Sunne the Moone, and all the Starres, in order as they ſtand:
4 what thing is man (Lord) thinke I then, that thou doſt him remember
or what is mans poſteritie, that thou doeſt it conſider?

5 For thou haſt made them little leſſe then angels in degree:
and thou haſt crowned him alſo, with glorie and dignitie.
6 Thou haſt preferd him to be Lord, of all thy workes of wonder:
and at his feete haſt ſet all things, that he ſhould keepe them vnder:

7 As ſheepe and neate, and all beaſts elſe, that in the fields doe feede:
8 Foules of the ayre, fiſh in the ſea, and all that therein breede.
9 Therefore muſt I ſaie once againe, O God thou art our Lord:
how famous and how wonderfull, are thy workes through the world,

Confitebor tibi Domine. Pſal. ix. T. S.

After he had giuen thanks to God for the ſundrie victories that he had ſent him againſt his enemies, and alſo proued by manifold experience, how ready God was at hand in all his troubles: he being now likewiſe in danger of new enemies. Deſireth God to helpe him, according to his wont, and deſtroy the malicious arrogancie of his aduerſaries.

Sing this as the 3. Pſalme.

WIth hart and mouth vnto the Lord, will I ſing laud and praiſe:
and ſpeak of all thy wondrous works, & them declare alwaies.
2 I will be glad and much reioyce, in thee (O God moſt hie:)
and make my ſongs extoll thy name, aboue the ſtarry ſkie.

3 For that my foes are driuen backe, and turned vnto flight:
they fall downe flat, and are deſtroid, by thy great force and might.
4 Thou haſt reuenged all my wrong, my griefe and all my grudge:
thou doeſt with iuſtice heare my cauſe, moſt like a righteous iudge.

5 Thou doeſt rebuke the heathen folke, and worked to confound:
that afterward the memorie, of them cannot be found.
6 My foes thou haſt made good diſpatch, and all their townes deſtroid:
thou haſt their fame with them defaced, through all the world ſo wide

7 Know thou that he which is aboue, for euermore ſhall raigne:
and in the ſeate of equitie, true iudgement will maintaine.
8 With iuſtice he wil keepe and guide, the world and euery wight:
and ſo will yeld with equitie, to euery man his right.

9 He is protector of the poor, what time they be oppreſt:
he is in all aduerſitie, their refuge and their reſt.
10 All they that know thy holy name, therefore ſhall truſt in thee:
for thou forſakeſt not their ſute, in their neceſſitie.

11 Sing Pſalmes therefore vnto the Lord, that dwelleth in Sion hill:
publiſh among all nations, his noble actes and will.
12 For he is mindfull of the bloud, of thoſe that be oppreſt:
forgetting not the afflicted hart, that ſeekes to him for reſt.

The ſecond part.

13 Haue mercy Lord on me poore wretch, whoſe enemies ſtill remaine:
which from the gates of death are wont, to raiſe me vp againe.
14 In Sion that I may ſet forth, thy praiſe with hart and voice:
and that in thy ſaluation Lord, my ſoule might ſtill reioyce.

15 The heathen ſticke faſt in the pit, that they themſelues prepard:
and in the net that they did ſet, their owne feete faſt are mard.

16 God shewes his iudgements which were good, for euery man to marke:
when as ye see the wicked man, lie trapt in his owne worke.

17 The wicked and the sinfull men, goe downe to hell for euer:
and all the people of the world, that will not God remember.
18 But sure the Lord will not forget, the poore mans griefe and paine:
and patient people neuer looke, for helpe of God in vaine.

19 O Lord arise, least men preuaile, that be of worldly might:
and let the Heathen folke receiue, their iudgement in thy sight.
20 Lord strike such terror, feare and dread, into the harts of them:
that they may know assuredly, they be but mortall men.

Vt quid Domine. Psal. x. T. S.

He complaineth of the fraud, rapine, tyrannie, and all kindes of wrong which worldly men vse, assigning the cause thereof, which was, that wicked men being as it were drunken with worldly prosperitie, and therefore setting apart all feare and reuerence towards God, thinke they may doe all thinges without controling. Therfore he calleth vpon God to send some remedie against those desperate euils, And at length comforteth himselfe with hope of deliuerance.

Sing this as the 3. Psalme.

WHat is the cause that thou (O Lord) art now so farre from thine:
and keepest close thy countenance, from vs this troublous time.
2 The poore doth perish by the proud, and wicked mens desire:
let them be taken in the craft, that they themselues conspire.

3 For in the lust of his owne hart, the vngodly doth delight:
so doth the wicked praise himselfe, and doth the Lord despite.
4 He is so proud that right and wrong, he setteth all apart:
nay, nay, there is no God (saith he) for thus he thinkes in hart.

5 Because his waies doe prosper still, he doth his waies neglect:
and with a blast doth puffe against, such as would him correct.
6 Tush, tush (saith he) I haue no dread, least mine estate should change:
and why? for all aduersitie, to him is verie strange.

7 His mouth is full of cursednesse, of fraude, deceite and guile:
vnder his tongue doth mischiefe sit, and trauell all the while.
8 He lyeth hid in waies and holes, to slay the innocent:
against the poore that passe him by, his cruell eyes are bent.

9 And like a Lyon priuely, lyeth lurking in his den:
if he may snare them in his net, to spoyle poore simple men.
10 And for the nonce full craftely, he crowcheth downe I say:
11 So are great heapes of poore men made, by his strong power his pray.

12 Tush God forgetteth this (saith he,) therefore may I be bold:
his countenance is cast aside, he doth it not behold.
13 Arise (O Lord) O God in whome the poore mans hope doth rest:
lift vp thy hand, forget not Lord, the poore that be oppest.

14 What blasphemie is this to thee, Lord doest thou not abhorre it?
to heare the wicked in their harts, say tush thou carest not for it?
15 But thou seest all this wickednesse, and well doest vnderstand:
16 That friendlesse and poore fatherlesse, are left into thy hand,

17 Of wicked and malicious men, then breake the power for euer:
that they with their iniquitie, may periſh altogether.
18 The Lord ſhall raigne for euermore, as king and God alone:
and he will chaſe the Heathen folke, out of his land echone.

19 Thou hearſt (O Lord) the poore mans plaint, their praiers and requeſt:
their harts thou wilt confirme vntill, thine eares to heare be preſt.
20 To iudge the poore and fatherleſſe, and helpe them to their right:
that they may be no more oppreſt, with men of worldly might.

In Domino confido. Pſal. xi. T. S.

This Pſalme containeth two parts. In the firſt Dauid ſheweth how hard aſſaultes of temptations he ſuſtained, and how great anguiſh of mind he was, when Saule did perſecute him. Then next hee reioyceth that God ſent him ſuccour in his neceſſitie, declaring his iuſtice, as well in gouerning the good and the wicked men, as the whole world.

Sing this as the third Pſalme.

I Truſt in God, how dare ye then, ſay thus my ſoule vntill:
flee hence as faſt as any foule, and hide you in your hill?
2 Behold the wicked bend their bowes, and make their arrowes preſt:
to ſhoote in ſecret and to hurt, the ſound and harmeleſſe breſt.

3 Of worldly hope all ſtaies were ſhunke, and clearely brought to nought:
alas the iuſt and righteous man, what euill hath he wrought?
4 But he that in his temple is, moſt holy and moſt hie:
and in the heauens hath his ſeate, of royall maieſtie.

The poore and ſimple mans eſtate, conſidereth in his mind:
and ſearcheth out full narowly, the maners of mankind.
5 And with a chearefull countenance, the righteous man will bleſ:
but in his hart he doth abhorre, all ſuch as miſchiefe muſe.

6 And on the ſinners caſteth ſnares, as thicke as any raine:
fire and brimſtone, and whirle winds thicke, appointed for their paine.
7 We ſee then how a righteous God, doth righteouſneſſe embrace:
and to the iuſt and vpright men, ſhewes forth his pleaſant face.

Saluum me fac. Pſal. xii. T. S.

The Prophet learning the miſerable eſtate of the people, and the decay of all good order, deſireth God ſpedely to ſend ſuccour to his children. Then comforting himſelfe and others with the aſſurance of Gods helpe: he commendeth the conſtant verite that God obſerueth in keeping his promiſes: concluding that when all orders are moſt corrupted, then will God deliuer his.

Sing this as the 3. Pſalme.

HElpe Lord for good and godly men, doe periſh and decaie:
and faith and truth from worldly men, is parted cleane awaie.
2 Who ſo doth with his neighbour talke, his talke is all but vaine:
for euerie man bethinketh how, to flatter, lie and faine.

3 But flattering and deceitefull lips, and tongues that be ſo ſtout:
to ſpeake proud words, and make great brags, the Lord ſone cut them out
4 For they ſay ſtill, we will prevaile, our tongues ſhall vs extoll:
our tongues are ours we ought to ſpeake, what Lord ſhall vs controll?

5 But

5 But for the great complaint and crie, of poore and men oppreſt:
arise will I (now saith the Lord,) and them restore to rest.
6 Gods word is like to siluer pure, that from the earth is tride:
and hath no lesse then seuen times, in fire beene purified.

7 Now since thy promise is to helpe, Lord keep thy promise then:
and saue vs now and euermore, from this ill kind of men.
8 For now the wicked world is full of, mischiefe manifold:
when vanitie with mortall men, so highly is extold.

Vſquequo Domine. Pſal. xiii. T. S.

Dauid as it were ouercome with sundrie and new afflictions, fleeth to God, as his onely refuge: and so at length being encouraged through Gods promises, hee conceiueth most sure confidence against the extreame horrours of death.

Sing this as the third Pſalme.

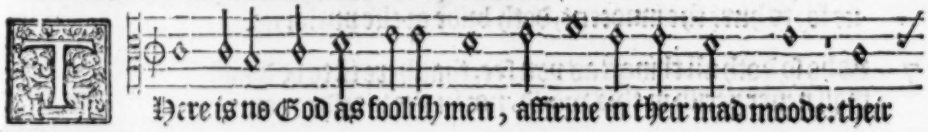
HOw long wilt thou forget me Lord, shall I neuer be remembred?
how long wilt thou thy visage hide, as though thou were offended?
2 In hart and mind how long shall I, with care tormented be?
how long eke shall my deadly foe, thus triumph ouer me?

3 Behould me now (my Lord) my God, and heare me sore oppreſt:
lighten mine eies least that I sleepe, as one by death possest.
4 Least thus mine enemy say to me, behould I do preuaile:
least they also that hate my soule, reioyce to see me quaile.

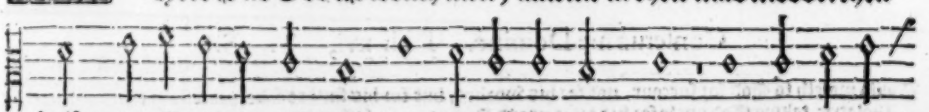
5 But for thy mercies and goodnesse, my hope shall neuer start:
in thy relieſe and sauing health, right glad shall be my hart.
6 I will giue thanks vnto the Lord, and praises to him sing:
because he hath heard my request, and granted my wishing.

Dixit inſipiens. Pſal. xiiii. T. S.

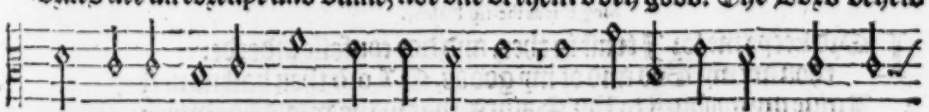
He describeth the peruerse nature of men, which were so growne to licentiousnesse, that God was brought to vtter contempt, for the which thing although he was greatly grieued, yet being perswaded that God would send some present remedie, he comforteth himselfe and others.



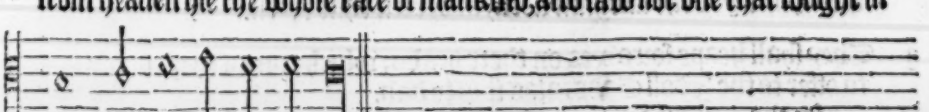
THere is no God as foolish men, affirme in their mad moode: their



drifts are all corrupt and vaine, not one of them doth good. The Lord beheld



from heauen hie the whole race of mankind, and saw not one that fought in



deede, the liuing God to find.

3 They went all wide and were corrupt, and truely there was none,
that in the world did any good, I ſay there was not one.
4 Is all their iudgement ſo farre loſt, that all worke miſchiefe ſtill:
eating my people euen as bread, not one to ſeeke Gods will?

5 When they thus rage then ſodenly, great feare on them ſhall fall:
for God doth loue the righteous men, and will maintaine them all.
6 Ye mocke the doings of the poore, to their reproch and ſhame:
becauſe they put their truſt in God and call vpon his name.

7 But who ſhal giue thy people health, and when wilt thou fulfill:
the promiſe made to Iſraell, from out of Sion hill?
8 Euen when thou ſhalt reſtore againe, ſuch as were captiues lad:
Then Iacob ſhall therein reioyce, and Iſraell ſhall be glad.

Domine quis habitabit. Pſal. xv. T. S.

This Pſalme teacheth on what condition God did chuſe the Iewes for his peculiar people, and wherefore he placed his temple among them which was to the intent that they by liuing vprightly and godly might witneſſe that they were his ſpecial and holy people.

Sing this as the third Pſalme.

O Lord within thy tabernacle, who ſhall inhabit ſtill:
or whom wilt thou receiue to dwell, in thy moſt holy hill?
2 The man whoſe life is vncorrupt, whoſe workes are iuſt and ſtrait:
whoſe hart doth thinke the verie truth, whoſe tongue ſpeakes no deceit.

3 Nor to his neighbour doth none ill, in body goods or name:
nor willingly doth moue falſe tales, which might impaire the ſame.
4 That in his hart regardeth not, malicious wicked men:
but thoſe that loue and feare the Lord, he maketh much of them.

5 His oth and all his promiſes, that keepeth faithfully:
although he make his couenant ſo, that he doth loſe thereby.
6 That putteth not to vſurie, his money and his coyne:
ne for to hurt the innocent, doth bribe or elſe purloyne.

7 Who ſo doth all things as you ſee, that here is to be done:
ſhall neuer periſh in this world, nor in the world to come.

Conſerua me Domine. Pſal. xvi, T. S.

Dauid praieth to God for ſuccour, not for his workes, but for his faithes ſake, proteſting that hee hateth al Idolatrie, taking God onely for his comfort and fidelitie, who ſuffereth his to lacke nothing.

Sing this as the 14. Pſalme.

L Ord keepe me for I truſt in thee, and doe confeſſe indeede:
thou art my God and of my goods, O Lord thou haſt no neede.
2 I giue my goodnes to thy Saints, that in the world doe dwell:
and namely to the faithfull flock, in vertue that excell.

3 They ſhall heape ſorrowes on their heads, which run as they were mad:
to offer to the Idoll Gods, alas it is to bad.
4 As for the bloudy ſacrifice, and offrings of that ſort:
I will not touch, nor yet thereof, my lips ſhall make report.

5 For why? the Lord the portion is, of mine inheritance:
and thou art he that doeſt maintaine, my rent my lot my chance.
6 The place wherein my lot did fall, in beautie did excell:
mine heritage aſſignde to me, doth pleaſe me wondrous well.

7 I thanke the Lord that cauſed me, to vnderſtand the right:
for by his meanes my ſecret thoughts, doe teach me euery night.
8 I ſet the Lord ſtill in my ſight, and truſt him ouer all:
for he doth ſtand on my right hand, therefore I ſhall not fall.

9 Wherefore my hart and tongue alſo, doth both reioyce together:
my fleſh and body reſt in hope, when I this thing conſider.
10 Thou wilt not leaue my ſoule in graue, for Lord thou loueſt me:
nor yet wilt giue thine holy one, corruption for to ſee.

11 But wilt teach me the way to life, for all treaſures and ſtore:
of perfect ioy are in thy face, and power for euermore.

Exaudi Domine iuſtitiam meam. Pſal. xvii. T. S.

Here he complaineth vnto God of the cruell pride and arrogancie of Saule and the reſt of his enemies, who thus raged without any cauſe giuen of his part: therefore he deſireth God to reuenge his innocencie, and deliuer him. This Pſalme ought diligently to be noted of ſuch as receiue euill for well doing.

Sing this as the 3. Pſalme.

O Lord giue ear to my iuſt cauſe, attend when I complaine,
and heare ỳ praier that I put foorth, with lips that do not faine.
2 And let the iudgement of my cauſe, proceed alwaies from thee:
and let thine eyes behould and cleare, this my ſimplicitie.

3 Thou haſt well tride me in the night, and yet couldeſt nothing finde:
that I haue ſpoken with my toong, that was not in my minde.
4 As from the workes of wicked men, and paths peruerſe and ill:
for loue of thy moſt holie word, I haue refrained ſtill.

5 Then in thy paths that be moſt pure, ſtay me (Lord) and preſerue:
that from the way wherein I walke, my ſteps may neuer ſwerue.
6 For I do call to thee, O Lord, ſurely thou wilt me aide:
then heare my prayer & way right well the words that I haue ſaid.

7 O thou the Sauiour of all them, that put their truſt in thee:
declare thy ſtrength on them that ſpurn, againſt thy maieſtie.
8 O keep me Lord as thou wouldeſt keep the apple of thine eye?
and vnder couert of thy wings, defend me ſecretly.

The ſecond part.

9 From wicked men that trouble me, and daily me annoy:
and from my foes that go about, my ſoule for to deſtroy.
10 Which wallow in their worldly welth, ſo ful and eke ſo fat,
that in their pride they do not ſpare, to ſpeak they care not what.

11 They lye in wait where we ſhould paſſe, with craft me to confound:
and muſing miſchief in their minds, to caſt me to the ground.
12 Much like a Lion greedely that would his pray imbrace:
or lurking like a Lions whelp, within ſome ſecret place.

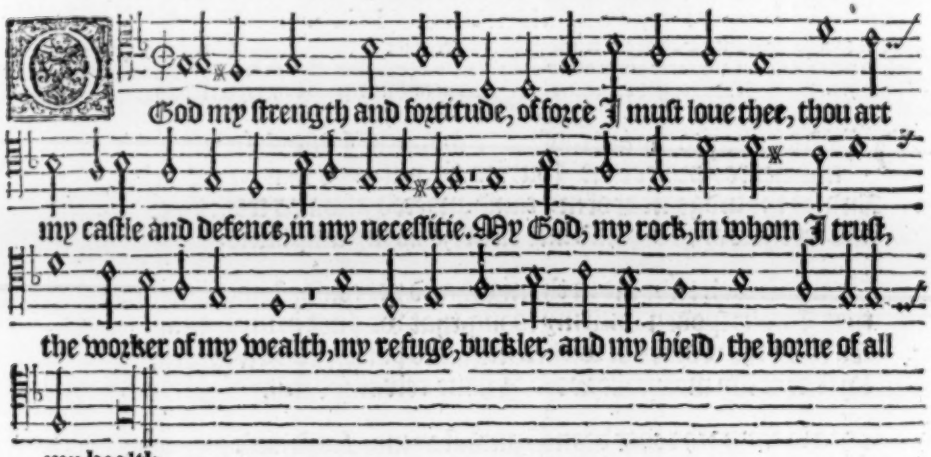
13 Vp Lord with hast preuent my foe, and cast him at thy feete:
saue thou my soule from the ill man, and with the sword him smite.
14 Deliuer me Lord by thy power, out of these tyrants handes:
which now so long time raigned haue, and kept vs in their bandes.

15 I meane from worldlie men to whom, all worldly goods are rife:
that haue no hope nor part of ioy, but in this present life.
Thou of thy store their bellies filst, pleasures to their minde:
their children haue inough and leaue, to theirs the rest behinde.

16 But I shall with pure conscience, behould thy gracious face:
so when I wake I shall be full, with thine image and grace.

Deligam te Domine. Psal. xviii. T. S.

This Psalme is the first beginning of Dauids saluation and thankesgiuing into the entring into his kingdome, wherein he extolleth and praiseth most highly, the marueilous mercies and grace of God, who hath both preserued and defended him: he setteth foorth the Image of Christes kingdome, painted in his kingdom: that the faithfull may be assured, that Christ shall alwaies conquere and ouercome by the vnspeakable power of his Father, though all the whole world should say there against.



3 When I sing laud vnto the Lord, most worthie to be serued:
then from my foes I am right sure, that I shall be preserued.
4 The pangs of death did compasse me, and bound me euerie where:
the flowing waues of wickednesse, did put me in great feare.

5 The sly and suttle snares of hell, were round about me set:
and for my death there was prepard, a deadly trapping net.
6 I thus beset with paine and grief, did pray to God for grace:
and he forthwith did heare my plaint, out of his holie place.

7 Such is his power that in his wrath, he made the earth to quake:
yea the foundation of the mount of Basan for to shake.
8 And from his nostrels came a smoke, when kindled was his ire:
and from his mouth came kindled coales, of hoat consuming fire.

9 The Lord descended from aboue, and bowd the heauens hie:
and vnderneth his feet he cast, the darknesse of the skie.

10 On Cherubes and on Cherubins, full roially he road:
and on the wings of all the winds, came flying all abroad.

The ſecond parte

11 And like a den moſt darke he made, his den and ſecret place:
with waters. black and ayrie clouds enuironed he was.
12 But when the preſence of his face, in brightneſſe ſhall appear:
thē cloudes conſume, and in their ſtead, come haile and coales of fire.

13 Theſe fiery darts and thunderbolts, diſperſe them here and there:
and with his often lightenings, he puts them in great feare.
14 Lord at thy wrath and threatnings, and at thy chiding chere:
the ſprings and the foundations, of all the world appeare.

15 And from aboue the Lord ſent down, to fetch me from below:
and pluckt me out of waters great, that ſhould me ouerflow.
16 And me deliuered from my foes, that would haue made me thrall:
yea from ſuch foes as were too ſtrong, for me to deale withall.

17 They did preuent me to oppreſſe, in time of my great griefe:
but yet the Lord was my defence, my ſuccour and reliefe.
18 He brought me forth in open place, where as I might be free:
and kept me ſafe becauſe he had, a fauour vnto mee.

19 And as I was an innocent, ſo did he mē regard:
and to the cleanes of my handes, he gaue me my reward.
20 For that I walked in his waies, and in his paths haue trod:
and haue not wauered wickedly, againſt my Lorde, my God.

The third parte

21 But euermore I haue reſpect, to his law, and decree:
his ſtatutes and commandements, I caſt not out from mee.
22 But pure and cleane and vncorrupt, appeard before his face:
and did refraine from wickednеſſe, and ſin in any caſe.

23 The Lord therfore wil me reward, as I haue done aright:
and to the cleaneſſe of my handes, appering in his ſight.
24 For Lord with him that holy is, wilt thou be holy to:
and with the good and vertuous men, right vertuouſly wilt do.

25 And to the louing and elect, thy loue thou wilt reſerue.
and thou wilt vſe the wicked men, as wicked men deſerue.
26 For thou doeſt ſaue the ſimple folke, in trouble when they lie:
and doeſt bring down the countenance, of them that looke full hie.

27 The Lord will light my candle ſo, that it ſhall ſhine full bright:
the Lord my God will make alſo, my darknes to be light.
28 For by thy help an hoſt of men, diſcomfit Lord I ſhall:
by thee I ſcale and ouerlepe the ſtrength of any wall.

29 Vnſpotted are the waies of God, his word is purely tride:
he is a ſure defence to ſuch, as in his faith abide.
30 For who is God except the Lord: for other there is none:
or els who is omnipotent, ſauing our God alone.

The

The fourth part

31 The God that girdeth me with ſtrength, is he that I do meane:
that all the waies wherein I walke, did euermore keepe cleane.
32 That made my feete like to the Harts in ſwiftneſſe of my pace:
and for my ſuretie brought me forth, into an open place.

33 He did in order put my handes, to battaile and to fight:
to breake in ſunder barres of braſſe, he gaue my armes the might.
34 Thou teacheſt me thy ſauing health, thy right hand is my tower:
thy loue and familiaritie, doth ſtil increaſe my power.

35 And vnder me thou makeſt plaine, the way where I ſhould walke:
ſo that my feete ſhall neuer ſlip nor ſtumble at a balke.
36 And fiercely I purſue and take, my foes that me annoyd:
and from the field do not returne, till they be all deſtroide.

37 So I ſuppreſſe and wound my foes, for they can riſe no more:
for at my foote they fall down flat, I ſtrike them all ſo ſore.
38 For thou doeſt gird me with thy ſtrength, to warre in ſuch a wiſe:
that they be all ſcattered abroad, that vp againſt me riſe.

39 Lord thou haſt put into my handes, my mortall enemies yoke:
and all my foes thou doeſt deuide, in ſunder with thy ſtroke.
40 They cald for helpe, but none gaue eare, nor helpt them with reliefe:
yea to the Lord they cald for help, yet heard he not their griefe.

The fift part:

41 And ſtill like duſt before the wind, I driue them vnder feete:
and ſwepe them out like filth and clay, that ſticketh in the ſtreete.
42 Thou keepeſt me from ſeditious folke, that ſtill in ſtrife bee led:
and thou doeſt of the Heathen folke, appoint me to be head.

43 A people ſtrange to mee vnknowen, and yet they ſhall mee ſerue:
and at the firſt obey my word, whereas myne owne will ſwerue.
44 I ſhalbe irkſome to myne owne, they will not ſee my light:
but wander wide out of their waies, and hide them out of ſight.

45 But bleſſed be the liuing Lord, moſt worthie of all praiſe:
that is my rocke, and ſauing health, prayſed be he alwayes.
46 For God it is that gaue me power, reuenged for to be:
and with his holy word ſubdude, the people vnto me.

47 And from my foe me deliuered, and ſet me higher then thoſe:
that cruell and vngodly were, and vp againſt me roſe.
48 And for this cauſe (O Lord my God) to thee giue thankes I ſhall:
and ſing out praiſes to thy name, among the Gentiles all.

49 That gaueſt great proſperitie, vnto the king I ſay:
to Dauid thine annoynted king, and to his ſeede for aye.

Coeli

Cœli enarrant. Psal. xix. T. S.

He moueth the faithfull to glorifie God by the workemanship, proportion and ornaments of the heauens: and by the law, wherein god is reuealed familiarly to his chosen people.

Sing this as the 14. Psalme.

THe heauens and the firmament, doe woundrously declare:
the glorie of God omnipotent, his workes and what they are.
2 The wondrous workes of God appeare, by euerie daies successe:
the nights which likewise their race runne, the selfe same things expresse.

3 There is no language, tongue or speech, where their sound is not heard:
in all the earth and coastes thereof, their knowledge is conferd.
4 In them the Lord made for the Sunne, a place of great renowne:
who like a bridegrome ready trimd, doth from his Chamber come.

5 And as a valiant Champion, who for to get a price:
with ioy in hast to take in hand, some noble enterprise.
6 And all the skie from end to end, he compasseth about:
nothing can hide it from his hart, but he will find it out.

7 How perfect is the lawe of God, how is his couenant sure:
conuerting soules and making wise, the simple and obscure.
Just are the Lords commaundements, and glad both hart and mind:
his precepts pure, and grueth light, to eyes that be full blind.

9 The feare of God is excellent, and doth indure for euer:
the iudgements of the Lord are true, and righteous altogether.
10 And more to be embrast alwaies, then fined golde I say:
the honie and the honie combe, are not so sweete as they.

11 By them thy seruants are forewarnd, to haue God in regard:
and in performance of the same, there shall be great reward.
12 But Lord what earthly man doth know, the terrors of this life.
then clense my soule from secret sinnes, which are in me most rife.

13 And keepe me, that presumptuous sinnes, preuaile not ouer me:
and then shall I be innocent, and great offences flie.
14 Accept my mouth and keepe my hart, my words and thoughts ech one:
for my redeemer and my strength, O Lord thou art alone.

Exaudiat te Domine. Psal. xx. T. S.

The people pray to God to heare their king and receiue his sacrifice, which he offered before he went to battell against the Amonites, declaring that the heathen put their trust in horses: but they trust onely in his name. Wherefore they shall fall, but the king and his people shall stand.

Sing this as the 14. Psalme.

IN trouble and aduersitie, the Lord God heare thee still:
the maiestie of Jacobs God, defend thee from all ill.
2 And send thee from his holy place, his helpe at euerie neede:
and so in Sion stablish thee, and make thee strong in deede.

3 Remember well the sacrifice, that now to him is done:
and so receiue right thankfully, thy burnt offerings ech one.

4 According

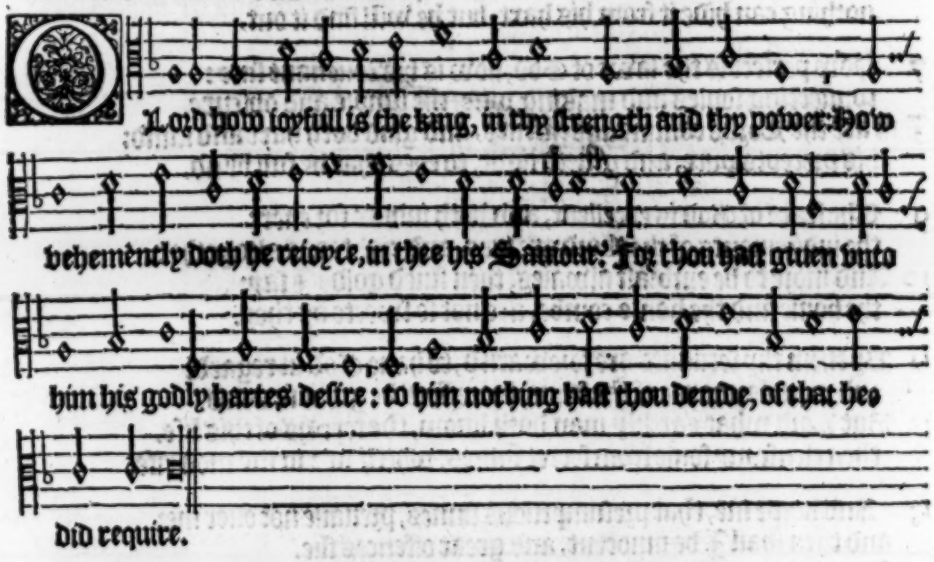
4 According thy harts desire, the Lord graunt vnto thee:
and all thy councell and deuise, full well performe may he.

5 We shall reioyce when thou vs sauest, and our banners display:
vnto the Lord with thy requests, fulfilled hath alway.
6 The Lord will his annointed saue, I know well by his grace:
and send him health by his right hand, out of his holy place.

7 In Chariots some put confidence, and some in horses trust:
but we remember God our Lord, that keepeth promise iust.
8 They fall downe flat but we doe rise, and stand vp stedfastly:
now saue and helpe vs Lord and king, on thee when we doe cry.

Domine in virtute. Psal. xxi. T. S.

Dauid in the person of the people praiseth God for the victorie giuen them, against the Syrians and Ammonites. 1. Sam. 12. wherein he, was crowned with the Crowne of the king of Ammon. 2. Sam. 12. and indued with the manifolde blessings of God.



3 Thou didst preuent him with thy gifts, and blessings manifolde:
and thou hast set vpon his head, a Crowne of perfect golde.
4 And when he asked life of thee, thereof thou madest him sure:
to haue long life, yea such a life, as euer shall endure.

5 Great is his glorie by thy helpe, thy benefite and aide:
great worship, and great honour both, thou hast vpon him laide.
6 Thou wilt giue him felicitie, that neuer shall decay:
and with thy chearefull countenance, wilt comfort him alway.

7 For why? the king doth strongly trust, in God for to preuaile:
therefore his goodnesse and his grace, will not that he shall quaile.
8 But let thine enemies feele my force, and those that thee withstand:
finde out thy foes, and let them feele, the power of thy right hand.

9 And

9 And like an ouen burne them (Lord) in fierie flame and fume:
thine anger ſhall deſtroy them all, and fire ſhall them conſume.
10 And thou wilt roote out of the earth, their fruite that ſhould encreaſe:
and from the number of thy folke, their ſeede ſhall end and ceaſe.

11 For why? much miſchiefe did they muſe, againſt thine holy name:
yet did they faile and had no power, for to performe the ſame.
12 But as a marke thou ſhalt them ſet, in a moſt open place:
and charge thy bowſtrings, readily, againſt thine enemies face.

13 Be thou exalted (Lord) therefore, in thy ſtrength euerie houre:
ſo ſhall we ſing right ſolemnely, praiſing thy might and power.

Deus Deus meus reſpice. Pſal. xxii. T. S.

Dauid complaineth himſelfe to be brought into ſuch extremities, that he is like a man deſperate, and paſt all hope, after declareth whereof, he recouereth himſelfe from the bottomleſſe pit of temptations. And vnder his owne perſon he ſetteth forth the figure of Chriſt, whome he did foreſee in the ſpirit of prophecie. So this Pſalme after two ſorts doth declare that Prophecie of Eſay: he was taken forth of priſon & iudgment.

Sing this as the 21, Pſalme

O God my God wherefore doeſt thou, forſake me vtterly,
and helpeſt not when I doe make, my great complaint and cry?
2 To thee my God euen all day long, I doe both crie and call:
I ceaſe not all the night, and yet, thou heareſt not at all.

3 Euen thou that in thy Sanctuarie, and holy place doeſt dwell:
thou art the comfort and the ioy, and glorie of Iſraell.
4 And he in whome our fathers old, had all their hope for euer:
and when they put their truſt in thee, ſo didſt thou them deliuer.

5 They were deliuered for euer, when they cald on thy name:
and for the faith they had in thee, they were not put to ſhame.
6 But I am now become a worme, more like then any man:
an outcaſt whome the people ſcorne, with all the ſpite they can.

7 And me deſpiſe as they behold, me walking on the way:
they grin, they mow, they nod their heads, and in this wiſe they ſay,
8 This man did glorie in the Lord, his fauour and his loue:
let him redeeme and helpe him now, his power if he will proue.

9 But Lord out of my mothers wombe, I came by thy requeſt:
thou didſt preſerue me ſtill in hope, whyle I did ſucke her breſt.
10 I was committed from my birth, with thee to haue abode:
ſince I was in my mothers wombe, thou haſt beene euer my God.

The ſecond part

11 Then Lord depart not now from me, in this my preſent griefe:
ſince I haue none to be my helpe, my ſuccour and reliefe.
12 So many Buls doe compaſſe me, that be full ſtrong of head:
yea Buls ſo fat as though they had in Baſan fielde beene fed.

13 They gape vpon me greedely, as though they would me flay:
much like a Lyon roaring out, and ramping for his pray.

14 But I drop downe like water ſhed, my ioynts in ſunder breake:
my hart doth in my body melt, like ware againſt the heate.

15 And like a potſheard driueth my ſtrength, my tongue it cleaueth faſt:
vnto my iawes, and I am brought, to duſt of death at laſt.
16 And many dogs doe compaſſe me, and wicked counſell eke:
conſpire againſt me curſedly, they pearce my hand and feete.

17 I was tormented ſo that I, might all my bones haue told:
yet ſtill vpon me they doe looke, and ſtill they me behold.
18 My garments they deuided eke, in parts among them all:
and for my coate they did caſt lots, to whome it might befall.

19 Therefore I pray thee be not farre, from me at my great neede:
but rather ſith thou art my ſtrength, to helpe me Lord make ſpeede.
20 And from the ſword (Lord) ſaue my ſoule, by thy might and thy power:
and keepe my ſoule thy darling deare, from dogs that would deuour.

The third part

21 And from the Lyons mouth that would, me all in ſunder ſhiuer:
and from the horns of Unicorns, Lord ſafely me deliuer.
22 And I ſhall to my brethren all, thy maieſtie record:
and in thy Church ſhall praiſe the name, of thee the liuing Lord.

23 All ye that feare him praiſe the Lord, thou ſeede of Jacob honour him:
and with all reuerence poſſible, thou ſeede of Iſraell worſhip him.
24 For he deſpiſeth not the poore, he turneth not awrie:
his countenance when they doe call, but graunteth to their crie.

25 Among thy flocke that feare the Lord, I will therefore proclaime:
thy praiſe, and keepe thy promiſe made, for ſetting forth thy name.
26 The poore ſhall eate and be ſufficed, and thoſe that doe their deuer:
to know the Lord, ſhall praiſe his name, their harts ſhall liue for euer.

27 All coaſts of earth ſhall praiſe the Lord, and turne to him for grace:
the heathen folke ſhall worſhip him, before his bleſſed face.
28 The kingdome of the Heathen folke, the Lord ſhall haue therefore:
and he ſhall be their gouernour, and king for euermore.

29 The rich man of his godly gifts, ſhall feede and taſt alſo:
and in his preſence worſhip him, and bow their knees full low.
30 And all that ſhall goe downe to duſt, of life by him muſt taſt:
my ſeede ſhall ſerue and praiſe his name, while any world ſhall laſt.

31 My ſeede ſhall plainely ſhew to them, that ſhall be borne hereafter:
his iuſtice and his righteouſneſſe, and all his workes of wonder.

Dominus regit me. Pſal. xxiii. W. W.

Becauſe the Prophet had proued the great mercies of God at diuers times, and in ſundrie manners, he gathereth a certaine aſſurance, fully perſwading himſelfe, that God will continue the very ſame goodnes towards him for euer.

Sing this as the 21 Pſalme

THe Lord is onely my ſupport, and he that doth me feede:
how can I then lacke any thing, whereof I ſtand in neede?

2 He doth me fold in coates moſt ſafe, the tender graſſe faſt by:
and after driues me to the ſtreames, which runne moſt pleaſantly.

3 And when I feele my ſelfe neare loſt, then doth he me home take:
conducting me in his right pathes, euen for his owne names ſake.
4 And though I were euen at deaths doore, yet would I feare none ill:
for with my rod, and shepheards crooke, I am comforted ſtill.

5 Thou haſt my table richly deckt, in deſpight of my foe:
thou haſt my head with baulme refreſht, my cup doth ouerflow.
6 And finally while breath doth laſt, thy grace ſhall me defend:
and in the houſe of God will I, my life for euer ſpend.

An other by Thomas Sternhold.

MY ſhepheard is the liuing Lord, nothing therefore I neede:
in paſtures faire with waters calme, he ſet me for to feede.
2 He did conuert and glad my ſoule, and brought my mind in frame:
to walke in pathes of righteouſneſſe, for his moſt holy name.

3 Yet though I walke in vale of death, yet will I feare none ill:
thy rod, thy ſtaffe, doth comfort me, and thou art with me ſtill.
4 And in the preſence of my foes, my table thou ſhalt ſpread:
thou ſhalt (O Lord) fill full my cup, and eke annoint my head.

5 Through all my life thy fauour is, ſo frankly ſhewed to me:
that in thy houſe for euermore, my dwelling place ſhall be.

Domini eſt terra. Pſal. xxiiii. I. H.

Becauſe the grace of God was then to be bettered in the temple, more glorious then before it had beene in the tabernacle, Dauid giueth it a more glorious title, and with exclamation ſetteth foorth the honour thereof, ſtirreth vs to the conſideration of the eternall manſion prepared for vs in the heauens: whereof this was a ſhadow and a figure.

Sing this as the 21 Pſalme

THe earth is all the Lords, with all her ſtore and furniture:
yea his is all the world, and all that therein doe endure.
2 For he hath faſtly founded it, aboue the ſea to ſtand:
and laide alow the liquid flouds, to flow beneath the land.

3 For who is he (O Lord) that ſhall aſcend into thy hill:
or paſſe into thy holy place, there to continue ſtill?
4 Whoſe hands are harmeleſſe, and whoſe hart, no ſpot there doth defile:
his ſoule not ſet on vanitie, who hath not ſworne to guile.

5 Him that is ſuch a one the Lord, ſhall place in bliſſfull plight:
and God his God and Sauiour, ſhall yeld to him his right.
6 This is the brood of trauellers, in ſeeking of his grace:
as Jacob did the Iſraelites, in that time of his race.

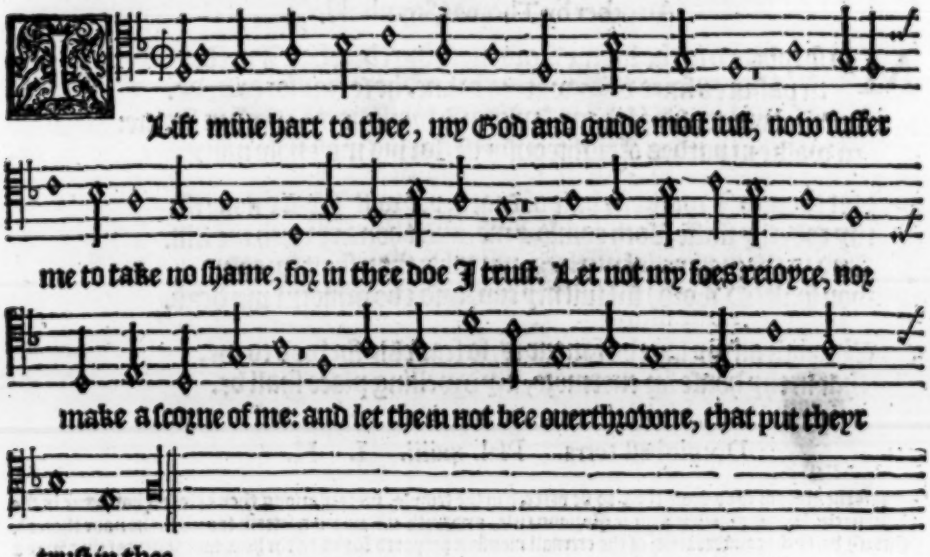
7 Ye Princes open your gates, ſtand open the euerlaſting gate:
for there ſhall enter in thereby, the king of glorious ſtate.

8 What is the king of glorious ſtate? the ſtrong and mightie Lord:
the mightie Lord in battels ſtout, and triall of the ſword.

9 Ye Princes open your gates, ſtand open the euerlaſting gate:
for there ſhall enter in thereby, the king of glorious ſtate.
10 What is the king of glorious ſtate? the Lord of hoſtes he is:
the kingdome and the royaltie, of glorious ſtate is his.

Ad te Domine leuaui. Pſal. xxv. T. S.

The Prophet touched with the conſideration of his ſinnes, and alſo grieued with the cruell malice of his enemies prayeth to God moſt fervently to haue his ſinnes forgiuen, eſpecially ſuch as he had committed in his youth. He beginneth euerie verſe according to the Hebrue letters, two or three excepted.



3 But ſhame ſhall them befall, which harme them wrongfully:
therefore thy pathes and thy right waies, vnto me Lord deſcrie.
4 Direct me in thy truth, and teach me I thee pray:
thou art my God and Sauiour, on thee I waite alwaie:

5 Thy mercies manifould, I pray thee Lord remember:
and eke thy pitie plentifull, for they haue bene for euer.
6 Remember not the faults, and frailtie of my youth:
remember not how ignorant, I haue bene of thy truth.

7 Nor after my deſerts, let me thy mercie finde:
but of thine owne benignitie, Lord haue me in thy minde.
8 His mercie is full ſweete, his truth a perfect guide:
therefore the Lord will ſinners teach, and ſuch as go aſide.

9 The humble he will teach, his precepts for to keepe:
he will direct in all his waies, the lowly and the meke.

10 For

10 For all the waies of God, are truth and mercy both:
to them that keepe his teſtament, the witneſſe of his troth.

The ſecond part.

11 Now for thy holy name, O Lord I thee intreat:
to graunt me pardon for my ſin, for it is wondrous great.
12 Who ſo doth fear the Lord, the Lord doth him direct:
to lead his life in ſuch a way, as he doth beſt accept.

13 His ſoule ſhall euermore, in goodneſſe dwell and ſtand:
his ſeede and his poſteritie, inherit ſhall the land.
14 All thoſe that fear the Lord, know his ſecret intent:
and vnto them he doth declare, his will and teſtament.

15 Mine eyes and eke my hart, to him I will aduance:
that pluckt my feete out of the ſnare, of ſinne and ignorance.
16 With mercie me behould, to thee I make my mone:
for I am poor and deſolate, and comfortleſſe alone.

17 The troubles of my hart, are multiplied in deed:
bring me out of this miſerie, neceſſitie and neede.
18 Behold my pouertie, mine anguiſh and my paine:
remit my ſinne and mine offence, and make me cleane againe.

19 O Lord behold my foes, how they do ſtill encreaſe:
purſuing me with deadly hate, that faine would liue in peace.
20 Preſerue and keepe my ſoule, and eke deliuer me,
and let me not be ouerthrowne, becauſe I truſt in thee.

21 Let my ſimple pureneſſe, me from my enemies ſhend:
becauſe I looke as one of thine, that thou ſhouldſt me defend.
22 Deliuer Lord thy folke, and ſend them ſome reliefe:
I meane thy choſen Iſraell, from all their paine and griefe.

Iudica me Domine. Pſal. xxvi. T. S.

Dauid iniuriouſly oppreſſed, and helpeleſſe, yet aſſured of his integritie to Saul, calleth God to defend him cauſeleſſe afflicted. Then hee deſireth to bee in the companie of the faithfull in the congregation of God, whence he was baniſhed by Saul, promiſing godly life, open praiſes, thankeſgiuing and ſacrifice for his deliuerance.

Sing this as the 14. Pſalme.

LOrd be my iudge and thou ſhalt ſee, my pathes are right and plaine:
I truſt in God and hope that he, will ſtrength me to remaine.
2 Proue me my God I thee deſire, my way to ſearch and trie:
as men doe proue their gold with fire, my raines and hart eſpie.

3 Thy goodneſſe laid before my face, I durſt behold alwaies:
for of thy truth I tread the trace, and will do all my daies.
4 I do not luſt to haunt or vſe, with men whoſe deeds are vaine:
to come in houſe I do refuſe, with the deceitfull traine.

5 I much abhorre the wicked ſort, their deedes I doe deſpiſe:
I doe not once to them reſort, that hurtfull things deuiſe.
6 My hands I waſh and doe proceede, in workes that walke vpright:
then to thine altar I make ſpeede, to offer there in ſight.

7 That I may ſpeake and preach the praiſe, that doth belong to thee:
and ſo declare how wondrous waies, thou haſt beene good to mee.
8 O Lord thy houſe I loue moſt deare, to me it doth excell:
I haue delight and would be neare, whereas thy grace doth dwell.

9 O ſhut not vp my ſoule with them, in ſinne that take their fill:
nor yet my life among thoſe men, that ſeeke much bloud to ſpill.
10 Whoſe hands are heapt with craft and guile, their life thereof is full:
and their right hand with wrench and wile, for bribes doe plucke and pull.

11 But I in righteouſneſſe entend, my time and daies to ſerue:
haue mercie Lord and me defend, ſo that I doe not ſwerue.
12 My foote is ſtaide for all aſſaies, it ſtandeth well and right:
wherefore to God I will giue praiſe, in all the peoples ſight.

Dominus illuminatio. Pſal. xxvii. I. H.

Dauid deliuered from great perils, giueth thanks: wherein we ſee his conſtant faith againſt the aſſaults of al enemies. and the end why hee deſireth to liue and to be deliuered. Then hee exhorteth to faith and to attend vpon the Lord.

Sing this as the 18 Pſalme

THe Lord is both my helpe and light, ſhall men make me diſmaide:
ſith God doth giue me ſtrength and might, why ſhould I be afraid?
2 While they my foes with all their ſtrength, begin with me to braule:
and thinke to eate me vp at length, themſelues haue caught the fall.

3 Though they in campe againſt me lie, my hart is not afraide:
in battell pight if they will try, I truſt in God for aide:
4 One thing of God I doe require, that he would not denie:
for which I pray and will deſire, till he to me applie.

5 That I within his holy place, my life throughout may dwell:
to ſee the beautie of his face, and view his temple well.
6 In time of dread he ſhall me hide, within his place moſt pure:
and keepe me ſecrete by his ſide, as on a rocke moſt ſure.

7 At length I know the Lords good grace, ſhall make me ſtrong and ſtout:
my foes to foile and cleane deface, that compaſſe me about.
8 Therefore within his houſe will I, giue ſacrifice of praiſe:
with Pſalmes and ſongs I will applie, to laud the Lord alwaies.

The ſecond part.

9 Lord heare the voice of my requeſt, for which to thee I call:
haue mercie Lord on me oppreſt, and ſend me helpe withall.
10 My hart doth knowledge vnto thee, I ſue to haue thy grace:
then ſeeke my face ſaieſt thou to me, Lord I will ſeeke thy face.

11 In wrath turne not thy face away, nor ſuffer me to ſlide:

thou

thou art my helpe ſtill to this day, be ſtill my God and guide.
12 My parents both their ſonne forſooke, and caſt me off at large:
and then the Lord himſelfe yet tooke, of me the cure and charge.

13 Teach me (O God) the way to thee, and lead me on forth right:
for feare of ſuch as watch for me, to trap me if they might.
14 Do not betake me to the will, of them that be my foes:
for they ſurmiſe againſt me ſtill, falſe witneſſe to depoſe.

15 My hart would faint, but that in me, this hope is fixed faſt:
the Lord Gods good grace ſhall it ſee, in life that aye ſhall laſt.
16 Truſt ſtill in God whoſe whole thou art, his will abide thou muſt:
and he ſhall eaſe and ſtrength thy hart, if thou in him do truſt.

Ad te Domine clamabo. Pſal. xxviii. T. S.

Being in great feare and penſiuenes to ſee God diſhonoured by the wicked men, hee deſireth to be rid of them, and crieth for vengeaunce againſt them, and at length aſſured himſelfe that God hath heard his praier, to whoſe tuition he commendeth all the faithfull.

Sing this as the 21 Pſalme

THou art (O Lord) my ſtrength and ſtay, the ſuccour which I craue:
neglect me not leaſt I be like, to them that go to graue.
2 The voice of thy ſuppliant heare, that vnto thee doeth crie:
when I lift vp my hands vnto, the holy Arke moſt hie.

3 Repute me not among the ſort, of wicked and peruert:
that ſpeake right faire vnto their friends, and think full ill in hart.
4 According to their handie worke, as they deſerue in deed:
and after their inuentions, let them receiue their meed.

5 For they regard nothing Gods works, his law, ne yet his lore:
therefore will he them, and their ſeed, deſtroy for euermore.
6 To render thanks vnto the Lord, how great a cauſe haue I:
my voice, my praier, and my complaint, that heard ſo willingly.

7 He is my ſhield and fortitude, my buckler in diſtreſſe:
my hope, my helpe, my harts reliefe, my ſong ſhall him confeſſe.
8 He is our ſtrength, and our defence, our enemies to reſiſt:
the health, and the ſaluation, of his elect by Chriſt.

9 Thy people and thine heritage, Lord bleſſe, guide, and preſerue:
increaſe them Lord, & rule their harts, that they may neuer ſwerue.

Afferte Domino. Pſal. xxix. I. H.

An excellent Pſalme, wherein the Prophet exhorteth the verie Princes and rulers of the world, which otherwiſe for the moſt parte, thinke there is no God, at the leaſt to feare him for the thunders and tempeſts, for feare whereat all creatures tremble. And though thereby God threatneth ſinners, yet is he alwaies mercifull to his, and moueth them thereby to praiſe his name.

Sing this as the 30 Pſalme

GIue to the Lord ye potentates, ye rulers of the world:
giue ye all praiſe, honour, and ſtrength, vnto the liuing Lord.
2 Giue honour to his holy name, and honour him alone:
worſhip him in his maieſtie, within his holy throne.

3 His voice doth rule the waters all, euen as himſelfe doth pleaſe:
he doth prepare the thunderclaps, and gouerns all the ſeas.
4 The voice of God is of great force, and wondrous excellent:
it is moſt mightie in effect, and much magnificent.

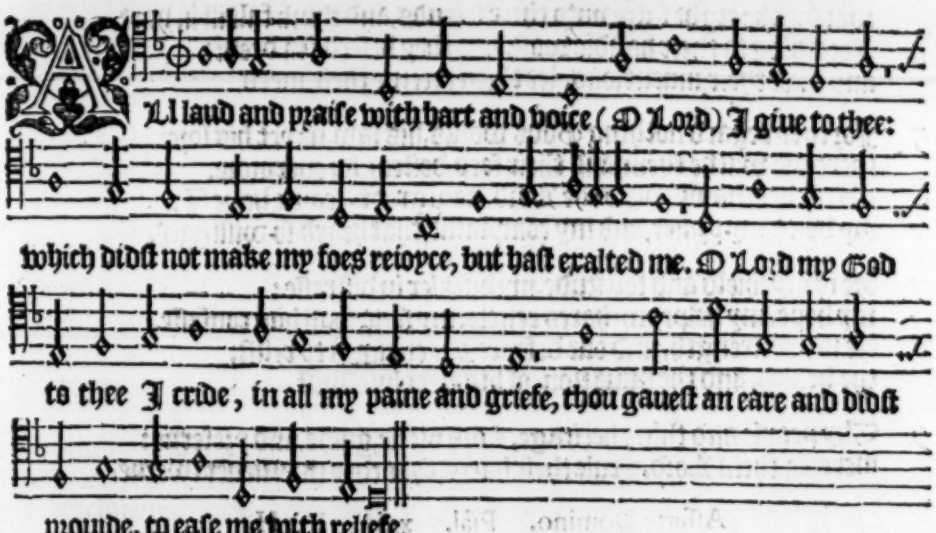
5 The voice of God doth rent and breake, the Cedar trees ſo long:
the Cedar trees of Libanus, which are moſt hie and ſtrong.
6 And makes them leape like as a Calfe, or elſe the Unicorne:
not onely trees but mountaines great, whereon the trees are borne.

7 His voice deuideth flames of fire, and ſhakes the wilderues.
8 It makes the deſert quake for feare, that called is Cades.
9 It makes the Hindes for feare to calue, and makes the couert plaine:
then in his temple euery man, his glorie doth proclaime.

10 The Lord was ſet aboue the flouds, ruling the raging ſea:
ſo ſhall he raigne as Lord and king, for euer and for aye.
11 The Lord will giue his people power, in vertue to increaſe:
the Lord will bleſſe his choſen folke, with euerlaſting peace.

Exaltabo te Domine. Pſal. xxx. I. H.

When Dauid ſhould haue dedicated his houſe to the Lord, he fell ſo extreame ſicke, that he was without al hope of life, and therefore after his recouerie, he rendreth thanks to God, exhorting others to the like, and to learn by his example, that God is rather mercifull, then ſeuere and rigorous towards his children, and alſo that the fall from proſperitie is ſoden. This done he returneth to prier, promiſing to praiſe God for euer.



3 Of thy good will thou haſt cald backe, my ſoule from hell to ſaue:
thou didſt reuiue when ſtrength did lacke, and kept me from the graue.
4 Sing praiſe ye Saints that proue and ſee, the goodneſſe of the Lord:
in memorie of his maieſtie, reioyce with one accord.

5 For why? his anger but a ſpace, doth laſt and ſtake againe:
but in his fauour and his grace, alwaies doth life remaine.
Though gripes of griefe and pangs full ſore, ſhall lodge with vs all night.

the

the Lord to ioy ſhall vs reſtore, before the day be light.

6 When I enioyd the world at will, thus would I boaſt and ſay:
tuſh, I am ſure to feele none ill, this wealth ſhall not decay.
7 For thou (O Lord) of thy good grace, hadſt ſent me ſtrength and aid:
but when thou turndſt away thy face, my mind was ſore diſmaid.

8 Wherefore againe yet did I crie, to thee O Lord of might:
my God with plaints I did applie, and praid both day and night.
9 What gaine is in my bloud, ſaid I, if death deſtroy my daies:
doth duſt declare thy maieſtie, or yet thy truth doth praiſe?

10 Wherefore my God ſome pittie take, O Lord I thee deſire:
doe not this ſimple ſoule forſake, of helpe I thee require.
11 Then didſt thou turne my griefe and woe, vnto a chearefull voice:
the mourning weede thou tookeſt me fro, and madſt me to reioyce:

12 Wherefore my ſoule vnceſſantly, ſhall ſing vnto thy praiſe:
my Lord my God to thee will I, giue laud and thanks alwaies.

In te Domine ſperaui. Pſal. xxxi. I. H.

Dauid deliuered from ſome great danger in the deſert of Maon, or elſe where, firſt he rehearſeth what meditation he had by the power of faith, when death was before his eyes, his enemies being ready to take him: then he adioyneth the fauour of God alwaies to be ready to thoſe that feare him. Finally he exhorteth al the faithfull to truſt in him, and to loue God, becauſe he preſerueth and ſtrengtheneth them, as they may ſee by his example.

Sing this as the 18, Pſalme

O Lord I put my truſt in thee, let nothing worke me ſhame:
as thou art iuſt deliuer me, and let me quite from blame.
2 Heare me (O Lord) and that anone, to helpe me make good ſpeede:
be thou my rocke and houſe of ſtone, my fence in time of neede.

3 For why? as ſtones thy ſtrength is tride, thou art my fort and tower:
for thy names ſake be thou my guide, and leade me in thy power.
4 Plucke forth my feete and breake the ſnare, which they for me haue laid:
thou art my ſtrength and all my care, is for thy might and aid.

5 Into thy hands Lord I commit, my ſpirite which is thy due:
for why? thou haſt redeemed it, (O Lord) thou God moſt true.
6 I hate ſuch folke as will not part, from things that be abhord:
when they on trifles ſet their hart, my truſt is in the Lord.

7 For I will in thy mercy ioy, I ſee it doth excell:
thou ſeeſt when ought would me annoy, and knoweſt my ſoule full well.
8 Thou haſt not left me in their hand, that would me ouercharge:
but thou haſt ſet me out of band, to walke away at large.

The ſecond parte

9 Great griefe (O Lord) doth me aſſaile, ſome pittie on me take:
mine eyes ware dim, my ſight doth faile, my wombe for woe doth ake.
10 My life is worne for griefe and paine, my yeares in woe are preſt:
my ſtrength is gone, and through diſdaine my bones corrupt and waſt.

11 Among

11 Among my foes I am a scorn, my friends are all dismaid:
my neighbours and my kinsmen borne, to see me are afraid.
12 As men once dead are out of minde, so am I now forgot:
as small effect in me they finde, as in a broken pot.

13 I heard the brags of all the rout, their threats my minde did fray:
how they conspirde and went about, to take my life away.
14 But Lord I trust in thee for ayde, not to be ouertrod:
For I confesse and still haue said, thou art my Lord and God.

15 The length of all my life and age, O Lord is in thy hand:
defend me from the wraths and rage, of them that me withstand.
16 To me thy seruant Lord expresse, and shew thy ioyfull face:
and saue me Lord for thy goodnesse, thy mercie, and thy grace.

The third parte

17 Lord let me not be put to blame, for that on thee I call:
but let the wicked beare their shame, and in the graue to fall.
18 Oh how great good hast thou in store, laid vp full safe for them:
that feare and trust in thee therefore, before the sonnes of men

19 Thy presence shall them fence & guide, from all proud brags & wrongs:
within thy place thou shalt them hide, from all the strife of tongues.
20 Thanks to the Lord that hath declard, on me his grace so farre:
me to defend with watch and ward, as in a towne of warre.

21 Thus did I say both day and night, when I was sore oppresst:
loe I was cleane cast out of sight, yet heardst thou my request.
22 Ye Saints loue ye the Lord I say the faithfull he doth guide,
and to the proud he will repay, according to their pride.

23 Be strong and God will stay your hart, be bold and haue a lust:
for sure the Lord will take your part, sith ye on him do trust.

Beati quorum remissa sunt. Psal. xxxii. T. S.

Dauid punished with grieuous sickenesse for his sinnes, counteth them happie to whom God doth not impute their transgressions, and after that he had confessed his sinnes, and obtained pardon, he exhorteth the wicked men to liue godly, and the good to reioyce.

Sing this as the 30 Psalme

THe man is blest whose wickednes, the Lord hath cleane remitted:
and he whose sin and wretchednesse, is hid and also couered.
2 And blest is he to whom the Lord imputeth not his sinne:
which in his hart hath hid no guile, nor fraud is found therein.

3 For whilest that I kept close my sinne, in silence and constraint:
my bones did weare and waste away, with daily mone and plaint.
4 For night and day thy hand on me, so grieuous was and smart:
that all my bloud and humors moist, to drinesse did conuert.

5 I did therefore confesse my fault, and all my sinnes discouer:
then thou (O Lord) didst me forgiue, and all my sinnes passe ouer.
6 The humble man shall pray therefore, and seeke thee in due time:
so that the flouds of waters great, shall haue no power on him.

7 When

7 When trouble and aduerſitie, doe compaſſe me about:
thou art my refuge and my ioy, and thou doeſt rid me out.
8 Come hither and I ſhall thee teach, how thou ſhalt walke aright:
and will thee guide as I my ſelfe, haue learnd by proofe and ſight.

9 Bee not ſo rude and ignorant, as is the Horſe and Mule:
whoſe mouth without a raigne or bit, from harme thou canſt not rule.
10 The wicked man ſhall manifold, ſorrowes and griefes ſuſtaine:
but vnto him that truſts in God, his goodneſſe ſhall remaine.

11 Be merry therefore in the Lord, ye iuſt lift vp your voice:
and ye of pure and perfect hart, be glad and eke reioyce.

Exultate iuſti in Domino. Pſal. xxxiii. I. H.

He exhorteth good men to praiſe God, for that hee hath not onely created all things, and by his prouidence gouerneth the ſame, but alſo is faithful in his promiſes. He vnderſtands mans hart and ſcattereth the counſel of the wicked, ſo that no man can be preſerued by any creature or mans ſtrength: but they that put their confidence in his mercy, ſhall be preſerued from all aduerſitie.

Sing this as the 30. Pſalme.

YE righteous in the Lord reioyce, it is a ſeemely ſight:
that vpright men with thankfull voice, ſhould praiſe the God of might.
2 Praiſe ye the Lord with Harpe and ſong, in Pſalmes and pleaſant things:
with Lute and inſtrument among, that ſoundeth with ten ſtrings.

3 Sing to the Lord a long moſt new, with courage giue him praiſe:
4 For why? his word is euer true, his workes and all his waies.
5 To iudgement equitie, and right, he hath a great goodwill:
and with his gifts he doth delight, the earth throughout to fill.

6 For by the word of God alone, the heauens all were wrought:
their hoſtes and powers euerichone, his breath to paſſe hath brought.
7 The waters great gathered hath he, on heapes within the ſhore:
and hide them in the depth to be, as in an houſe of ſtore.

8 All men on earth both leaſt and moſt, feare God and keepe his lawe:
ye that inhabite in each coaſt, dread him and ſtand in awe.
9 What he commaunded wrought it was, at once with preſent ſpeede:
what he doth will is brought to paſſe, with full effect in deede.

10 The counſels of the nations rude, the Lord doth driue to nought:
he doth defeate the multitude, of their deuiſe and thought.
11 But his decrees continue ſtill, they neuer ſlacke nor fwage:
the motions of his mind and will, take place in euerie age.

The ſecond part.

12 And bleſt are they to whom the Lord, as God and guide is knowne:
whom he doeth chooſe of meere accord, to take them as his owne.
13 The Lord from heauen caſt his ſight, on men mortall by birth:
14 Conſidering from his ſeat of might, the dwellers of the earth.

15 The Lord I ſay whoſe hand hath wrought, mans hart & doth it frame
for he alone doeth know the thought, and working of the ſame.

16 A king that truſteth in his hoſt, ſhall nought preuaile at length:
the man that of his might doeth boaſt, ſhall fall for all his ſtrength.

17 The troupes of horſmen eke ſhall faile, their ſturdy ſteeds ſhall ſterue,
the ſtrength of horſe ſhall not preuaile, the rider to preſerue.
18 But loe the eyes of God entend, and watch to aide the iuſt:
with ſuch as feare him to offend, and on his goodneſſe truſt.

19 That he of death and all diſtreſſe, may ſet their ſoules from dread:
and if that dearth the land oppreſſe, in hunger them to feede.
20 Wherefore our ſoule doth ſtill depend, on God our ſtrength and ſtay:
he is the ſhield vs to defend, and driue all darts away.

21 Our ſoule in God hath ioy and game, reioyſing in his might:
for why? in his moſt holy name, we hope and haue delight.
22 Therefore let thy goodneſſe (O Lord) ſtill preſent with vs bee:
as we alwaies with one accord, doe onely truſt in thee.

Benedicam Domino. Pſal. xxxiiii. T. S.

After Dauid had eſcaped Achis, according as it is written in the 1. Sam. 21. whom in this title he calleth Abimalech (which was a generall name to the kings of the Philiſtians) he praiſeth God for his deliuerance, prouoking all others by his example to truſt in God, to feare and ſerue him, who defendeth the godly with angels, and vtterly deſtroyeth the wicked in their ſinnes.

Sing this as the 30. Pſalme.

I will giue laud and honour both, vnto the Lord alwaies:
and eke my mouth for euermore, ſhall ſpeake vnto his praiſe.
2 I doe delight to laud the Lord, in ſoule and eke in voyce:
that humble men and mortified, may heare and ſo reioyce.

3 Therefore ſee that ye magnifie, with me the liuing Lord:
and let vs now exalte his name, together with one accord.
4 For I my ſelfe beſought the Lord, he anſwered me againe:
and me deliuered incontinent, from all my feare and paine.

6 Who ſo they be that him behold, ſhall ſee his light moſt cleare:
their countenance ſhall not be daſht, they neede it not to feare.
6 This ſeely wretch for ſome reliefe, vnto the Lord did call:
who did him heare without delay, and rid him out of thrall.

7 The angell of the Lord doth pitch, his tents in euerie place:
to ſaue all ſuch as feare the Lord, that nothing them deface.
8 Taſt and conſider well therefore, that God is good and iuſt:
O happie man that maketh him, his onely ſtay and truſt.

9 Feare ye the Lord his holy ones, aboue all earthly thing:
for they that feare the liuing Lord, are ſure to lacke nothing.
10 The Lyons ſhal be hungerbit, and pinde with famine much:
but as for them that feare the Lord, no lacke ſhall be to ſuch.

The ſecond parte

11 Come neere therefore my children deare, and to my wordes giue eare:
I ſhall you teach the perfect way, how you the Lord ſhould feare.

12 Who

12 Who is that man that would liue long, and leade a bleſſed life?
13 See thou refraine thy tongue and lips, from all deceite and ſtrife.

14 Turne backe thy face from doing ill, and doe the godly deede,
enquire for peace and quietneſſe, and follow it with ſpeede.
15 For why? the eyes of God aboue, vpon the iuſt are bent:
his eares likewiſe doe heare the plaint, of the poore innocent.

16 But he doth frowne and bend his browes, vpon the wicked traine:
and cut away the memorie, that ſhould of them remaine.
17 But when the iuſt doe call and crie, the Lord doth heare them ſo:
that out of paine and miſerie, forthwith he lets them goe.

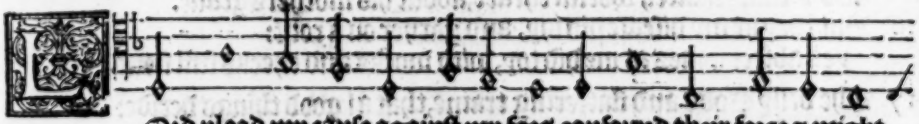
18 The Lord is kind and ſtraight at hand, to ſuch as be contrite:
he ſaues alſo the ſorrowfull, the meeke and poore in ſpirite.
19 Full many be the miſeries, that righteous men doe ſuffer:
but out of all aduerſities, the Lord doth them deliuer.

20 The Lord doth ſo preſerue and keepe, his derie bones alwaie:
that not ſo much as one of them, doth periſh or decaie.
21 The ſinne ſhall ſlea the wicked man, which he himſelfe hath wrought:
and ſuch as hate the righteous man, ſhall ſoone be brought to nought.

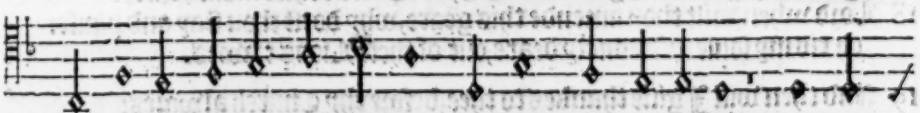
22 But they that ſerue the liuing Lord, the Lord doth ſaue them ſound:
and who that put their truſt in him, nothing ſhall them confound.

Iudica Domine. Pſal. xxxv. I. H.

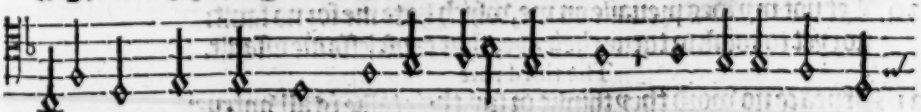
So long as Saule was enemy to Dauid, all that had any authoritie vnder him, to flatter their king, did alſo moſt cruelly perſecute Dauid: againſt whom he praieth God to plead and auenge his cauſe, that they may be taken in their nets and ſnares, which they laid for him, and his innocency may be declared, and that the innocent which taketh part with him, may reioyce and praiſe the name of the Lord, that thus deliuereth his ſeruant. And ſo he promiſeth to ſpeak forth the iuſtice of the Lord, and to magnifie his name all the daies of his life



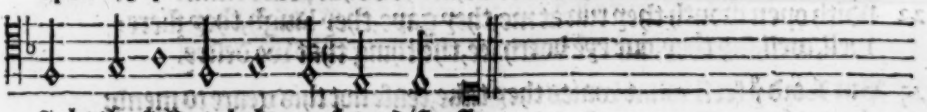
O Lord plead my cauſe againſt my foes, confound their force a nought



Fight on my part againſt all thoſe, that ſeeke with me to fight. Lay hand



vpon thy ſpeare and ſhield, thy ſelfe in armour dreſſe: ſtand vp for mee and



fight the field, to helpe me from diſtreſſe.

3 Gird on thy ſword and ſtop the way, mine enemies to withſtand:
that thou vnto my ſoule doe ſay, loe I thy helpe at hand.
4 Confound them with rebuke and blame, that ſeeke my ſoule to ſpill:
let them turne backe and flee with ſhame, that thinke to worke me ill.

5 Let them diſperſe and flee abroad, as wind doth driue the duſt:
and that the angell of our God, their might away may thruſt.
6 Let all their waies be voide and light, and ſlippry like to fall:
and ſend thine angell with thy might, to perſecute them all.

7 For why? without my fault they haue, in ſecret ſet their grin:
and for no cauſe haue digde a caue, to take my ſoule therein.
8 When they thinke leaſt and haue no care, O Lord deſtroy them all:
let them be trapt in their owne ſnare, and in their miſchiefe fall.

9 And let my ſoule my hart and voice, in God haue ioy and wealth:
that in the Lord I may reioyce, and in his ſauing health.
10 And then my bones ſhall ſpeake and ſay, my parts ſhall all agree:
O Lord though they do ſeeme ful gay, what man is like to thee.

The ſecond parte

11 Thou doeſt defend the poore from them, that are both ſtout and ſtrong:
and rid the poore from wicked men, that ſpoile and doe them wrong.
12 My cruell foes againſt me riſe, to witneſſe things vntrue:
and to accuſe me they deuiſe, of that I neuer knew.

13 Where I to them did owe good will, they quit me with diſdaine:
that they ſhould pay my good with ill, my ſoule doeth ſore complaine.
14 When they were ſicke I mourn'd therefore, and clad my ſelfe in ſack:
with faſting I did faint full ſore, to pray I was not ſlacke.

15 As they had bene my brethren deare, I did my ſelfe behaue:
as one that maketh woeful cheare, about his mothers graue.
16 But they at my diſeaſe did ioy, and gather on a rout:
yea abiect ſlaues at me did toy, with mocks and checks full ſtout.

17 The belly Gods and flattering traine, that al good things deride:
at me doe grin with great diſdaine, and plucke their mouth aſide.
18 Lord when wilt thou amende this geare, why doeſt thou ſtay and pauſe:
oh rid my ſoule mine onely deare, out of theſe Lions clawes.

19 And then will I giue thankes to thee, before thy Church alwaies:
and whereas moſt of people bee, there will I ſhewe thy praiſe
20 Let not my foes preuaile on me, which hate me for no fault:
nor yet to wink or turne their eye, that cauſeleſſe me aſſault.

The third part

21 Of peace no word they thinke or ſay, their talke is all vntrue:
they ſtill conſult and would betraie, al thoſe that peace enſue.
22 With open mouth they run at me, they gape, they laugh, they ſpiere:
well, well, ſay they, our eye doeth ſee, the thing that we deſire.

23 But Lord y^u ſeeſt what waies they take, ceaſe not this geare to mend:
be not farre off, nor mee forſake, as men that falſe their frend.

24 Awake

24 Awake ariſe, and ſtirre abroad, defend me in my right:
reuenge my cauſe my Lord my God, and aid me with thy might.

25 According to thy righteouſneſſe, my Lord God ſet me free:
and let them not their pride expreſſe, nor triumph ouer me:
26 Let not their harts reioyce and cry, there, there, this geare goeth trim:
nor geue them cauſe to ſay on hye, we haue our will on him.

27 Confound them with rebuke and ſhame, that ioy when I doe mourne:
and pay them home with ſpite and blame, that brag at me with ſcorne.
28 Let them be glad and eke reioyce, which loue mine vpright way:
and they all times with hart and voice, ſhall praiſe the Lord, & ſay.

29 Great is the Lord and doth excell, for why he doth delight:
to ſee his ſeruants proſper well, that is his pleaſant ſight.
30 Wherefore my tongue I will apply, thy righteouſnes to praiſe:
vnto the Lord my God will I, ſing laude and thankes alwaies.

Dixit iniuſtus. Pſal. xxxvi. I. II.

Dauid grieuously vexed by the wicked, doth complaine of their malice and wickednes. Then he turneth to conſider the vnſpeakable goodnes of God towards al creatures: but ſpecially towards his children, that by faith thereof he may bee comforted and aſſured of his deliuerance by the ordinarie courſe of Gods worke who in the end deſtroyeth the wicked, and ſaueth the iuſt.

Sing this as the 35, Pſalme

THe wicked with his workes vniuſt, doth thus perſwade his hart:
that of the Lord he hath no truſt, his feare is ſet apart.
2 Yet doth he ioy in his eſtate, to walke as he began:
ſo long till he deſerue the hate, of God and eke of man.

3 His words are wicked, vile, and nought, his tongue no trueth doeth tell:
yet at no hand will he be taught, which way he may doe well.
4 When he ſhould ſleepe then doth he muſe, his miſchiefe to fulfill:
no wicked waies doth he refuſe, nor nothing that is ill.

5 But Lord thy goodnes doth aſcend, aboue the heauens hye:
ſo doth thy truth it ſelfe extend, vnto the cloudy ſkye.
6 Much more then hills ſo high and ſteepe, thy iuſtice is expreſt:
thy iudgements like to ſeas moſt deepe, thou ſaueſt both man & beaſt.

7 Thy mercy is aboue all things, O God it doth excell:
in truſt whereof as in thy wings, the ſonnes of men ſhall dwell.
8 Within thy houſe they ſhall be fed, with plentie at their will:
of all delight they ſhall be ſped, and take thereof their fill.

9 For why: the well of life ſo pure, did ouerflow for thee:
and in thy light we are full ſure, the laſting life to ſee.
10 From ſuch as thee deſire and know, let not thy grace depart:
thy righteouſneſſe declare and ſhew, to men of vpright hart.

11 Let not the proud on me preuaile, O Lord of thy good grace:
nor let the wicked me aſſaile, to throw me out of place.

12 But they in their deuiſe ſhall fall, that wicked workes maintaine:
they ſhall be ouerthrowne withal, and neuer riſe againe.

Noli æmulari. Pſal. xxxvii. W. W.

Becauſe the godly ſhould not wonder to ſee wicked men proſper in this world: The prophet ſheweth that all things ſhal be granted according to their harts deſire, to them that loue and feare God, and they that doe the contrarie, although they ſeeme to flouriſh for a time, ſhall at length periſh.

Sing this as the 35. Pſalme.

GRudge not to ſee the wicked men, in wealth to flouriſh ſtill:
nor yet enuie ſuch as to ill, haue bent and ſet their will.
2 For as greene graſſe and flouriſhing herbes, are cut and wither away:
ſo ſhall their great proſperitie, ſoone paſſe, fade and decay.

3 Truſt thou therefore in God alone, to doe well giue thy mind:
ſo ſhalt thou haue the land as thine, and there ſure foode ſhalt find.
4 In God ſet all thy harts delight, and looke what thou wouldeſt haue:
or elſe canſt wiſh in all the world, thou needeſt it not to craue

5 Caſt both thy ſelfe and thine affaires, on God with perfect truſt:
and thou ſhalt ſee with patience, the effect both ſure and iuſt.
6 Thy perfect life and godly name, he will cleare as the light:
ſo that the Sunne euen at noone dayes, ſhall not ſhine halfe ſo bright.

7 Be ſtill therefore and ſtedfaſtly, on God ſee thou waite then:
not ſhrinking for the proſperous ſtate, of lewd and wicked men.
8 Shake of deſpite, enuie and hate, at leaſt in any wiſe:
their wicked ſteps auoid and flee, and follow not their guiſe.

9 For euery wicked man will God, deſtroie both more and leſſe:
but ſuch as truſt in him are ſure, the land for to poſſeſſe.
10 Watch but a while and thou ſhalt ſee, no more the wicked traine:
no not ſo much as houſe or place, where once he did remaine.

The ſecond part

11 But mercifull and humble men, enioy ſhall ſea and land:
in reſt and peace they ſhall reioyce, for nought ſhall them withſtand.
12 The lewd men and malicious, againſt the iuſt conſpire:
they gnaſh their teeth at him as men, which do his bane deſire.

13 But while that lewd men thus doe thinke, the Lord laughes them to ſcorne:
for why? he ſeeth their terme approch, when they ſhall ſigh and mourne.
14 The wicked haue their ſword out drawne, their bow eke haue they bent,
to ouerthrow and kill the poore, as they the right way went.

15 But the ſame ſword ſhall pearce their harts, which was to kill the iuſt:
likewiſe the bow ſhall breake to ſhiuers, wherein they put their truſt.
16 Doubtleſſe the iuſt mans poore eſtate, is better a great deale more:
then all theſe lewd and worldly mens, rich pompe, and heaped ſtore.

17 For be their power neuer ſo ſtrong, God will it ouerthrow:
where contrarie he doth preſerue, the humble men and low.
18 He ſeeth by his great prouidence, the good mens trade and way:
and will giue them inheritance, which neuer ſhall decay.

19 They

19 They ſhall not be diſcouraged, when ſome are hard beſted:
when other ſhall be hungerbit, they ſhall be clad and fed.
20 For whoſoeuer wicked is, and enemie to the Lord:
ſhall quaile, yea melt euen as lambs greaſe, or ſmoke that fleeth abroad.

The third parte

21 Behold the wicked borroweth much, and neuer payeth againe:
whereas the iuſt by liberall gifts, makes many glad and faine.
22 For they whom God doth bleſſe, ſhall haue the land for heritage:
and they whom he doth curſe likewiſe, ſhall periſh in his rage.

23 The Lord the iuſt mans waies doth guide, and giues him good ſucceſſe:
to euery thing he takes in hand, he ſendeth good addreſſe.
24 Though that he fall yet is he ſure, not vtterly to quaile:
becauſe the Lord ſtretches out his hand, at neede and doth not faile.

25 I haue beene young and now am old, yet did I neuer ſee:
the iuſt man left, or elſe his ſeed, to beg for miſerie.
26 But giues alwaies moſt liberally, and lends where as is neede:
his children and poſteritie, receiue of God their meede.

Flee vice therefore and wickednеſſe, and vertue doe embrace:
ſo God ſhall grant thee long to haue, in earth a dwelling place.
28 For God ſo loueth equitie, and ſhewes to his ſuch grace:
that he preſerues them euermore, but ſtroyes the wicked race.

29 Whereas the good and godly men, inherite ſhall the land:
hauing as Lord all things therein, in their owne power and hand.
30 The iuſt mans mouth doth euer ſpeake, of matters wiſe and hie:
his tongue doth talke to edifie, with truth and equitie.

31 For in his heart the law of God, his Lord doth ſtill abide:
ſo that where euer he goes or walkes, his foote can neuer ſlide.
32 The wicked like a rauening Wolfe, the iuſt man doth beſet:
by all meanes ſeeking him to kill, if he fall in his net.

The fourth part

33 Though he ſhould fall into his hands, yet God would ſuccour ſend.
though men againſt him ſentence giue, God would him yet defend.
34 Waite thou on God, and keepe his way, he ſhall preſerue thee then:
the earth to rule, and thou ſhalt ſee, deſtroyd theſe wicked men.

35 The wicked haue I ſeene moſt ſtrong, and placed in high degree:
flouriſhing in all wealth and ſtore, as doth a Laurell tree.
36 But ſodenly he paſſed away, and loe he was quite gone:
then I him ſought, but could ſcarce find, the place where dwelt ſuch one,

37 Marke and behold the perfect man, how God doth him increaſe:
for the iuſt man ſhall haue at length, great ioy with reſt and peace.
38 As for tranſgreſſors woe to them, deſtroid they ſhall all be:
God will cut off their budding race, and rich poſteritie.

39 But the ſaluation of the iuſt, doth come from God aboue:
who in their trouble ſends them aide, of his meere grace and loue.

40 God doth them helpe, ſaue and deliuer, from lewd men and vniuſt:
and ſtill will ſaue them whilſt that they, in him doe put their truſt.

Domine ne in furore. Pſal. xxxviii. I. H.

Dauid lying ſicke of ſome grieuous diſeaſe, acknowledgeth himſelfe to be chaſtiſed of the Lord for his ſinnes, and therefore prayeth God to turne away his wrath, he vttereth the greatneſſe of his griefe by many words and circumſtances, as wounded with the arrowes of Gods ire, forſaken of his friends, and euil intreated of his enemies, but in the end with firme confidence hee commendeth his cauſe to God, and hopeth for ſpedie helpe at his hand.

Sing this as the 35 Pſalme

PVt me not to rebuke (O Lord) in thy prouoked ire:
ne in thy heauie wrath O Lord, correct me I deſire.
2 Thine arrowes do ſticke faſt in me, thy hand doth preſſe me ſore:
3 And in my fleſh no health at all, appeareth any more.

And all this is by reaſon of, thy wrath that I am in:
nor any reſt is in my bones, by reaſon of my ſin.
4 For loe my wicked doings Lord, aboue my head are gone:
as greater lode then I can beare, they lye me ſore vpon.

5 My wounds ſtincke and are feſtred ſore, and lothſome are to ſee:
which all through mine owne fooliſhneſſe, betideth vnto mee.
And I in carefull wiſe am brought, in trouble and diſtreſſe:
6 That I goe wayling all the day, my dolefull heauineſſe.

7 My loynes are fild with ſore diſeaſe, my fleſh hath no whole part:
8 I feeble am and broken ſore, I rore for griefe of hart.
9 Thou knoweſt Lord my deſire, my grones are open in thy ſight:
10 My hart doth pant, my ſtrength hath faild, my eyes haue loſt their light.

11 My louers and my wonted friends, ſtand looking on my woe:
and eke my kinſmen far away, are me departed fro.
12 They that did ſeeke my life laide ſnares, and they that ſought the way:
to doe mee hurt, ſpake lyes, and thought on treaſon all the day.

The ſecond part

13 But as a deafe man I became, that can not heare at all:
14 And as one dumbe that opens not, his mouth to ſpeake withall.
15 For all my confidence O Lord, is wholy ſet on thee:
16 O Lord, thou Lord that art my God, thou ſhalt giue eare to mee.

This did I craue that they my foes, triumph not ouer mee:
17 For when my foote did ſlip, then they did ioy my fall to ſee.
And truely I poore wretch am ſet, in place a wofull wight:
and eke my grieffull heauineſſe, is euer in my ſight.

18 For while that I my wickednеſſe, in humble wiſe confeſſe:
and while I for my ſinfull deeds, my ſorrowes doe expreſſe.
19 My foes doe ſtill remaine aliue, and mightie are alſo:
and they that hate me wrongfully, in number hugely grow.

20 They ſtand againſt me that my good, with euill doe repay:

because

becauſe that good and honeſt things, I doe enſue alway.
21 Forſake me not, O Lord my God, be thou not farre away:
22 Haſt me to helpe, my Lord my God, my ſafetie and my ſtay.

Dixi cuſtodiam. Pſal. xxxix. I. H.

Dauid vttereth with what great griefe and bitternes of mind, he was driuen to theſe outragious complaints of his infirmities, for he confeſſeth, that when he had determined ſilence, that he braſt foorth yet into wordes that he would not, through the greatneſſe of his griefe. Then hee rehearſeth certaine requeſts, which taſt of infirmitie of man, and mixeth them with many prayers, but all to ſhew a minde wonderfully troubled, that it may plainely appeare, how he did ſtriue mightily againſt death and deſperation.

Sing this as the 35 Pſalme

I Said I will looke to my waies, for feare I ſhould go wrong:
I will take heed all times that I, offend not in my toong.
2 As with a bit I will keepe faſt, my mouth with force and might:
not once to whiſper all the while, the wicked are in ſight.

3 I held my toong and ſpake no word, but kept me cloſe and ſtill:
yea from good talk, I did refraine, but ſore againſt my wil.
4 My hart wart hote within my breſt, with muſing thought, & doubt:
which did encreaſe and ſtir the fire, at laſt theſe words braſt out.

5 Lord number out my life and daies, which yet I haue not paſt:
ſo that I may be certified, how long my life ſhall laſt.
6 Lord thou haſt pointed out my life, in length much like a ſpan,
mine age is nothing vnto thee, ſo vaine is euery man.

7 Man walketh like a ſhade, and doth in vaine himſelfe annoy:
in getting goods, and cannot tell, who ſhall the ſame enioy.
8 Now Lord ſith things this wiſe do frame, what help do I deſire:
of truth my helpe doth hang on thee, I nothing els require.

The ſecond part.

9 From all the ſinnes that I haue done Lord quit me out of hand:
and make me not a ſcorn to fooles, that nothing vnderſtand.
10 I was as dumbe and to complaine, no trouble might me moue:
becauſe I know it was thy worke, my patience for to proue.

11 Lord take from me, thy ſcourge & plague, I can them not withſtand:
I faint and pine away for feare, of thy moſt heauy hand.
12 When thou for ſin doeſt man rebuke, he wareth woe and wan:
as doth a cloth that mothes haue fret, ſo vaine a thing is man,

13 Lord heare my ſute and geue good heed, regard my tears that fall:
I ſoiourne like a ſtranger here, as did my fathers all.
14 Oh ſpare a litle, geue me ſpace, my ſtrength for to reſtore:
before I go away from hence, and ſhall be ſeene no more.

Expectans expectaui. Pſal. xl. I. H.

Dauid delinered from great danger, doth magnifie and praiſe the grace of God for his deliuerance, and commendeth his prouidence towards all mankind. Then doth he promiſe to giue himſelfe wholy to Gods ſeruice and ſo declare how God is truely worſhipped. Afterward giueth thanks and praiſeth God, hauing complained of his enemies, with good courage he calleth for aide and ſuccour.

Sing this as the 35. Pſalme.

I waited long and ſought the Lord, and patiently did beare:
at length to me he did accord, my voice and cry to heare.
2 He pluckt me from the lake ſo deep, out of the mire and clay:
and on a rock he ſet my feete, and he did guide my way.

3 To me he taught a Pſalme of praiſe, which I muſt ſhew abroad:
and ſing new ſongs of thanks allwaies, vnto the Lord our God.
4 When all the folke theſe things ſhall ſee, as people much afraide:
then they vnto the Lord will flee, and truſt vpon his aide.

5 O bleſt is he whoſe hope and hart, doth in the Lord remaine:
that with the proud doth take no part, nor ſuch as lye and faine.
6 For Lord my God thy wondrous deedes, in greatnes far do paſſe:
thy fauour towards vs exceedes, all thinges that euer was.

7 When I entend and do deuiſe, thy workes abroad to ſhow:
to ſuch a reckning they do riſe, thereof no end I know.
8 Burnt offrings thou delightſt not in, I know thy whole deſire:
with ſacrifice to purge his ſinne, thou doſt no man require.

9 Meat offerings and ſacrifice, thou wouldſt not haue at all:
but thou O Lord haſt open made, mine eares to heare withall.
10 But then ſaid I, behold and looke, I come a man to be:
for in the volume of thy booke, thus it is ſaid of me.

11 That I O God ſhould do thy mind, which thing doth like me well:
for in my hart thy law I find, faſt placed there to dwell.
12 Thy iuſtice and thy righteouſneſſe, in great aſſorts I tell:
behold my toong no time doth ceaſe, O Lord thou knoweſt full well.

The ſecond part

13 I haue not hid within my breaſt, thy goodneſſe as by ſtealth:
but I declare and haue expreſt, thy truth and ſauing health.
14 I kept not cloſe thy louing mind, that no man ſhould it know:
the truſt that in thy truth I finde, to all the Church I ſhow.

For I with miſchiefs many one, am ſore beſet about:
my ſinnes increaſe and ſo come on, I can not ſpy them out.
15 For why? in number they exceed, the heires vpon my head:
my hart doth faint for very dread, that I almoſt am dead.

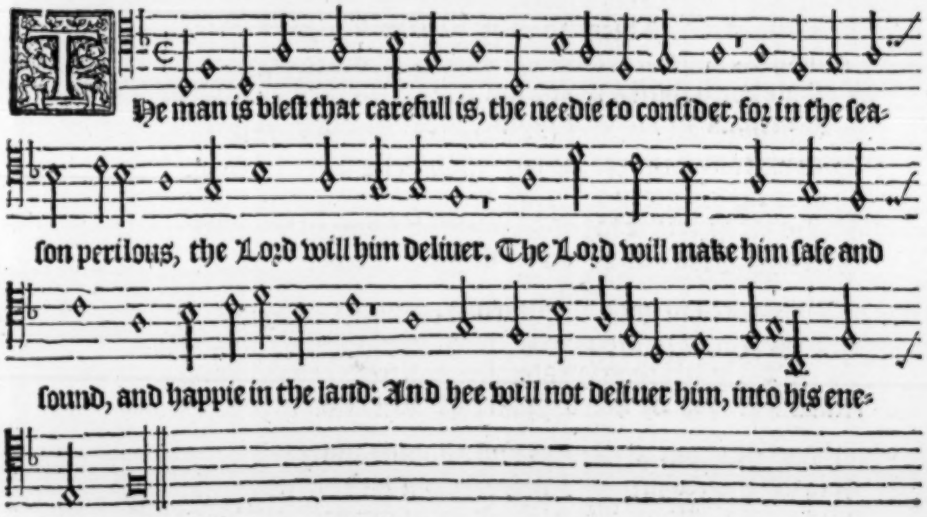
16 With ſpeed ſend help and ſet me free, O Lord I thee require:
make haſt with aid to ſuccour me, O Lord at my deſire.
17 Let them ſuſtaine rebuke and ſhame, that ſeeke my ſoule to ſpill:
driue back my foes and them defame, that wiſh and would me ill.

18 For their ill feats do them deſcry, that would deface my name:
alwaies at me they raile and cry, fie on him, fie for ſhame.
19 Let them in thee haue ioy and health, that ſeeke to thee alwaies:
that thoſe that loue thy ſauing health, may ſay to God be praiſe.

20 But as for me I am but poore, oppreſt and brought full low:
yet thou O Lord wilt me reſtore, to health full well I know.
21 For why: thou art my hope and truſt, my refuge, helpe, and ſtay:
wherefore my God as thou art iuſt, with me no time delay.

Beatus qui intelligit. Pſal. xli. T. S.

Dauid being grieuouſly afflicted, bleſſeth them that pitie his caſe, and complaineth of the treaſon of his owne friend and familiars, as come to paſſe in Iudas. Iob xv. After he feeling the great mercies of God, greatly chaſtiſing him, and not ſuffering his enemies to triumph againſt him, giueth moſt hartie thanks vnto God.



3 And in his bed when he lieth ſick, the Lord will him reſtore:
and thou O Lord wilt turn to health, his ſickneſs and his ſore.
4 Then in my ſickneſs thus ſay I, haue mercy Lord on me:
and heale my ſoule which is full woe, that I offended thee.

5 Mine enemies wiſhed me ill in hart, and thus of me did ſay:
when ſhall he dye that all his name, may baniſh quite away?
9 And when they come to viſit me, they aſke if I do well:
but in their harts miſchiefe they hatch, and to their mates it tell.

7 They bite their lips and whiſper ſo, as though they would me charme:
and caſt their ſetches how to trap, mee with ſome mortall harme.
8 Some grieuous ſinne haue brought him to, this ſickneſs ſay they plaine:
he is ſo low that without doubt, riſe can he not againe.

9 The man alſo that I did truſt, with me did vſe deceit:
who at my table eate my bread, the ſame for me laid wait.
10 Haue mercy Lord on me therfore, and let me be preſerued:
that I may render vnto them, the things they haue deſerued.

11 By this I know aſſuredly, to be beloued of thee:
when that my enemies haue no cauſe, to triumph ouer me.
12 But in my right thou haſt me kept, and mainteined alwaies

and

and in thy preſence place aſſignd, where I ſhall dwell for aye

13 Tht Lord the God of Iſraell, be praiſed euermor:
euen ſo be it Lord will I ſay, euen ſo be it therefore.

Quemadmodum deſiderat. Pſal. xlii. I. H.

The Prophet grieuously complaineth, that being letted by his perſecutors he could not be preſent in the congregation of Gods people: proteſting that although hee was ſeperate in bodie from them, yet his heart was thether affectioned. And laſt of all hee ſheweth that hee was not ſo farre ouercome with theſe ſorrowes and thoughts, but that he continually put his confidence in the Lord.

Sing this as the 35 Pſalme

LIke as the hart doth breath and bray, the welſprings to obtaine:
ſo doth my ſoule deſire alway, with thee Lord to remaine.
2 My ſoule doeth thirſt & would draw near, the liuing God of might
oh when ſhall I come and appeare, in preſence of his light.

3 The teares all times are my repaſt, which from mine eyes did ſlide:
when wicked men cry out ſo faſt, where now is God thy guide?
4 Alas what grefe is it to thinke, what freedome once I had?
therefore my ſoule as at pits brinke, is moſt heauie and ſad.

When I did march in good aray, furniſhed with my traine:
vnto the temple was our way, with ſongs and harts moſt faine.
5 My ſoule why art thou ſad alwaies, and fretſt thus in my breſt:
truſt ſtill in God for him to praiſe, I hold it alwaies beſt.

By him haue I ſuccour at need, againſt all paine and grieſe:
he is my God which with all ſpeed, will haſt to ſend reliefe.
6 And this my ſoule within me Lord, doth faint to thinke vpon:
the land of Iordan and record, the litle hill Hermon.

7 One grieſe another in doth call, as clouds burſt out their voice:
the floudes of euill that do fall, run ouer me with noice.
8 Yet I by day felt his goodneſſe, and help at all aſſaies:
likewiſe by night I did not ceaſe, the liuing God to praiſe.

9 I am perſwaded thus to ſay, to him with pure pretence:
O Lord thou art my guide and ſtay, my rock and my defence.
Why doe I then in penſiuenefſe, hanging the head thus walke:
while that my enemies me oppreſſe, and vex me with their talke.

10 For why? they pearce mine inwarde partes, with pangs to be abhord:
when they cry out, with ſtubburne harts, where is thy God thy Lord.
11 So ſoon why doeſt thou faint and quaile, my ſoule with paines oppreſt
with thoughts why doeſt thy ſelfe aſſaile, ſo fore within my breaſt.

12 Truſt in the Lord thy God alwaies, and thou the time ſhalt ſee.
to geue him thanks with laud and praiſe, for health reſtord to thee.

Iudica me Deus. Pſal. xliii. T. S.

He praieth to be deliuered from them which conſpire with Abſalon, to the end he might ioyfully praiſe God in his holy congregation.

Sing this as the 35 Pſalme

IUdge and reuenge my cauſe (O Lord) from them that euill be:
from wicked and deceitfull men, O Lord deliuer me.

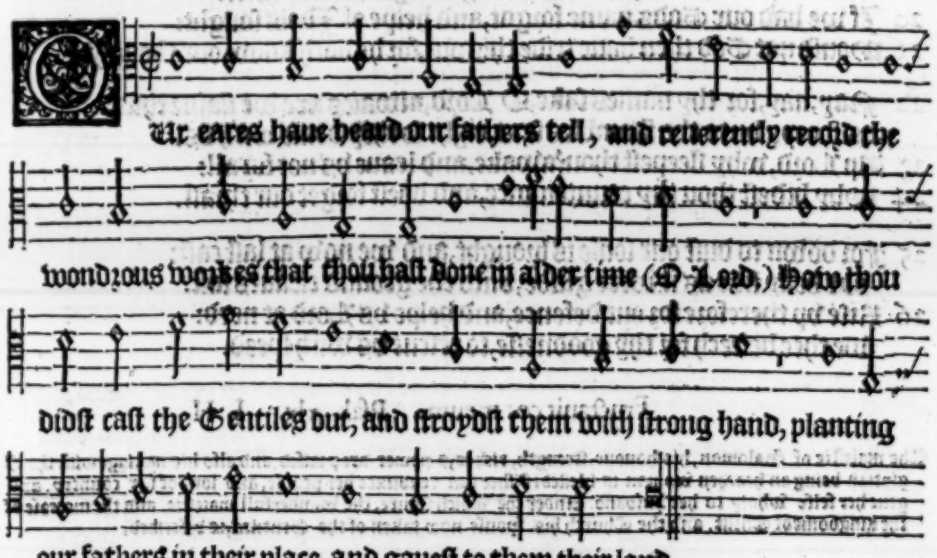
2 For of my ſtrength thou art the God, why putſt thou me thee fro:
and why walke I ſo heauily, oppreſſed with my foe?

3 Send out thy light and eke thy truth, and lead me with thy grace:
which may conduct me to thy hill, and to thy dwelling place.
4 Then ſhall I to thy alter goe, of God my ioy and cheare
and on my harpe geue thanks to thee, O God my God moſt deare.

5 Why art thou then ſo ſad my ſoule, and freſt thus in my breſt:
ſtill truſt in God for him to praiſe, I hold it alwaies beſt.
By him I haue deliuerance, againſt all paine and griefe:
he is my God which doth alwaies, at need ſend me reliefe.

Deus auribus noſtris. Pſal. xliiii. T. S.

A moſt earneſt praier, made in the name of the faithfull, when they are afflicted by their enemies, for maintaining the quarrell of Gods word, according to the expoſition of S. Paul. Rom. 3.



3 They conquered not by ſword nor ſtrength, the land of thy behelt:
but by thy hand, thy arme and grace, becauſe thou louedſt them beſt.
4 Thou art my king, O God that holpe, Iacob in ſundrie wiſe.
5 Led with thy power we through do done ſuch, as did againſt vs riſe.

6 I truſted not in bow ne ſword, they could not ſaue me found:
7 Thou keptſt vs from our enemies rage, thou didſt our foes confound.
8 And ſtill we boaſt of thee our God, and praiſe thy holy name:
9 Yet now thou goeſt not with our hoſt, but leaueſt vs to ſhame.

10 Thou madeſt vs flee before our foes, and to worre ouerrun:
our enemies robd and ſpoyld our goods, when we were ſpeard abroad.
11 Thou haſt vs giuen to our foes as ſheepe for to be ſlaine:
amongſt the heathen euerie where, ſcattered we doe remaine.

12 They

12 Thy people thou haſt ſold like ſlaues, and as a thing of nought:
for profit none thou hadſt thereby, no gaine at all was ſought.
13 And to our neighbours thou haſt made, of vs a laughing ſtocke:
and thoſe that round about vs dwell, at vs doe grin and mocke.

The ſecond part.

14 Thus we ſerue for none other vſe, but for a common talke:
they mocke, they ſcorne, & nod their heads, where euer they go or walke.
15 I am aſhamed continually, to heare theſe wicked men:
yea ſo I bluſh, that all my face, with red is couered then.

16 For why? we heare ſuch ſlanderous words, ſuch falſe reportes & lyes:
that death it was to ſee their wrongs, their threatnings and their cries.
17 For all this we forget not thee, nor yet thy couenant breake:
18 We turne not back our harts from thee, nor yet thy paths forſake.

19 Yet thou haſt trod vs downe to duſt, where dens of Dragons be:
and couered vs with ſhade of death, and great aduerſitie.
20 If we had our Gods name forgot, and helpe of Idols ſought:
21 Would not God then haue tride this out, for he doth know our thought.

22 Nay, nay, for thy names ſake, O Lord, alwaies are we ſlaine thus:
as ſheepe vnto the ſhambles ſent, right ſo they deale with vs.
23 Vp Lord, why ſleepeſt thou? awake, and leaue vs not for all:
24 Why hideſt thou thy countenance, and doeſt forget our thrall.

25 For downe to duſt our ſoule is brought, and we now at laſt caſt:
our belly like as it were glude, vnto the ground cleaues faſt.
26 Riſe vp therefore for our defence, and helpe vs Lord at nerd:
we thee beſeech for thy goodneſſe, to reſcue vs with ſpeed.

Eructauit cor meum. Pſal. xlv. I. H.

The maieſtie of Salomon, his honour, ſtrength, riches, & power are praiſed, and alſo his mariage with the Egiptian being an heathen woman is bleſſed if ſhee can renounce her people, and loue of her country, and geue her ſelfe wholy to her husband. Vnder the which figure, the wonderfull maieſtie, and the increaſe of the kingdome of Chriſt, and the Church his ſpouſe now taken of the Gentiles, is deſcribed.

Sing this as the 26 Pſalme.

MY hart doeth take in hand, ſome godly ſong to ſing:
the praiſe that I ſhall shew therein, pertaineth to the king.
2 My toong ſhall be as quicke, his honour to endite:
as is the pen of any ſcribe, that vſeth faſt to write.

3 O faireſt of all men, thy ſpeech is pleaſant pure:
for God hath bleſſed thee with gifts, for euer to endure.
4 About thee gird thy ſword, O Prince of ſtraight elect:
with hon or, glory, and renowne, thy perſon pure is deckt.

5 Goe forth with godly ſpeed, in meekneſſe, truth, and right:
and thy hand ſhall thee inſtruct, in works of dreadfull might.
6 Thine arrows ſharpe and keene, their harts ſo ſore ſhall ſting:
that folke ſhall fall and kneele to thee, yea all thy foes O king.

7 Thy

7 Thy royall ſeate O Lord, for euer ſhall remaine:
because the ſcepter of thy realme, doth righteouſneſſe maintaine.
8 Because thou loueſt the right, and doeſt the ill deteſt:
God euen thy God hath nomted thee, with ioy aboue the reſt.

9 With myrre and ſauours ſweete, thy clothes are all beſpread:
when thou doeſt from thy palace paſſe, therein to make thee glad.
10 Kings daughters doe attend, in fine and rich array:
at thy right hand the Queene doth ſtand, in gold and garments gay.

The ſecond part.

11 O daughter take good heede, incline and giue good eare:
thou muſt forget thy kindred all, and fathers houſe moſt deare.
12 Then ſhall the king deſire, thy beautie faire and trim:
for why? he is the Lord thy God, and thou muſt worſhip him.

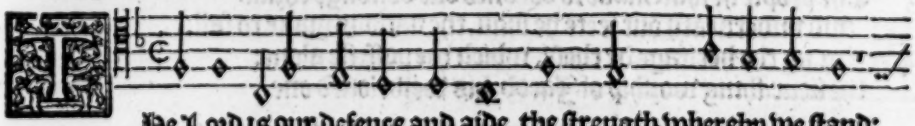
13 The daughters then of Tyre, with gifts moſt rich to ſee:
and all the wealthie of thy land, ſhall make their ſute to thee.
14 The daughter of the king, is glorious to behold:
within his cloſet ſhe doth ſit, all deckt in beaten gold.

15 In robes well wrought with needle, with many a pleaſant thing:
with virgins faire, on her to waite, ſhe commeth to the king.
16 Thus are they brought with ioy, and mirth on euerie ſide:
into the palace of the king, and there doe they abide.

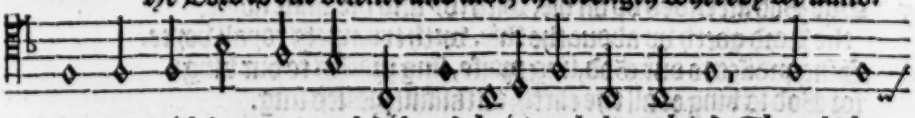
17 In ſtead of parents left, (O Queene) the chaunce ſo ſtands:
thou ſhalt haue ſonnes whome thou maiſt ſet, as Princes in all lands.
18 Wherefore thy holy name, all ages ſhall record:
the people ſhall giue thanks to thee, for euermore O Lord.

Deus noſter refugium. Pſal. xlvi. I. H.

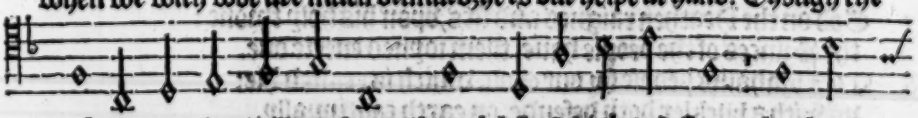
A ſong of thankeſgiuing for the deliuerance of Jeruſalem, after Senacherib with his armie was driuen away, or ſome other like ſodaine and marueilous deliuerance by the mightie hand of God. Whereby the Prophet commending this great benefit, doth exhort the faithfull to giue themſelues wholy into the handes of God, doubting nothing but that vnder his protection they ſhall be ſafe againſt all the aſſaults of their enemies.



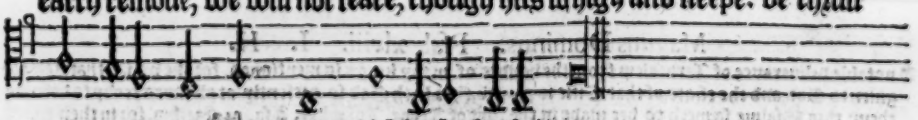
THe Lord is our defence and aide, the ſtrength whereby we ſtand:



when we with woe are much diſmaid, he is our helpe at hand. Though the



earth remoue, we will not feare, though hils ſo high and ſteepe: be thruſt



and hurled here and there, within the ſea ſo deepe.

3 No though the waues doe rage full ſore, that all the bankes it ſpils:
and though it ouerflow the ſhore, and beate downe mightie hils.
4 For one faire floud doth ſend abroad, his pleaſant ſtreames apace:
to freſh the Cittie of our God, and waſh his holy place.

5 In midſt of her the Lord doth dwell, ſhe can no whit decaie:
all things againſt her that rebell, the Lord will truely ſtaie.
6 The heathen flocke the kingdomes feare, the people make a noyce:
the earth doth melt and not appeare, when God puts forth his voyce.

7 The Lord of hoſtes doth take our part, to vs he hath an eye:
our hope of health with all our hart, on Iacobs God doth lye:
8 Come heare and ſee with mind and thought, the worcking of our God:
what wonders he himſelfe hath wrought, throughout the earth abroad

9 By him all warres are husht and gone, which countries did conſpire:
their bowes hee brake and ſpeares eachone, their chariots brent with fire:
10 Leaue of therefore (ſaith he) and know, I am a God moſt ſtout:
among the heathen high and low, and all the earth throughout.

11 The Lord of hoſtes doth vs defend, he is our ſtrength and tower:
on Iacobs God doe we depend, and on his mightie power.

Omnes gentes. Pſal. xlvii. I. H.

The Prophet exhorteth all people to the worſhip of the true and everlasting God, commending the mercies of God towards the poſteritie of Iacob: and propheſieth of the kingdoms of Chriſt in his time of the Goſpel.

Sing this as the 45. Pſalme.

YE people all with one accord, clap handes and ebe reioyce:
be glad and ſing vnto the Lord, with ſweete and pleaſant voyce.
2 For high the Lord and dreadfull is, with wonders manifold:
a mightie king he is truely in all the earth extold.

3 The people he ſhall make to be, vnto our bondage thrall:
and vnderneath our feete he ſhall, the nations make to fall.
4 For as the heritage he chooſe, which we poſſeſſe alone:
the flouriſhing worſhip of Iacob, his welbeloued one.

5 Our God aſcended vp on hie, with ioy and pleaſant noyſe:
the Lord goeth vp aboue the ſkie, with trumpets royall voyce.
6 Sing praiſes to our God, ſing praiſe, ſing praiſes to our king:
for God is king of all the earth, all ſkilfull praiſes ſing.

7 God on the Heathen raignes and ſits, vpon his holy throne:
the Princes of the people haue, them ioyned euerie one.
8 To Abrahams people for our God, which is exalted hie:
vs with a buckler doth defende, on earth continually.

Magnus Dominus. Pſal. xlviii. I. H.

A notable deliuerance of Ieruſalem from the handes of many kings is mentioned, for the which thankes are giuen to God, and the eſtate of that Cittie is praiſed, that hath God ſo preſently at all times ready to defende them: this Pſalme ſeemeth to bee made in the time of Achaz, Ioſaphat, Aſa, or Ezechias, for in their times chiefly was the Cittie by forraine Princes aſſaulted.

Sing

Sing this as the 46 Pſalme

GReat is the Lord, and with great praiſe, to be aduanced ſtill:
within the Citie of our Lord vpon his holy hill.
2 Mount Sion is a pleaſant place, it gladdeth all the land:
the City of the mightie king, on her Northſide doth ſtand.

3 Within the palaces thereof, God is a refuge knowne:
for loe the kings were gathered, and eke togither were gone.
4 But when they did behold it ſo, they wondred and they were:
aſtonied much, and ſodenly, were driuen backe with feare.

5 Great terror there on them did fall, for very woe they cry:
as doth a woman when ſhe ſhall, go trauaile by and by.
6 As thou with Eaſterne winde the ſhips, vpon the ſea doeſt breake:
ſo they weare ſtayed, and euen as we heard our fathers ſpeake.

7 So in the Citie of the Lord, we ſaw as it was told:
yea in the Citie which our Lord, for euer will vphold.
8 O Lord we wait and do attend, on thy good help and grace:
for which we do all times attend, within thy holy place.

9 O Lord according to thy name, for euer is thy praiſe,
and thy right hand, O Lord is full, of righteouſneſſe alwaies.
Let for thy iudgements Sion mount, fulfilled be with ioyes:
and eke of Juda grant O Lorde, the daughter to reioyce.

10 Goe walke about all Sion hill, yea round about her go:
and tell the towers that thereupon, are builded on a row.
11 And marke ye well her bulwarkes all, behold her towers there:
that ye may tell therof to them, that after ſhall be here.

12 For this God is our God, our God, for euermore is he:
yea and vnto the death alſo, our guider ſhall he be.

Audite hæc omnes. Pſal. xlix. I. H.

The holy Ghoſt calleth all men to the conſideration of mans life, ſhewing them not to bee moſt happie, that are moſt wealthie, and therefore not to be feared: but contrariwiſe he leadeth vp our minds to conſider how all things are ruled by Gods prouidence: who as he iudgeth theſe worldly miſeries to euerlaſting torments, ſo doth he preſerue his, and will reward them in the day of reſurrection. 1. Theſſ. 1.

Sing this as the 45. Pſalme.

ALl people harken and giue eare, to that that I ſhall tell:
both high and low, both rich and poore, that in the world doe dwell.
3 For why? my mouth ſhall make diſcourſe, of manie things right wiſe:
in vnderſtanding ſhall my hart, his ſtudy exerciſe.

4 I will encline mine eare to know, the parables ſo darke:
and open all my doubtfull ſpeeche, in meeter on my harpe.
5 Why ſhould I feare afflictions, or any carefull toile:
or elſe my foes which at my heeles, are preſt my life to ſpoile.

6 For as for ſuch as riches haue, wherein their truſt is moſt:
and they which of their treaſures great, themſelues doe brag and boaſt.

7 There is not one of them that can, his brothers death redeeme:
or that can giue a price to God, sufficient for him.

8 It is too great a price to pay, none can thereto attaine:
9 Or that he might his life prolong, or not in graue remaine.
10 They see wise men as well as fooles, subiect vnto deaths hands:
and being dead, strangers possesse, their goods their rents, their lands.

11 Their care is to build houses faire, and to determine sure:
to make their fame right great on earth, for euer to endure.
12 Yet shall no man alwaies enioy, high honour, welth and rest:
but shall at length taste of deaths cup, as well as the brute beast.

The second parte

13 And though they try their foolish thoughts, to be most leud and braine:
their children yet approue their talke, and in like sinne remaine.
14 As sheepe in to the fold are brought, so shal they into graue:
death shall them eat, and in that day, the iust shall lordship haue.

Their Image and their rotall port, shall fade and quite decay:
when as from house to pit they passe, with woe and well away.
15 But God will surely preserue me, from death and endlesse paine
because he will of his good grace, my soule receiue againe.

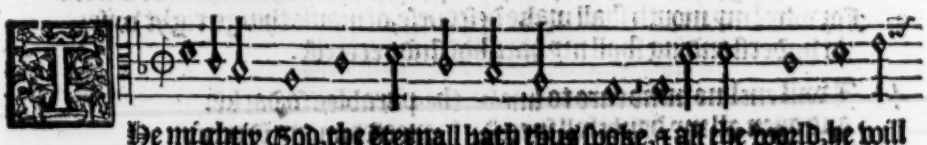
16 If any man wax wondrous rich, fear not I say therfore:
although the glory of his house, increaseth more and more.
17 For when he dieth of all these things, nothing shall he receiue:
his glory will not follow him, his pompe will take her leaue.

18 Yet in this life he takes himselfe, the happiest vnder sunne:
and others likewise flatter him, saying all is well done.
19 And presuppose he liue as long, as did his fathers old:
yet must he needes at length giue place, and be brought to deaths fold.

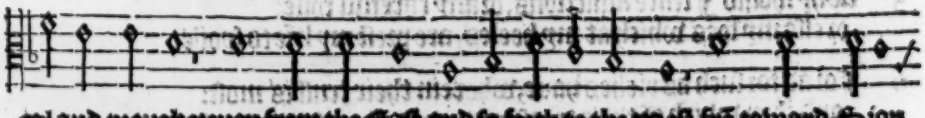
20 Thus man to honor God hath cald, yet doth he not consider:
but like to brute beasts so doth he liue, which turne to dust and pouder.

Deus Deorum. Psal L. W. W.

He prophesieth how God will call all nations by the Gospell, and require no other sacrifices of his people but confession of his benefites, and thankesgiuing, and how he detesteth al such as seeme zelous of ceremonies, and not of the pure word of God.

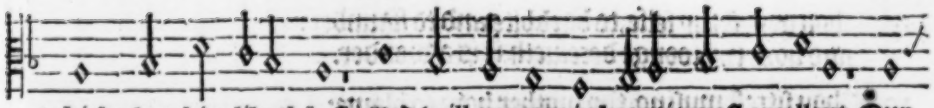


The mighty God, the eternall hath thus spoke, & all the world he will

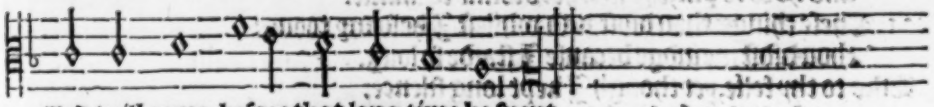


cal and prouoke: euen from the East, and so forth to the West, fro toward Sion

which



which place him liketh beſt, God will appeare in beautie moſt excellent. Our



God will come, before that long time be ſpent.

Deuouring fire, ſhall goe before his face,
a great tempeſt ſhall round about him trace.
4 Then ſhall he call, the earth and heauen height
to iudge his folk, with equitie and right.
5 Saying, goe to, and now my Saints aſſemble:
my peace they keepe, their gifts doe not diſſemble.

6 The heauens ſhall, declare his righteouſneſſe:
for God is iudge, of all things more and leſſe.
7 Heare my people, for I will now reueale:
liſt Iſracll, I will thee nought conceale.
Thy God, thy God am I, and will not blame thee:
8 For giuing not, all maner offrings to mee.

9 I haue no need, to take of thee at all:
Goats out of thy fould, or Calfe out of thy ſtall.
10 For all the beaſts, are mine within the woods:
on thouſand hils, cattell are mine owne goods.
11 I know for mine, all birds that are on mountaines:
all beaſts are mine which haunt the fields and fountaines.

12 Hungry if I were, I would not thee it tell:
for al is mine that in the world doth dwell,
13 Eate I the fleſh of great Buls or Bullocks?
or drinke the blood, of Goats or of the flocks?
14 Offer to God, praiſe and hartie thankeſgiuing:
and pay thy vowes vnto God euerliuing.

15 Call vpon me, when troubled thou ſhalt be:
then will I helpe, and thou ſhalt honour me.
16 To the wicked, thus ſaith the eternall God:
why doſt thou preach my law and heſts abroad.
17 Seeing thou haſt them, with thy mouth abuſed:
and hateſt to be, by diſcipline reformed.

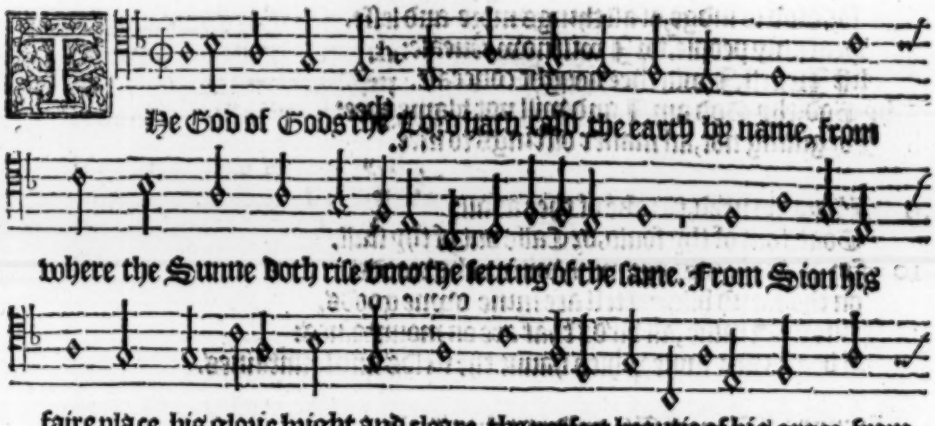
My words I ſay, thou doeſt reiect and hate:
18 If that thou ſee, a theefe as with thy mate.
Thou runneſt with him, and ſo your play doe ſeeke:
thou art all one, with baudes and ruffians eke.

19 Thou geueſt thy ſelfe, to backbite and to ſlaunder:
and how thy toonge deceiueth, it is a wonder.

20 Thou ſitteſt muſing, thy brother how to blame:
and how to put, thy mothers ſonne to ſhame.
21 Theſe things thou didſt, and whileſt I held my toong:
thou didſt me iudge becauſe I ſtaide ſo long.
Like to thy ſelfe, yet though I kept long ſilence:
once ſhalt thou feele, of thy wrongs iuſt recompence.

22 Conſider this, ye that forget the Lord:
and fear not when, he threatneth with his word.
Leaſt without helpe, I ſpoile you as a pray:
23 But he that thanks offreth, praiſeth me aye.
Saith the Lord God, and he that walketh this trace:
I will him teach, Gods ſauing health to embrace.

An other of the ſame. by I. H.



3 Our God ſhall come in haſt, to ſpeake he ſhall not doubt:
before him ſhall the fire waſt, and tempeſt round about.
4 The heauens from on hie, the earth below likewiſe:
he will call forth to iudge and trie, his folke he doth deuiſe.

5 Bring forth my Saints (ſaith he) my faithfull flock ſo dear:
which art in bond and league with me, my law to loue and feare.
6 And when theſe things are tride, the heauens ſhall record:
that God is iuſt and all muſt bide, the iudgement of the Lord.

7 My people O geue heede, Iſraell to thee I crie:
I am thy God thy helpe at neede, thou canſt it not denie.

8 I doe

8 I do not ſay to thee, thy ſacrifice is ſlack:
thou offreſt daily vnto me, much more then I doe lacke.

9 Thinkeſt thou that I do need, thy cattell yong or old:
or els ſo much deſire to feed, on Goates out of thy fold.
10 May, all the beaſtes are mine in woods that eate their fils:
and thouſandes more of neate and kine, that runne wild in the hils

The ſecond part

11 The birds that build on hye, in hilles and out of ſight:
and beaſtes that in the field doe ly, are ſubiect to my might.
12 Then though I hungred ſore, what need I ought of thine:
ſith that the earth with her great ſtore, and all therein is mine.

13 To bulles fleſh haue I much mind, to eate it doeſt thou thinke:
or ſuch a ſweetneſſe doe I find, the blood of Goates to drinke?
14 Geue to the Lorde his praiſe, with thanks to him apply:
and ſee thou pay thy vowes alwaies, vnto the Godmoſt hye.

15 Then ſeeke and call to me, when ought would worke thee blame:
and I will ſure deliuer thee, that thou maieſt praiſe my name.
16 But to the wiked traine, which talke of God each day:
and yet their workes are foule and vaine, to them the Lord will ſay.

17 With what a face dareſt thou, my word once ſpeake or name:
why doth thy talke my law allow, thy deeds deny the ſame.
18 Where as for to amend, thy life thou art ſo ſlack:
my word the which thou doeſt pretend, is caſt behind thy backe.

19 When thou a theefe doeſt ſee, by theft to liue in wealth:
with him thou runſt and doeſt agree, likewiſe to thriue by ſtealth.
20 When thou doeſt them behold, that wiues and maides defile:
thou likeſt it well, and wareſt bold, to vſe that life moſt vile.

21 Thy lips thou doeſt apply, to ſlander and defame:
thy tong is taught to craft and lye, and doth ſtill vſe the ſame.
22 Thou ſtudieſt to reuile, thy friends to thee ſo neare:
with ſlaunder ỹ wouldſt needs defile, the mothers ſonne moſt deare.

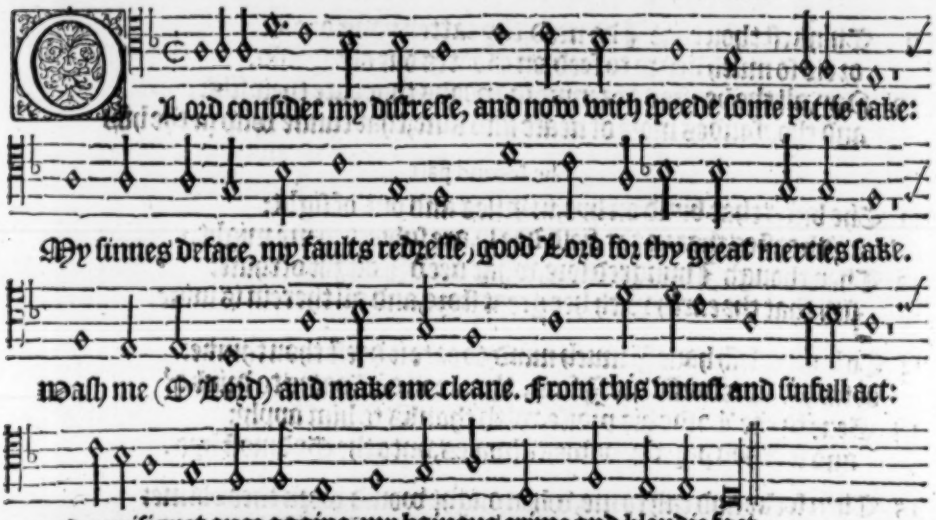
23 Hereat while I doe winke, as though I did not ſee:
thou goeſt on ſtill, and ſo doeſt thinke, that I am like to thee.
24 But ſure I will not let, to ſtrike when I begin:
thy faults in order I will ſet, and open all thy ſinne.

25 Marke this I you require, that haue not God in minde:
leaſt when I plague you in mine ire, your helpe be farre to finde.
26 He that doth geue to me the ſacrifice of praiſe:
doth pleaſe me well, and he ſhall ſee, to walke in godly waies.

Miſerere mei Deus, Pſal. Li. W. W.

When Dauid was rebuked by the prophet Nathan for his great offences, he did not only acknowledge the ſame to God, with proteſtation of his naturall corruption and iniquitie, but alſo left a memoriall thereof to his poſteritie. Therefore firſt he deſireth God to forgiue his ſinnes, and renew in him his holy ſpirit: with

promiſe that he wil not be vnmindful of thoſe great graces. Finally, fearing leaſt God ſhould puniſh the whole Church for his fact, he requireth that he would rather increaſe his graces towards the ſame.



2 Remorſe and ſorrow doe conſtraine me to acknowledge mine exceſſe:
3 My ſinne alas doth ſtill remaine, before my face without releaſe.
4 For thee alone I haue offended, committing euill in thy ſight:
and if I were therfore condemned, yet were thy iudgements iuſt and right.

5 It is to manifeſt alas, that firſt I was conceiued in ſinne:
yea of my mother ſo borne was, and yet vile wretch remaine therin.
6 Alſo behould Lord thou doeſt loue, the inward truth of a pure hart:
therefore thy wiſedome from aboue, thou haſt reuealed me to conuert.

7 If thou with Hiſope purge this blot, I ſhall be cleaner then the glaſſe:
and if thou waſh away my ſpot, the ſnow in whiteneſſe ſhall I paſſe.
8 Therefore (O Lord) ſuch ioy me ſend, that inwardly I may find grace:
and then my ſtrength may now amend, which ye haſt lwagde for my treſpas.

9 Turn backe thy face and frowning ire, for I haue felt inough thy hand:
and purge my ſinnes I thee deſire, which doe in number paſſe the ſand.
10 Make new my hart within my breſt, and frame it to thy holy will:
thy conſtant ſpirit in me let reſt, which may theſe raging enemies kill.

The ſecond part.

11 Caſt me not Lord out from thy face, but ſpedily my torments end:
take not from me thy ſpirit and grace, which may from dangers me defend:
12 Reſtore me to thoſe ioyes againe, which I was wont in thee to find:
and let me thy free ſpirit retaine, which vnto thee may ſtir my mind.

13 Thus when I ſhall thy mercies know, I ſhall inſtruct others therein:
and men likewiſe that are brought low, by mine example ſhall flee ſin.
14 O God that of my health art Lord, forgiue me this my bloudie vice:
my hart and tongue ſhall then accord, to ſing thy mercies and iuſtice.

15 Touch

15 Touch thou my lips my tongue vntie, (O Lord) which art the onely kay:
and then my mouth ſhall teſtifie, thy wondrous workes and maiſe alway.
16 And as for outward ſacrifice, I would haue offered many a one:
but thou eſteemeſt them of no price, and therein pleaſure takeſt none.

17 The heauie hart, the mind oppreſt, O Lord thou neuer doeſt reiect:
and to ſpeake truth it is the beſt, and of all ſacrifice the effect.
18 Lord vnto Sion turne thy face, powre out thy mercies on thy hill:
and on Jeruſalem thy grace, build vp thy walles, and loue it ſtill.

19 Thou ſhalt accept then our offrings, of peace and righteouſnes I ſay:
yea Calues and many other things, vpon thine altar will we lay.

Another of the ſame, by T. N.

Sing this as the Lamentation

HAue mercy on me God after, thy great abounding grace:
after thy mercies multitude, doe thou my ſinnes deface.
Yea waſh me more from mine offence, and cleanſe me from my ſinne:
for I doe know my faults and ſtill, my ſinne is in mine eine.

Againſt thee, thee alone I haue offended in this caſe:
and euill haue I done before, the preſence of thy face.
That in the things that thou doeſt ſay, vpright thou maiſt be tride:
and eke in iudging that the doome, may paſſe vpon thy ſide.

Behold in wickednelle my kind, and ſhape I did receiue:
and loe my ſinfull mother eke, in ſinne did me conceiue.
But loe the truth in inward parts, is pleaſant vnto thee:
and ſecrets of thy wiſedome thou, reuealed haſt to mee.

With Hyſope Lord beſprinkle me, I ſhall be cleanſed ſo:
yea waſh thou me, and ſo I ſhall, be whiter then the ſnow.
Of ioy and gladneſſe make thou me, to heare the pleaſing voice:
that ſo the bruſed bone which thou, haſt broken may reioyce.

From the beholding of my ſinnes, Lord turne away thy face:
and all my deedes of wickednelle, doe vtterly deface.
O God create in me a hart, vnſpotted in thy ſight:
and eke within my bowels Lord, renue a ſtable ſpirite.

Ne caſt me from thy ſight, nor take thy holy ſpirite away:
the comfort of thy ſauing helpe, giue me againe I pray.
With thy free ſpirite eſtabliſh me, and I will teach therefore:
ſinners thy waies, and wicked thall, be conuerted vnto thy lore.

The ſecond part.

O God that art God of my health, from bloud deliuer mee:
that praiſes of thy righteouſnelle, my tongue may ſing to thee.
My lips that yet faſt cloſed be, doe thou O Lord vnloſe:
the praiſes of thy maieſtie, my mouth ſhall ſo diſcloſe.

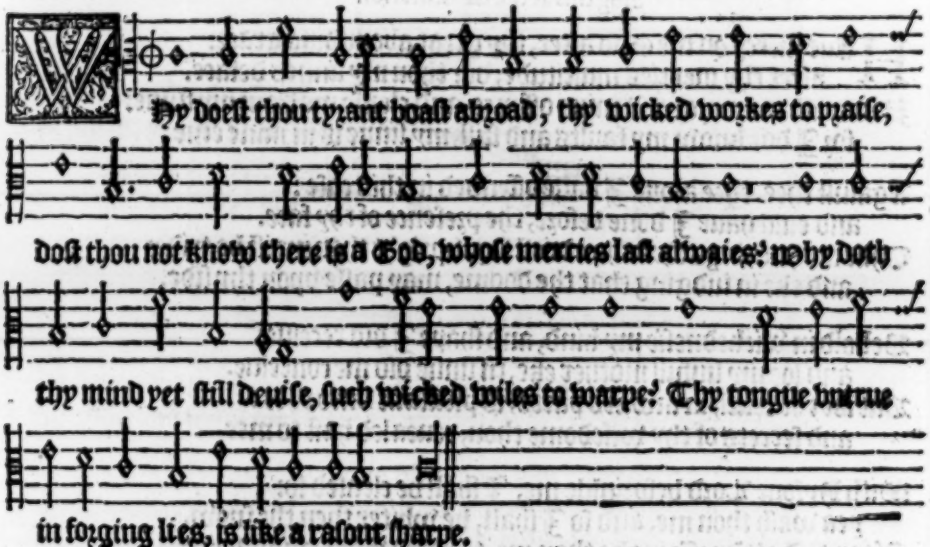
I would

I would haue offered ſacrifice, if that had pleaſed thee:
but pleaſed with burnt offerings, I know thou wilt not bee.
A troubled ſpirite is ſacrifice, delightfull in Gods eyes:
a broken and an humbled hart, God thou wilt not deſpiſe.

In thy good will deale gently Lord, to Sion and withall:
grant that of thy Jeruſalem, vpreared may be the wall.
Burnt offerings, gifts, and ſacrifice, of iuſtice in that day:
thou ſhalt accept, and Calues they ſhall, vpon thine altar lay.

Quid gloriaris. Pſal Lii. I. H.

Dauid deſcribeth the arrogant tyrannie of his aduerſarie Doeg, Saules cheife shepheard, who by falſe ſurmiſes cauſed Abimelech with the reſt of the Prieſts to be ſlaine. Dauid propheſieth his deſtruction, and encourageth the faithfull to put their confidence in God, whoſe iudgements are moſt ſharpe againſt his aduerſaries. And finally he rendreth thanks to God for his deliuerance. In this Pſalme is liuely ſet forth the kingdome of Antichriſt.



3 On miſchiefe why ſetſt thou thy mind, and wilt not walke vpright:
thou haſt more luſt falſe tales to find, then bring the truth to light.
4 Thou doeſt delight in fraude and guile, in miſchiefe bloud, and wrong:
thy lips haue learnd the flattering ſtile, O falſe deceitfull tongue.

5 Therefore ſhall God for euer confound, and plucke thee from thy place:
thy ſeede roote out from of the ground, and ſo ſhall thee deface.
6 The iuſt when they behold thy fall, with feare will praiſe the Lord:
and in reproch of thee withall, crie out with one accord.

7 Behold the man which would not take, the Lord for his defence:
but of his goods his God did make, and truſt his corrupt ſence.
8 But I an Oliue freſh and greene, ſhall ſpring and ſpread abroad:
for why? my truſt all times hath beene, vpon the liuing Lord.

9 For this therefore will I giue praiſe, to thee with hart and voice:
I will ſet forth thy name alwaies, wherein thy Saints reioyce.

Dixit

Dixit inſipiens. Pſal. Liii. T. N.

The Prophet deſcriberh the crooked nature, the crueltie, and puniſhment of the wicked, when they looked not for it, and deſireth the vngodly, that they may reioyce together.

Sing this as the 46. Pſalme.

The fooliſh man in that which he, within his hart hath ſaid:
that there is any God at all, hath vtterly denaid.
2 They are corrupt, and they alſo, a hainous worke haue wrought:
among them all there is not one of God that worketh ought.

3 The Lord lookt downe on ſonnes of men, from heauen all abroad:
to ſee if any were that would, be wiſe and ſeeke for God.
4 They are gone all out of the way, they are corrupted all:
there is not one doth any good, there is not one at all.

5 Doe not all wicked workers know, that they doe feede vpon:
my people as they feede on bread, the Lord they call not on.
6 Euen there they were afraid and ſtood, with trembling all diſmaide:
where as there was no cauſe at all, why they ſhould be afraide.

7 For God his bones that thee beſieged, hath ſcattered all abroad:
thou haſt confounded them for they, reiected are of God.
8 O Lord giue thou thy people health, and thou O Lord fulfill:
thy promiſe made to Iſraell, from out of Sion hill.

9 When God his people ſhall reſtore, that erſt was captiue lad:
then Iacob ſhall therein reioyce, and Iſraell ſhall be glad.

Deus in nomine. Pſal. Liiii. I. H.

Dauid brought into great danger by reaſon of Ziphims, calleth vpon the name of God to deſtroy his enemies promiſing ſacrifice and free offerings for their deliuerance.

Sing this as the 46. Pſalme.

GOd ſaue me for thy holy name, and for thy goodneſſe ſake:
vnto the ſtrength Lord of the ſame, I doe my cauſe betake.
2 Regard O Lord and giue an eare, to me when I doe praie:
bow downe thy ſelfe to me and heare, the words that I doe ſaie.

3 For ſtrangers vp againſt me riſe, and tyrants here me ſtill:
which haue not God before their eyes, they ſeeke my ſoule to ſpill.
4 But loe my God doth giue me aide, the Lord is ſtraight at hand:
with them by whom my ſoule is ſtaide, the Lord doth euer ſtand.

5 With plagues repay againe all thoſe, for me that lie in waite:
and with thy truth deſtroy my foes, with their owne ſnare and baite.
6 An offering of free hart and will, that I to thee ſhall make:
and praiſe thy name for therein ſtill, great comfort I doe take.

7 O Lord at length doe ſet me free, from them that craft conſpire:
and now mine eye with ioy doth ſee, on them my harts deſire.

Exaudi Deus. Pſal. Lv. I. H.

Dauid being in great heauineſſe and diſtreſſe, complaineth of the crueltie of Saule, and of the falſehood of his familiar

familiar acquaintance, vttering moſt ardent affections to moue the Lord to pitie him. After being aſſured of deliuerance, he ſetteth forth the grace of God, as though he had already obtained his requeſt.

Sing this as the 35 Pſalme

O God giue eare and doe apply, to heare me when I pray:
and when to thee I call and cry, hide not thy ſelfe away.
2 Take heede to me, grant my requeſt, and anſwere me againe:
with plaints I pray full ſore oppreſt, great griefe doth me conſtraine.

3 Becauſe my foes with threats and cries, oppreſſe me through deſpite:
and ſo the wicked ſort likewiſe, to vexe me haue delight.
4 For they in counſell doe conſpire, to charge me with ſome ill:
ſo in their haſtie wrath and ire, they doe purſue me ſtill.

5 My hart doth faint for want of breath, it panteth in my breſt:
the terrours and the dread of death, doth worke me much vnreſt.
6 Such dreadfull feare on me doth fall, that I therewith do quake:
ſuch horror whelmeth me withall, that I no ſhift can make.

7 But I doe ſay who will giue me, the ſwift and pleaſant wings:
of ſome faire Doue, that I may flee, and reſt me from theſe things?
8 Loe then I would goe farre away, to flee I would not ceaſe:
and I would hide my ſelfe and ſtay, in ſome great wilderneſſe.

9 I would be gone in all the haſt, and not abide behinde:
that I were quite and ouerpaſt, theſe blaſts of boyſtrous winde.
10 Deuide them Lord, and from them pull, their deuiliſh double tongue:
for I haue ſpied their Cittie full, of rapine, ſtrife and wrong.

11 Which things both night and day throughout, doe cloſe her as a wall:
in midſt of her is miſchiefe ſtout, and ſorrow eke withall.
12 Her priuie parts are wicked plaine, her deedes are much too vile:
and in the ſtreetes there doth remaine, all craftie fraude and guile.

The ſecond part.

13 If that my foes did ſeeke my ſhame, I might it well abide:
from open enemies checke and blame, ſomewhere I could me hide.
14 But thou it was my fellow deare, which friendſhip didſt pretend:
and didſt my ſecret counſell heare, as my familiar friend.

15 With whom I had delight to talke, in ſecret and abroad:
that we together oft did walke, within the houſe of God,
16 Let death in haſt vpon them fall, and ſend them quicke to hell:
for miſchiefe raigneth in their hall, and parlour where they dwell.

17 But I vnto my God doe crie, to him for helpe I flee:
the Lord doth heare me by and by, and he doth ſuccour mee.
18 At morning, noone and euening tide, vnto the Lord I pray:
when I ſo inſtantly haue cride, he doth not ſay me nay.

19 To peace he ſhall reſtore me yet, though warre be now at hand:
although the number be full great, that would againſt me ſtand.

20 The Lord that firſt and laſt doth raigne, both now and euermore:
will heare when I to him complaine, and puniſh them full ſore.

21 For ſure there is no hope that they, to turne will once accord:
for why: they will not God obey, nor doe not feare the Lord.
22 Upon their freends they latde their hands, which were in couenant knit:
of friendſhip to neglect their bands, they paſſe or care no whit.

23 While they haue warre within their hart, as butter are their words:
although his words were ſmoth as oyle, they cut as sharpe as swords.
24 Caſt thou thy care vpon the Lord, and he ſhall nourſh thee:
for in no wiſe will he accord, the iuſt in thrall to bee.

25 But God ſhall caſt them deepe in pit, that thirſt for bloud alwaies:
he will no guileſull man permit, to liue but halfe his daies.
26 Though ſuch be quite deſtroyd and gone, in thee O Lord I truſt:
I ſhall depend thy grace vpon, to hell my hart and luſt.

Miſerere. Pſal. Lvi. I. H.

Dauid brought to Achis the king of Gath. 1. Sam. 21. 12. complaineth of his enemies, demaundeth ſuccour, putteth his truſt in God and his promiſes, and promiſeth perpetuall bowes which he had taken vpon him. Whereof this was the effect, to praiſe God in his Church.

Sing this as the Lamentation

HAue mercie Lord on me I pray, for man would me deuoure:
he fighteth euer me day by day, and troubleth me eche houre.
2 Mine enemies daily enterpriſe, to ſwallow me outright:
to fight againſt me many vie, O thou moſt high of might.

3 When they would make me moſt afraid, with boaſt and brags of pride:
I truſt in thee alone for aide, by thee I ſtill abide.
4 Gods promiſe I doe minde and praiſe, O Lord I ſticke to thee:
I doe not care at all aſſaies, what fleſh can doe to me.

5 What things I either did or ſpake, they wreſt them at their will:
and all the counſell that they take, is how to worke me ill.
6 They all conſent themſelues to hide, cloſe watch for me to lay:
they ſpy my pathes and ſnares haue tide, to take my life away.

7 Shall they thus ſcape on miſchiefe let: thou God on them wilt frowne:
for in his wrath he doeth not let, to throw whole kingdomes downe.
8 Thou ſeeſt how oft they make me flee, and on my teares doeſt looke:
reſerue them in a glaſſe by thee, and write them in thy booke.

9 When I doe call vpon thy name, my foes away doe ſtart:
I wel perceaue it by that ſame, that God doth take my part.
10 I glory in the word of God, to praiſe it I accord:
with ioy will I declare abroad, the promiſe of the Lord.

11 I truſt in God, and yet I ſay, as I alore began:
the Lord he is my helpe and ſtay, I doe not care for man.
12 I will performe with hart ſo free, to God my vowes alwaies:
and I O Lord all times to thee, will offer thanks and praiſe.

13 My soule from death thou doest defend, and keepe my feete vpright:
that I before thee may ascend, with such as liue in light.

Miserere. Psal. Lvii. I. H.

Dauid being in the desert of Ziph, where the inhabitants did betray him, and at length in the same cane with Saul, calleth most earnestly vnto God, with full confidence that he will performe his promise, and take his cause in hand also that he will shew his glorie in the heauens and earth, against his cruell enemies. Therefore doth he render laud and praise.

Sing this as the 44 Psalme.

TAke pittie for thy promise sake, haue mercy Lord on mee:
for why my soule doth her betake, vnto the helpe of thee.
2 Within the shadow of thy wings, I set my selfe full fast:
till mischiefe, malice, and like things, be gone and ouerpast.
3 I call vpon the God most hie, to whome I sticke and stand:
I meane the God that will stand by, the cause I haue in hand.
4 From heauen he hath sent his ayd, to saue me from their spite:
that to deuoure me haue assaid, his mercy truth and might.
5 I lead my life with Lyons fell, all set with wrath and ire:
and with such wicked men I dwell, that fret like flames of fire.
6 Their teeth are speares and arrowes long, as sharpe as I haue seene:
they wound and cut with their quick tongue, like swords & weapons keen.
7 Set vp and shew thy selfe O God, aboue the heauens bright:
exalt thy praise on earth abroad, thy maiestie and might.
8 They lay their net and doe prepare a privie caue and pit:
wherein they thinke my soule to snare, but they are fallen in it.
9 My hart is set to laud the Lord, in him to ioy alwaies:
my hart I say doth well accord, to sing his laud and praise.
10 Awake my ioy, awake I say, my Lute, my Harpe, and string:
for I my selfe before the day, will rise, reioyce and sing.
11 Among the people I will tell, the goodnesse of my God:
and shew his praise that doth excell, in Heathen lands abroad.
12 His mercy doth extend as farre, as heauens all are hie:
his truth is high as any starre, that standeth in the skie.
13 Set forth and shew thy selfe O God, aboue the heauens bright:
extoll thy praise on earth abroad, thy maiestie and might.

Si vere vtique. Psal. Lviii. I. H.

He describeth the malice of his enemies, the flatterers of Saule, who both secretly and openly sought his destruction: from whom he appealeth to Gods iudgement, shewing that the iust shall reioyce when they see the punishment of the wicked, to the glorie of God.

Sing this as the 48. Psalme.

YE rulers that are put in trust, to iudge of wrong and right:
be all your iudgements true and iust, not knowing need or might?
2 Nay, in your harts you marke and muse, in mischiefe to consent:
and where ye should true iustice vse, your hands to bribes are bent.
3 This wicked sort from their birth day, haue erred on this wise:
and from their mothers wombe alway, haue vsed craft and lies.

4 In

4 In them the poyson and the breath, of Serpents doe appeare:
yea like the Adder that is deafe, and fast doth stop her eare.

5 Because she will not heare the voyce, of one that charmed well:
no though he were the chiefe of choyce, and did therein excell.
6 O God breake thou their teeth at once, within their mouthes throughout:
the tuskes that in their great thawbones, like Lyons whelpes hang out.

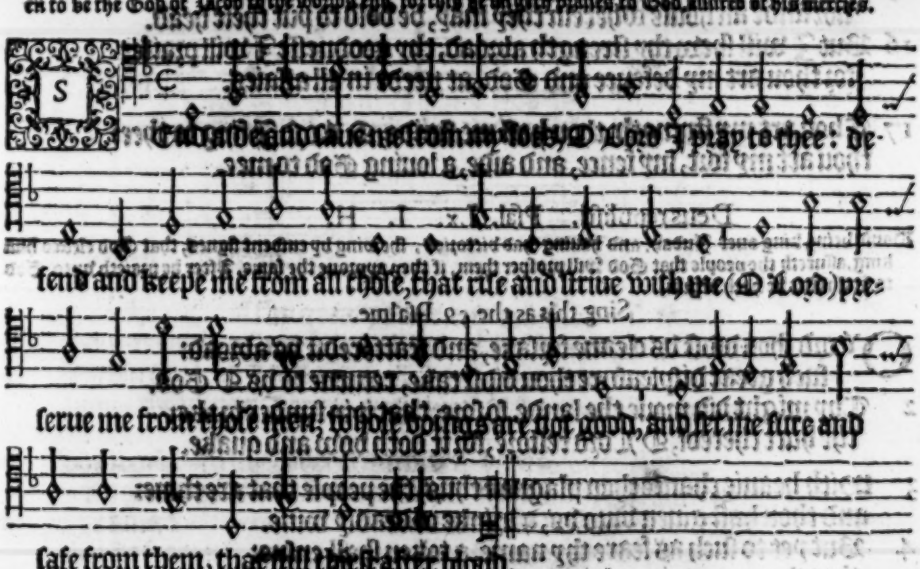
7 Let them consume away and wast, as water runth forthright:
the shaftes that they doe shoote in hast, let them be broken in flight.
8 As snayles doe wast within the shell, and vnto slime doe runne:
as one before his time that fell, and neuer saw the Sunne.

9 Before the thornes that now are young, to bushes bigge shall grow:
the stormes of anger waring strong, shall take them ere they know.
10 The iust shall loy it doth them good, that God doth vengeaunce take:
and they shall wash their feete in bloud, of them that him forsake.

11 Then shall the world shew forth and tell, that good men haue reward:
and that a God in earth doth dwell, that iustice doth regard.

Eripe me. Psal. Lix. I. H.

Dauid being in great danger of Saul, who sent to stay him in his bed, praieth vnto God, declareth his innocencie, & their furie, desiring God to destroy all those that sin of malicious wickednes, Whom though he keep aliue for a time to exercise his people, yet in the end he will consume them in his wrath, that he may be knowen to be the God of Iacob to the worlds end, for this he singeth praises to God, assured of his mercies.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End aide and saue me from my foes, O Lord I pray to thee: de-
fend and keepe me from all those, that rise and striue with me (O Lord) pre-
serue me from those men, whose doings are not good, and set me sure and
safe from them, that still thirst after bloud.

3 For loe they waite my soule to take, they rage against me still:
yea for no fault that I did make, I neuer did them ill.
4 They runne and doe themselues prepare, when I no whit offend:
arise and saue me from their snare, and see what they entend.

5 O Lord of hoſtes of Iſraell, ariſe and ſtrike all lands:
and pittie none that doth rebell, and in their miſchiefe ſtands.
6 At night they ſtirre and ſeeke about, as houndes they houle and grin:
and all the Cittie cleane throughout, from place to place they ren.

7 They ſpake of me with mouth alwaye, but in their lips were ſwoords:
they greed my death and then would ſay, whoſt none doth heare our woords.
8 But Lord thou haſt their waies eſpied, and laught thereat apace:
the heathen folke thou ſhalt deride, and mocke them to their face.

9 The ſtrength that doth my foes withſtand, O Lord doth come of thee:
my God he is my helpe at hand, a fort of fence to mee.
10 The Lord to me doth ſhew his grace, in great aboundance ſtill:
that I may ſee my foes in caſe, ſuch as my hart doth will.

11 Deſtroy them not at once O God, leaſt it from mind do fall:
but with thy ſtrength driue them abroad, and ſo conſume them all.
12 For their ill woords and truthleſſe tongue, confound them in their pride:
their wicked othes with lyes and wrong, let all the world deride.

13 Conſume them in thy wrath O Lord, that nought of them remaine:
that men may know throughout the world, that Jacobs God doth raigne.
14 At euening they returne apace, as dogs they grin and crie:
throughout the ſtreetes in euerie place, they turne about and ſpie,

15 They ſeeke about for meate I ſay, but let them not be fed:
nor finde an houle wherein they may, be bold to put their head.
16 But I will ſhew thy ſtrength abroad, thy goodneſſe I will praiſe:
for thou art my defence and God, at needs in all aſſaies.

17 Thou art my ſtrength, thou haſt me ſtaide, O Lord I ſing to thee:
thou art my fort, my fence, and aide, a louing God to mee.

Deus repuliſti. Pſal. Lx. I. H.

Dauid being king ouer Judah, and hauing had victories, ſhewing by euident ſignes, that God elected him king, aſſureth the people that God will proſper them, if they approue the ſame, After he praieth vnto God to finiſh that he hath begun.

Sing this as the 59. Pſalme.

O Lord thou didſt vs cleane forſake, and ſcatteredſt vs abroad:
ſuch great diſpleaſure thou didſt take, returne to vs O God.
2 Thy might did moue the lande ſo ſore, that it in ſunder brake:
the hurt thereof, O Lord reſtore, for it doth bow and quake.

3 With heauie chance thou plagueſt thus, the people that are thine:
and thou haſt giuen vnto vs, a drinke of deadly wine.
4 But yet to ſuch as feare thy name, a token ſhall enſue:
that they may triumph in the ſame, becauſe thy word is true.

5 So that thy might may keepe and ſaue, thy folke that fauour thee:
that they thy helpe at hand may haue, O Lord graunt this to mee.
6 The Lord did ſpeake from his owne place, this was his ioyfull tale:
I will diuide Sichem by pace, and meete out Succoths dale.

7 Gilead

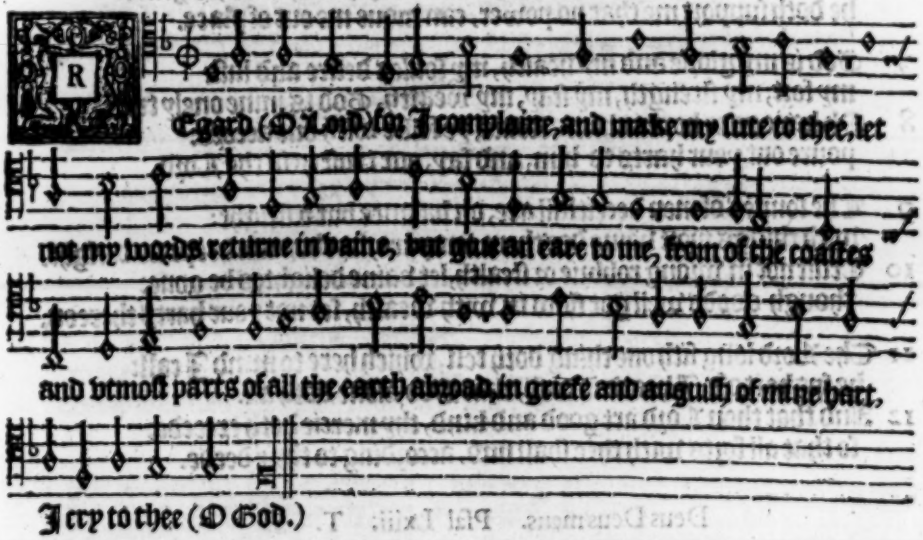
7 Gilead is giuen to my hand, Manaſſes mine beſide:
Ephraim the ſtrength of all my land, my law doth Iuda guide.
8 In Moab I will waſh my feete, ouer Edom throw my ſhoe:
and thou Paleſtine oughteſt to ſeeke, for fauour me vnto.

9 But who will bring me at this tide, vnto the Citie ſtrong:
or who to Edom will me guide, ſo that I goe not wrong?
10 Wilt thou my God which didſt forſake, thy folke, their land and coaſts:
our warres in hand thou wouldſt not take, nor walke among our hoſts.

11 Giue aide, O Lord, and vs relieue, from them that vs diſdaine:
the helpe that hoſtes of men can giue, it is but all in vaine.
12 But through our God we ſhall haue might, to take great things in hand,
he will treade downe and put to flight, all thoſe that vs withſtand.

Exaudi Deus, Pſal. Lxi. I. H.

Whether that he were in danger of the Aduerſaries, in being purſued of Abſolom: here he prayeth to be heard and deliuered, and confirmed in his kingdome, he promiſeth perpetuall prayſes.



3 Vpon the rocke of thy great power, my woefull mind repoſe:
thou art my hope, my fort, and tower, my fence againſt my foes.
4 Within thy tent I luſt to dwell, for euer to endure.
vnder the wings I know right well, I ſhall be ſafe and ſure.

5 The Lord doth my deſire regard, and doth fulfill the ſame:
with godly gifts doth he reward, all them that feare his name.
6 The king ſhall he in health maintaine, and to prolong his daies:
that he from age to age ſhall raigne, for euermore alwaies.

7 That he may haue a dwelling place, before the Lord for aye:
O let thy mercy, truth and grace, defend him from decaye.
8 Then ſhall I ſing for euer ſtill, with praiſe vnto thy name:
that all my vowes I may fulfill, and daily pay the ſame.

Nonne Deo ſubiecta. Pſal. Lxii. I. H.

Dauid declareth by his example, and by the nature of God, that he muſt truſt in God alone, and thereto exhorteth all people, ſeeing that all is vanitie, and without God all goeth to nought, and we are alwayes taught that God onely is of power to ſaue, and that he rewardeth man according to his workes.

Sing this as the 61. Pſalme.

MY ſoule to God ſhall giue good heede, and him alone entende:
for why my health and hope to ſpeede, doth whole on him depende.
2 For he alone is my defence, my rocke, my health, my aide:
he is my ſtay, that no pretence, ſhall make me much diſmaide.

3 O wicked folke how long will ye, vile crafts ſure ye muſt fall:
for as a rotten hedge ye be, and like a tottering wall.
4 Whome God doth loue, ye ſeeke alwayes, to put him to the worſe:
ye loue to lie, with mouth ye praiſe, and yet your hart doth curſe.

5 Yet ſtill my ſoule doth whole depend, on God my chiefe deſire:
from all falſe feates me to defend, none but him I require.
6 He is my rocke, my ſtrength, my tower, my health is of his grace:
he doth ſupport me that no power, can moue me out of place.

7 God is my glorie and my health, my ſoules deſire and luſt:
my fort, my ſtrength, my ſtay, my wealth, God is mine onely truſt.
8 Oh haue your hope in him alwaie, ye folke with one accorde:
poure out your harts to him, and ſay, our truſt is in the Lord.

9 The ſonnes of men deceitfull are, on balance but a sleight:
with things moſt vaine doe them compare, for they can keepe no weight.
10 Truſt not in wrong robbrie or ſtealth, let vaine delightes be gone:
though goods well got flow in with wealth, ſet not your harts thereon.

11 The Lord long ſith one thing doth tell, which here to mind I call:
he ſpake it oft, I heard it well, that God alone doth all.
12 And that thou Lord art good and kind, thy mercie doth exceede:
ſo that all ſorts with thee ſhall find, according to their deede.

Deus Deus meus. Pſal Lxiii. T. S.

Dauid after he had beene in great danger by Saul, in the deſert of Zyth, made this Pſalme: wherein hee giueth thanks to God for his wonderful deliuerance, in whole mercies he truſted, euen in the midſt of his miſeries: prophecying the deſtruction of Gods enemies, and contrariwiſe happineſſe to all them that truſt in the Lord. 1. Sam. 3.

Sing this as the 44 Pſalme

O Lord my God, I watch betime, to come to thee in haſt:
for why? my ſoule and body both, doth thirſt of thee to taſt.
And in this barren wildernelle, where waters there are none:
my fleſh is parcht for thought of thee, for thee I wiſh alone.

2 That I might ſee yet once againe, thy glorie, ſtrength and might:
as I was wont it to behold, within thy temple bright.
3 For why? thy mercies farre ſurmount, this life and wretched daies:
my lips therefore ſhall giue to thee, due honour laud and praiſe.

4 And

4 And whilest I liue I will not faile, to worship thee alwaie:
and in thy name I shall lift vp, my hand when I doe praie.
5 My soule is filled as with marow, which is both fat and sweete:
my mouth therefore shall sing such songs, as are for thee most meete.
6 When as in bed I thinke on thee, and cue all the night tide:
7 For vnder couert of thy wings, thou art my ioyfull guide.
8 My soule doth surely sticke to thee, thy right hand is my power:
9 And those that seeke my soule to spoy, their death shall wone devoure.
10 The sword shall them deuoure each one, their carkases shall feede
the hungrie foxes which doe runne, their praie to seeke at neede.
11 The king and all men shall reioyce, that doe professe Gods word:
for lyers mouthes shall then be stopt, which haue the truth disturbd.

Exaudi Deus vocem meam. Psal. Lxiiii. I. H.

Dauid praieth against the false reuylers of God, & he declareth their punishment and destruction, to the comfort of the iust, and the glorie of God.

Sing this at the 18 Psalme

O Lord vnto my voice giue eare, both plaint when I doe praie:
and rid my life and soule from feare, of foes that threate to slaie.
2 Defend me from that troupe of men, which ill deuises doe worke:
and from the frowning face of them, that all ill feates doe worke.
3 Who whet their tongues as we haue seene men whet a sharp their swords
they shoote abroad their arrowes keene, I meane most bitter words.
4 With prime sleight shoote they their shaft, the vpright man to hit:
the iust vnware to strike by craft, they care or feare no whit.
5 A wicked worke haue they decreed, in counsell thus they crie:
to vse deceite let vs not dread, what who can it eyle?
6 What waies to hurt they talke and muse, all times within their hart:
they all consult what feates to vse, ech doth inuent his part.
7 But yet all this shall not preuaile, when they thinke least vpon:
God with his dart shall sure assaile, and wound them euerie one.
8 Their crafts and their ill tongues withal, shal worke themselues such blame
that they which then behold their fall, shall wonder at the same.
9 Then all that see shall know right well, that God the thing hath wrought:
and praise his worthie workes and tell, what he to passe hath brought.
10 Yet shall the iust in God reioyce, still trusting in his might:
so shall they ioy with mind and voice, whose hart is pure and right.

Te decet himnus. Psal. Lxv. I. H.

A praise and thankesgiuing vnto God by the faithfull, who are signified by Sion & Ierusalem, for the choosing, preseruation, and gouernance of them, and for the plentifull blessings powred forth vpon all the earth.

Sing this as the 30, Psalme

Thy praise alone, O Lord doth raigne, in Sion thine owne hill:
their vowes to thee they do maintaine, and their behests fulfill.

2 For that thou doeſt their praiers heare, and doeſt thereto agree:
thy people all both farre and neare, with truſt ſhall come to thee.

3 Our wicked life ſo farre exceedes, that we ſhould fall therein:
but Lord forgiue our great miſdeedes, and purge vs from our ſin.

4 The man is bleſt whome thou doeſt chuſe, within thy court to dwell:
thy houſe and temple he ſhall vſe, with pleaſures that excell.

5 Of thy great iuſtice heare vs God, our health of thee doth riſe:
the hope of all the earth abroad, and the ſea coaſts likewiſe.

6 With ſtrength thou art beſet about, and compaſt with thy power:
thou makeſt the mountaines ſtrong and ſtout, to ſtand in euerie ſhower.

7 The ſwelling ſeas thou doeſt aſſwage, and make their ſtreames full ſtill:
thou doeſt reſtraine the peoples rage, and rule them at thy will.

8 The folke that dwell full farre on earth, and dread thy ſignes to ſee:
which more and euen in great mirth, doe paſſe with praiſe to thee.

9 When that the earth is chapt and drie, and thirſteth more and more:
then with thy drops thou doeſt applie, and much encreaſe her ſtore.

10 The flood of God doth ouerflow, and ſo doth cauſe to ſpring:
the ſeede and corne which men doe ſow, for he doth guide the thing.

11 With wet thou doeſt her furrowes fill, whereby her clods doe fall:
thy drops to her thou doeſt diſtill, and bleſſe her fruite withall.

12 Thou deckſt the earth of thy good grace, with faire and pleaſant crop:
the clouds diſtill their dew apace, great plentie they doe drop.

13 Whereby the deſert ſhall begin, full great encreaſe to bring:
the little hils ſhall ioy therein, much fruite in them ſhall ſpring.

14 In places plaine the flocke ſhall feede, and couer all the earth:
the vallies with corne, ſhall ſo exceede, that men ſhall ſing for mirth.

Iubilate Deo omnis terra. Pſal. Lxvi. I. H.

He prouoketh all men to praiſe the Lord, and to conſider his workes, rehearſing two things moſt wonderfull. He ſetteth forth the power of God to affray the rebels, and therein how God hath deliuered Iſrael from great bondage and afflictions, he promiſeth to giue ſacrifice, and prouoketh all men to heare what God hath done for him, and to praiſe his name.

Sing this as the 68. Pſalme.

YE men on earth in God reioyce, with praiſe ſet forth his name:
extoll his might with hart and voice, giue glorie to the ſame.

2 How wonderfull O Lord, ſay ye, in all thy workes thou art:
thy foes for feare doe ſeeke to thee, full fore againſt their hart.

3 All men that dwell the earth throughout, to praiſe the name of God:
the laud thereof, the world about, is ſhewde and ſet abroad:

4 All folke come forth, behold and ſee, what things the Lord hath wrought:
marke well the wondrous workes that he, for man to paſſe hath brought.

5 He laide the ſea like heapes on hie, therein a way they had:
on foote to paſſe both faire and drie, whereof their harts were glad.

6 His might doth rule the world alwaie, his eyes all things behold:
all ſuch as would him diſobey, by him ſhall be controld.

7 Ye people giue vnto our God, due laud and thanks alwaies:
with ioyfull voice declare abroad, and ſing vnto his praiſe.
8 Which doth endue our ſoule with life, and it preſerue withall:
he ſtayeth our feete, ſo that no ſtrife, can make vs ſlip or fall.

9 The Lord doth proue our deedes with fire, if that they will abide:
as workemen doe when they deſire, to haue their metals tride.
10 Although thou ſuffer vs ſo long, in priſon to be caſt:
and there with chaines and fetters ſtrong, to lie in bondage faſt.

The ſecond part.

11 Although I ſay, thou ſuffer men, on vs to ride and raigne:
though we through fire and water run, of verie griefe and paine.
12 Yet ſure thou doeſt of thy good-grace, diſpoſe it to the beſt:
and bring vs out into a place, to liue in wealth and reſt.

13 Vnto thy houſe reſort will I, to offer and to pray:
and there I will my ſelfe applie, my vowes to thee to pay.
14 The vowes that with my mouth I ſpake, in all my griefe and ſmart:
the vowes I ſay, which I did make, in dolour of my hart.

15 Burnt offerings I will giue to thee, of Oxen fat and Rams:
no other ſacrifice ſhall be, of Bullocks, Goats, and Lambs.
16 Come forth and harken here full ſoone, all ye that feare the Lord:
what he for my poore ſoule hath done, to you I will record.

17 Full oft I call vpon his grace, this mouth to him doth cry:
and thou my tongue make ſpeede apace, to praiſe him by and by.
18 But if I feele my hart within, in wicked workes reioyce:
or if I haue delight to ſinne, God will not heare my voice.

19 But ſurely God my voyce hath heard, and what I doe require:
my prayer he doth well regard, and graunteth my deſire.
20 All praiſe to him that hath not put, nor caſt me out of mind:
nor yet his mercy from me ſhut, which I doe euer find.

Deus miſereatur noſtri. Pſal. Lxvii. I. H.

A ſweete prayer for all the faithfull to obtaine the fauour of God, and to be lightened with his countenance, to the end that his way and iudgements may be knowen throughout the earth. A reioyſing that God is the gouernour of all nations.

Sing this as the 30 Pſalme

HAue mercy on vs (Lord) and grant to vs thy grace:
to ſhew to vs doe thou accord, the brightneſſe of thy face.
That all the earth may know, thy way to godly wealth:
and all the nations on a row, may ſee thy ſauing health.

3 Let all the world (O God) giue praiſe vnto thy name:
O let the people all abroad, extoll and laud the ſame.
4 Throughout the world ſo wide, let all reioyce with mirth:
for thou with truth and right doeſt guide, the nations of the earth.

5 Let all the world O God, giue praiſe vnto thy name:

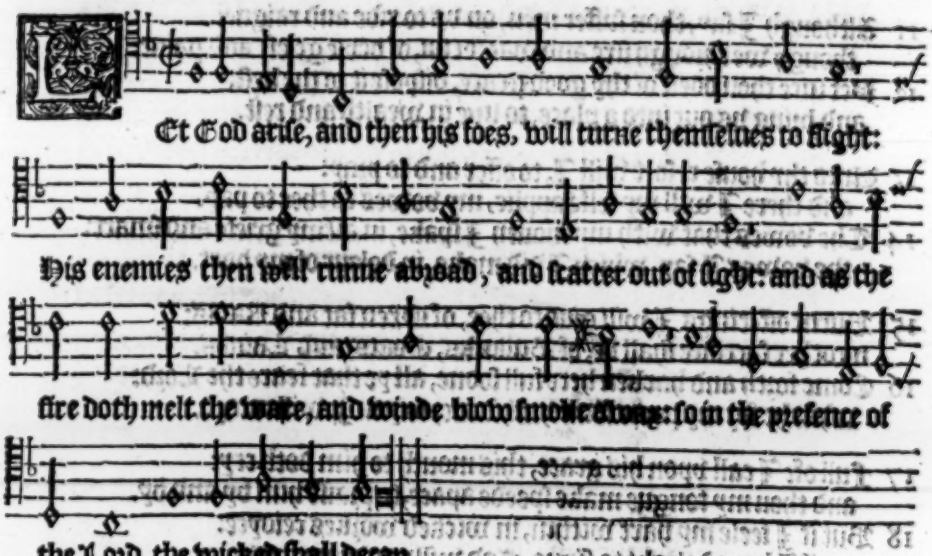
O let

O let the people all abroad, extoll and laud the ſame.
6 Then ſhall the earth encreaſe, great ſtore of fruite ſhall fall:
and then our God the God of peace, ſhall bleſſe vs eke withall.

God ſhall vs bleſſe I ſay, and then both farre and neare:
the folke throughout the earth alway, of him ſhall ſtand in feare.

Exurgat Deus. Pſal. Lxviii. T. S.

In this Pſalme Dauid ſetteth forth in a glaſſe, the wonderfull mercies of God towards his people, who by all meanes, and moſt ſtrange ſorts declared himſelfe to them. And therefore Gods Church by reaſon of his promiſes, graces, and victories, doth excell without compariſon all worldly things: she exhorteth chiefly all men to praiſe God for euer.



3 But righteous men before the Lord, ſhall hartily reioyce:
they ſhall be glad and merie all, and chearefull in their voyce,
4 Sing praiſe, ſing praiſe vnto the Lord, who rideth on the ſkie:
extoll this name of Iah our God, and him doe magnifie.

5 That ſame is he that is aboue, within his holy place:
that Father is of fatherleſſe, and iudge of widowes caſe.
6 Houſes he giues and liue doth, vnto the comfortleſſe:
he bringeth bondmen out of thrall, and rebels in diſtreſſe.

7 When thou didſt march before thy folke, the Egyptians from among:
and brought them through the wildernes, which was both wide and long.
8 The earth did quake, the raine pourd downe, heard were great claps of thun-
the mount Sinay ſhoke in ſuch ſort, as it would cleaue aſunder. (der:

9 Thine heritage with drops of raigne, aboundantly was waſht:
and if ſo be it barren wart, by thee it was refreſht:
10 Thy choſen flocke doth there remaine, thou haſt prepared that place:
and for the poore thou doeſt prounde, of thine eſpeciall grace.

The

The ſecond part.

11 God will giue women cauſes iuſt, to magnifie his name:
when as his people triumphs make, and purchaſe byte and fame.
12 For puiſſant kings for all their power, ſhall flee and take the foyle:
and women which remaine at home, ſhall helpe to part the ſpoyle.

13 And though you were as blacke as pots, your hue ſhould paſſe the doue:
whoſe wings and feathers ſeeme to haue, ſiluer and gold aboue.
14 When in this land God ſhall triumph, ouer kings both high and low:
then ſhall it be like Salmon hill, as white as any ſnow.

15 Though Baſan be a fruitfull hill, and in height others paſſe:
yet Sion Gods moſt holy hill, doth farre excell in grace.
16 Why brag ye thus, ye hils moſt high, and leape for pride together:
this hill of Syon God doth loue, and there will dwell for euer.

17 Gods army is two millions, of warriours good and ſtrong:
the Lord alſo in Sinay, is preſent them among:
18 Thou didſt (O Lord) aſcend on high, and captiues led them all:
which in times paſt thy choſen flocke, in priſon kept and thrall.

Thou madeſt them tribute for to pay, and ſuch as did repine:
Thou didſt ſubdue, that they might dwell, in thy temple diuine.
19 Now prayſed be the Lord for that, he poures on vs ſuch grace:
from day to day he is the God, of our health and ſolace.

The third part

20 He is the God from whome alone, ſaluation commeth plaine:
he is the God by whome we ſcape, all danger death and paine.
21 Thus God will wound his enemies head, and breake the hayrie ſcalpe:
of thoſe that in their wickednes, continually doe walke.

22 From Baſan will I bring (ſaid he) my people and my ſheepe:
and all mine owne as I haue done, from danger of the deepe.
23 And make them dip their feete in bloud, of thoſe that hate my name:
and dogs ſhall haue their tongues imbrude, with licking of the ſame.

24 All men may ſee how thou O God, thine enemies doeſt deface:
and how thou goeſt as God and king, into thy holy place.
25 The ſingers goe before with ioy, the minſtrels follow after:
and in thy midſt the damſels play, with Timbrill and with Taber.

26 Now in thy congregations, O Iſraell praiſe the Lord:
and Iacobs whole poſteritie, giue thankes with one accord.
17 Their chiefe was little Bentamin, but Iuda made their hoſt:
With Zabulon and Nepthalim, which dwell about the coſt.

28 As God hath giuen power to thee, ô Lord make ſtrong and ſure:
the thing that thou haſt wrought in vs, for euer to endure.
29 And in thy temples gifts will we, giue vnto thee O Lord:
for thine vnto Ieruſalem, ſure promiſe made by word.

The

The fourth part

Yea and ſtraunge kings to vs ſubdue, ſhall doe like in thoſe daies:
I meane to thee they ſhall preſent, their gifts of laud and praiſe.
30 He ſhall deſtroy the ſpeare mens ranckes, theſe calues and buls of might:
and cauſe them tribute pay and daunt, all ſuch as loue to fight.

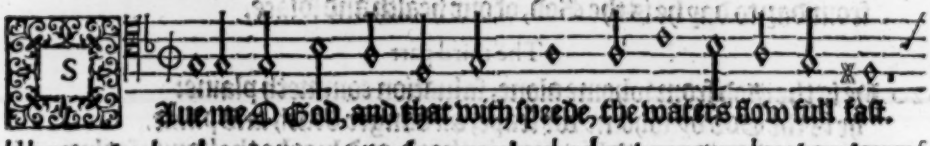
31 Then ſhall the Lords of Egypt come, and preſents with them bring.
the Moores moſt blacke, ſhall ſtretch their hands, vnto the Lord and king.
32 Therefore ye kingdomes of the earth, giue praiſe vnto the Lord:
ſing Pſalmes to God with one conſent, thereto let all accord.

33 Who though he ride and euer hath, aboue the heauens bright:
yet by the fearefull thunder claps, men may well know his might.
34 Therefore the ſtrength of Iſraell, aſcribe to God on hie:
whoſe might and power doth farre extend, aboue the cloudie ſkie.

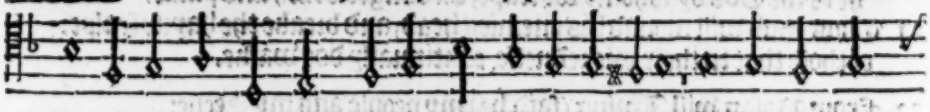
35 O God thy holineſſe and power, is dread for euermore:
the God of Iſraell giueth vs ſtrength, praiſed be God therefore.

Saluum me fac. Pſal. Lxix. I. H.

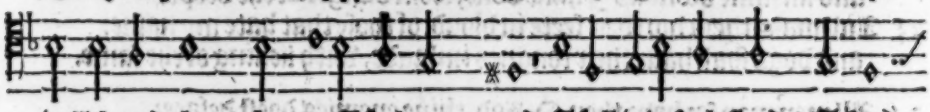
The complaints, praiers, feruent zeale, and great anguiſh of Dauid is ſet forth as a figure of Chriſt, and all members: the malicious crueltie of the enemies, and their punishment alſo, where Iudas and ſuch traytors are accuſed. Then gathereth he courage in his affliction, and offereth praiſes vnto God, which art more acceptable then all ſacrifices, whereof all the afflicted may take comfort. Finally he doth prouoke all creatures to praiſes, prophefying of the kingdome of Chriſt, and the building of Iuda, where all the faithfull and their ſeede ſhall dwell for euer.



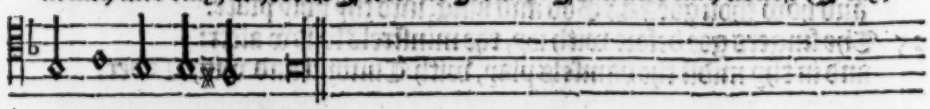
Saue me O God, and that with ſpeede, the waters flow full faſt.



So nye my ſoule doe they proceede, that I am ſore agaſt. I ſticke full deepe



in filth and clay, whereas I feele no ground: I fall into ſuch floods (I ſay)



that I am like be drowned.

3 With crying oft I faint and quaile, my throate is hoarſe and drie:
with looking vp my ſight doth faile, for helpe to God on hie.
4 My foes that giltleſſe doth oppreſſe, my ſoule with hate are led:
in number ſure they are no leſſe, then hayres vpon my head.

5 Though for no cauſe they vere me ſore, they proſper and are glad:
they doe compell me to reſtore, the things I neuer had.

6 What

6 What I haue done for want of wit, thou Lord all times canst tell:
and all the same that I commit, to thee is knowen full well.

7 (O God of hosts) defend and stay, all those that trust in thee:
let no man doubt or shrinke away, for ought that chanceth mee.
8 It is for thee and for thy sake, that I do beare this blame:
in spight of thee they would me make, to hide my face for shame.

9 My mothers sonnes, my brethren all, forsake me on a row:
and as a stranger they me call, my face they will not know.
10 Unto thy house such zeale I beare, that it doth pine me much:
their checks and taunts at thee to heare, my very hart doth grutch.

The second part

11 Though I do fast my flesh to chase, yea if I weepe and mone:
yet in my teeth this geare is cast, they passe not thereupon.
12 If I for griefe and paine of heart, in sackcloth vse to walke:
then they anone will it peruert, thereof they iest and talke.

13 Both hie and low and all the throng, that sit within the gate:
they haue mee cut in their toong, of me they talke and prate.
14 The drunkards which in wine delight, it is their chiefe pastime:
to seeke which way to worke me spite, of me they sing and rime.

15 But thee the while, O Lord I pray, that when it pleaseth thee:
for thy great truth thou wilt alway, send downe thine aide to mee.
16 Plucke thou my feete out of the myre, from drowning do me keepe:
from such as owe mee wrath and ire, and from the waters deepe.

17 Least in the waues I should be drownd, a depth my soule deuoure:
and that the pit should mee confound, and shut me in her power.
18 O Lord of hostes to me giue eare, as thou art good and kinde:
and as thy mercy is most deare, Lord haue me in thy minde.

19 And do not from thy seruant hide, nor turne thy face away:
I am oppressed on euery side, in hast giue eare I say.
20 O Lord vnto my soule draw nye, the same with ayde repose:
because of their great tyranny, acquite me from my foes.

The third part

21 That I abide rebuke and shame, thou knowest and thou canst tell:
for those that seeke and worke the same, thou seest them all full well.
22 When they with brags doe breake my hart, I seeke for helpe anone:
but finde no friends to ease my smart, to comfort me not one.

23 But in my meate they gaue me gall, too cruell for to thinke.
and gaue me in my thirst withall, strong vinegar to drinke.
24 Lord turne their table to a snare, to take themselues therein:
and when they thinke full well to fare, then trap them in the gin.

25 And let their eyes be darke and blind, that they may nothing see:
bow downe their backe and doe them binde, in thraldome for to bee,
26 Poure out thy wrath as hote as fire, that it on them may fal:
let thy displeasure in thine ire, take hold vpon them all.

As deſart dry their houſe diſgrace, their offerings eke expell:
27 That none thereof poſſeſſe their place, nor in their tents doe dwell.
If thou doeſt ſtrike the man to tame, on him they lay full ſore:
28 And if that thou do wound the ſame, they ſeeke to hurt him more.

Then let them heap vp miſchiefe ſtill, ſith they are all peruerſe:
29 That of thy fauour and good will, they neuer haue no part.
And dalh them cleane out of the booke of life, of hope, of truſt:
30 That of their names they neuer looke, in number of the iuſt.

The fourth part

31 Though I O Lord, with woe and griefe, haue been full ſore oppreſt:
thy help ſhall giue me ſuch reliefe, that all ſhall be redreſt.
32 That I may giue thy name the praiſe, and ſhew it with a ſong:
I will extoll the ſame alwayes, with hartie thanks among.

33 Which is more pleaſant vnto thee, (ſuch minde thy grace hath born)
then either Ore or Calfe can be, that hath both hoofe and horn.
34 When ſimple folke do this behold, it ſhall reioyce them ſure:
all ye that ſeeke the Lord, behold your life for aye ſhall dure.

35 For why? the Lord of hoſtes doth heare, the poore when they complaine:
his priſoners are to him full deare, he doth them not diſdaine,
36 Wherefore the ſky and earth below, the ſea with floud and ſtreame:
his prayſe they ſhall declare and ſhew: with all that liue in them.

37 For ſure our God will Sion ſaue, and Iudaes Cities build:
38 Much folke poſſeſſion there ſhall haue, her ſtreets ſhall all be fild.
His ſeruants ſeed ſhall keep the ſame, all ages out of minde:
39 And there all they that loue his name, a dwelling place ſhall finde.

Deus adiutorium. Pſal. Lxx. I. H.

He prayeth to be right ſpeedely deliuered, as in the xl. Pſalme. Then he deſireth the ſhame of his enemies, and the ioyfull comfort of all thoſe that ſeeke the Lord.

Sing this as the 72 Pſalme

O God to me take heede: of help I thee deſire:
(O Lord of hoſtes) with haſt and ſpeed, help, help, I thee deſire.
2 With ſhame confound them all, that ſeeke my ſoule to ſpill:
rebuke them backe with blame to fall, that thinke, and wiſh me ill.

3 Confound them that apply, and ſeeke to worke me ſhame:
and at my harme doe laugh and cry, ſo, ſo, there goeth the game.
4 But let them ioyfull be, in thee with ioy and wealth:
which onely truſt and ſeeke to thee, and to thy ſauing health.

5 That they may ſay alwaies, in myth and one accord:
all glory, honour, laud, and praiſe, be giuen to thee (O Lord.)
6 But I am weake and poore, come Lord thine aide I lacke:
thou art my ſtay, and help therefore, make ſpeede and be not ſlacke.

In

In te Domine ſperaui. Pſal. Lxxi. I. H.

He prayeth in faith eſtabliſhed by the word of promiſe and cõfirmed by the work of God from his youth. He deſireth now to be deliuered from the wicked and euill man: (meaning his ſonne Abſolon and his confederacie) and he promiſeth to be mindfull for the ſame.

Sing this as the 69. Pſalme.

MY Lord my God in all diſtreſſe, my hope is whole in thee:
then let no ſhame my ſoule oppreſſe, nor once take hold on me.
2 As thou art iuſt defend me Lord, and rid me out of dread:
giue eare and to my ſute accord, and ſend me help at need.

3 Be thou my rocke to whome I may, for aid all times reſort:
thy promiſe is to help alway, thou art my fence and fort.
4 Saue me my God from wicked men, and from their ſtrength and power:
from folke vniuſt, and eke from them, that cruelly deuoure.

5 Thou art the ſtay wherein I truſt, thou Lord of hoſtes art hee:
yea from my youth I had a luſt, ſtill to depend on thee.
6 Thou haſt me kept euen from my byrth, I thorough thee was borne:
wherefore I wil thee praiſe with myrth, both euening and at morn.

7 As to a monſter ſeldom ſeene, much folke about me throng:
but thou art now and ſtill haſt been, my fence and aid ſo ſtrong.
8 Wherefore my mouth no time ſhall lack, thy glory and thy praiſe:
and eke my toong ſhall not be ſlack, to honour thee alwates.

9 Refuſe me not (O Lord) I ſay, when age my lims doth take:
and when my ſtrength doth waſt away, do not my ſoule forſake.
10 Amongſt themſelues my foes enquire, to take me yth ough deceit:
and they againſt me do conſpire, that for my ſoule layd wait.

The ſecond part.

11 Lay hand and take him now, (they ſayd) for God from him is gone:
diſpatch him quite, for to his aid, I wis there commeth none.
12 Do not abſent thy ſelfe away, (O Lord) when need ſhall be:
but that in time of griefe thou may, in haſt giue help to me.

13 With ſhame confound and ouerthrow, all thoſe that ſeeke my life:
oppreſſe them with rebukes alſo: that faine would worke mee ſtrife.
14 But I will patiently abide, thy help at all aſſaies:
ſtill more and more ech time and tide, I will ſet forth thy praiſe.

15 My mouth thy iuſtice ſhall record, that daily help doth ſend:
but of thy benefits (O Lord) I know no count nor end.
16 Yet will I go and ſeeke forth one, with thy good help (O God:)
the ſauing health of thee alone, to ſhew and ſet abroad.

17 For of my youth thou tooke ſt the care, and doeſt inſtruct me ſtill:
therefore thy wonders to declare, I haue great mind and will.
18 And as in youth from wanton rage, thou didſt me keepe and ſtay:
forſake me not vnto mine age, and till my head be gray.

The third part

19 That I thy ſtrength and might may ſhow, to them that now be here:
and that our ſeed thy power may know, hereafter many a yeere,
20 O Lord thy iuſtice doth exceed, thy doings all may ſee:
thy woorks are wonderfull in deed, oh who is like to thee:

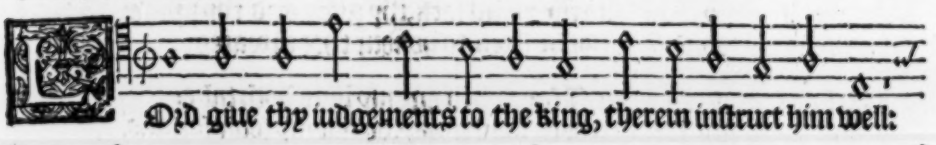
21 Thou madeſt me feele afflictions ſore, and yet thou didſt me ſaue:
yea thou didſt help and me reſtore, and tookſt me from the graue.
22 And thou mine honour doth increaſe, my dignity maintaine:
yea thou doſt make all griefs to ceaſe, and comforts me againe,

23 Therefore thy faithfulneſſe to praiſe, I will both Lute and ſing
my Harpe ſhall ſound thy laud alwaies (O Iſraels holy king.)
24 My mouth will ioy with pleaſant voyce, when I ſhall ſing to thee:
and eke my ſoule will much reioyce, for thou haſt made me free.

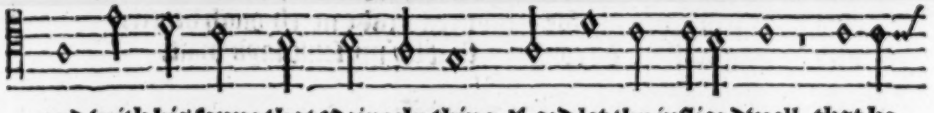
25 My toong thy vprightneſſe ſhall ſound, and ſpeake it daily ſtill:
for griefe and ſhame do them confound, that ſought to woorke me ill.

Deus iudicium tuum. Pſal. Lxxii. I H.

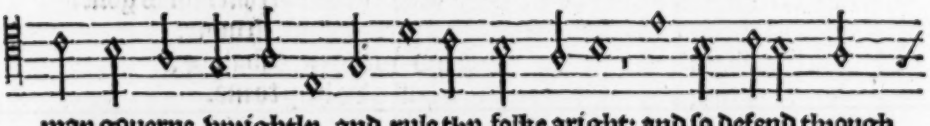
He praieth that the kingdome of God by Chriſt may come vnder the perſon of Salomon, vnder whome ſhall be righteouſnes, peace and felicity, vnto whom all kings and nations ſhall doe homage, whoſe name and power ſhall endure for euer.



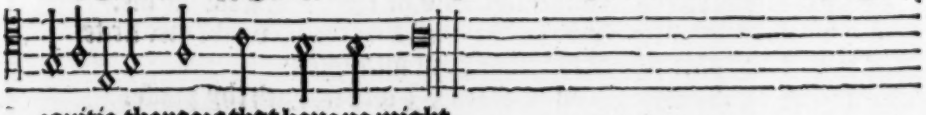
GIue thy iudgements to the king, therein inſtruct him well:



and with his ſonne that Princely thing, Lord let thy iuſtice dwell, that he



may gouerne vprightly, and rule thy folke aright: and ſo defend through



equitie, the poore that haue no might.

3 And let the mountaines that are hie, vnto their folke giue place:
and eke let litle hils apply, in iuſtice to encreaſe.
4 That he may helpe the weake & poore, with aid & make them ſtrong
and eke deſtroy for euermore, all thoſe that do them wrong.

5 And then from age to age ſhall they, regard and feare thy might:
ſo long as Sunne doth ſhine by day, or els the Moone by night.
6 Lord make the king vnto the iuſt, like raine to fieldes new mowne:
and like to drops that lay the duſt, and freſh the land vnſowne.

7 The

7 The iust shall florish in his time, and all shall be at peace:
vntill the Moon shall leaue to prime, wast, chaunge, and to increase.
8 He shall be Lord of sea and land, from shore to shore throughout:
and from the flouds within the land, through all the earth about.

9 The people that in desert dwell, shall kneele to him full thicke:
and all his enemies that rebell, the earth and dust shall licke.
10 The Lords of all the yles thereby, great gifts to him shall bring:
the kings of Saba and Arabie, giue many a costly thing.

The second part.

11 All kings shall seeke with one accord, in his good grace to stand:
and all the people of the world, shall serue him at his hand.
12 For he the needie sort doth saue, that vnto him doe call:
and eke the simple folke that haue, no helpe of man at all.

13 He taketh pitie on the poore, that are with need oppresst:
he doth preserue them euermore, and brings their soules to rest.
14 He shall redeeme their life from dread, from fraud, from wrong from might:
and eke the blood that they shall bleed, is precious in his sight.

15 But he shall liue, and they shall bring, to him of Sabaes gold:
he shall be honored as a king, and daily be extold.
16 The mightie mountains of his land, of corne shall bear such throng:
that it like Cedar trees shall stand, in Libanus full long.

17 Their Cities eke full well shall speed, the fruits thereof shall passe:
in plentie it shall farre exceed, and spring as greene as grasse.
18 For euer they shall praise his name, while that the Sunne is light:
and thinke them happie through the same, all folke shall blesse his might.

19 Praise ye the Lord of hostes and sing, to Israels God ech one:
for he doth euery wondrous thing, yea hee himselfe alone.
20 And blessed be his holy name, all times eternally:
that all the earth may praise the same. Amen, Amen, say I.

Quam bonus Deus. Psal. Lxxiii. T. S.

The Prophet teacheth by his example, that neither the worldly prosperitie of the vngodly, nor yet the affliction of the good ought to discourage Gods children, but rather ought to moue vs to consider our Fathers prouidence, and to cause vs to reuerence Gods iudgements, for as much as the wicked vanish away like smoke, and the godly enter into life euerlasting, in hope whereof he resigneth himselfe into Gods hands,

Sing this as the 44 Psalme

HOw euer it be, yet God is good, and kinde to Israell:
and to all such as safely keepe, their conscience pure and well.
2 Yet like a foole I almost slipt, my feete began to slide:
and or I wist euen at a pinch, my steps away gan glide.

3 For when I saw such foolish men, I grudgd and did disdaine:
that wicked men all things should haue, without turmoyle or paine.
4 They neuer suffer pangs nor griefe, as if death should them smite:
their bodies are both stout and strong, and euer in good plight.

5 And free from all aduersitie, when other men be shent:
and with the rest they take no part, of plague or punishment.
6 Therefore presumption doth embrace, their necks as doth a chaine:
and are euen wrapt as in a robe, with rapine and disdaine.

7 They are so fed that euen for fat, their eies oft times out start:
and as for worldly goods they haue, more then can wish their hart.
8 Their life is more sleencious, boasting much of the wrong:
which they haue done to simple men, and euer pride among.

9 The heauens and the liuing Lord, they spare not to blaspheme:
and prate they doe on worldly things, no wight they do esteeme.
10 The people of God oft times turn backe, to see their prosperous state:
and almost drinke the selfe same cup, and follow the same rate.

The second part.

11 How can it be that God (say they) should know or vnderstand:
these worldly things, since wicked men, be Lords of sea and land.
12 For we may see how wicked men, in riches still increase:
rewarded well with worldly goods, and liue in rest and peace.

13 Then why doe I from wickednesse, my fantasie refraine?
and wash my hands with innocents, and clense my hart in vaine
14 And suffer scourges euery day, as subiect to all blame:
and euerie morning from my youth, sustaine rebuke and shame.

15 And I had almost said as they, misliking mine estate:
but that I should thy children iudge, as folke vnfortunate.
16 Then I bethought me how I might, this mater vnderstand:
but yet the labour was too great, for me to take in hand.

17 Untill the time I went into, thy holy place and then:
I vnderstode right perfectly, the end of all these men.
18 And namely how thou settest them, vpon a slipperie place:
and at thy pleasure and thy will, thou doest them all deface.

19 Then all men muse at that straunge sight, to see how sodainly:
they are destroid, dispatcht, consumed, and dead so horribly.
20 Much like a dreame when one awaketh, so shall their welth decay:
Their famous name in all mens sight, shall ebbe and passe away.

The third part.

21 Yet thus my hart was grieued then, my mind was much oppressed:
22 So fond was I and ignorant, and in this point a beast.
23 Yet neuertheless by thy right hand, thou holdest me alwaies fast:
24 And with thy counsell thou doest me guide, to glorie at the last.

25 What thing is there that I can wish, but thee in heauen abone:
and in the earth there is nothing, like thee that I can loue.
26 My flesh and eke my heart doth faile, but God doth faile me neuer:
for of my heart God is the strength, my portion eke for euer.

27 And loe, all such as thee forsake, thou shalt destroy echone:
and those that trust in any thing, sauing in thee alone.

28 There-

28 Therefore will I draw neare to God, and euer with him dwell:
in God alone I put my truſt, his wonders will I tell.

Vt quid Deus. Pſal. Lxxiiii I. H.

The faithful complaine of the deſtruction of the Church and true Religion vnder the name of Sion, and the altares deſtroyed: And truſting in the might and free mercies of God, by his couenant, they require helpe & ſuccour for the glorie of Gods holy name, the ſaluation of his poore afflicted ſeruants, and the confuſion of his proud enemies.

Sing this as the 72. Pſalme.

WHy art thou Lord ſo long from vs, in all this danger deepe?
why doth thine anger kindle thus, at thine owne paſture ſheepe?
2 Lord call the people to thy thought, which haue beene thine ſo long:
the which thou haſt redeemd, and brought from bondage ſore and ſtrong.

3 Haue mind I ſay and thinke vpon, remember it full well:
thy pleaſant place thy mount Sion, where thou haſt wont to dwell.
4 Lift vp thy foote and come in haſt, and all thy foes deface:
which now at pleaſure rob and waſt, within thy holy place.

5 Amid thy congregations all, thine enemies roare (O God:)
they ſet as ſignes on euery wall, their banners ſplaide abroad.
6 As men with axes hew the trees, that on the hilles doe grow:
ſo ſhine the bils and ſwords of theſe, within the temples now.

7 The ſeelings ſtrod, the carued boords, the goodly grauen ſtones:
with axes, hammers, bils, and ſwords, they beate them downe at once.
8 The places they conſume with ſhame, and eke in all this toile:
the houſe appointed to thy name, they raſe downe to the ſoile.

9 And thus they ſaid within their heart, diſpatch them out of hand:
then burnt they vp in euery part, Gods houſes through the land.
10 Yet thou no ſigne of helpe doeſt ſend, our Prophets all are gone:
to tell when this our plague ſhall end, among vs there is none.

11 When wilt thou Lord once end this ſhame, and ceaſe thy enemies ſtrong.
ſhall they alway blaſpheme thy name, and raile on thee ſo long?
12 Why doeſt withdraw thy hand abacke, and hide it in thy lap?
O plucke it out and be not ſlacke, to giue thy foes a rap.

The ſecond part

13 O God thou art my king and Lord, and euermore haſt beene:
yea thy good grace throughout the world, for our good helpe hath ſeene.
14 The ſeas that are ſo deepe and dead, thy might did make them drie:
and thou didſt breake the ſerpents head, that he therein did die.

15 Yea thou didſt breake the heads ſo great, of whales that are ſo fell:
and gaueſt them to the folkes to eate, that in the deſerts dwell.
16 Thou madeſt a ſpring with ſtreames to riſe, from rocke both hard and hie:
and eke thy hand hath made likewiſe, deepe riuers to be drie.

17 Both day and eke the night are thine, by thee they were begunne:
thou ſets to ſerue vs with their ſhine, the light and eke the Sunne.

18 Thou doeſt appoint the ends and coaſts, of all the earth about:
both ſommer heates and winter froſts, thy hand haue found them out.

19 Thinke on (O Lord) no time forget, thy foes that thee defame:
and how the fooliſh folke are ſet, to raile vpon thy name:
20 O let no cruell beaſt deuoure, thy Turtle that is true:
forget not alwaies in thy power, the poore that much doe rue.

21 Regard thy couenant and behold, the foes poſſeſſe the land:
all ſad and darke forewoorne and old, our realme as now doth ſtand.
22 Let not the ſimple goe away, with diſappointed ſhame:
but let the poore and needie aye, giue praiſe vnto thy name.

23 Riſe Lord let be by thee maintainde, the cauſe that is thine owne:
remember how that thou blaſpheimd, art by the fooliſh one.
24 The voice forget not of thy foes, for their preſuming hie:
is more and more increaſt of thoſe, that hate thee ſpightfullie.

Confitebimur tibi Deus. Pſal. Lxxv. N.

The faithfull do praiſe the name of the Lord, which ſhall come to iudge at the time appointed, when the wicked ſhall be put to confuſion, and drinke the cup of his wrath, their prayer ſhall be abated, and the righteous ſhall be exalted to honour.

Sing this as the 44. Pſalme.

VNto thee God we will giue thankes, we will giue thankes to thee:
ſith thy name is ſo neare declare, thy wondrous workes will wee.
2 I will vprightly iudge when get, conuenient time I may:
the earth is weake and all therein, but I her pillers ſtay.

3 I did to the mad people ſay, deale not ſo furiouſly:
and vnto the vngodly ones, ſet not your hornes ſo hie.
4 I ſaid vnto them ſet not vp, your raiſed hornes on hie:
and ſee that you doe with ſtiffe necke, not ſpeake preſumptuouſlie.

5 For neither from the Eaſterne part, nor from the Weſterne ſide:
nor from forſaken wilderneſſe, protection doth proceede.
6 For why? the Lord our God he is, the righteous iudge alone:
he putteth downe the one and ſets another in the throne.

7 For why: a cup of mightie wine, is in the hand of God:
and all the mightie wine therein, himſelfe doth poure abroad.
8 As for the lees and filthie dregs, that doth remaine of it:
the wicked of the earth ſhall drinke, and ſucke them euerie whit.

9 But I will talke of God I ſay, of Jacobs God therefore:
and will not ceaſe to celebrate, his praiſe for euermore.
10 In ſunder breake the hornes of all, vngodly men will I:
but then the hornes of righteous men ſhall be exalted hie.

Gloria patri.

To Father, Sonne and holy Ghoſt, all glorie be therefore:
As in beginning was, is now, and ſhall be euermore.

In

In Iudea. Pſal. Lxxvi. I. H.

This Pſalme ſetteth forth the power of God, and care for the defence of his people in Ieruſalem, in the deſtruction of the armie of Senacherib, and exhorteth the faithfull to be thankeful for the ſame.

Sing this as the 66. Pſalme.

TO all that now in Iurie dwell, the Lord is clearely knowne:
his name is great in Iſrael, a people of his owne.
2 At Salem he his tents hath pight, to tarrie there a ſpace:
In Sion eke he hath delight to make his dwelling place.

3 And there he brake both ſhaft and bow, the ſword, the ſpeare & ſhield:
and brake the ray to ouerthrow, in battaile on the field.
4 Thou art more worthie honor Lord, more might in thee doth lie:
then in the ſtrongeſt of the world, that rob on mountaines hie.

5 But now the proud are ſpoild through thee, & they are fallen on ſleepe
through men of war no help can be, themſelues they could not keepe.
6 At thy rebuke, O Iacobs God, when thou doeſt them reproue:
as halfe a ſleepe, their charets ſtood, no horſe men once did moue.

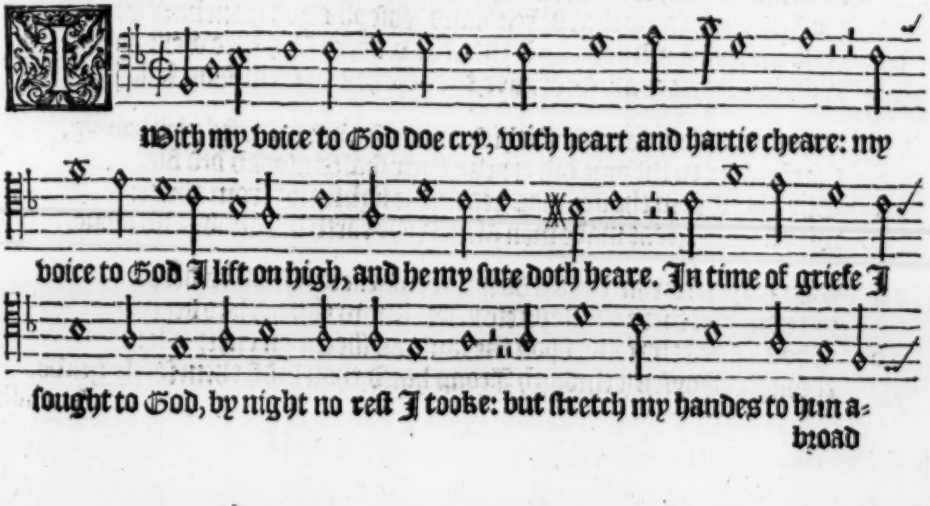
7 For thou art fearefull Lord in deed, what man the courage hath:
to bide thy ſight and doth not dread, when thou art in thy wrath?
8 When thou doeſt make thy iudgmẽts heard, from heauẽ through the groūd:
then all the earth full ſore afraid, in ſilence ſhalbe found.

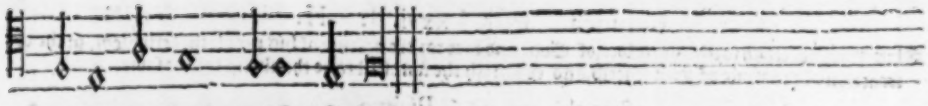
9 And that when thou O God doeſt ſtand, in iudgement for to ſpeake:
to ſaue the afflicted of the land, on earth that are full weake.
10 The furie that in man doth raigne, ſhall turne vnto thy praiſe:
hereafter Lord do thou reſtraine, their wrathes and threats alwaies.

11 Make vowes and pay them to your God, ye folke that nigh him be:
bring gifts all ye that dwel abroad, for dreadfull ſure is he.
12 For he doth take both life and might, from Princes great of byrth:
and full of terror is his ſight, to all the kings on earth.

Voce mea ad Dominum. Pſal. Lxxvii. I. H.

The Prophet in the name of the Church, rehearſeth the greatnes of his affliction, & his grieuous temptation whereby he was driuen to this end to conſider his former conuerſation, and the continuall courſe of Gods worke in the preſeruation of his ſeruants: and ſo he confirmeth his faith againſt theſe temptations.





abroad, my ſoule comfort forſooke.

3 When I to thinke on God entend, my trouble then is more:
I ſpake, but could not make an end, my breath was ſtopt ſo ſore.
4 Thou holdſt mine eyes alwaies from reſt, that I alwaies awake:
with feare am I ſo ſore oppreſt, my ſpeach doth me forſake.

5 The dayes of old in minde I caſt, and oft did think vpon:
the times and ages that are paſt, full many yeares agone,
6 By night my ſongs I call to mind, once made thy praiſe to ſhow:
and with my hart much talke I find, my ſpirites do ſearch to know.

7 Will God ſaid I, at once for all, caſt off his people thus?
ſo that henceforth no time he ſhall, be friendly vnto vs?
8 What is his goodneſſe cleane decaid, for euer and a day?
or is his promiſe now delaid, and doth his trueth decaye?

9 And will the Lord our God forget, his mercies manifold?
or ſhall his wrath increaſe ſo whot, his mercies to withholde?
10 At laſt I ſaid my weakneſſe is, the cauſe of this miſtruſt:
Gods mightie hand can help all this, and chaunge it when it luſt.

The ſecond part

11 I will regard and thinke vpon, the working of the Lord:
of all his wonders paſt and gone, I gladly will record.
12 Yea all his workes I will declare, and what he did deuiſe:
to tell his factes I will not ſpare, and eke his counſell wiſe.

13 Thy workes O Lord are all vpright, and holy all abroad:
what one hath ſtrength to match the might, of thee O God our Lord.
14 Thou art a God that oft doeſt ſhew, thy wonders euery hower:
and ſo doeſt make the people know, thy vertue and thy power.

15 And thine owne folke thou didſt defend, with ſtrength & ſtretched arme:
the ſonnes of Jacob that diſcend, and Joſephs ſeed from harme:
16 The waters Lord perceiued thee, the waters ſaw thee well:
and they for feare away did flee, the depthes on trembling fell.

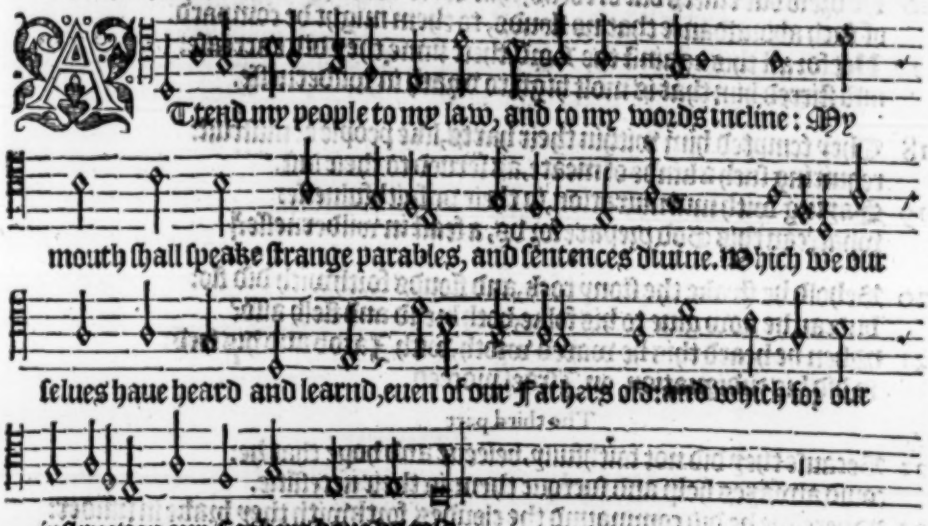
17 The clouds that were both thicke & blacke, did raine ful plenteouſly,
the thunder in the ayre did cracke, their ſhafts abroad did flie.
18 Thy thunder in the fire was heard, the lightning from aboue:
with flaſhes great made men afeard, the earth did quake and moue.

19 Thy waies within the ſea do lye, thy pathes in waters deepe:
yet none can there thy ſteps eſpy, nor know thy path to keepe.
20 Thou leadeſt thy folke vpon the land, as ſheepe on euery ſide:
through Moyſes & through Arons hand, thou didſt them ſafely guide.

Attendite

Attendite populi. Pſal. Lxxviii. T. S.

He ſheweth how God of his mercie chose his Church of the poſteritie of Abraham, taking in their teeth the ſtubburne rebellion of their fathers, that their children might not onely vnderſtand, that God of his free mercies made his couenant with their auncestors, but also seeing them malicious and peruerſe, might be ashamed and so turne wholy to God. In this Pſalme the holy Ghoſt hath comprehended (as it were) the ſumme of all Gods benefits, to the intent the ignorant and groſſe people might see in few words the effect of the whole hiſtories.



4 Becauſe we ſhould not keepe it cloſe, from them that ſhould come after:
who ſhould Gods power to their race prayſe, and all his workes of wonder:

5 To Jacob he commandement gaue, how Iſrael ſhould liue:
willing our Fathers ſhould the lawe, vnto their children giue.

6 That they and their poſteritie, that were not ſprung vp tho:
ſhould haue the knowledge of the law, and teach their ſeed alſo.

7 That they may haue the better hope, in God that is aboue:
and not forget to keepe his lawes, and his precepts in loue.

8 Not being as their Fathers were, rebelling in Gods ſight:
and would not frame their wicked harts, to know their God aright.

9 How went the people of Ephraim, their neighbours for to ſpoyle:
ſhooting their darts the day of war, and yet they tooke the foyle?

10 For why? they did not keepe with God, the couenant that was made:
nor yet would walke or lead their liues: according to his trade.

11 But put into oblivion, his counſell and his will:
and all his workes moſt magnifique, which he declared ſtill.

The ſecond part

12 What wonders to our forefathers, did he himſelfe diſcloſe:
in Egypt land within the field, that called is Thaneos.

13 He did diuide and cut the ſea, that they might paſſe at once:
and made the water ſtand as ſtill, as doth an heape of ſtones.

14 He

14 He led them ſecretly in a cloud, by day when it was bright:
and in the night when darke it was, with fire he gaue them light.
15 He brake the rocks in wilderneſſe, and gaue the people drinke:
as plentifull as when the deeps, do flow vp to the brinke.

16 He drew out riuers out of rocks, that were both dry and hard:
of ſuch aboundance that no flouds, to them might be compard.
17 Yet for all this againſt the Lord, their ſinne they did encreaſe:
and ſtirred him that is moſt high, to wrath in wilderneſſe.

18 They tempted him within their harts, like people of miſtruſt:
requiring ſuch a kinde of meate, as ſerued to their luſt.
19 Saying with murmuration, in their vnfaithfulneſſe:
what? can this God prepare for vs, a feaſt in wilderneſſe?

20 Behold he ſtrake the ſtony rock, and flouds forthwith did flo:
but can he now giue to his folke, both bread and fleſh alſo?
21 When he heard this he waxed wroth, with Iacob and his ſeed:
ſo did his indignation, on Iſrael proceed.

The third part

22 Becauſe they did not faithfully, beleeue and hope that he:
could alwayes help and ſuccour them, in their neceſſitie.
23 Wherefore he did commaund the cloudes, forthwith they brake in ſunder:
24 And raind downe Manna for them to eate, a food of mickle wonder.

25 When earthly men with Angels foode, were fed at their requeſt:
26 He bad the Eaſt wind blow away, and brought in the Southweſt.
27 And raind downe fleſh, as thicke as duſt, and foule as thicke as ſand:
28 Which he did caſt amidſt the place, where all the tents did ſtand.

29 Then did they eate exceedingly, and all men had their fils:
yet more and more they did deſire, to ſerue their luſt and wils.
30 But as the meate was in their mouthes, his wrath vpon them fell:
31 And ſlew the flower of all their youth, and choiſe of Iſraell.

32 Yet fell they to their wonted ſinne, and ſtill they did him grieue:
for all the wonders that he wrought, they did him not beleeue.
33 Their dayes therefore he ſhortened, and made their honour vaine:
their yeares did waſt and paſſe away, with terrors and with paine.

34 But euer when he plagued them, they ſought him by and by:
35 Remembring then he was their ſtrength, their help and God moſt hye.
36 Though in their mouthes they did but gloſe, & flatter with the Lord:
and with their toongs and in their harts, diſſembled euery word.

The fourth part

37 For why? their harts were nothing bent, to him nor to his trade:
nor yet to keepe or to performe, the couenant that was made.
38 Yet was he ſtill ſo mercifull, when they deſerued to dye:
that he forgaue them their mildeeds, and would not them deſtroy.

Yea

Yea many a time he turnd his wrath, and did himselfe abuse:
and would not suffer all his whole, displeasure to arise.
36 Considering that they were but flesh, and euen as a winde:
that passeth away, and cannot well, returne by his owne kinde.

40 How oftentimes in wildernesse, did they the Lord prouoke?
how did they moue & stir the Lord, to plague them with his stroke?
41 Yet did they turne againe to sinne, and tempted God eftsoone:
prescribing to the holy Lord, what things they would haue done.

42 Not thinking of his hand and power, nor of the day when he:
deliuered them out of the bonds, of the fierce enemy.
43 Nor how he wrought his miracles, as they themselues beheld:
in Egypt and the wonder that, he did in Zoan field.

44 Nor how he turned by his power, the waters into blood:
that no man might receiue his drinke, at riuer nor at floud.
45 No: how he sent them swarmes of flies, which did them sore annoy:
and fild their countries full of frogs, which would their land destroy.

The fift part.

49 Nor how he did commit their fruits, vnto the Caterpiller:
and al the labour of their hands, he gaue to the Grashopper.
47 With hailestones he destroyed their vines, so that they were all lost:
and not so much as wild fig trees, but he consumed with frost.

48 And yet with hailestones once againe, the Lord their cattell smote:
and all their flocks and heards likewise, with thunderbolts full hote.
49 He cast vpon them in his ire, and in his fury strong:
displeasure, wrath and euill spites, to trouble them among.

50 Then to his wrath he made a way: and spared not the least:
but gaue vnto the pestilence, the man and eke the beast.
51 He strake also the first borne all, that vpon Egypt came:
and all the chiefe of men and beasts, within the tents of Ham.

52 But as for all his owne deare folke, he did preserue and keepe:
and caried them through wildernesse, euen like a flocke of sheep.
53 Without all feare both safe and sound, he brought them out of thrall:
where all their foes with rage of sea, were ouerwhelmed all.

54 And brought them out into the coasts, of his owne holy land:
euen to the mount which he had got, by his strong arme and hand.
55 And there cast out the heathen folke, and did their land deuide
and in their tents he set the tribes, of Israell to abide.

59 Yet for all this their God most high, they stird and tempted still:
and would not keepe his testament, nor yet obey his will.
57 But as their fathers turned backe: euen so they went astray:
much like a bow that would not bend, but slip and start away.

The ſixt part

58 And grieued with their hil alters, with offrings and with fire.
and with their Idols vehemently, prouoked him to ire.
59 Therewith his wrath began againe, to kindle in his breſt:
the naughtineſſe of Iſraell, he did ſo much deteſt.

60 Then he forſooke the tabernacle, of Silo where he was:
right conuerſant with earthly men, euen as his dwelling place.
61 Then ſuffered he his might and power, in bondage for to ſtand:
and gaue the honour of his Arke, into his enemies hand.

62 And did commit them to the ſword, wroth with his heritage:
63 The yoong men were deuourd with fire, mayds had no mariage.
94 And with the ſword the Prieſtes alſo, did periſh euerichone:
and not a widowe left aliue, their death for to bemone.

95 And then the Lord began to wake, like on that ſlept a time:
or lyke a valiant man of war, refreſhed after wine.
96 With Emrods in the hinder parts, he ſtrake his ennemies all:
and put them then vnto a ſhame, that was perpetuall:

67 Then he the tent and tabernacle, of Joſeph did refuſe,
as for the tribe of Ephraim, he would in no wiſe chuſe.
68 But chuſe the tribs of Jehuda, where as he thought to dwell.
euen the noble mount Sion, which he did loue ſo well.

69 Whereas he did his temple build, both ſumptuouſly and ſure:
like as the earth which he hath made, for euer to endure.
70 Then chooſe he Dauid him to ſerue, his people for to keepe:
which he tooke vp and brought away, euen from the folds of sheepe.

71 As he did follow the ewes with yoong, the Lord did him aduance:
to feed his people of Iſraell, and his inheritance.
72 Thus Dauid with a faithfull hart, his flocke and charge did feed:
and prudently with all his power, did gouerne them in deed.

Deus venerunt gentes. Pſal Lxxix. I. H.

The Iſraelits complaine to God for the great calamity and oppreſſion that they ſuffered when Antiochus deſtroyed their temple and Citie Jeruſalem; deſiring Gods ayd againſt his raging tyranny, leaſt Gods name and religion ſhould be contemned among the Heathen, which ſhould ſee them thus forſaken & periſh.

Sing this as the 77. Pſalme.

O Lord the Gentiles doe inuade, thine heritage to ſpoyle:
Jeruſalem an heap is made, thy temple they defoyle,
2 The bodies of thy Saints moſt deare, abroad to byrds they caſt:
the fleſh of them that do thee feare, the beaſts deuoure and waſt.

3 Their blood throughout Jeruſalem, as water ſpilt they haue.
ſo that there is not one of them, to lay their dead in graue.
4 Thus are we made a laughing flocke, almoſt the world throughout:
the enemies at vs ieſt and mocke, which dwell our coaſts about.

5 Wilt

5 Wilt thou O Lord thus in thine ire, againſt vs euer fume?
and ſhew thy wrath as hote as fire, thy folke for to conſume.
6 Upon thoſe people poure the ſame, which did thee neuer know:
all realms which call not on thy name, conſume and ouerthrow.

7 For they haue got the vpper hand, and Jacobs ſeed deſtroyd:
his habitation and his land, they haue left waſt and voyd.
8 Beare not in minde our former faults, with ſpeed ſome pitie ſhow:
and aid vs Lord in all aſſaults, for we are weake and low.

The ſecond part

9 O God that giueſt all health and grace, on vs declare the ſame:
weigh not our workes, our ſinnes deface, for honour of thy name.
10 Why ſhall the wicked ſtill alway, to vs a people dumme:
in thy reproch reioyce and ſay, where is there God become?

Require (O Lord) as thou ſeeſt good, before our eyes in ſight:
of all theſe folke thy ſeruants blood, which they ſpill in deſpight.
11 Receiue into thy ſight in haſt, the clamors grieſe and wrong:
of ſuch as are in priſon caſt, ſuſtaining yrons ſtrong.

Thy force and ſtrength to celebrate, Lord ſet them out of band:
which vnto death are deſtinate, and in their enemies hand.
12 The nations which haue been ſo bold, as to blaſpheme thy name:
into their laps with ſeuen fold, repay againe the ſame.

13 So we thy folke thy paſture ſheepe, will praiſe thee euermore:
and teach all ages for to keepe, for thee like praiſe in ſtore.

Qui regis Iſrael. Pſal. Lxxx. I. H.

A lamentable prayer to God to help the miſeries of the Church, deſiring him to conſider their firſt eſtate, whē his fauour ſhined towards them, to the entent that he might finiſh that worke that he had begunne,

Sing this as the 68. Pſalme.

THow Heard that Iſrael doeſt keepe, giue eare and take good heede:
which leadeſt Joſeph like a ſheepe, & doeſt him watch and feede.
2 Thou Lord I ſay whoſe ſeate is ſet, on Cherubins ſo bright:
ſhew forth thy ſelfe and do not let, ſend downe thy beames of light.

3 Before Ephraim and Beniamin, Manaſſes eke likewiſe:
to ſhew thy power do thou begin, come help vs Lord ariſe.
4 Direct our harts vnto thy grace, conuert vs Lord to thee:
ſhew vs the brightneſſe of thy face, and then full ſafe are wee.

5 Lord God of hoſtes of Iſraell, how long wilt thou I ſay:
againſt thy folke in anger ſwell, and wilt not heare them pray.
6 Thou doeſt thē feed with ſorrowes deepe, their bread with teares they eat:
and drinke the teares that they do weepe, in meaſure full and great.

7 Thou haſt vs made a very ſtrife, to thoſe that dwell about:
and that our foes doe loue of life, they laugh and ieſt it out.
8 O take vs Lord vnto thy grace, conuert our minds to thee:
ſhew forth to vs thy ioyfull face, and we full ſafe ſhal be.

9 From Egypt where it grew not well, thou broughtſt a vine full deare:
the heathen folke thou didſt expell, and then didſt plant it here.
10 Thou didſt prepare for it a place, and ſet her rootes full faſt:
that it did grow and ſpring apace, and fill the land at laſt.

11 The hils were couered round about, with ſhade that from it came:
and eke the Ceders high and ſtout, with branches of the ſame.
12 Why then didſt thou her wall deſtroy? her hedge plucke vp thou haſt:
that all the folke that paſſe thereby, the vine may ſpoyle and waſt.

The ſecond part

13 The Bore out of the wood ſo wild, doth dig and roote it out:
the furious beaſts out of the field, deuoure it all about.
14 O Lord of hoſtes returne againe, from heauen looke betime:
behold, and with thy help ſuſtaine, this poore vineard of thine.

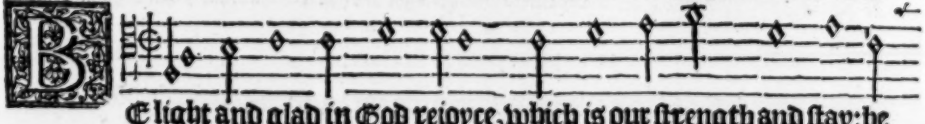
15 Thy plant I ſay, thine Iſrael, whom thy right hand hath ſet:
the ſame which thou didſt loue ſo well, O Lord do not forget.
16 They lop and cut it downe apace, they burne it eke with fire:
and through the frowning of thy face, we periſh in thine ire.

17 Let thy right hand be with them now, whom thou haſt kept ſo long.
and with the ſonne of man whom thou, to thee haſt made ſo ſtrong.
18 And ſo when thou haſt ſet vs free, and ſaued vs from ſhame:
then will we neuer fall from thee, but call vpon thy name.

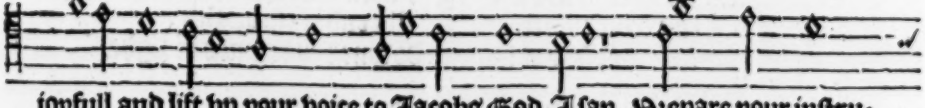
19 O Lord of hoſtes through thy good grace, conuert vs vnto thee:
behold vs with thy pleaſant face, and then full ſafe are we,

Exultate Deo. Pſal. Lxxxi.

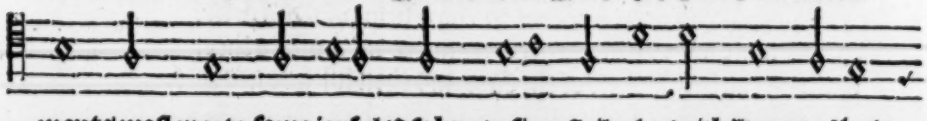
An exhortation to praiſe God both in heart and voice for his benefits, and to worſhip him duely: God condemneth their ingratitude, and ſheweth what great benefits they haue loſt through their owne malice.



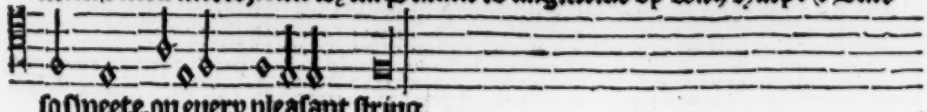
Be light and glad in God reioyce, which is our ſtrength and ſtay: be



ioyfull and lift vp your voice to Jacobs God I ſay. Prepare your inſtru-



ments moſt meete, ſome ioyful Pſalme to ſing: ſtrike vp with Harpe & Lute



ſo ſweete, on euery pleaſant ſtring.

3 Blow as it were in thenew Moone, with trumpets of the beſt:
as it is vſed to be done, at any ſolemne feaſt.
4 For this is vnto Iſraell, a ſtatute and a trade:
a law that muſt be kept full well, which Iacobs God hath made.

5 This clauſe with Ioſeph was decreed, when he from Egypt came:
that as a witneſſe all his ſeed, ſhould ſtill obſerue the ſame.
6 When God I ſay had ſo preparde, to bring him from that land:
whereas the ſpeach which he had heard, he did not vnderſtand.

7 I from his ſhoulders tooke ſaith he, the burden cleane away:
and from the furnace quit him free, from burning bricke of clay.
8 When thou in griefe didſt cry and call, I holpe thee by and by:
and I did anſwere thee withall, in thunder ſecretly.

9 Yea at the waters of diſcord, I did thee tempt and proue:
whereas the goodneſſe of the Lord, with muttering thou didſt moue.
10 Heare O my folke, O Iſraell, and I aſſure it thee:
regard and marke my words full well, if thou wilt cleaue to me.

The ſecond part

11 Thou ſhalt no God in thee reſerue, of any land abroad:
nor in no wiſe to bow or ſerue, a ſtraunge or forraine God.
12 I am the Lord thy God, and I from Egypt ſet thee free:
then aſke of me aboundantly, and I will giue it thee.

13 And yet my people would not heare, my voice when that I ſpake:
Nor Iſrael would not obey, but did me quite forſake.
14 Then did I leaue them to their will, in hardneſſe of their heart:
to walke in their owne counſels ſtill, themſelues they might peruert.

15 O that my people would haue heard, the wordes that I did ſay:
and eke that Iſraell would regard, to walke within my way:
16 How ſoone would I confound their foes, & bring them downe full low:
and turne my hand vpon all thoſe, that would them ouerthrow.

17 And they that at the Lord do rage, as ſlaues ſhould ſeeke him till:
but of his folke the time and age, ſhould flouriſh euer ſtill.
18 I would haue fed them with the crop, and fineſt of the wheate:
and make the rocke with hony drop, that they their lils ſhould eate.

Deus ſtetit in Sinagoga. Pſal. Lxxxii. I. H.

The Prophet declaring God to be preſent amongſt the Iudges and Magiſtrates, reprooueth their partialitie and vnrighteouſneſſe, and exhorteth to doe iuſtice: but ſeeing no amendment, he deſireth God to vndertake the matter, and execute iuſtice himſelfe.

Sing this as the 77. Pſalme.

A Mid the praiſe with men of might, the Lord himſelfe did ſtand:
to plead the cauſe of trueth and right, with Iudges of the land.
2 How long ſaid he will you proceede, falſe witneſſe to awarde:
and haue reſpect for loue of meede, the wicked to regarde?

3 Whereas of due ye ſhould defend, the fatherleſſe and weake:
and when the poore man doth contend, in iudgement iuſtly ſpeake.
4 If ye be wiſe defend the cauſe, of poore men in their right:
and rid the needie from the clawes, of tyrants force and might.

5 But nothing will they know or learne, in vaine to them I talke:
they will not ſee or ought diſcerne, but ſtill in darkeneſſe walke.
For loe, euen now the time is come, that all things fall to nought:
and likewiſe lawes both all and ſome, for gaine are ſold and bought.

6 I had decreed it in my ſight: as Gods to take you all:
and children to the moſt of might, for loue I did you call.
7 But notwithſtanding ye ſhall dye, as men and ſo decay:
O tyrants, I ſhall you deſtroy, and plucke you quite away.

8 Up Lord and let thy ſtrength be knowne, and iudge the world with might:
for why? all nations are thine owne, to take them as thy right.

Deus quis ſimilis Pſal. Lxxxiii. I. H.

The people of Iſrael pray vnto the Lord to deliuer them from their enimies, both at home and farre off, which imagined nothing but their deſtruction, and they deſire that all ſuch wicked people may, according as God was accuſtomed, bee ſtriken with the ſtormy tempeſts of Gods wrath: that they may know that the Lord is moſt hye vpon the earth.

Sing this as the 77. Pſalme.

DO not O God refraine thy tongue, in ſilence do not ſtay:
withhold not Lord thy ſelfe ſo long, nor make no more delay.
2 For why? behold thy foes and ſee, how they doe rage and crye:
and thoſe that beare an hate to thee, hold vp their heads on hye.

3 Againſt thy folke they vſe deceite and craftely they enquire:
for thine elect to lye in waite, their counſell doth conſpire.
4 Come on ſaid they let vs expel, and plucke theſe folke away:
ſo that the name of Iſrael, may vtterly decay.

5 They all conſpire within their heart, how they may thee withſtand,
againſt the Lord to take a part, they are in league and band.
6 The tents of all the Edomites, the Iſmaelites alſo:
the Hagarens and Moabites, with diuers other moe.

7 Geball with Ammon and likewiſe, doth Amalech conſpire:
the Philiſtines againſt thee riſe, with them that dwell at Tyre,
8 And Aſſure eke is well apayd, with them in league to be:
and doth become a fence and aide, to Lots poſteritie.

9 As thou didſt to the Madianites, ſo ſerue them Lord each one:
as to Siſar, and to Jabin, beſide the brooke Kiſon:
10 Whom thou in Endor didſt deſtroy, & waſte them through thy might:
that they like dung on earth did lye, and that in open ſight.

The ſecond part

11 Make them now and their Lords appeare, like Zeb and Oreb then:
as Zebath and Zalmana were the kings of Madian.

12 Which

12 Which ſaid let vs throughout the land, in all the coaſtes abroad,
poſſeſſe and take into our hand, the faire houſes of God.

13 Turne them (O God) with ſtormes as faſt, as wheeles that haue no ſtay:
or like as chaffe which men do caſt, with windes to flee away.
14 Like as the fire with rage and fume, the mighty forefts ſpils:
and as the flame doth quite conſume, the mountaines and the hils.

15 So let the tempeſt of thy wrath, vpon their neckes be laid:
and of thy ſtormy wind and ſhower, Lord make them all afraid.
19 Lord bring them all I thee deſire, to ſuch rebuke and ſhame:
that it may cauſe them to enquire, and learne to ſeeke thy name.

17 And let them euermore dayly, to ſhame and ſlaunder fall:
and in rebuke and obloquie, to periſh eke withall.
18 That they may know and feele full well, that thou art called Lord:
and that alone thou doeſt excell, and raigne throughout the world.

Quam dilecta tabernacula. Pſal. Lxxxiiii. I. H.

Dauid driuen forth of his countrey deſireth moſt ardently to come againe to the tabernacle of the Lord, and the aſſembly of the Saints, to praiſe God: pronouncing them bleſſed that they may ſo doe. Then hee prayſeth the courage of the people, that paſſeth through the wilderneſſe to aſſemble themſelues in Sion. Finally with praiſe of this matter and confidence of Gods goodneſſe he endeth the Pſalme.

Sing this as the 67. Pſalme.

HOw pleaſant is thy dwelling place, O Lord of hoſtes to me?
the tabernacles of thy grace, how pleaſant Lord they be?
2 My ſoule doth long full ſore to goe, into thy courtes abroad:
my heart doth luſt, my fleſh alſo, in thee the liuing Lord.

3 The ſparrowes finde a roome to reſt, and ſaue themſelues from wrong:
and eke the ſwallow hath a neſt, wherein to keepe her young.
4 Theſe birdes full nigh thine altar may, haue place to ſit and ſing:
O Lord of hoſts thou art I ſay, my God and eke my king.

5 O they be bleſſed that may dwell, within thy houſe alwaies:
for they all times thy facts do tell, and euer giue thee praiſe.
9 Yea happy ſure likewiſe are they, whoſe ſtay and ſtrength thou art:
which to thy houſe do minde the way, and ſeeke it in their heart.

7 As they goe through the vale of teares, they dig vp fountaines ſtill:
that as a ſpring it all appeares, and thou their pits doeſt fill.
8 From ſtrength to ſtrength they walke full faſt, no faintnes there ſhal be:
and ſo the God of Gods at laſt, in Sion they do ſee.

9 O Lord of hoſtes to me giue heede, and heare when I doe pray:
and let it through thine eares proceede, O Jacobs God I ſay.
10 O Lord our ſhield of thy good grace, regard and ſo draw neare:
regard I ſay, behold the face, of thine annoynted deare.

11 For why? within the courts one day, is better to abide:
then other where to keepe or ſtay, a thouſand daies beſide.

12 Much rather would I keepe a dooꝛe, within the houſe of God:
then in the tents of wickednelle, to ſettle mine abode.

13 Foꝛ God the Lord, light and defence, will grace and woꝛſhip giue:
and no good thing ſhal he withhold, from them that purely liue.
14 O Lord of hoſtes that man is bleſt, and happy ſure is he:
that is perſwaded in his breſt, to truſt all times in thee.

Benedixiſti Domine. Pſal. Lxxxv. I. H.

Becauſe God withdrew not his rods from his Church after the returne from Babylon, firſt they put him in minde of their deliuerance, to the intent that he ſhould not leaue the woꝛke of his grace vnperfite: next they complaine of their long affliction: and thirdly they reioyce in hope of felicitie pꝛomiſed: foꝛ their deliuerance, was a figure of Chꝛiſts kingdome, vnder which ſhould be perfite felicitie.

Sing this as the 81 Pſalme

THou haſt been mercifull in deed, O Lord vnto thy land:
foꝛ thou reſtoꝛedſt Jacobs ſeed, from thraldome out of band.
2 The wicked wayes that they were in, thou didſt them cleane remit:
and thou didſt hide thy peoples ſin, full cloſe thou coueredſt it.

3 Thine anger eke thou didſt aſſwage, that all thy wꝛath was gone:
and ſo didſt turne thee from thy rage, with them to be at one.
4 O God our health doe now conuert, thy people vnto thee:
put all thy wꝛath from vs apart, and angry ceaſe to be.

5 Why? ſhall thine anger neuer end, but ſtill pꝛoceede on vs?
and ſhall thy wꝛath it ſelfe extend, vpon all ages thus?
6 Wilt thou not rather turne theꝛefoꝛe, and quicken vs that we:
and all thy folke may euermoꝛe, be glad and ioy in thee:

7 O Lord on vs doe thou declare, thy goodneſſe to our wealth:
ſhew foꝛth to vs and do not ſpare, thine aid and ſauing health.
8 I will harke what God ſaith foꝛ he, ſpeaks to his people peace:
and to his Saints that neuer they, returne to fooliſhneſſe.

9 Foꝛ why? his health is ſtill at hand, to ſuch as him doe feare:
whereby great glozy in our land, ſhall dwell and floꝛiſh there.
10 Foꝛ truth and mercie there ſhall meete, in one to take their place:
and peac ſhal iuſtice with kiſſe greete, and there they ſhall embꝛace.

11 As truth from earth ſhall ſpꝛing apace, and flouriſh pꝛeſently:
ſo righteouſneſſe ſhall ſhew her face, and looke from heauen hie.
12 Yea God himſelfe ſhall take in hand, to giue vs ech good thing:
and thꝛough the coaſts of all our land, the earth her fruits ſhall bꝛing.

13 Befoꝛe his face ſhall iuſtice goe, much like a guide oꝛ ſtay:
he ſhall direct his ſteps alſo, and keepe them in the way.

Inclina Domine aurem. Pſal. Lxxxvi. I. H.

Dauid ſoꝛe afflicted and foꝛſaken of all, pꝛayeth feruently foꝛ deliuerance, ſometimes rehearſing his miſeries, ſometimes the mercies receiued, deſiring alſo to be inſtructed of the Lord, that he may feare him alſo, and glorifie his name, he complaineth alſo of his aduerſaries, and requireth to be deliuered from them.

Sing

Sing this as the 81. Psalme.

LOrd bow thine eare to my request, and heare me by and by:
with grieuous paine and griefe oppresst, full sore and weake am I.
2 Preserue my soule, because my way, and doings holy be:
and saue thy seruant O my Lord, that puts his trust in thee.

3 Thy mercy Lord on me expresse, defend me eke withall:
for through the day I do not cease, on thee to cry and call.
4 Comfort (O Lord) thy seruants soule, that now with paine is pinde:
for vnto thee Lord I extoll, and lift my soule and minde.

5 For thou art good and bountifull, thy gifts of grace are free:
and eke thy mercy plentifull, to all that call on thee.
6 O Lord likewise when I do pray, regard and giue an eare:
marke well the words that I do say, and all my praiers heare.

7 In time when trouble doth me moue, to thee I do complaine:
for why? I know and well do proue, thou answerest me againe.
8 Among the Gods, O Lord is none, with thee to be compard:
and none can do as thou alone, the like hath not been heard.

9 The Gentiles and the people all, which thou didst make and frame.
before thy face on knees will fall, and glorifie thy name.
10 For why? thou art so much of might, all power is thine owne:
thou workest wonders still in sight, for thou art God alone.

11 O teach me Lord thy way, and I, shall in thy trueth proceede:
O ioyne my hart to thee so nye, that it thy name may dread.
12 To thee my God will I giue praise, with all my heart O Lord:
and glorifie thy name alwaies, for euer through the world.

13 For why? thy mercy shewed to me, is great and doth excell:
thou setst my soule at liberty, out of the lower hell.
14 O Lord the proud against me rise, and heaps of men of might:
that seeke my soule and in no wise, will haue thee in their sight.

15 Thou Lord art mercifull and meeke, full slacke and slow to wrath:
thy goodnesse is full great, and eke, thy trueth no measure hath.
16 O turne me Lord and mercy grant, thy strength to me apply:
O help and saue thy seruant now, thy handmayds sonne am I.

17 On me some signe of fauoure shew, that all my foes may see:
and be ashamed because Lord thou, doest help and succour me.

Fundamenta. Psal. Lxxxvii.

The holy Ghost promiseth that the condition of the Church, which was in miserie after the captiuity of Babylon, should be restored to great excellencie, so that there should be nothing more comfortable, then to be numbred among the members thereof.

Sing this as the 81 Psalme

THat Citie shall full well endure, her ground worke still doth stay:
vpon the holy hils full sure, it can no whit decay:

2 God loues the gates of Sion beſt, his grace doth there abide:
he loues them more then all the reſt, of Jacobs tents beſide.

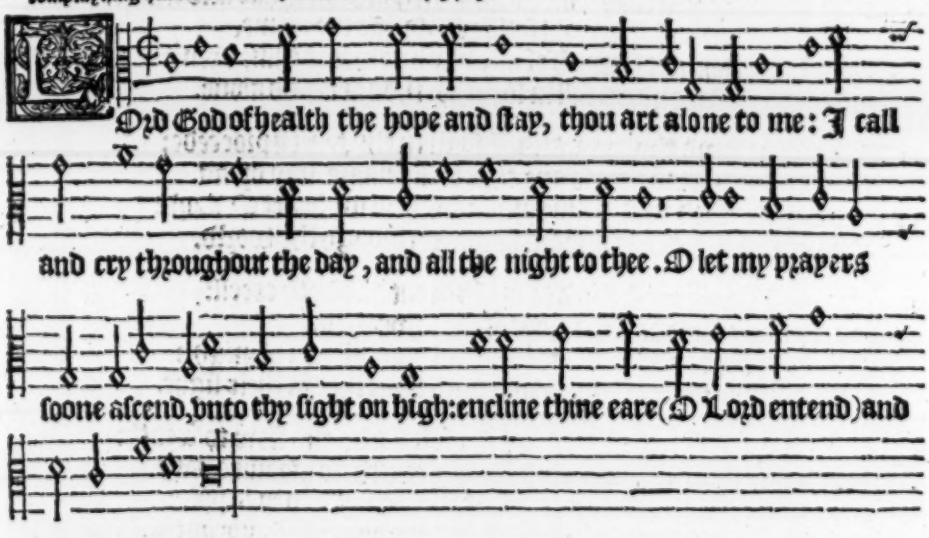
3 Ful glorious things reported be, in Sion and abroad:
great things I ſay are ſaid of thee, thou Citie of our God.
4 On Rahab will I caſt an eye, and beare in mind the ſame:
and Babylon ſhall eke apply, and learne to know my name.

5 Loe Paleſtine and Tire alſo, with Ethiop likewiſe:
a people old full long ago, were borne and there did riſe.
6 Of Sion they ſhall ſay abroad, that diuers men of fame:
haue there ſprung vp, and the hye God, hath founded faſt the ſame:

7 In their records to them it ſhall, through Gods deuiſe appeare:
of Sion that the chiefe of all, had his beginning there.
8 The trumpeters with ſuch as ſing, therein great plenty be:
my fountaines and my pleaſant ſprings, are compaſt all in thee.

Domine Deus ſalutis Pſal. Lxxxviii. I. H.

A grieuous complaint of the faithfull ſore afflicted by ſickeneſſe, perſecution and aduerſitie: beeing as it were left of God without any conſolation: yet he calleth vpon God by faith, and ſtriueth againſt deſperation complayning himſelfe to be forſaken of all earthly helpe.



3 For why? my ſoule with woe is fild, and doth in trouble dwell:
my life and breath almoſt doth yeeld, and draweth nye to hell.
4 I am eſteemd as one of them, that in the pit doe fall:
and made as one among thoſe men, that haue no ſtrength at all.

5 As one among the dead, and free, from things that here remayne:
it were more eaſe for me to be, with them the which are ſlaine.
6 As thoſe that lye in graue I ſay, whome thou haſt cleane forgot:
the which thy hand hath cut away, and thou regardeſt them not.

7 Yea

7 Yea like to one ſhut vp full ſure, within the lower pit:
in places darke and all obſcure, and in the depth of it.
8 Thine anger and thy wrath likewiſe, full ſore on me doth lye:
and al thy ſtormes againſt me riſe, my ſoule to vexe and try.

9 Thou putſt my friends far off from me, & makeſt them hate me ſore:
I am ſhut vp in priſon faſt, and can come forth no more.
10 My ſight doth faile through griefe and woe, I call to thee (O God:)
throughout the day my hands alſo, to thee I ſtretch abroad.

The ſecond part

11 Doeſt thou vnto the dead declare, thy wondrous works of fame:
ſhall dead to life againe repaire, and praiſe thee for the ſame.
12 Or ſhall thy louing kindneſſe Lord, be preached in the graue?
or ſhall with them that are deſtroyd, thy trueth her honour haue?

13 Shall they that lye in darke full low, of all thy wonders wot?
or there ſhall they thy iuſtice know, where all things are forgot?
14 But I, O Lord, to thee alway, do cry and call apace:
my prayer eke ere it be day, ſhall come before thy face.

15 Why doeſt thou Lord abhorre my ſoule, in griefe that ſeeketh thee?
and now O Lord, why doeſt thou hide, thy face away from mee?
16 I am afflict as dying ſtill, ſoom youth this many a yeare:
thy terrors which do vexe me ill, with troubled minde I beare.

17 The furies of thy wrathfull rage, full ſore vpon me fall:
thy terrors eke do not aſſwage, but me oppreſſe withall.
18 All day they compaſſe me about, as water at the tide:
and all at once with ſtreames full ſtout, beſet me on ech ſide.

19 Thou ſetteſt farre from me my friends, and louers euery one:
yea, and mine old acquaintance all, out of my ſight are gone.

Miſericordias Domini. Pſal. Lxxxix. I. H.

With many wordes doth the Prophet praiſe the name of God, for his teſtament and couenant that hee had made betweene him and his elect by Jeſu Chriſt the ſonne of Dauid: Then doeth he complaine of the great ruine and deſolacion of the kingdome of Dauid, ſo that to the outward appearance the promiſe was broken. Finally hee prayeth to bee deliuered from his afflictions, making mention of the ſhortneſſe of mans life, & confirming himſelfe by Gods promiſes.

Sing this as the 67 Pſalme

TO ſing the mercies of the Lord, my tongue ſhall neuer ſpare:
and with my mouth from age to age, thy trueth I will declare:
2 For I haue ſaid that mercy ſhall, for euermore remayne:
in that thou doeſt the heauens ſtay, thy trueth appeareth plaine:

3 To mine elect (ſaith God) I made, a couenant and beheſt:
my ſeruant Dauid to perſwade, I ſwore and did proteſt,
4 Thy ſeed for euer I will ſtay, and ſtablish it full faſt:
and ſtill vphold thy throne alway, from age to age to laſt.

5 The

5 The heauens ſhew with ioy and myth, thy wondrous works (O Lord)
thy Saints within thy Church on earth, thy faith and trueth record.
6 Who with the Lord is equall then, in all the clouds abroad?
among the ſonnes of all the Gods, what one is like our God.

7 God in aſſembly of the Saints, is greatly to be dread:
and ouer all that dwell about, in terror to be had.
8 Lord God of health in all the world: what one is like to thee?
on euery ſide moſt mighty Lord, thy trueth is ſeene to bee.

9 The raging ſea by thine aduiſe, thou ruleſt at thy will:
and when the waues thereof ariſe, thou makeſt them calme and ſtil.
10 And Egypt Lord thou haſt ſubdued, and thou haſt it deſtroyed:
yea thou thy foes with mighty arme, haſt ſcattered all abroad.

The ſecond part

11 The heauens are thine and ſtill haue been, likewiſe the earth and land:
the world with all that is therein, thou foundedſt with thy hand.
12 Both North & South, with Eaſt, and Weſt, thy ſelfe did make and frame.
both Tabor mount and eke Hermon, reioyce and prayſe thy name.

13 Thine arme is ſtrong and full of power, all might therein doth lye.
the ſtrength of thy right hand, ech houre, thou liftſt vp on hie.
14 In righteouſneſſe and equity, thou haſt thy ſeat and place:
mercy and trueth are ſtill in thee, and goe before thy face.

15 That folke is bleſt that knoweth aright, thy preſent power O God:
for in the fauour of thy light, they walke full ſafe abroad.
16 For in thy name throughout the day, they ioy and much reioyce:
and through thy righteouſneſſe haue they, a pleaſant fame and noyce.

17 For why, their glory, ſtrength and aid, in thee alone doth lye:
thy goodneſſe eke that hath vs ſtaid, ſhall lift our horne on hye.
18 Our ſtrength that doth defend vs well: the Lord to vs both bring:
the holy one of Iſraell, he is our guide and king.

19 Sometime thy will vnto thy Saints, in viſions thou didſt ſhow:
and thus then didſt thou ſay to them, thy mind to make them know.
20 A man of might haue I erect, your king and guide to be:
and ſet vp him whome I elect, among the folke to mee.

The third part

21 My ſeruant Dauid I appoynt, whome I haue ſearched out:
and with my holy oyle anhoynt, him king of all the rout.
22 For why: my hand is ready ſtill, with him for to remayne:
And with mine arme alſo I will, him ſtrengthen and ſuſtaine.

23 The enemies ſhall not him oppreſſe, they ſhall not him deuorre:
ne yet the ſonnes of wickedneſſe, of him ſhall haue no power.
24 His foes likewiſe will I deſtroy, before his face in ſight
and thoſe that hate him I will plague, and ſtrike them with my might.

25 My

25 My trueth and mercy eke withall, shall still vpon him lye:
and in my name his horne eke shall be lyfted vp on hye.
26 His kingdome I will set to be, vpon the sea and sand:
and eke the running floods shall he, embrace with his true hand.

27 He shall depend both all his heart, on me and thus shall say:
my father and my God thou art, my rocke of health and stay.
28 As one first borne, I will him take, of all on earth that springs:
his might and honor I shall make, aboue all worldes kings.

29 My mercy shalbe with him still, as I my selfe haue tolde:
my faithfull couenaunt to fulfill, my mercy I will hold.
30 And eke his seed will I sustayne, for euer strong and sure:
so that his seat shall still remayne, while heauen doth endure.

The fourth part

31 If that his sonnes forsake my lawe, and to begin to swerue:
and of my iudgements haue none awe: nor will not them obserue.
32 Or if they do not vse aright, my statutes to them made:
and set all my commandements light, and will not keepe my trade.

33 Then with the rod will I beginne, their doings to amend:
and so with scourging for their sinne, when that they do offend:
34 My mercy yet and my goodnesse, I will not take him fro:
nor handle with his crabbednesse, and so my trueth forgoe.

35 But sure my couenant I will hold, with all that I haue spoke:
no word the which my lips haue told, shall alter or be broke,
36 Once sworne I by my holinesse, and that perfourme will I:
with Dauid I shall keepe promise, to him I will not lye.

37 His seed for euermore shall raigne, and eke his throne of might:
as doth the Sunne it shall remayne, for euer in my sight.
38 And as the Moone within the sky, for euer standeth fast:
a faithfull witnesse from an hye, so shall his kingdome last.

39 But now (O Lord) thou doest reiect, and now thou hatest cleare:
yea thou art wroth with thine elect, thine owne annoynted deare.
40 The couenant which thy seruant made, Lord thou hast quite vndone
and downe vpon the ground also, hast cast his royall throne.

The fift part

41 Thou pluckest his hedges by with might, his walls doest thou confound:
thou beatest eke his bulwarks downe, & breakest them to the ground.
42 That he is sore destroyd and borne, of commers by throughout:
and so is made a mocke and scorne, to all that dwell about.

43 Thou eke his right hand hast lifted vp, that him so sore annoy:
and all his foes that him deuoure, lo thou hast made to ioy.
44 His swords edge thou doest take away, that should his foes withstand,
to him in warres no victory, thou giuest nor yet hand.

45 His glory thou doest also wast, his throne, his ioy and might,
by thee is ouerthrowne and cast, full low vpon the earth.

46 Thou hast cut of and made full short, his youth and lusty dayes:
and raised of him an ill report, with shame and great dispraise.

47 How long away from me (O Lord) for euer will thou turne?
and shall thine anger still alway, as fire consume and burne?

48 O call to minde, remember then, my time continueth fast:
why hast thou made the sonnes of men, as things in vaine to wast?

49 What man is he that liueth heere, and death shall neuer see?
or from the hand of hell his soule, shall he deliuer free?

50 Where is O Lord thine old goodnesse, so oft declared before:
which by thy truth and righteousnes, to Dauid thou hast sworne.)

51 The great rebukes to minde do call, that on thy seruants lye:
the rayling of the people all, borne in my brest heere I.

52 Wherewith O Lord thine enimies, blaspheme haue thy name:
the steps of thine annointed one, they cease not to defame.

53 All praise to thee O Lord of hostes, both now and eke for aye:
through skie and earth in all the coastes, Amen, Amen, I say.

Domine refugium. Psal. XC. Ver. 1.

Moyses in his prayer setteth before vs the eternal nature of God, and vs his, and we neither auoiding by the breauity of their life, nor by their paynes (in) thankfull. Therefore Moyses prayeth God to turne their hearts, and continue his mercy towards them and their posterity for euer.

Sing this as the 78 Psalme.

THou Lord hast been our sure defence, our place of ease and rest:
in all times past, yea so long hence, as can not be expiest.

2 Ere there was made mountayne or hill, the earth or world abroad:
from age to age and alwayes still, for euer thou art God.

3 Thou guidest man through griefe and payne, to dust or clay and then:
and then thou sayest againe returne, againe yee sonnes of men.

4 The lasting of a thousand yeare, what is it in thy sight?
as yesterday it doth appeare, or as a watch or night.

5 So soone as thou doest scatter them: then is their life and trade:
all as a sleepe, and lyke the grasse, whose beauty soone doth fade.

6 Which in the morning shines full bright, but fadeth by and by:
and it cut downe ere it be night, all wythered, dead and dry.

7 For through thine anger we consume, our might is much decayde:
and of thy fervent wrath and fume, we are full sore afrayde.

8 The wicked works that we haue wrought, thou setst before thine eye:
our priuy faults, yea, eke our thoughts, thy countenance doth spy.

9 For through thy wrath our dayes do waste, thereof doth nought remayne:
our yeares consume as words, or blast, and are not cald agayne.

10 Our time is threescore yeares and ten, that we do liue on mold:
if one see fourescore surely then, we count him wondrous old.

The ſecond part

11 Yet of this time the ſtrength and chiefe, the which we count vpon:
is nothing elſe but painefull griefe, and we as blaſts are gone.
12 Who once doth know what ſtrength is there, what might thine anger hath:
or in his heart who doth thee feare, according to thy wrath?

13 Inſtruct vs Lord to know and try, how long our dayes remayne:
that then we may our hearts apply, true wiſedome to attayne.
14 Returne O Lord, how long wilt thou, forth on in wrath proceede?
ſhew fauour to thy ſeruants now, and helpe them at their neede.

15 Refreſh vs with thy mercy ſoone, and thee our ioy ſhall be:
all times ſo long as life doth laſt, in heart reioyce ſhall wee:
16 As thou haſt plagued vs before, now alſo make vs glad:
and for the eares wherein full ſore, affliction we haue had.

17 O let the worke and power appeare: and on thy ſeruants light:
and ſhew vnto thy children deare, thy glory and thy might.
18 Lord let thy grace and glory ſtand, on vs thy ſeruants thus:
confirme the works we take in hand: Lord proſper them to vs.

Qui habitat. Pſal. XCi. I. H.

Here is deſcribed in what aſſurance he liueth that putteth his whole truſt in God, and committeth himſelfe wholy to his protections: A promiſe of God to thoſe that loue him, know him, and truſt in him to deliuer them, and giue them immortall glory.

Sing this as the 99 Pſalme

HE that within the ſecret place of God moſt hie doth dwell:
in ſhadow of the mightieſt grace, at reſt ſhall keepe him well.
2 Thou art my hope, and my ſtrong hold, I to the Lord will ſay:
my God he is, in him will I, my whole affiance ſtay.

3 He ſhall defend thee from the ſnare, the which the hunter layd:
and from that deadly plague and care, whereof thou art afraid.
4 And with his wings ſhall couer thee, and keepe thee ſafely there:
his faith and truth thy fence ſhall be, as ſure as ſhield and ſpeare.

5 So that thou ſhalt no need I ſay, to feare or be affright:
of all the ſhafts that fly by day, nor terrors of the night.
6 Nor of the plague that privily doth walke in darke ſo faſt:
nor yet of that which doth deſtroy, and at noone dayes doth waſt.

7 Yea at thy ſide as thou doſt ſtand, a thouſand dead ſhall be:
ten thouſand eke at thy right hand, and yet ſhalt thou be free.
8 But thou ſhalt ſee it for thy part, thine eyes ſhall well regard:
that euen like to their deſert, the wicked haue reward.

9 For why? O Lord I onely luſt, to ſtay my hope on thee:
and in the higheſt I put my truſt, my ſure defence is hee.
10 Thou ſhalt not need no ill to feare, with thee it ſhall not mell:
nor yet the plague ſhall once come neare, thy houſe where thou doeſt dwell.

11 For why, vnto his Angels all, with charge commanded he:
that ſtill in all thy wayes they ſhall, preſerue and proſper thee.
12 And in their hands ſhall thee beare vp, ſtill waiting thee vpon:
ſo that thy foote ſhall neuer chance, to ſpurne at any ſtone.

13 Vpon the Lyon thou ſhalt go, the Adder fell and long:
and tread vpon the Lyons yoong, with Dragon ſtout and ſtrong.
14 For he that truſteth vnto me, I will diſpatch him quite:
and him defend becauſe that he, doth know my name aright.

15 When he for health on me doth cry, an anſwere I wil giue:
and from his griefe take him will I, in glory for to liue.
16 With length of yeares, and dayes of wealth, I will fulfill his time:
the goodneſſe of thy ſauing health, I will declare to him.

Bonum eſt confiteri. Pſal. XCii. I. H.

This Pſalme was made to be ſong on the Sabboth, to ſtir vp the people to acknowledge God, and to praiſe him in his workes: The Prophet reioyceth therein, but the wicked is not able to conſider, that the vngodly when he is moſt flouriſhing, ſhall moſt ſpeedely periſh. In the end is deſcribed the felicity of the iuſt, planted in the houſe of God to praiſe the Lord.

Sing this as the 88 Pſalme

IT is a thing both good and meete, to prayſe the higheſt Lorde:
and to thy name (O thou moſt hye,) to ſing in one accord.
2 To ſhew the kindneſſe of the Lord, betime ere day be light:
and eke declare his trueth abroad, when it doth draw to night.

3 Vpon ten ſtringed inſtrument, on Lute and Harp ſo ſweete:
with all the myrth you can inuent, of inſtruments moſt meete.
4 For thou haſt made me to reioyce, in things ſo wrought by thee:
and I haue ioy in heart and voyce, thy handy workes to ſee.

5 O Lord how glorious and how great, are all thy workes ſo ſtout?
ſo deepely are thy counſels ſet, that none can try them out.
6 The man vniuſt hath not the wit, this geare to paſſe to bring,
and all ſuch fooles are nothing fit, to vnderſtand this thing.

7 When ſo the wicked at their will, as graſſe do ſpring full faſt:
they when they floriſh in their ill, for euer ſhall be waſt.
8 But thou art mighty Lord moſt hye, yea thou doeſt raigne therefore:
in euery time eternally, both now and euermore.

9 For why? O Lord behold and ſee, behold thy foes I ſay:
how all that worke iniquity, ſhall periſh and decay.
10 But thou lyke as an Vnicorne, ſhall lift my horne on hye:
with freſh and new prepared oyle, thine oynted king am I.

11 And of my foes before mine eyes, ſhall ſee the fall and ſhame:
of all that vp againſt me riſe, mine eare ſhall heare the ſame.
12 The iuſt ſhall floriſh vp on hye, as Date trees bud and blow:
and as the Ceders multiply, in Libannus that grow.

13 For

13 For they are planted in the place, and dwelling of our God:
within his courts they ſpring apace, and flouriſh all abroad.
14 And in their age much fruit ſhall bring, both fat and well beſeene:
and pleſantly both bud and ſpring, with boughes and branches greene.

15 To ſhew that God is good and iuſt, and vpright is his will:
he is my rocke, my hope, and truſt, in him there is none ill.

Dominus regnauit. Pſal. XCiii. I. H.

The praiſeth the power of God in the creation of the world, and beateth downe all people which lift them vp againſt his maieſtie, and prouoketh to conſider his promiſes.

Sing this as the 77. Pſalme.

THe Lord as King aloft doth raigne, in glory goodly dight:
and he to ſhew his ſtrength and maine, hath girt himſelfe with might.
2 The Lord likewiſe the earth hath made, and ſhaped it ſo ſure:
no might can make it moue or fade, at ſtay it doth endure.

3 Ere that the world was made or wrought, thy ſeat was ſet before:
beyond all time that can be thought, thou haſt been euermore,
4 The flouds (O Lord) the flouds do riſe, they rore and make a noyce:
the flouds (I ſay) did enterpriſe, and lifted vp their voyce.

5 Yea though the ſtormes before in ſight, though ſeas do rage and ſwell:
the Lord is ſtrong and more of might, for he on hye doth dwell.
6 And looke what promiſe he doth make, his houſhold to defend:
for iuſt and true they ſhall it take, all times withouten end.

Deus vltionum. Pſal. XCiiii. I. H.

The prayeth vnto God againſt the violence and arrogancy of Tyrants. Therewith he comforteth the afflicted by the good iſſue of their affections, as he felt in himſelfe, and did ſee in others, and by the ruine of the wicked whom the Lord will deſtroy.

Sing this as the 78. Pſalme.

O Lord thou doeſt reuenge all wrong, that office longs to thee:
ſith vengeance doth to thee belong, Declare that all may ſee.
2 Set forth thy ſelfe, for thou of right, the earth doeſt iudge and guide:
reward the proud and men of might, according to their pride.

3 How long ſhall wicked men beare ſway, with lifting vp their voyce:
how long ſhall wicked men I ſay, thus tryumph and reioyce?
4 How long ſhall they with brags burſt out, and proudly prate their fill?
ſhall they reioyce which be ſo ſtout, whoſe works are euer ill?

5 Thy flocke O Lord thine heritage, they ſpoyle and vexe full ſore.
againſt thy people they do rage, ſtill dayly more and more.
6 The widowes which are comfortleſſe, and ſtrangers they deſtroy:
they ſlea the children fatherleſſe, and none doeth put them by.

7 And when they take thoſe things in hand, this talke they haue of thee.
can Jacobs God this vnderſtand: tuſh no he cannot ſee.
8 O folke vnwiſe and people rude, ſome knowledge now diſcerne:
(ye fooles) among the multitude, at length begin to learne.

9 The Lord which made the eare of man, he needs of right muſt heare.
he made the eyne, all things muſt then, before his ſight appeare.
10 The Lord doth all the world correct, and make them vnderſtand:
ſhall he not then your needs detect, how can ye ſcape his hand:

11 The Lord doth know the thoughts of man, his hart he ſeeth full plaine:
the Lord I ſay mens thoughts doe ſcan, and findeth them but vaine.
12 But Lord that man is happy ſure, whom thou doeſt keepe in awe:
and through correction doeſt procure, to teach him in thy lawe.

13 Whereby he ſhall in quiet reſt, in time of trouble ſit:
when wicked men ſhall be ſuppreſt, and fall into the pit.
14 For ſure the Lord will not refuſe, his people for to take:
his heritage whome he did chuſe, he will no time forſake.

15 Vntill that iudgement be decreed, to iuſtice to conuert:
that all may follow her with ſpeede, that are of vpright heart.
16 But who vppon my part ſhall ſtand, againſt the curſed trayne:
or who ſhall rid me from their hand, that wicked workes maintayne?

17 Except the Lord had been mine ayd, mine enemies to repell:
my ſoule and life had now been layd, almoſt as low as hell.
18 When I did ſay my foote doth ſlide, I now am like to fall:
thy goodneſſe Lord did ſo prounde, to ſtay me vp withall.

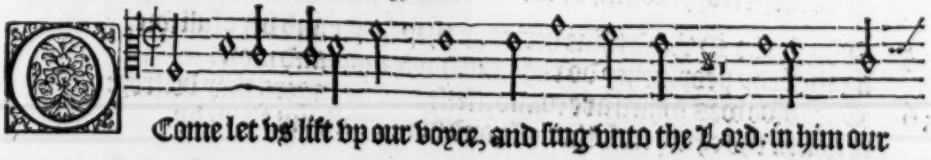
19 When with my ſelfe I muſed much, and could no comfort finde:
then Lord thy goodneſſe did me touch, and that did eaſe my minde.
20 Wilt thou enhaunt thy ſelfe and draw, with wicked men to ſit?
which with pretence in ſtead of law, much miſchiefe doe commit?

21 For they conſult againſt the life, of righteous men and good:
and in their counſels they are rife, to ſhed the guiltleſſe blood.
22 But yet the Lord he is to me, a ſtrong defence or locke:
he is my God to him I flee, he is my ſtrength and rocke.

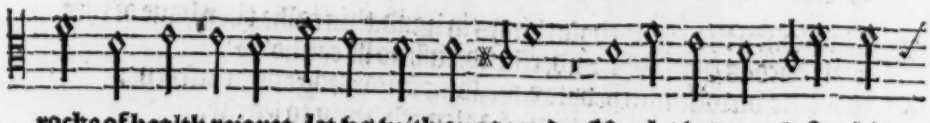
And he ſhall cauſe their miſchiefs all, themſelues for to annoy:
and in their malice they ſhall fall, our God ſhall them deſtroy.

Venite exultemus. Pſal. XCv.

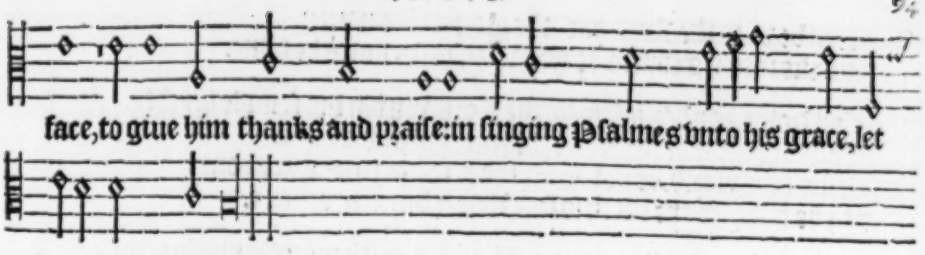
An earneſt exhortation to praiſe God for the gouernement of the world, and the election of his Church. An admonition not to follow the rebellion of the olde Fathers, that tempted God in the wilderneſſe: For the which they might not enter into the land of promiſe.



O Come let vs lift vp our voyce, and ſing vnto the Lord in him our



rocke of health reioyce, let vs with one accord. Yea let vs come before his face



face, to giue him thanks and praiſe: in ſinging Pſalmes vnto his grace, let

vs be glad alwaies.

3 For why? the Lord he is no doubt, a great and mighty God:
a king aboue all Gods throughout, in all the world abroad.
4 The ſecrets of the earth ſo deep, and corners of the land:
the tops of hils that are ſo ſteepe, he hath them in his hand.

5 The ſea and waters all are his, for he the ſame hath wrought:
the earth and all that therein is, his hand hath made of nought.
6 Come let vs bow and praiſe the Lord, before him let vs fall.
and kneele to him with one accord, the which hath made vs all.

7 For why? he is the Lord our God, for vs he doth prouide:
we are his folke, he doth vs feed, his ſheep, and he our guide.
8 To day if ye his voyce will heare, then harden not your hart:
as ye with grudging many a yeare, prouokt me in deſart.

9 Whereas your Fathers tempted me, my power for to prooue:
my wondrous works when they did ſee, yet ſtill they would me moue.
10 Twiſe twenty yeares they did me grieue, and I to them did ſay:
they erre in heart and not beleeue, they haue not knowen my way.

11 Wherefore I ſware when that my wrath, was kindled in my breſt,
that they ſhould neuer tread the path, nor enter to my reſt.

Cantate Domino. Pſal. XCvi. I. H.

An exhortation both to the Iewes and Gentles, to praiſe God for his mercy. And this ſpecially ought to be referred to the kingdome of Chriſt

Sing this as the 77. Pſalme

SIng ye with praiſe vnto the Lord, new ſongs of ioy and myrth:
ſing vnto him with one accord, all people on the earth.
2 Yea ſing vnto the Lord I ſay, praiſe ye his holy name:
declare and ſhew from day to day, ſaluation by the ſame.

3 Among the Heathen eke declare, his honour round about:
to ſhew his wonders do not ſpare, in all the world throughout.
4 For why? the Lord is much of might, and worthy praiſe alway:
and he is to be dread of right, aboue all Gods I ſay.

5 For all the Gods of Heathen folke, are Idols that will fade:
but yet our God he is the Lord, that hath the heauens made.
6 All prayſe and honour eke doth dwell, for aye before his face:
both power and might likewiſe excell, within his holy place.

7 Aſcribe vnto the Lord alway, ye people of the world:
all might and worſhip eke I ſay, aſcribe vnto the Lord.

8 Aſcribe vnto the Lord alſo, the glory of his name:
and eke into his courts do goe, with gifts vnto the ſame.

9 Fall downe and worſhip ye the Lord within his temple bright:
let all the people of the world, be fearefull at his ſight.
10 Tell all the world, be not agaſt, the Lord doth raigne aboue:
yea he hath ſet the earth ſo faſt, that it did neuer moue.

11 And that it is the Lord alone, that rules with princely might:
to iudge the nations euery one, with equity and right.
12 The heauens ſhall great ioy begin, the earth ſhall eke reioyce:
the ſea with all that is therein, ſhall ſhout, and make a noyſe.

13 The field ſhall ioy, and euery thing that ſpringeth of the earth:
the wood and euery tree ſhall ſing, with gladneſſe and with myrth:
14 Before the preſence of the Lord, and comming of his might:
when he ſhall iuſtly iudge the world, and rule his folke with right.

Dominus regnauit. Pſal. XCvii. I. H.

The Prophet exhorteth all to reioyce: for the comming of the kingdome of Chriſt, dreadfull to rebels and Idolaters, and ioyfull to the iuſt, whom he exhorteth to innocency, reioyſing and thankeſgiuing.

Sing this as the 95 Pſalme

THe Lord doth raigne, whereat the earth, may ioy with pleaſant voyce:
and eke the Iles with ioyfull myrth, may tryumph and reioyce.
2 Both clouds and darkeneſſe eke do ſwell, and round about him beate:
Yea right and iuſtice euer dwell, and bide about his ſeate,

3 Yea fire and heate at once doth runne, and goe before his face:
which ſhall his foes and ennemies burne, abroad in euery place.
4 His lightnes eke full bright did blaſe, and to the world appeare:
whereat the earth did looke and gaſe, with dread and deadly feare.

5 The hils like ware did melt in ſight, and preſence of the Lord:
they fled before that rulers might, which guideth all the world.
6 The heauens eke declare and ſhew, his iuſtice forth abroad:
that all the world may ſee and know, the glory of our God.

7 Confuſion ſure ſhall come to ſuch, as worſhip Idols vaine:
and eke to thoſe that glory much, dum pictures to maintaine.
8 For all the Idols of the world, which they as Gods doe call:
ſhall feele the power of the Lord, and downe to him ſhall fall.

9 With ioy ſhall Sion heare this thing, and Iuda ſhall reioyce:
for at thy iudgements they ſhall ſing, and make a pleaſant noyſe.
10 That thou (O Lord) are ſet on hye, in all the earth abroad:
and art exalted wondrously, aboue eth other God.

11 All ye that loue the Lord do this, hate all things that are ill:
for he doth keepe the ſoules of his, from ſuch as would them ſpill,
12 And light doth ſpring vp to the iuſt, with pleaſure for his part:
great ioy with gladneſſe, myrth and luſt, to them of vpright hart.

13 Be righteous in the Lord reioyce, his holinesse proclaime:
be thankefull eke with heart and voice, and mindfull for the same.

Cantate Domino. Psal. XCviii. I. H.

An earnest exhortation to all creatures to praise the Lord, for his power, mercy, and fidelity in the promise by Christ, by whome he hath communicated his salvation to all nations.

Sing this as the 67 Psalme

O Sing vnto the Lord, a new and pleasant song:
for he hath wrought throughout the world his wonders great & strong
With his right hand full worthely, he doth his foes devour:
and get himselfe the victory, with his owne arme and power.

The Lord doth make the people know, his saving health and might:
the Lord doth eke his iustice show, in all the heathens sight.
4 His grace and trueth to Israell, in mind he doth record:
that all the earth hath seene right wel, the goodnesse of the Lord.

5 Be glad in him with ioyfull voyce, all people of the earth:
giue thankes to God, sing and reioyce, to him with ioy and myth.
6 Upon the Harpe vnto him sing, giue thanks to him with Psalmes:
reioyce before the Lord our king, with trumpets and with shalmes.

7 Yea let the sea with all therein, with ioy both roare and swell:
the earth likewise let it begin, with all that therein dwell.
8 And let the flouds reioyce their fils, and clap their hands apace:
and eke the mountaines and the hils, before the Lord his face.

9 For he shall come to iudge and try, the world and euery wight:
and rule the people mightily, with iustice and with right.

Dominus regnauit. Psal. XCix. I. H.

He commendeth the power, equity, and excellency of the kingdom of God by Christ, ouer the Iewes and Gentiles, and prouoketh them to magnifie the same, and to serue the Lord, following the example of the auncient Fathers, Moyses, Aaron, and Samuel, who calling vpon God were heard in their prayers.

Sing this as the 95 Psalme

THe Lord doth raigne although at it, the people rage full sore:
Yea he on Cherubins doth sit, though all the world doe rore.
2 The Lord that doth in Sion dwell, is hye and wondrous great:
aboue all folke he doth excell, and he aloft is set.

3 Let all men praise thy mighty name, for it is fearefull sure:
and let them magnifie the same, that holy is and pure.
4 The princely power of our king, doth loue iudgement and right:
thou rightly rulest euery thing, in Iacob though thy might.

5 To praise the Lord our God deuise, all honour to him do:
his footestoole worship him before, for he is holy too.
6 Moyses, Aaron, and Samuel, as Priests on him did cal:
when they did pray, he heard them well, and gaue them answere all.

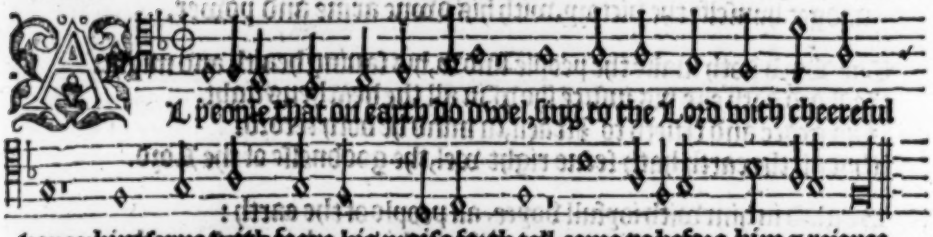
8 within

7 within the cloud to them he spake, then did they labour still:
to keepe such lawes as he did make, and poynted them vntill.
8 O Lord our God thou didst them heare, and answeredst them againe:
thy mercy did on them appeare, their deeds didst not maintaine.

9 O laud and praise our God and Lord, within his holy hill:
for why? our God throughout the world, is holy euer still.

2. Iubilate Deo omnis terra. Psal. C.

He exhorteth all men to serue the Lord who hath made vs, and to enter into his courts & assemblies to praise his name.



All people that on earth do dwel, sing to the Lord with cheereful

voyce: him serue with feare, his praise forth tell, come ye before him & reioyce,

3 The Lord ye know is God in deed, without our aid he did vs make:
we are his folke he doth vs feede, and for his sheepe he doth vs take.

4 Oh enter then his gates with praise, approch with ioy his courts vnto:
praise, laud, and bless his name alwayes, for it is seemely so to doe.
5 For why the Lord our God is good, his mercy is for euer sure:
his truth at all times firmely stood, and shall from age to age endure.

An other of the same.

Sing this as the 68 Psalme

IN God the Lord be glad and light, praise him throughout the earth:
serue him and come before his sight, with singing and with myrth.
2 know that the Lord our God he is, he did vs make and keepe:
not we our selues, for we are his, his owne flocke and pasture sheepe.

3 O goe into his gates alwayes, giue thanks within the same:
within his courts set forth his praise, and laud his holy name.
4 For why the goodnesse of the Lord, for euermore doth raigne:
from age to age throughout the world, his truth doth still remayne.

Misericordiam iudicium. Psal. Ci. N.

Dauid describeth what gouernement he will obserue in his house and kingdome: he will punish and correct by rooting out the wicked, and cherishing the godly persons.

Sing this as the 21 Psalme

I Mercy will and iudgement sing, O Lord God vnto thee:
and wisely do in perfect way, vntill thou come to mee,
2 And in the midst of my house walke, in pureneſse of myspirit,
And I no kynde of wicked thing, will set before my sight.

3 I hate their worke that fall away, it shall not cleaue to mee:
4 From me shall part the forward heart, none euill will I see.

Him

5 Him will I stroy that slaundereth his neighbour priuily:
the lofty heart I cannot beare, nor him that looketh hye.
6 Myne eyes shall be on them within the land, that faithfull bee:
in perfect way who worketh shall, be seruant vnto mee.
7 I will no guilefull person suffer, within my house to dwell:
and to my presence he shall not, remayne that lyes do tell,
8 Betimes I will destroy euen all the wicked of the land:
that I may from Gods City cut, the wicked workers hand.

Domine exaudi orationem. Psal. Cii. L. H.

It seemeth that this prayer was appointed to the Israelites duly in the captiuity of Babylon, for consolation for the building of the Temple, following the words of God, and published vnto all posteritie. The conuersion of the Gentiles, And the stability of the Church.

Sing this as the 67. Psalme

O Heare my prayer Lord, and let my cry come vnto thee:
2 In time of trouble do not hide, thy face away from mee,
Incline thyne eares to me made haste, to heare me when I call:
3 For as the smoke doth fade, so do my dayes consume and fall.

4 And as a harth my bones are burnt, thy heart is smitten deade:
and withered as the grasse that I forget to eate my bread.
5 By reason of my groning voice, my bones cleaue to my skin:
6 As Pellican of wilderne he lieth, euen so am I in.

And as an Owle in desert is, so am I made a mate:
7 I watch, and as a Sparrow on the house top am alone.
8 Loe daily in reprochfull wise, mine enemies do me reuile:
and they that do against mee rage, against mee thy name they spue,

9 Surely with ashes as with bread, my hunger I haue fild:
and mingled haue my drinke with teares, that from mine eyes haue fild.
10 Because of thy displeasure Lord, thy wrath and thy disdayne,
for thou hast lifted me aloft, and cast me downe againe.

11 The dayes wherein I passe my life: are like the fleeting shade:
and I am withered like the grasse, that howe away doth fade.
12 But thou O Lord for euer doest remayne in stedy place:
and thy remembrance euer doth abide, from race to race.

The second part

13 Thou wilt arise, and mercy thou, to Sion wilt extend:
the time of mercy, now the time, for set is come to end.
14 For euen in the stones thereof, thy seruants doe delight:
and on the dust thereof they haue compassion in their spyte.

15 Then shall the heathen people feare, the Lords most holy name:
and all the kings on earth shall dread, thy glory and thy fame.
16 Then when the Lord the mighty God, againe shall Sion reare:
and then when he most nobly, in his glory shall appeare.

17 To

17 To prayer of the desolate, when he in trouble shall bend:
when he shall not disdayne their prayer to attend.
18 This shalbe written for the age that after shall succeede:
the people yet unbegotten, the Lords renowme shall spreade.
19 For he from his high sanctuary, hath looked downe beloe:
and out of heauen hath the Lord beheld the earth also.
20 That of the mourning captiue he might heare the wofull cry,
and that he might deliuer those that damned were to dye.
21 That they in Sion may declare, the Lords most holy name:
and in Jerusalem set forth, the prayses of the same.
22 When when the people of the land, and kingdomes with accord:
shall be assembled for to do their seruice to the Lord.

The third part.

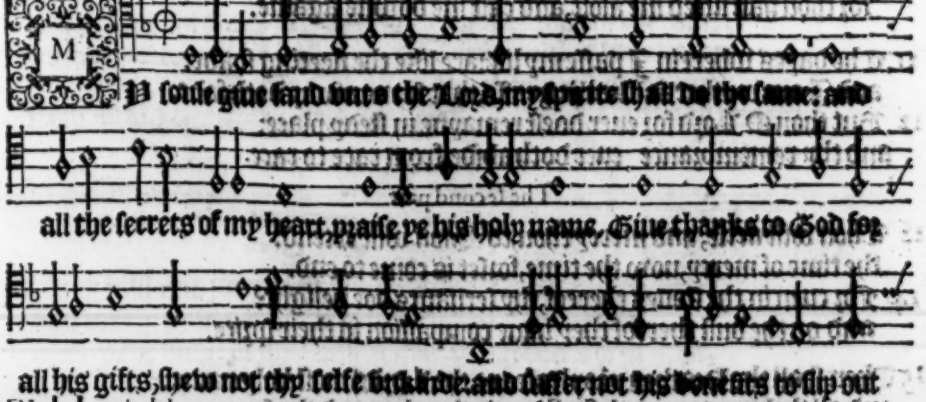
23 My former force of strength he hath, abated in the way:
and shorter he did cut my dayes, thus I then ouer did say.
24 My God in midst of all my dayes, not take me not away:
thy yeares endure eternally, from age to age for aye.

25 Thou the foundations of the earth, before all times hast layd,
and Lord the heauens are the worke, which thine owne hands have made.
26 Yea they shall perish and decay, but thou shalt tarry still:
and they shall all in time waxe old, euen as a garment will.

Thou as a garment shalt them change, and changed shall they be:
27 But thou doest still abide the same, thy yeares do never flee:
28 The children of thy seruant shall continually endure:
and in thy sight their happy seed, for euer shall stand sure.

1. Benedic anima mea, Psal. Ciii. T. S.

This is a Psalme most excellent, wherein the Prophet doth prouoke men and Angels, and all creatures to praise the Lord for his fatherly mercies, and deliuerance of his people from all euils, for his goodnes ouer all things, and the perfection of his kingdom.



3 That

3 That gaue thee pardon for thy faults, and thee restord againe:
for all thy weake and fraile disease, and heald thee of thy paine.
4 That did redeeme thy life from death, from which thou couldst not flee:
his mercy and compassion both, he did extend to thee.

5 That fild with goodnesse thy desire, and did prolong thy youth:
like as the Egle casteth her bill, whereby her age reneweth.
6 The Lord with iustice doth repay, all such as be oppressed.
so that their suffering and their wrongs, are turned to the best,

7 His wayes and his commandements, to Moyses he did show:
his counsels and his valiant actes, the Israelites did know.
8 The Lord is kinde and mercifull, when sinners do him grieue:
the slowest to conceiue a wrath, and reddiest to forgiue.

9 He chides not vs continually, though we be full of strife:
nor keepeth our faults in memory, for all our sinefull life.
10 Nor yet according to our sinnes, the Lord doth vs regarde.
nor after our iniquities, he doth vs not rewarde.

11 But as the space is wondrous great, twixt earth and heauen aboue:
so is his goodnesse much more large, to them that do him loue.
12 God doth remoue our sinnes from vs, and our offences all:
as farre as is the Sunne ryling, full distant from his fall.

The second part

13 And looke what pitty parents deare, vnto their children beare:
like pitty beareth the Lord to such, as worship him in feare.
14 The Lord that made vs knoweth our shape, our mould and fashion all:
how weake and fraile our nature is, and how we be but dust,

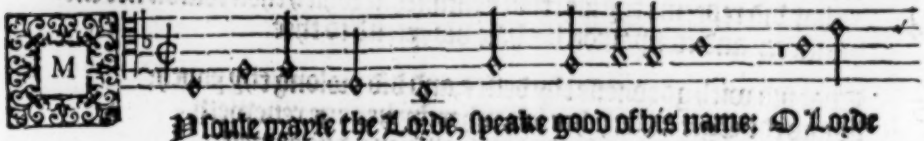
15 And how the tyme of mortall men, is like the withering hay:
or like the flower right fayre in field, that fadeth full soone away.
16 Whose glosse and beauty stormy winds, do vtterly disgrace:
and make that after their assaults, such blossomes haue no place.

17 But yet the goodnesse of the Lord, with his shall euer stand:
Their childrens children do receiue, his goodnesse at his hand:
18 I meane which keepe his couenant, with all their whole desire:
and not forget to do the thing, that he doth them require.

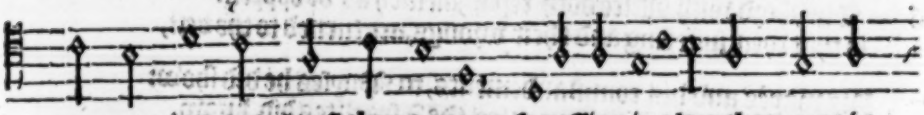
19 The heauens hye are made the seate, and footestole of the Lord:
and by his power imperiall, he gouerns all the world.
20 Ye angels which are great in power, prayse ye and dresse the Lord:
which to obey and do his will, immediatly accord.

21 Ye noble hostes and ministers, cease not to laud him still:
which ready are to execute, his pleasure and his will:
22 Yea all his workes in euery place, prayse ye his holy name:
my heart, my minde, and eke my soule, prayse ye also the same.

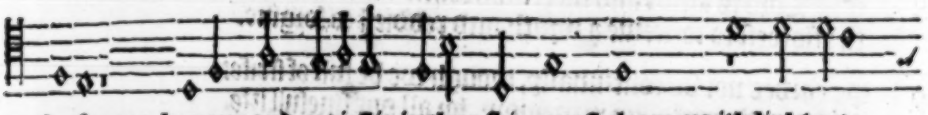
An excellent Pſalme to prayſe God for the Creation of the world, and the gouernance of the ſame by his marueilous prouidence, wherein the Prophet prayeth againſt the wicked, who are occaſions that God diminiſheth his bleſſings.



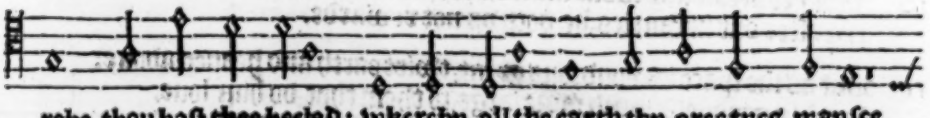
M Y ſoule prayſe the Lorde, ſpeake good of his name: O Lorde



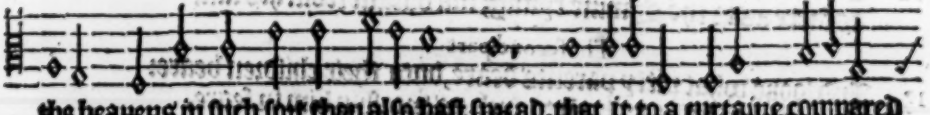
our great God, how doeſt thou appeare, ſo paſſing in glory that great is



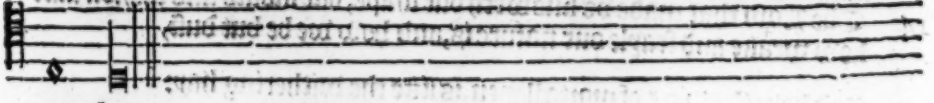
thy fame: honour and maieſtie in thee ſhine moſt cleare. With light as a



robe thou haſt thee beclad: whereby all the earth thy greatnes may ſee,



the heauens in ſuch ſort thou alſo haſt ſpread, that it to a curtaine compared



may be.

3 His chamber beames lye, in the clouds full ſure,
which as his chariot, are made him to beare:
And therewith much ſwiftnes, his courſe doth endure,
vpon the wings riding of wind in the ayre:
4 He maketh his ſpirits, as Heraldes to goe:
and lightnings to ſerue, we ſee alſo preſt,
His will to accompliſh, they runne to and fro.
to ſaue and conſume things, as ſeemeth him beſt.

5 He grounded the earth, ſo firmely and faſt,
that it once to moue, none ſhall haue ſuch power.
6 The deep a fayre couering, for it made thou haſt,
which by his owne nature, the hils would deuoure.
7 But at thy rebuke, the waters do flye:
and ſo do giue place, thy word to obey:
At thy voyce of thunder, ſo fearefull they be,
that in their great raging, they haſt ſoone away.

8 The

8 The mountaines full high, they then vp ascend:
if thou do but speake, thy word they fulfill.
So likewise the vallies, most quickly discend:
where thou them appoyntest, remayne they do still.
9 Their bonds thou hast set, how far they shall run:
so as in their rage, not that passe they can.
For God hath appoynted they shall not returne:
the earth to destroy more, which made was for man.

The second part

10 He sendeth the springs to strong streames and lakes:
which run do full swift, among the huge hills.
11 Where both the wild Asses, their thirst oft times slaken:
and beastes of the mountaines, thereof drinke their fill.
12 By these pleasant springs, or fountaines full fayre:
the foules of the ayre, abide shall and dwell.
Who moued by nature, do hop here and there:
among the green branches, their songs shall excell.

13 The mountains to moyst, the clouds he doth vse,
the earth with his workes, are wholy repleat.
14 So as the bruit cattel, he doth not refuse:
but grasse doth prouide them, and herbe for mans meate,
15 Yea bread, wine and oyle, he made for mans sake:
his face to refresh, and hart to make strong.
16 The Ceders of Liban, this great Lord did make:
which trees he doth nourish, that grow vp so long.

17 In these may byrds build, and make there their nest:
in firre trees the Storks, remayne and abide.
18 The hye hils are succours, for wild Goats to rest:
and eke the rocks stony, for Connies to hide.
19 The Moone then is set, her seasons to run:
the dayes from the nights, thereby to discerne.
And by the descending, also of the Sun:
the cold from heat alway, thereby we do learne.

20 When darkenesse doth come, by Gods will and power:
then crepe foorth do all, the beastes of the wood.
21 The Lyons range roaring, their pray to deuour:
but yet it is thou (Lord) which giuest them foode.
22 Assone as the Sunne, is vp, they retyre:
to couch in their dens, then are they full faine.
23 That man to his worke may, as right doth require:
till night come and call him, to take rest againe.

The third part

24 How sundry (O Lord) are all thy works found?
with wisedome full great, they are in deed wrought:

So that the whole world, of thy prayſe doth ſound:
and as for thy riches, they paſſe all mens thought.
25 So is the great ſea, which large is and broad:
where things that creepe, ſwarme, and beaſts of ech ſort,
26 There both mighty ſhips ſayle, and ſome lye at road:
the whale huge and monſtrous, there alſo doth ſport.

27 All things on thee wayte, that doeſt them relieue:
and thou in due time, full well doeſt them feed.
28 Now when it doth pleaſe thee, the ſame ſo to giue:
they gather full gladly, thoſe things which they need.
Thou openeſt thy hand, and they finde ſuch geare:
that they with good things are filled we fee.
29 But ſore are they troubled, if thou turne they face:
for if thou their breath take, dye duſt then they be.

30 Againe when thy ſpirit, from thee doeth proceede:
all things to appoynt, and what ſhall enſue.
Then are they created, as thou haſt decreed:
and doeſt by thy goodneſſe the dry earth renew.
31 The prayſe of the Lord, for euer ſhall laſt:
who may in his works, by right well reioyce.
32 His looke can the earth make, to tremble full faſt:
and likewiſe the mountaines, to ſmoke at his voyce.

33 To this Lord and God, ſing I will alwayes:
ſo long as I liue, my God prayſe will I.
34 Then am I moſt certaine, my words ſhall him pleaſe:
I will reioyce in him, to him will I cry.
35 The ſinners O Lord, conſume in thine ire:
and eke the peruerſe, them roote out with ſhame.
But as for my ſoule, now let it ſtill beſee:
and ſay with the faithfull, prayſe yee the Lords name.

Confitemini Domino. Pſal. Cv. N.

The prayſeth the ſingular goodnes of God, who hath of all the people of the world, choſen a peculiar people to himſelfe, and hauing choſen them, neuer ceaſeth to doe them good, euen for his promiſe ſake.

Sing this as the 59. Pſalme.

GEue prayſes vnto God, and call vpon his name:
among the people eke declare, his works, to ſpred his fame.
2 Sing yee vnto the Lord I ſay, and ſing vnto his prayſe:
and talke of all the wondrous works, that he hath wrought alwaies.

3 In honour of his holy name, reioyce with one accord:
and let the heart alſo reioyce, of them that ſeeke the Lord.
4 Seeke yee the Lord, and ſeeke the ſtrength, of his eternall might:
and ſeeke his face continually, and preſence of his ſight.

5 The wondrous works that he hath done, keepe still in mindefull heart.
ne let the iudgements of his mouth, out of your minde depart,
9 Ye that of faithfull Abraham, his seruant are the seede:
ye his elect, the children that, of Jacob do proceede.

7 For he, he onely is I say, the mighty Lord our God:
and his most rightfull iudgements are, through all the earth abroad.
8 His promise and his couenant, which he hath made to his:
he hath remembred euermore, to thousands of degrees.

The second part

9 The couenant which he hath made, with Abraham long agoe:
and faithfull oth which he hath sworne, to Isaac also.
10 And did confirme the same for law, that Jacob should obey:
and for eternall couenant, to Israell for aye.

11 When thus he sayd, loe I to you, all Canaan land will giue:
the lot of your inheritance, wherein your seede shall liue.
12 Although their number at that time, did very small appeare:
yea very small and in the land, they then but strangers were.

13 While yet they walkt from land to land, without a sure abode:
and while from sundry kingdomes, they, did wander all abroad,
14 And wrong at none oppressors hand, he suffered them to take:
but euen the great and mighty kings, reproued for their sake.

15 And thus he saide touch none of those, that mine annoynted be:
ne do the Prophets any harme, that do pertayne to me.
16 He calld a dearth vpon the land, of bread he stroyed the store:
but he against their time of neede, had sent a man before.

The third part

17 Euen Joseph which had once been sold, to liue a slaue in woe:
18 Whose feete they hurt in stockes, whose soule, the yron pearst also.
19 Untill the time came when his cause, was known apparantly:
the mighty word of God the Lord, his faultlesse trueth did cry.

20 The king sent and deliuered him, from prison where he was:
the ruler of the people then, did freely let him passe:
21 And ouer all his house he made, him Lord to beare the sway:
and of his substance made to haue, the rule and all the stay.

22 That he might to his will instruct, the Princes of his land:
and wisedoms lore his auncient men, might teach to vnderstand.
23 Then into the Egyptian land, came Israel also:
and Jacob in the land of Ham, did liue a stranger tho.

24 His people he exceedingly, in number made to flow:
and ouer all their enimies, in strength he made them grow.
25 Whose hart he turnd that they with hate, his people did intreate:
and did his seruants wrongfully, abuse with false deceite.

The fourth part

26 His faythfull seruant Moyses then, and Aaron whome he chose:
he did commaund to goe to them, his message to disclose.
27 The wondrous message of his signes, among them they did show,
and wonders in the land of Ham, then did they worke also.

2 Darkenesse he sent and made it darke, in stead of brighter day:
and vnto his commission, they did not disobey,
29 He turned their waters into blood, he did their fishes slay:
30 Their land brought frogs euen in the place, where their king Pharao lay.

31 He spake and at his voice there came, great swarmes of noysom flyes:
and all the quarters of their land, were fild with crawling lice.
32 He gaue them cold and stony haile, in stead of milder rayne:
and fiery flames within their land, he sent vnto their payne.

53 He smote their vines and all their trees, whereon the figs do grow:
and all the trees within their coasts, downe did he ouerthrow:
34 He spake then Caterpillers did, and Grashopers abound:
35 Which eate the grasse in all their land, and fruite of all their ground.

The fift part

36 The first begotten in their land, eke deadly did he smite:
Yea the beginning and first fruite, of all their strength and might.
37 With gold and siluer he them brought, from Egypt land to passe:
and in the number of the tribes, no feeble one there was.

38 Egypt was glad and ioyful then, when they did thence depart:
for terror and the feare of them, was fallen vpon their heart.
39 To shroud them from the parching heate, a cloud he did display:
and fire he sent to giue them light, when night had hid the day.

40 They asked and he caused quayles, to paine at their request:
and fully with the bread of heauen, their hunger he repressed.
41 He opened then the stony rocke, and waters gushed out:
and in the dry when parched grounds, like riuers ranne about.

42 For of his holy couenant, aye mindfull was he tho.
which to his seruant Abraham, he plighted long agoe.
43 He brought his people forth with myth and his elect with ioy:
out of the cruell land where they, had liued in great annoy.

44 And of the Heathen men he gaue, to them the fruitfull lands:
the labours of the people eke, they tooke into their hands.
45 That they his holy statutes might, obserue for euermore:
and faithfully obey his lawes, praise ye the Lord therefore.

Confitemini Domino. Psal. Cvi.

The people dispersed vnder Antiochus, do magnifie the goodnesse of God, among the iust and repentant: Desiring to be brought againe into the land by Gods mercifull visitation, and after the manifold maruailes of God wrought in their deliuerance forth of Egypt, and the great ingratitude of the people rehearsed, they do pray and desire to bee gathered from among the Heathen, to the entent they may praise the name of the the God of Israell.

The

Sing this as the 95 Psalme

PRayse ye the Lord, for he is good, his mercy dures for aye:
2 who can expresse his noble actes, or all his prayse display.
3 They blessed are that iudgement keepe, and iustly do alway:
4 with fauoure of thy people Lord, remember me I pray.

And with thy sauing health (O Lord) vouchsafe to visit me:
5 That I the great felicity, of thine elect may see.
And with the peoples ioy I may, a ioyfull minde possesse:
and may with thine inheritance, a glorying heart expresse.

6 Both we and eke our fathers all, haue sinned euery one:
we haue committed wickednesse, and lewdly we haue done:
7 The wonders great which thou O Lord, hast done in Egypt land:
our fathers though they saw them all, yet did not vnderstand.

Nor they thy mercies multitude, did keepe in thankefull minde:
but at the sea, yea the red sea, rebelled most vnkinde.
8 Neuertheless he saued them, for honour of his name:
that he might make his power knowne, and spread abroad with fame.

9 The red sea he did then rebuke, and forthwith it was dride:
and as in wildernesse, so though, the deepe he did them guide.
10 He saude them from the cruell hand, of their dispightfull foe:
and from the enemies hand hee, did deliuer them also.

The second part

11 The waters their oppressors whelmd, not one was left aliue,
12 Then they beleeued his words, and prayse, in song they did him giue.
13 But by and by vnthankefully, his workes they cleane forgat:
and for his counsell and his will, they did neglect to wayt.

14 But lusted in the wildernesse, with fond and greedy lust:
and in the desert tempted God, the stay of all their trust.
15 And then their wanton mindes desire, he suffered them to haue:
but wasting leannes therewithall, into their soule he gaue.

16 Then, when they lodged in the tents, at Moyses they did grutch,
Aaron the holy of the Lord, so did they enuy much.
17 Therefore the earth did open wyde, and Dathan did deuoure:
and all Abyrams company, did couer in that houre.

18 In their assembly kindled was, the hote consuming fyre:
and wasting flame did then burne vp, the wicked in his ire.
19 Vpon the hill of Horeb they, an Idole Calfe did frame:
and there the molten Image they, did worship for the same.

Into the likenesse of a Calfe, that feedeth on the grasse:
20 Thus they their glory turnde, and all their honour did deface.
21 And God their onely Sauiour, vnkindely they forgot:
which many great & mighty things, in Egypt land hath wrought.

The

The third part

22 And in the land of Ham for them, moſt wondrous workes had done:
and by the red ſea dreadfull things, performed long agone.
23 Therefore for their ſo ſhewing them, forgetfull and vnkinde:
to bring deſtruction on them all, he purpoſed in his minde.

Had not his choſen Moyſes ſtood, before them in the breake:
to turne his wrath leaſt he on them, with ſlaughter ſhould him wreake.
24 They did deſpiſe the pleaſant land, that he behight to giue:
yea and the words that he had ſpoke, they did no whit beleeue.

25 But in their tents with grudging heart, they wickedly repinde:
nor to the voyce of God the Lord, they gaue a harkening minde.
26 Therefore againſt them lifted he, his ſtrong reuenging hand,
them to deſtroy in wildernelle, ere they ſhould ſee the land.

27 And to deſtroy their ſeed among, the nations with his rod:
and through the countreys of the world, to ſcatter them abroad.
28 To Baal Peor then they did, adioyne themſelues vnto:
and eate the offrings of the dead, ſo they forſooke him tho.

29 Thus with their owne inuentions, his wrath they did prouoke:
and in his ſo inkindled wrath, the plague vpon them broke.
30 But Phinees ſtood vp with zeale, the ſinners vile to ſlay:
and iudgeuent he did execute, and then the plague did ſtay.

The fourth part

31 It was imputed vnto him, for righteouſneſſe that day:
and from thenceforth ſo counted is, from race to race for aye.
32 At waters eke of Meribath, they did him angry make:
yea ſo farre forth that Moyſes then, was puniſht for their ſake.

33 Becauſe they vext his ſpirite ſo ſore, that in impatient heate:
his lips ſpake vnaduiſedly, his fauour was ſo great.
34 Nor as the Lord commanded them, they ſlew the people tho:
35 But were among the Heathen mixt, and learnde their workes alſo.

36 And did their Idols ſerue which were, their ruine and decay:
to feendes their ſonnes and daughters they, did offer vp and ſlay.
37 Yea with vnkindely murdering knife, the giltleſſe blood they ſpilt:
38 Yea their owne ſonnes and daughters blood, without all cauſe of gilt.

Whome they to Canaan Idols then, offred with wicked hand:
and ſo with blood of innocents, defiled was the land.
39 Thus were they ſtained with the workes, of their owne filthy way:
and with their owne inuentions, a whoring did they ſtray.

40 Therefore againſt his people was, the Lords wrath kyndled ſore:
and euen his owne inheritance, therefore he did abhorre.
41 Into the hands of Heathen men, he gaue them for a pray:
and made their foes their Lords whome they, were forced to obey.

The

The fift part

42 Yea and their hatefull enemies, opprest them in the land:
and they were humbly made to stoope, as subiects to their hand.
43 Full oftentimes from thrall had he deliuered them before:
but with their counsels they to wrath, prouokt him euermore.

Therefore they by their wickednesse, were brought full lowe to lye:
44 Yet when he saw them in distresse, he hackened to their cry.
45 He cald to mind his couenant, which he to them had swore:
And by his mercies multitude, repented him therefore.

46 And fauoure he them made to finde, before the sight of those:
that led them captiues from their land, when earst they were but foes.
47 Saue vs O Lord that art our God, saue vs O Lord we pray:
and from among the Heathen folke, Lord gather vs away.

That we may spread the noble praise, of thy most holy name:
that we may glory in thy praise, and sounding of thy fame.
48 The Lord the God of Israel, be blest for euermore:
let all the people say Amen, praise ye the Lord therefore.

Confitemini Dom. Psal. Cvii. W. K.

Dauid exhorteth all that are redeemed by the Lord and gathered vnto him, to giue thanks therefore, who by sending prosperity and aduersity, bringeth men vn to him. Therfore as the righteous thereat reioyce, so shal the wicked haue their mouthes stopped.

Sing this as the 96. Psalme

GIue thanks vnto the Lord our God, for gratious is he:
and that his mercy hath no ende, all mortall men may see.
2 Such as the Lord redeemed hath, with thanks should praise his name:
and shew how they from foes were freed, and how he wrought the same.

3 He gathered them forth of the lands, that lay so farre about:
from East to West, from north to South, his hand did finde them out.
4 They wandred in the wildernesse, and strayed from the way:
and found no Citie where to dwell, that serue might for their stay.

5 Whose thirst and hunger was so great, in these deserts so voide:
that faintnesse did them sore annoy, and eke their soules annoyd.
6 Then did they cry in their distresse, vnto the Lord for ayde:
who did remoue their troublous state, according as they praide.

7 And by that way which was most right, he led them like a guide:
that they might to a Citie goe, and there also abide.
8 Let men therefore before the Lord, confesse his goodnes then:
And shew the wonders that he, doth before the sonnes of men.

9 For he the empty soule sustaind, whom thirst had made to faint:
the hungry soule with goodnesse fed, and did them eke acquaint.
10 Such as do dwell in darkenesse deep, where they of death do waite:
fast bound to tast such troublous stormes, as yron chaines do threat.

The

The second part

11 For that against the Lords owne words, they sought so to rebell:
esteeming light his counsell high, which do so farre excell:
12 But when he humbled them so low, they then fell downe with griefe:
and none was found so much to helpe: whereby to get reliefe.

13 Then did they cry in their distresse, vnto the Lord for ayde:
who did remoue their troublous state, according as they prayd.
14 For he from darknes out them brought, and from deathes dreadfull shade:
bursting with force the yron bands, which did before them lade.

15 Let them therefore before the Lord, confesse his kindnesse then:
and shew the wonders that he doth, before the sonnes of men.
16 For he threw downe the gates of brasse, and breake them with strong hād:
the yron bars he smote in two, nothing could him withstand.

17 The foolish folke great plagues do feele, and cannot from them wend:
but heape on more to those they haue, because they do offend.
18 Their foule so much did loth all meate, that none they could abide:
whereby death had them almost caught, as they full truely tride.

19 Then did they cry in their distresse, vnto the Lord for ayde:
who did remoue their troublous state, according as they prayd.
20 For he then sent to them his word, which helth did soone restore:
and brought them from those daungers deepe, wherein they were before.

The third part

21 Let men therefore before the Lord, confesse his kindenesse then:
and shew the wonders that he doth, before the sonnes of men.
22 And let them offer sacrifice, with thanks and also feare:
and speake of all his wondrous workes, with glad and ioyfull cheare.

23 Such as in shipps or brittle barkes, into the sea descend:
their marchandise through fearefull flouds, to compasse and to end.
24 Those men are forced to behold, the Lords works what they be:
and in the dangers deep the same, most marueillous they see.

25 Fro at his word the stormy wind, ariseth in the rage:
and stirreth vp the surges so, as nought can them asswage.
26 There are they lifted vp so hye, the clouds they seeme to gaine:
and plunging downe the depth vntill, their soules consume with paine:

27 And like a drunkard to and fro, now here and there they reele:
As men with feare of wit bereft, or had of sence no feele.
28 Then did they cry in their distresse, vnto the Lord for ayde:
who did remoue their troublous state, according as they praide.

29 For with his word the Lord doth make, the sturdy stormes to cease.
So that the great waues from the rage, are brought to rest and peace.
30 Then are men glad when rest is come, which they so much do craue:
and are by him in heauen brought, which they so faine would haue.

The

The fourth part

31 Let men therefore before the Lord, confeſſe his kindneſſe then:
and ſhew the wonders that he doth, before the ſonnes of men.
32 Let men in preſence of the folke, with praiſe extoll his name:
and where the Elders do conuent, there let them do the ſame.

33 For running flouds to drie deſerts, he doth oft chaunge and turne:
and drieth vp as it were duſt, the ſpringing well and bourne.
34 A fruitfull land with pleaſures deckt, full barren he doth make:
when on their ſinnes which dwell therein, he doth iuſt vengance take.

35 Againe the wilderneſſe full rude, he maketh fruite to beare:
with pleaſant ſprings of waters cleere, though none before were there.
36 Wherein ſuch hungry ſoules are ſet, as he doth freely chuſe:
that they a citie may them build, to dwell in for their vſe.

37 That they may ſow their pleaſant land, and vineards alſo plant:
to yeeld them fruite of ſuch increaſe, as none may ſeeme to want.
38 They multiply exceedingly, the Lord doth bleſſe them ſo:
who doth alſo their bruite beaſts make, by number great to grow.

39 But when the faithfull are low brought, by the oppreſſour ſtout:
and miniſh do through many plagues, that compaſſe them about.
40 Then doth he Princes bring to ſhame, which did them ſore oppreſſe:
and likewiſe cauſed them to erre, within the wilderneſſe.

41 But yet the poore he raiſeth vp, out of his troubles deepe:
and oft times doth his trayne augment, much like a flocke of ſheepe.
42 The righteous ſhall behold this light, and alſo much reioyce:
whereas the wicked and peruerſe, with griefe ſhall ſtop their voyce.

43 But who is wiſe that now full well, he may theſe things record.
For certainely ſuch ſhall perceiue, the kindneſſe of the Lord.

Paratum cor meum. Pſal. Cviii. N.

I Dauid with heart and voyce prayſeth the Lord and aſſureth him ſelfe of the promiſes of God concerning the kingdome ouer Iſraell, and his power againſt other nations, who though he ſeeme to forſake vs for a time, yet he alone in the end will caſt downe our enimies.

Sing this as the 95 Pſalme

O God my heart departed is, and eke my tongue is ſo:
I will aduance my ſoule in ſong, and giuing praiſe alſo.
2 Awake my viole and my harpe, ſweete melody to make:
and in the morning I my ſelfe, right earely will awake.

3 By me among the people Lorde, ſtill praiſed ſhalt thou be:
and I among the Heathen folke, will ſing O Lord to thee.
4 Becauſe thy mercy Lord is great, aboue the heauens hye.
And eke thy trueth doth reach the clouds, within the lofty ſky.

5 Aboue the ſtarrie heauens hie, exalt thy ſelfe (O God)
And Lord diſplay vpon the earth, thy glory all abroad.

6 That

6 That thy dearely beloued may,be ſet at liberty:
Helpe(O my God) with thy right hand,and harken vnto mee.

7 God in his holineſſe hath ſpoke,wherefore my ioyes abound:
Sichem I ſhall deuide and meete,the vale of Succothes ground.
8 And Gilead ſhalbe mine owne, Manaſſes mine ſhalbe:
My head ſtrength Ephraim and law,ſhal Juda giue for me.

9 Moab my waſhpot,and my ſhoe,on Edom will I throw:
vpon the land of Paleſtine, in tryumph will I goe.
10 Who ſhall into the Citie ſtrong, be guide to conduct me?
or how by whom to Edom land,conueyed ſhall I be.

11 Is it not thou(O God)which late hadſt vs forſaken quite?
and thou(O Lord)which with our hoſt,didſt not go forth to fight.
12 Giue vs O Lord thy ſauing aide,when troubles do aſſaile:
for all the helpe of man is vaine,and can no whit auaile.

13 Through God we ſhall do valiant actes, and worthy of renowne:
He ſhall ſubdue our enemies,yea he ſhall tread them downe.

Deus laudem tuam. Pſal. Cix. N.

Dauid being falſly accuſed by Sauls flatterers, prayeth God to helpe him to deſtroy his enemies, who repreſent Judas the traytor vnto Jeſus Chriſt, and all like enemies of the children of God.

Sing this as the 98. Pſalme.

IN ſpeechleſſe ſilence do not holde, O God thy tongue alwaies:
O God euen thou I ſay that art,the God of all my praiſe.
2 The wicked mouth and guilefull mouth,on me diſcloſed be:
and they with falſe and lying toong, haue ſpoken vnto me.

3 They did beſet me round about, with words of hatefull ſpite:
without all cauſe of my deſert,againſt me did they fight.
4 For my good will they were my foes, but then gan I to pray:
5 My good with ill,my friendlineſſe,with hate they did repay.

6 Set thou the wicked ouer him,to haue the vpper hand:
at his right hand eke ſuffer thou,his hatefull foe to ſtand.
7 When he is iudged let him then,condemned be therein:
and let the prayer that he makes,be turned into ſinne.

8 Few be his dayes,his charge alſo,let thou an other take:
9 His children let be fatherleſſe, his wife a widow make.
10 Let his offspring be vagabonds,to beg and ſeeke their bread:
wandring out of the waſted place,where erſt they haue been fed.

11 Let couetous extortioner, catch all his goods and store:
and let the ſtranger ſpoile the fruits,of all his toyle before.
12 Let there be none to pitty him,let there be none at all:
That on his children fatherleſſe,will let their mercy fall.

The

13 And so let his posterity, for euer be destroyde:
their names out blotted in the age, that after shall succeede.
14 Let not his fathers wickednesse, from Gods remembrance fall:
and let not thou his mothers sinne, be done away at all.

15 But in the presence of the Lord, let them remayne for aye:
that from the earth their memory, he may cleane cut away.
16 Sith mercy he forgot to shew, but did persue with spite:
the troubled man and sought to slay, the woful hearted wight.

17 As he did curling loue it shall, betide vnto him so:
and as he did not blessing loue, it shal be farre him fro.
18 As he with curling clad himselfe, so it like water shall:
into his bowels, and like oyle, into his bones befall.

19 As garment let it be to him, to couer him for aie:
and as a girdle wherewith he, shall girded be alway.
20 So let the same be from the Lord, the guerdon of my foe:
yea and of those that euill speake, against my soule also.

21 But thou O Lord that art my God, deale thou I say with me:
after thy name deliuer me, for good thy mercies be.
22 Because in depth of great distresse, I needy am and poore:
and eke within my painted brest, my heart is wounded sore.

The third part.

23 Euen so do I depart away, as doth declining shade:
and as the Grashopper so I, am shaken and do fade.
24 With fasting long from needefull foode, enfeebled are my knees:
and all her fatnes hath my flesh, enforced been to leese.

25 And I also a vile reproch, to them was made to be:
and they that did vpon me looke, did shake their heads at me.
26 But thou O Lord that art my God, mine ayde and succour be:
according to thy mercy Lord, saue and deliuer me.

27 And they shal know thereby that this, Lord is thy mighty hand:
and that thou, thou hast done it Lord, so shall they vnderstand.
28 Although they curse and spite yet thou, shalt blesse with louing boyte:
they shall arise and come to shame, thy seruant shal reioyce.

29 Let them be clothed all with shame, that enemies are to me:
and with confusion as a cloake, eke couered let them be.
30 But greatly I will with my mouth, giue thanks vnto the Lord:
and I among the multitude, his prayses will record.
31 For he with helpe at his right hand, will stand the poore man by:
to saue him from the man that would, condemne his soule to dye.

Dixit Dominus. Psal. Cx. N.

Dauid prophesieth of the power, and euerlasting kingdome of Christ, and of the priest hood, which should put an end to the Priesthood of Leui.

Sing this as the 8. Psalme.

THe Lord did say vnto my Lord, sit thou on my right hand,
till I haue made my foes a stoole, whereon thy feete shall stand.
2 The Lord shal out of Sion send, the scepter of thy might:
Amid thy mortall foes be thou, the ruler in their sight.

And in the day on which thy raigne, and power they shall see:
then hereby free will offerings shall, the people offer thee.
Yea with an holy worshipping, then shall I they offer all:
the birthes dew is the dew that doth, from wombe of morning fall.

4 The Lord hath sworne and neuer will, repent what he doth say:
by the order of Melchisedich, thou art a Priest for aye.
5 The Lord thy God on thy right hand, that standeth for thy stay:
shall wound for thee the stately kings, vpon his wrathfull day.

6 The Heathen he will iudge and fill, the place with bodies dead:
and ouer diuers countries shall, in sunder smite the head.
7 And he shall drinke out of the brooke, that runneth in the way:
therefore he shall lift vp on hie, his royall head that day.

Confitebor tibi. Psal.Cxi. N.

He giueth thankes to the Lord for his merciful workes towards his Church, and declareth wherein true wisedome and right knowledge consisteth.

Sing this as the 120 Psalme

VVIth heart I do accord, to praise and laud the Lord:
In presence of the iust: For great his works are found.
To search them such are bound, as do him loue and trust:
His workes are glorious, also his righteousnes,
It doth endure for euer: his wondrous works he would,
We still remember should, his mercy faileth neuer.

5 Such as to him loue beare, a portion full faire,
He vp for them, hath laid: for this they shall well finde,
He wil them haue in minde, and keepe them as he saide:
6 For he did not disdaine, his workes to shew them plaine,
By lightnings and by thunders, when he the Heathens land,
Did giue into their hand, where they beheld his wonders.

7 Of all his workes ensueth, both iudgement right and trueth,
Whereto his statutes tend, they are decreed sure,
8 For euer to endure, with equity doth end.
Redemption he gaue, his people for to saue.
9 And hath also required, his promise not to fayle,
But alwaies to preuaile, his holy name be feared.

10 Who so with heart full faine, True wisedome to attayne:
The Lord feare and obey, such as his lawes do keepe,
Shall knowledge haue full deep, his praise shall last for aye.

Beatus vir. Psal.Cxii. W. K.

He praiseth the felicity of them that feare God, & condemneth the cursed state of the contemners of God.

Sing this as the Pater noster.

THe man is blest that God doth feare, and that his lawes doth loue in deed:
His seed on earth God will vpreare, and blesse such as from him proceede:
3 His house with good he will fulfill, his righteousnes endureth still:

4 Unto the righteous doth arise, In trouble ioy, in darkenesse light:
Compassion is still in his eyes, and mercy alwaies in his sight.
5 Yea, pittie moueth such to lend: he doth by iudgement things expende,

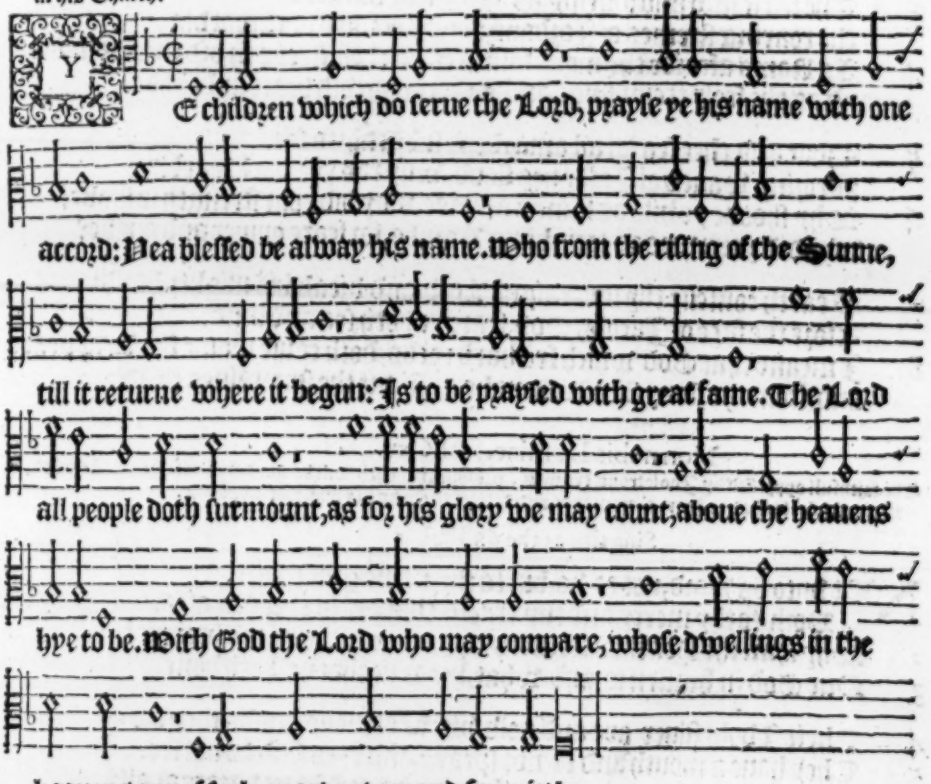
9 And

6 And ſurely ſuch ſhall neuer fayle,
For in remembrance had is hee,
7 No tidings ill can make him quaile,
who in the Lord ſure hope doth ſee.
8 His hart is firme, his feare is paſt,
For he ſhall ſee his foes downe caſt.

9 He did well for the poore prouide,
His righteouſneſſe ſhall ſtill remayne:
And his eſtate with praiſe abide,
Though that the wicked man diſdayne.
10 Yea gnaſh his teeth thereat ſhall he:
And ſo conſume his ſtate to ſee.

Laudate pueri. Pſal. Cxiii. W. W.

An exhortation to praiſe the Lord for his prouidence, in that that cõtrary to the courſe of nature he worketh in his Church.



heauens are: of ſuch great power and force is he.
6 He doth abaſe him ſelfe we know,
Things to behold both heere below,
And alſo things in heauens aboue:
4 The needy out of duſt to draw,
And eke the poore which help none ſaw:
His onely mercy did him moue.

8 And ſo him ſet in high degree,
With Princes of great dignity,
That rules his people with great fame.
9 The baren he doth make to beare,
And with great ioy her fruite to reare.
Therefore praiſe ye his holy name.

In exitu Iſrael. Pſal. Cxiiii. W. W.

Iſraels deliuery out of Egypt, putteth vs in remembrance of Gods great mercy towards his children, and of vnthankefulnes for the ſame.

Sing this as the 95. Pſalme.

WHen Iſrael by Gods addreſſe, from Pharoes land was bent:
and Iacobs houſe the ſtrangers left, and in the ſame traine went
2 In Iuda God his glory ſhewed, his holines moſt bright.
ſo did the Iſraelites declare, his iudgement power, and might.

3 The ſea it ſaw and ſodenly, as all amazde did flie:
the roaring ſtremes of Iordans floods, reculed backwardly.
4 As Rams afraide the mountaines ſkipt, their ſtrength did them forſake:
and as the ſely trembling lambs, their tops did beate and ſhake.

5 What aild thee ſea as all amazde, ſo ſuddenly to flie?
ye roring waues of Iordanes floud, why ran yee backwardly?
6 Why ſhooke ye hils as Rams afraide, why did your ſtrength ſo ſhake?
why did your tops as trembling Lambs, for feare quiuer and quake?

7 O earth confeſſe thy ſoueraigne Lord, and dread his mighty hand:
before the face of Iacobs God, feare ye both ſea and land,
8 I meane that God which frō hard rocks, doth cauſe maine floods appeare
and from the ſtony flint doth make, guſh out the fountaines cleare:

Nonnobis Domine. Pſal. Cxv. N.

The faithfull oppreſſed by Idolatrous tyrants, promiſe that they will be mindefull of ſo great a benefite, if it would pleaſe God to heare their prayer, and deliuer them by his omnipotent power.

Sing this as the 68 Pſalme

NOt vnto vs Lord, not to vs, but to thy name giue praiſe,
Both to thy mercy and thy trueth, that are in thee alwaies.
2 Why ſhall the Heathen ſcorners ſay, where is their God become?
3 Our God in heauen is, and what, hee will, that he hath done.

4 Their Idols ſiluer are and gold, worke of mens hands they be:
5 They haue a mouth and do not ſpeake, and eyes and do not ſee.
6 And they haue eares ioynd to their heads, and do not heare at all:
and noſes eke they formed haue, and do not ſmell at all.

7 And hands they haue and handle not, and feete and do not goe:
A throat they haue, yet through the ſame, they make no ſound to blow.
8 Thoſe that make them be like to them, and thoſe whoſe truſt they be:
9 O Iſraell truſt in the Lord, their helpe and ſhield is he.

10 O Arons houſe truſt in the Lord, their helpe and ſhield to be:
11 Truſt ye the Lord that feare the Lord, their helpe and ſhielde is he:
12 The Lord hath mindefull been to vs, and will vs bleſſe alſo:
On Iſraell, and Arons houſe, his bleſſing he will ſhow.

13 Them that be fearers of the lord, the lord will bleſſe them all:
euen he will bleſſe them euery one, the great and eke the ſmall.
14 To you (I ſay) the louing lord, will multiply his grace:
to you and to the children that, ſhall follow of your race.

15 Ye are the bleſſed of the lord, euen of the lord I ſay:
which both the heauen and the earth, hath made and ſet in ſtay.
16 The heauens, yea the heauens hie, belong vnto the lord:
the earth vnto the ſonnes of men, he gaue of free accord.

17 They that be dead, do not with prayſe, ſet forth the lords renowne:
no: any that into the place, of ſilence do goe downe.
18 But we will prayſe the lord our God, from henceforth and for aye:
ſound ye the prayſes of the lord, prayſe ye the lord I ſay.

Dilexi quoniam Pſal. Cxvi. N.

Dauid being in great danger of Saul in the deſert of Maon, perceiuing the great and inestimable loue of God toward him, magnifieth ſuch great mercies, and proteſteth that he will be thankefull for the ſame.

Sing this as the 95 Pſalme

I Loue the lord becauſe my voyce, and prayer heard hath he.
2 When in my dayes I cald on him, he bowed his eare to mee:
3 Euen when the ſnares of cruell death, aboue beſet me round:
when paines of hell me caught, and when, I woe and ſorrow found.

4 Vpon the name of God my lord, then did I call and ſay:
deliuer thou my ſoule O lord, I doe thee humbly pray.
5 The lord is very mercifull, and iuſt he is alſo:
And in our God compaſſion, doth plentifully flow.

6 The lord in ſafety doth preſerue, all thoſe that ſimple be:
I was in wofull miſery, and he relieued me.
7 And now my ſoule ſith thou art ſafe, returne vnto thy reſt:
for largely lo the lord to thee, his bounty hath expreſt.

8 Becauſe thou haſt deliuered, my ſoule from deadly thrall:
my moyſted eyne from mournefull teares, my ſliding feete from fall.
9 Before the lord, I in the land, of life will walke therefore:
10 I did beleeue, therefore I ſpake, for I was troubled ſore.

The ſecond part

11 I ſaide in my diſtreſſe and feare, that all men lyers be:
12 What ſhall I pay the lord for all, his benefits to me:
13 The wholeſome cup of ſauing health, I thankefully will take:
And on the lords name I will call, when I my prayer make.

14 I to the Lord will pay my vowes, that I haue him behight:
Yea euen at this preſent time, in all his peoples ſight.
15 Right deeare and precious in his ſight, the Lord doth ale eſteeme:
The death of all his holie ones, what euer men do deeme.

16 Thy ſeruant Lord, thy ſeruant I, lo, I my ſelfe confeſſe:
Sonne of thy handmaid thou haſt broke, the bonds of my diſtreſſe.
17 And I will offer vp to thee, a ſacrifice of praiſe:
and I will call vpon the name of God the Lord alwaies.

18 I to the Lord will pay my vowes, that I haue him behight:
yea euen at this preſent time, in all his peoples ſight.
19 Yea in the courts of his owne houſe, and in the midſt of thee:
O thou Jeruſalem I ſay, wherefore the Lord praiſe yee.

Laudate Dominum. Pſal. Cxvii. N.

He exhorteth the Gentiles to prayſe God becauſe he hath accompliſhed as well to them as to the Jewes, the promiſe of life euerlaſting by Jeſus Chriſt.

Sing this as the 98. Pſalme.

O All ye nations of the world, praiſe ye the Lord alwaies:
And all ye people euery where, ſet forth his noble prayſe.
2 For great his kindneſſe is to vs, his trueth endures for aye:
wherefore prayſe ye the Lord our God, praiſe ye the Lord I ſay.

Confitemini Dom. Pſal. Cxviii. M.

Dauid reiected of Saul & of the people, at the time appoynted obteyned the kingdome, for which he biddeth all men that feare the Lorde be thankefull, vnder whoſe perſon Chriſt is lively ſet forth, who ſhould bee of his people reiected.

Sing this as the 14 Pſalme

O Giue thankes vnto the Lord, for gratious is he
becauſe his mercy doth endure, for euer towards thee.
Let Iſrael confeſſe and ſay, his mercy dures for aye:
3 Now let the houſe of Aaron ſay, his mercy dures for aye.

4 Let all that feare the Lord our God, euen now confeſſe and ſay:
The mercy of the Lord our God, endureth ſtill for aye.
5 In trouble and in heauines, vnto the Lord I cride:
which louingly heard me at large, my ſute was not denide.

6 The Lord himſelfe is on my ſide, I will not ſtand in doubt:
Nor feare what man can do to me, when God ſtands me about.
7 The Lord doth take my part with them, that helpe to ſuccour me:
therefore ſhall I ſee my deſire, vpon mine enemie.

8 Better it is to truſt in God, then in mans mortall ſeede:
9 Or to put confidence in kings, or princes in their neede.
10 All nations haue incloſed mee, and compaſſed me round:
But in the name of God ſhall I, mine enimies confound.

11 They kept me in on euery ſide, they kept me in I ſay:
but through the Lords moſt mightie name, I ſhall worke their decay.

12 They

12 They came about me all like bees, but yet in the Lords name:
I quencht their thornes that were on fire, and will destroy the same.

The second part

13 Thou hast with force thrust sore at me, that I indeed might fall:
but through the Lord I found such help, that they were vanquisht all,
14 The Lord is my defence and strength, my ioy, my myrth, my song:
he is become for mee indeed, a sauiour most strong.

15 The right hand of the Lord our God, doth bring to passe great things:
hee causeth voice of ioy and health, in righteous mens dwellings.
16 The right hand of the lord doth bring most mighty things to passe:
His hand hath the prehemynence, his force is as it was.

17 I will not die but euer liue, to vtter and declare:
the Lord his might and wondrous power, his works, and what they are,
18 The Lord God himselfe hath chastened, and hath corrected mee:
but hath not giuen me ouer yet, to death as ye may see.

19 Set open vnto me the gates, of trueth and righteousnesse:
that I may enter into them, the Lords praise to confesse.
20 This is the gate euen of the Lord, which shall not so be shut:
but good and righteous men alway, shall enter into it.

The third part

21 I will giue thankes to thee O Lord, because thou hast heard me.
and art become most louingly, a Sauior vnto mee.
22 The stone which ere this time among, the builders was refused:
is now become the corner stone, and chiefely to be vsed.

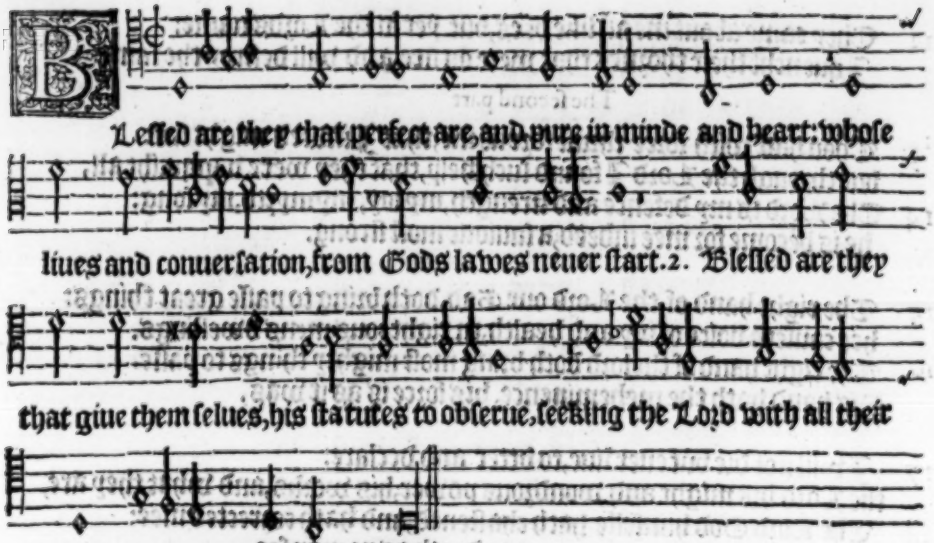
23 This was the mightie worke of God, this was the Lords owne facte
and it is marueylous to behold, with eyes that noble act.
24 This is the ioyfull day indeed, which God himselfe hath wrought:
let vs be glad and ioy therein, in heart, in minde, and thought.

25 Now helpe vs Lord and prosper vs, we wish with one accord:
blessed be he that comes to vs, in the name of the Lord.
26 God is that Lord that shewes vs light, bynd ye therefore with cord:
your sacrifice to the altar, and giue thankes to the Lord.

27 Thou art my God I will confesse, and render thanks to thee:
thou art my God and I will prayse, thy mercy towards mee.
28 O giue yee thanks vnto the lord, for gratious is hee.
because his mercy doth endure, for euer towards mee.

Beati imaculati. Psal. Cxix. W. W.

In this Psalme is contained an exquisite arte, and a wonderfull vehemency in setting forth the prayses of Gods law wherein the Prophet can not satisfie himself, nor sufficiently expresse the affection which he beareth thereunto, adding moreouer many notable complaints and consolations, wherefore it is meete that al the faithfull haue it alway both in heart and mouth: and in the Hebrew euery eight verse begin with one letter of the Alphabet.



3 Doubtlesse such men goe not a stray, nor do no wicked thing:
which stedfastly walke in his pathes, without any wandring.
4 It is thy will and commandement, that with attentiue heede:
thy noble and diuine precepts, we learne and keepe in deede.

5 Oh would to God it might thee please, my wayes so to addresse:
that I might both in heart and voyce, thy lawes keepe and confesse.
6 So should no shame my life attayne, whilest I thus set mine eyes:
and bend my minde alwaies to muse, on thy sacred decrees.

7 Then will I prayse with vpright heart, and magnifie thy name:
when I shall learne thy iudgements iust, and likewise prooue the same.
8 And wholy will I giue my selfe, to keepe thy lawes most right:
forsake me not for euer Lord, but shew thy grace and might.

BETH The second part

9 By what meane may a young man best, his life learne to amend?
if that he marke and keepe thy word, and therein his time spend:
10 Unfainedly I haue thee sought, and thus seeking abide:
oh neuer suffer me O Lord, from thy precepts to slide.

11 Within my heart and secret thoughts, thy words I haue hid still:
that I might not at any time, offend thy godly will.
12 Me magnifie thy name (O Lord) and prayse thee euermore:
thy statutes of most worthy fame, O Lord teach me therefore.

13 My lips haue neuer ceast to preach, and publish day and night:
thy iudgements all which did proceede, from thy mouth full of might.
14 Thy testimonies, and thy waies, please me no lesse in deede:
then all the treasures of the earth, which worldlings make their meede.

15 Of

15 Of thy precepts I will still muse, and thereto frame my talke:
as at a marke so will I ayme, thy waies how I may walke.
16 My onely ioy shall be so fixt, and on thy lawes so set:
that nothing can mee so farre blinde, that I thy words forget.

GIMEL The third part

Graunt to thy seruant now such grace, as may my life prolong:
thy holy word then will I keepe, both in my heart and tongue.
18 Myne eyes which were dim and shut vp, so open and make bright:
that of thy lawe and marueilous works, I may haue the cleare sight.

19 I am a stranger in this earth, wandring now here, now there:
thy word therefore to me disclose, my footesteps for to cleare:
20 My soule is rauisht with desire, and neuer is at rest:
but seeks to know thy iudgements hye, and what may please thee best.

21 The proud men and malicious, thou hast destroyed ech one:
and cursed are such as do not, thy hestes attend vpon.
22 Lord turne me from rebuke and shame, which wicked men conspire:
for I haue kept thy couenants, with zeale as hote as fire.

23 The Princes great in counsel sat, and did against me speake:
but then thy seruant thought how he, thy statutes might not breake.
24 For why: thy couenants are my ioy, and my great harts solace:
they serue in steede of counsellers, my matters for to passe.

DALETH The fourth part

I am alas as brought to graue, and almost turnd to dust:
restore therefore my life againe, as thy promise is iust.
26 My waies when I acknowledged, with mercy thou dost heare:
heare now eftsoones, and me instruct, thy lawes to loue and feare.

27 Teach me once throughly for to know, thy precepts and thy lore:
thy workes then will I meditate, and lay them vp in store.
28 My soule I feele so sore oppresst, that it melteth for grieke:
according to thy word therefore, haste Lord to send reliefe.

29 From lying and deceitfull lips, let thy grace me defend:
and that I may learne thee to loue, thy holy lawe me send.
30 The way of trueth both straight and sure, I haue chosen and found:
I set thy iudgement me before, which keepe me safe and sound.

31 Since then O Lord I forced my selfe, thy couenants to embrace:
let me therefore haue no rebuke, nor checke in any case.
32 Then will I runne with ioyfull cheare, where thy word doth me call:
when thou hast set my heart at large, and rid me out of thrall.

HE The fift part

Instruct me lord in the right trade, of thy statutes diuine:
and it to keepe euen to the end, my heart will I inclyne.

34 Graunt

34 Graunt me the knowledge of thy law, and I shall it obey,
with heart and minde, and all my might, I will it keepe I say.

35 In the right path of thy precepts, guide me Lord I require:
none other pleasure do I wish, nor greater thing desire.
36 Incline my heart thy lawes to keepe, and couenants to embrace:
and from all filthy auarice, Lord shield me with thy grace.

37 From vaine desires and worldly lusts, turne backe mine eyes and sight:
geue me the spirite of life and power, to walke thy waies aright,
38 Confirme thy gratious power Lord, which thou hast made to me:
which am thy seruant and do loue, and feare nothing but thee.

39 Reproch and shame, which I so feare, from me (O Lord) expell:
for thou dost iudge with equity, and therein doest excell.
40 Behold my hearts desire is bent, thy lawes to keepe for aye:
Lord strengthen me so with thy grace, that it performe I may.

VAV The sixt part

THy mercies great and manifold, let me obtayne O Lord:
thy sauing health let me enioy, according to thy word.
42 So shall I stop the slaunderous mouthes, of lewd men and vniust:
for in thy faythfull promises, standes my comfort and trust.

43 The word of trueth within my mouth, let euer still be prest:
for in thy iudgements wonderfull, my hope doth stand and rest.
44 And while that breath within my brest, doth naturall life preserue:
yea, till this world shall be dissolued, thy law will I obserue.

45 So walke will I as set at large, and made free from all dread:
because I sought how for to keepe, thy precepts and thy read.
46 Thy noble actes I will describe, as things of most great fame:
euen before kings I wil them blase, and shrinke no whit for shame.

47 I will reioyce then to obey, thy worthy hestes and will:
which euermore I haue loued best, and so will loue them still.
48 My hand will I lift to thy lawes, which I haue dearely sought:
and practise thy commandements, in will, in deed and thought.

ZAIN The vii. part

THy promise which thou madst to me, thy seruant Lord remember,
for therein haue I put my trust, and confidence for euer:
50 It is my comfort and my ioy, when troubles me assayle:
for were my lyfe not by thy word, my life would soone me fayle.

51 The proud and such as God contemne, still made of me a scorne:
yet would I not thy law forsake, as he that were forlorne.
52 But cald to minde (Lord thy great workes, shewd to our fathers old,
whereby I felt thy ioy surmount, my griefe an hundred fold.

53 But

53 But yet alas for feare I quake, seeing how wicked men:
thy law forsooke and did procure, thy iudgements who know when.
54 And as for me I framd my songs, thy statutes to exalt:
when I among the strangers dwelt, and thoughts gan me assault.

55 I thought vpon thy name O Lord, by night when other sleepe:
as for thy law alsо I kept, and euer will it keepe,
56 This grace I did obtayne because, thy couenants sweete and deare:
I did embrace and alsо keepe, with reuerence and with feare.

HETH The viii part

57 O God which art my part and lot, my comfort and my stay:
I haue decreed and promised, thy law to keepe alway.
58 Mine earnest heart did humbly sue, in presence of thy face:
as thou therefore hast promised, Lord graunt me of thy grace.

59 My life I haue examined, and tride my secret heart:
which to thy statutes caused me, my feete straight to conuert:
60 I did not stay nor linger long, as they that slouthfull are:
but hastely thy lawes to keepe, I did my selfe prepare.

61 The cruel bands of wicked men, haue made of me their pray:
yet would I not thy law forget, nor from thee goe astray.
62 Thy righteous iudgement toward me, so great is and so hye:
that euen at midnight will I rise, thy name to magnifie:

63 Companion am I to all them, which feare thee in their heart:
and neither will for loue or dread, from thy commandements start.
64 Thy mercies Lord most plenteously, do all the world fulfil:
O teach me how I may obey, thy statutes and thy will.

TETH The 9 part

65 According to thy promise Lord, so hast thou with me delt:
for of thy grace in sundry sortes, haue I thy seruant felt.
66 Teach me to iudge alwaies aright, and giue me knowledge sure:
for certainely beleeue I do, that thy precepts are pure.

67 Ere thou didst touch me with thy rod, I erred and went astray:
but now I keepe thy holy word, and make it all my stay.
68 Thou art both good and gracious, and giuest most liberally:
thine ordinances for to keepe, therefore (O Lord) teach mee.

69 The proud and wicked men haue forged, against me many a lye:
yet thy commandements still obserue, with all my heart will I.
70 Their hartes are swollen with worldly wealth, as greasie to see they lie:
but in thy law I do delight, and nothing leese but that.

71 Oh happy time may I well say, when thou didst me correct:
for as a guide to learne thy lawes, thy rods did me direct.
72 So that to me thy word and law, is dearer manifold:
then thousandes of siluer and gold, or ought that can be told.

IOD

IOD The 10 part

73 SEing thy hands haue made me Lord, to be thy creature:
grant knowledge likewiſe how to learne, to put thy lawes in vre.
74 So they that feare thee ſhall reioyce, when euer they me ſee.
becauſe I haue learnd by thy word, to put my truſt in thee.

75 When with thy rods the world is plagude, I know the cauſe is iuſt:
ſo when thou didſt correct me Lord, the cauſe iuſt needs be muſt.
76 Now of thy goodneſſe, I thee pray, ſome comfort to me ſend:
as thou to me thy ſeruant haſt, ſo from all ill me ſhend.

77 Thy tender mercies powre on me, and I ſhall ſurely liue:
for ioy and conſolation both, thy lawes to me doth giue.
78 Confound the proud whoſe falſe pretence, is me for to deſtroy:
but as for me, thy heſtes to know, I will my ſelfe employ.

69 Who ſo with reuerence do thee feare, to me let them retire:
and ſuch as do thy couenants know, and them alone deſire.
80 My heart without all wauering, let on thy lawes be bent:
that no confuſion come to me, whereby I ſhould be ſhent.

CAPH The 11 part

MY ſoule doth faint and cealeth not, thy ſauing health to craue:
and for thy wordes ſake ſtil I truſt, my hearts deſire to haue,
82 Mine eyes do faile, with looking for, thy word and thus I ſay:
oh when wilt thou me comfort Lord, why doeſt thou thus delay:

83 As a ſkin bottell in the ſmoke, ſo am I pareht and dride:
yet will I not out of my heart, let thy commandement ſlide.
84 Alas how long ſhall I yet liue, before I ſee the houre:
that on my foes which me torment, thy vengeance thou wilt poure.

85 Preſumptuous men haue digged pits, thinking to make me ſure,
thus contrary againſt thy law, my hurt they do procure.
86 But thy commandements are all true, and cauſeleſſe they me grieue:
to thee therefore I do complaine, that thou mightest me releeue.

87 Almoſt they had me cleane deſtroyd, and brought me quite to ground:
yet by thy ſtatutes I abode, and therein ſuccour founde.
88 Reſtore me Lord againe to life, for thy mercies excell:
and ſo ſhall I thy couenants keepe, till death my life expell.

LAMED The 12 part

89 IN heauen Lord where thou doſt dwell, thy word is ſtabliſht ſure:
and ſhall for all eternity, faſt grauen there endure.
90 From age to age thy trueth abides, as doth the earth witneſſe:
whoſe ground worke thou haſt laid ſo ſure, as no tongue can expreſſe.

91 Euen to this day we may well ſee, how all things preſeuere:
according to thy ordinance, for all things there reuere.
92 Had it not beene that in thy law, my ſoule had comfort ſought:
long time ere now in my diſtreſſe, I had been brought to nought.

93 Therefore will I thy precepts aye, in memory keepe fast:
By them thou hast me liue reuiued, when I was at last cast.
94 No wight to me can ayde make, for I am onely thine;
saue me therefore for thy lawes, whose eares and heart enclyne.

95 The wicked men do seeke my haue, and thereto lye in waite:
but I thy wyls considered, and vnderstande aryght.
96 I see nothing in this world, at length to haue perfection:
but thy commandement is, and thy word, beyond all end extend.

MEM The 14 part

WHat great delite and feruent loue, do I beare to thy lawe:
all the day long my whole delite, is onely in thy lawe.
97 Thy word hath taught me farre to passe, my foes in policy:
for still I keepe it as a thing, of most excellencie.

99 My teachers whiche did me instruct, in knowledge I excell:
because I do thy couenants keepe, and them to others tell.
100 In wisedome I doe passe also, the ancient men in deede:
and all because to keepe thy lawes, I held it aye best rede.

101 My feete I haue refrained eke, from euery euil way:
because that I continually, thy word might keepe I say.
102 I haue not declined from thy iudgements, nor yet hyonke any dell,
for why? thou hast me taught thereby, to liue godly and well.

103 O Lord how sweete vnto my taste, finde I thy wordes alway:
doubtlesse no hony in my mouth, feele ought so sweete I may.
104 Thy lawes haue me such wisedome learnd, that vtterly I hate:
all wicked and vngodly waies, in euery kinde of rate.

NVN The 14 part

EVen as a lanterne to my feete, so do thy word shine bright:
and to my pathes where euer I goe, it is a flaming light.
106 I haue both sworne and will performe, most certainely doubtlesse:
that I will keepe thy iudgements iust, and them in life expresse.

107 Affliction hath me lyke oppressed, and brought me to deathes doore:
O Lord as thou hast promised, so life to me restore.
108 The offerings which with heart & voyce, most frankely I thee giue:
accept and teach me how I may, after thy iudgements liue.

109 My soule is aye so in my hand, that dangers me assaile:
yet do I not thy lawe forget, nor it to keepe will faile.
110 Although the wicked laid their nets, to catch me at a bray:
yet did I not from thy precepts, once swarue or goe astray.

111 Thy lawe I haue so claymed alway, as mine owne heritage:
for why? for therein I delight, and set my whole courage.
112 For euermore I haue been bent, thy statutes to fulfill:
euen so like wise vnto the end, I will continue still.

SAMECH The 16 part

113 THe crafty thoughts and double heart, I do abooles detest:
but as for thy law and precepts, I loued them euer best.
114 Thou art my hid and secret place, my buckler in my defence:
therefore haue I thy promises, most for my patience.

115 Go to therefore ye wicked men, depart from me at once:
for the commandements of God the Lord alone.
116 As thou hast promised so do me, that liuely me not astaye,
nor let my hope abuse me so, that I confounded quaile.

117 Vphold me and I shal be safe, for ought that they doe or say:
and in thy statutes pleasure take, will I both night and day.
118 Thou hast trod such vnder foote, as do thy statutes breake:
for nought auaileth their subtilty, their counsell is but weake.

119 Like drosse thou castes the wicked out, where euer they goe or dwell:
therefore can I as for statutes, loue nothing halfe so well.
120 My flesh alas is taken with feare, as though it were benomd:
for when I see thy iudgements straight, I am as one amond.

AIN The 16 part

121 I Doe the thing that iust & right is, and giue to all men right:
resigne me not to them that would oppresse me with their might.
122 But for thy seruant surety be in that thing that is good:
that proud men giue me not the foyle, which rage as they were wood.

123 Mine eyes with waiting are now blind, thy health so much I crane:
and eke thy righteous promise lord, whereby thou wilt me saue.
124 Intreat thy seruant louingly, and fauours to him show:
thy statutes of most excellency, teach me also to know.

125 Thy humble seruant Lord I am, grant me to vnderstand:
how by thy statutes I may know, best what to take in hand.
126 It is now time lord to begin, for trueth is quite decayd:
thy law likewise they haue transgrest, and none against them sayd.

127 This is the cause wherefore I loue, thy lawes better then gold:
or iewels fine which are esteemed, most costly to be sold.
128 I thought thy precepts all most iust, and so them layd in fine:
all crafty and malicious wayes, I doe abhorre therefore.

P E The 17 part

129 THy couenants are most wonderfull, and full of things profound:
my soule therefore doth keepe them still sure, when they are trode & sound.
130 When men first enter into thy words, they finde a light most cleare:
and very idiotes vnderstand, when they it reade or heare.

131 For ioy I haue both gaped & breathde, to know thy commandement:
that I might guide my life thereby, I sought what thing it ment.
132 With mercy and compassion lord, behold me from aboue:
as thou art wont to behold such, as thy name feare and loue.

133 Direct

133 Direct my footesteps by thy word, that I thy will may know:
and neuer let iniquity, thy seruant ouerthrow.
134 From slaundrous tongues and deadly harmes, preserue & keepe me sure:
thy precepts then I will obserue, and put them eke in vre.

135 Thy countenance which doth surmount, the Sun in his bright hew:
let shine on me, and by thy law, teach me what to eschew.
136 Out of myne eyes great flouds gush out, of dreary teares and fell:
when I behold how wicked men, thy lawes keepe neuer a dell.

ZADE The xviii part

137 IN euery point Lord thou art iust, the wicked though they grudge:
and when thou dost sentence pronounce, thou art a righteous iudge.
138 To render right and flie from guile, are two chiefe points most dye:
and such as thou hast in thy law, commanded vs straightly.

139 With zeale and wrath I am consumde, and euen pined away:
to see my foes thy words forget, for ought that I doe may.
140 So pure and perfect is thy word, as any heart can deeme:
and I thy seruant nothing more, do loue or yet esteeme.

141 And though I be nothing set by, as one of base degree:
yet do I not thy hestes forget, nor shrinke away from thee,
142 Thy righteousnes lord is most iust, for euer to endure:
also thy law is trueth it selfe, most constant and most pure:

143 Trouble and griefe haue seised on me, and brought me wondrous low,
yet do I still of thy precepts, delight to heare and know.
144 The righteousnes of thy iudgements, do last for euermore:
then teach them me, for euen in them, my life lyeth by in store.

COPH The 19 part

VVIth feruent heart I cald and cride, now answere me O Lord:
that thy commandement to obserue, I may fully accord.
146 To thee (my God) I make my sute, with most humble request:
saue me therefore, and I will keepe, thy precept and thy hest.

147 To thee I cry euen in the morne, before the day ware light:
because that I haue in thy word, my confidence whole plight.
148 Mine eyes preuent the watch by night, and ere they call I wake:
that by deuising of thy word, I might some comfort take.

149 Inclyne thine eares to heare my voyce, and pitty on me take:
as thou wast wont to iudge mee lord, least life should me forsake.
150 My foes draw neare, and do procure, my death maliciously:
which from thy law are farre gone backe, and strayed from it lewdly.

151 Therefore O Lord approch thou neare, for neede so doth require:
and all thy precepts true they are: then help I thee desire.
152 But thy commandements I haue learnd, not now but long ago:
that they remayne for euermore, thou hast them grounded so.

RESH The 20 part

MY trouble and affliction, consider and behold:
deliuer me for of thy law, I euer take fast hold.
154 Defend my good and righteous cause, with speede me succour send:
from death as thou hast promised, Lord keepe me and defend.

155 As for the wicked farre they are, from hauing health and grace:
whereby they might thy statutes know, they enter not the trace.
156 Great are thy mercies Lord I grant, what tongue can them attayne.
as thou hast iudged me ere now, so let me life obtayne.

157 Though many men did trouble me, and persecute mee sore:
yet from thy lawes I neuer shronke, nor went awry therefore.
158 And trueth it is for griefe I dye, when I these traitors see:
because they keepe no whit thy word, nor yet seeke to know thee.

159 Behold for I doe loue thy lawes, with heart most glad and faine:
as thou art good and gratious Lord, restore my life againe.
160 What thy word doth decree must be, and so it hath beene euer.
thy righteous iudgements are also, most true and decay neuer.

SCHIN The 21 part

PRinces haue sought by cruelty, causelesse to make me crouch,
but all in vaine, for of thy word, the feare did my heart touch.
162 And certainely euen of thy word, I was more merry and glad:
then he which of rich spoyles and pray, great store and plenty had.

163 As for all lyes and falsity, I hate most and detest:
for why? thy holy law do I aboue all things loue best.
164 Seuen times a day I prayse the Lord, singing with heart and voyce,
thy righteous actes and wonderfull, so cause me to reioyce.

165 Great peace and rest shall all such haue, which do thy statutes loue:
no Danger shall their quiet state, impaire or once remoue.
166 My onely health and comfort Lord, I looke for at thy hand:
and therefore haue I done those things, which thou didst me command.

167 Thy lawes haue beene my exercise, which my soule much desired:
so much my loue to them was bent, that nought els I required.
168 Thy statutes and commandements, I kept thou knowest aright:
for all the things that I haue done, are present in thy sight:

TAV The 22 part

O Lord let my complaint and cry, before thy face appeare:
and as thou hast me promise made, so teach me thee to feare.
170 My humble supplication, toward thee let finde accesse:
and grant me Lord deliuerance, for so thy promise is.

171 Then shall my lips thy praises speake, after most ample sort:
when thou thy statutes hast me taught, wherein stands my comfort.
172 My tongue shall sing and preach thy word, and on this wise say shall:
Gods famous actes and noble lawes, are iust and perfect all.

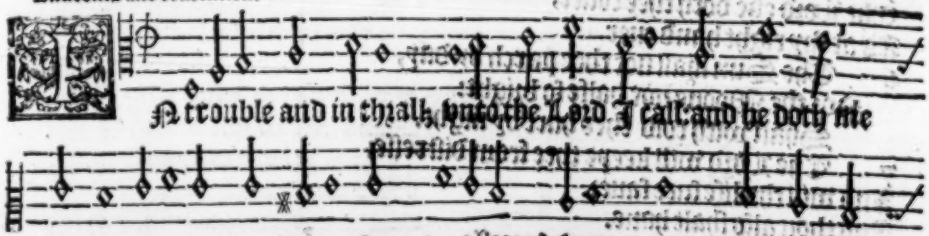
173 Stretch

173 Stretch out thy hande I thee beseech, and speedely me saue:
for thy commandements to obserue, chosen O Lord I haue.
174 Of thee alone Lord I craue health, for other I know none:
and in thy law and nothing else, I do delight alone.

175 Grant me therefore long daies to liue, thy name to magnifie:
and of thy iudgements mercifull, let me thy fauour try.
176 For I was lost and went astray, much like a wandring sheepe.
Oh seeke me for I haue not faild, thy commandements to keepe.

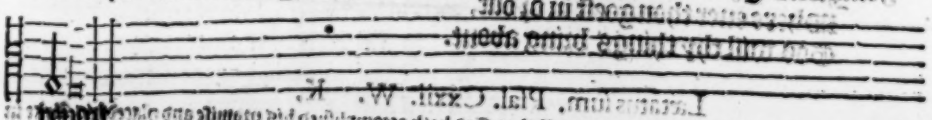
Ad Dominum cum tribularer. Psal. Cxx. T. S.

The prayer of Dauid now banished among the barbarous people of Arabia, by the false reports of enuious flatterers. And therefore he lamenteth his long abode among the infidels, who were giuen to all kinde of wickednes and contention.



IN trouble and in thrall, vnto the Lord I call: and he doth me

comfort: deliuer mee I say, from lyers lips alway, and tongue of false



report.

4 What vantage or what thing,
Getst thou thus for to fyng,
Thou false and flattering lyer?
5 Thy tongue doth hurt I weene,
No selfe then arrowes keene,
of hote consuming fire.

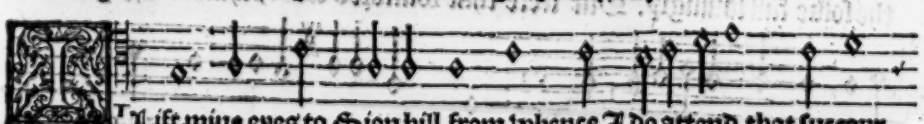
6 Alas too long I tarie,
within these tents so blacke,
which Kedars are by name:

By whom the flocke elect,
And all of Isaackes sect,
are put to open shame.

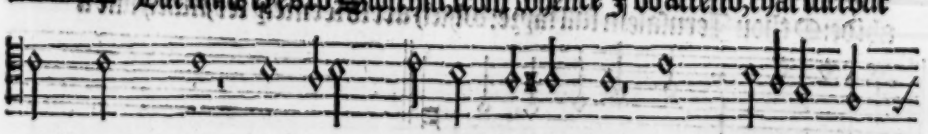
7 With them that peace did hate,
I came a pace to make,
And set a quiet life:
8 But when my word was told,
Causelesse I was controld,
By them that would haue strife.

Leuaui oculos meos. Psal. Cxxi. W. W.

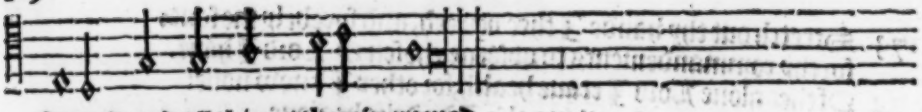
The Prophet sheweth by his owne example that the faithfull ought to looke for all their succour of God alone who will gouerne and giue good successe to all their godly enterpises.



I Lift mine eyes to Sion hill, from whence I do attend, that succour



God me send. The mighty God me succour will, which heauen & earth hath

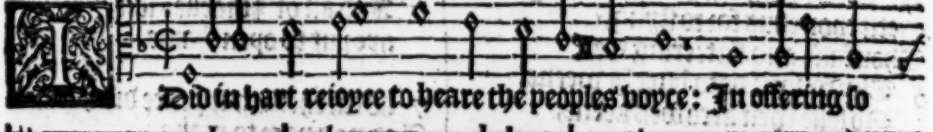


framed, and all things therein named.

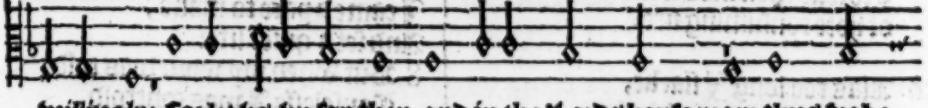
3 Thy foote from ſlip he will preſerue,
And will thee ſafely keepe:
For he will neuer ſleepe.
4 Loe, he that doth Iſrael conſerue,
No ſleepe at all can him catch:
But his eyes ſhall euer watch.
5 The Lord is thy warrant alway,
The Lord elſe doth thee couer,
As at thy right hand euer.
6 The Sun ſhall not thee parch by day,
Nor the Moone not halfe ſo bright:
Shall with cold thee hurt by night.
7 The Lord will keepe thee from diſtreſſe,
And will thy life ſure ſaue:
And thou alſo ſhalt haue.
8 In all thy buſines good ſucceſſe,
Where euer thou goeſt in or out,
God will thy things bring about.

Lætatus ſum. Pſal. Cxxii. W. K.

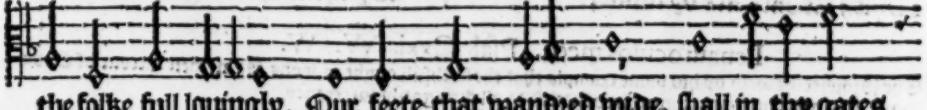
Dauid reioyceth in the name of the faithfull, that God hath accompliſhed his promiſe and placed his Arke in Sion, for the which he giueth thankes, and prayeth for the proſperity of the Church.



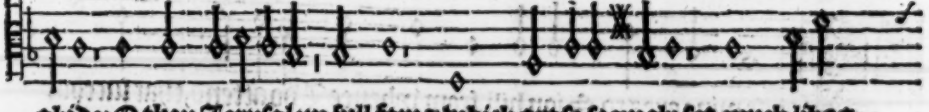
Did in hart reioyce to heare the peoples voyce: In offering ſo



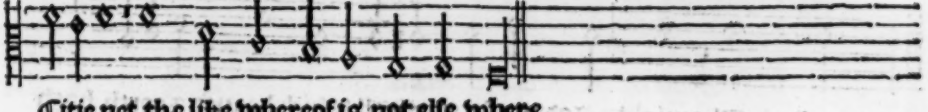
willingly: For let vs vp ſay they, and in the Lords houſe pray: thus ſpake



the folke full louingly. Our feete that wandred wide, ſhall in thy gates



abide: O thou Jeruſalem full fayre: which art ſo ſeemely ſet, much like a



Citie net, the like whereof is not elſe where.

4 The

4 The tribes with one accord,
The tribes of God the Lord,
Are thether bent their way to take:
So God before did tell,
That there his Iſraell.
Their prayers ſhould together make.
5 For there are thrones erect,
And that for this reſpect,
To ſet forth iuſtice orderly:
Which thrones right to maintaine,
To Dauids houſe pertayne,
His folke to iudge accordingly,

6 To pray let vs not ceaſe,
For Jeruſalems peace,
Thy friends God proſper mightily,
7 Peace be thy walles about,
And proſper thee throughout,
Thy places eke continually.
8 I wiſh thee proſperous ſtate,
For my poore brethrens ſake,
That comfort haue by meanes of thee.
9 Gods houſe doeth me allure,
Thy wealth for to procure,
So much alwaies as lyeth in mee,

Ad te leuaui oculos. Pſal. Cxxiii. T. S.

A prayer of the faithfull, which are afflicted by the wicked worldlings and contemners of God.

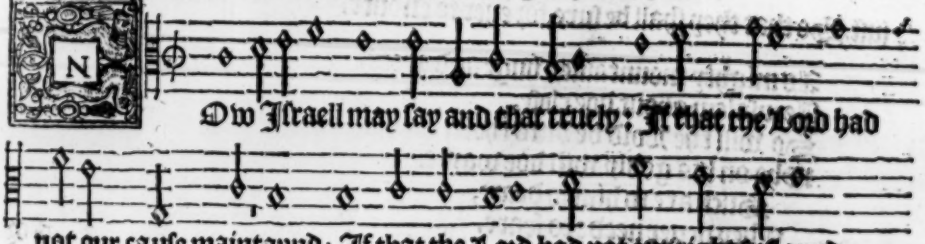
Sing this as the 119. Pſalme.

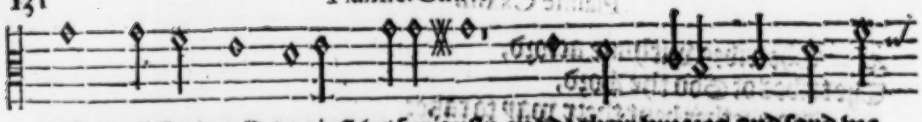
O Lord that heauen doth poſſeſſe, I lift myne eyes to thee:
euen as the ſeruant lifteth his, his maiſters hands to ſee.
2 As handmaydes watch their miſtreſſe hands, ſome grace for to atchiue
ſo we behold the lord our God, till he do vs forgiue.

3 Lord graunt vs thy compaſſion, and mercy in thy ſight:
for we are filled and ouercome, with hatred and deſpight:
4 Our mindes be ſtuffed with great rebuke, the rich and worldly wiſe:
doe make of vs their mocking ſtocke, the proud do vs deſpiſe.

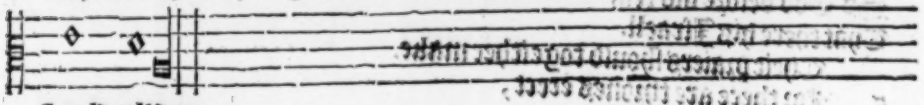
Niſi quia Dominus. Pſal. Cxxiiii. W. W.

The people of God being deliuered out of great daunger, acknowledge not to haue eſcaped by their owne power, but through the fauoure of God, and ſhew in how great perill they were.





When all the world against vs furiously, made their byzes, and sayd we



should all dye.

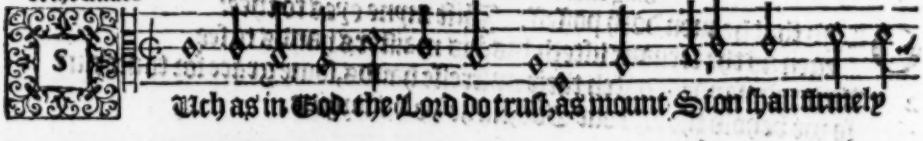
3 Now long agoe, they had deuourde vs all,
And swallowed quicke, for ought that we could deeme:
Such was their rage, as we might well esteeme.
4 And as the flouds, with mighty force do fall,
So had they now, our life euen brought to thrall.

5 The raging streames, most proud in roaring noyse,
Had long agoe, ouerwhelmde vs in the deepe,
6 But loued be God, which doth vs safely keepe,
From bloudy teeth, and their most cruell boyce:
Which as a pray to eate vs would reioyce.

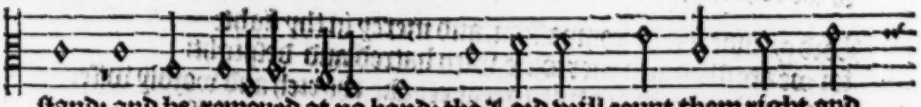
7 Euen as a bird out of the foulers gynne:
Escapeth away, right so it fareth with vs.
Broke are their nets, and we haue scaped thus.
8 God that made heauen and earth, is our helpe then,
His name hath saued vs from these wicked men.

Qui confidunt. Psal. Cxxv. W. K.

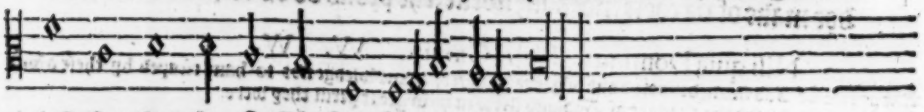
He describeth the assurance of the faithfull in their afflictions, and declareth their wealth, and the destruction of the wicked.



Such as in God the Lord do trust, as mount Sion shall firmely



stand: and be remoued at no hand: the Lord will count them right and



iust. So that they shall be sure, for euer to endure.

As mighty mountaines huge and great,
Ierusalem about doe close,
So will the Lord be vnto those,
Who on his godly will doe wayte.
Such are to him so deare,
They neuer neede to feare.

3 For though the righteous try doth lye,
By making wicked men his rod:
Leaſt they for griefe forſake their God,
It ſhall not as their lot ſtill be.
4 Giue Lord to thoſe thy light,
Whoſe hearts are true and right.

5 But as for ſuch as turne alyde,
By crooked wayes which they out ſought,
The Lord will ſurely bring to nought,
With workes moſt vyle they ſhall abide.
But peace with Iſrael,
For euermore ſhall dwell.

An other of the ſame by R. W.

Sing this as the 10. Commandements

THoſe that doe put their confidence, vpon the Lord God onely:
and fly to him for his defence, in all their neede and miſery.
Their faith is ſure, firme to endure, grounded on Chriſt the corner ſtone:
moued with none ill but ſtandeth ſtill, ſtedfaſt like to the mount Sion.

And as about Jeruſalem, the mighty hils do it compaſſe:
ſo that no enemy commeth to them, to hurt that towne in any caſe.
So God in deed in euery need, his faithfull people doth defend:
ſtanding them by aſſuredly, from this time forth world without end.

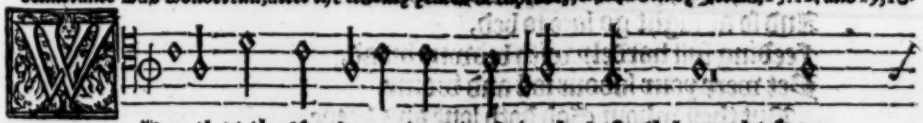
Right wiſe and good is our Lord God, and will not ſuffer certeinely.
the ſinners and vngodlyes rod, to tary vpon his family.
Leaſt they alſo from God ſhould go, falling to ſin and wickednelle:
O Lord defend, world without end, thy Chriſtian flocke through thy goodnes.

O Lord do good to Chriſtians all, that ſtedfaſt in thy word abide:
ſuch as willingly from God fall, and to falſe doctrine daily ſlide.
Such will the Lord ſcatter abroad, with hipocrites throwne downe to hell:
God will them ſend paines without end, but Lord graunt peace to Iſrael.

Glory to God the Father of might, and to the Sonne our Sauiour:
And to the holy Ghoſt whoſe light, ſhine in our harts and vs ſuccour.
That the right way from day to day, we may walke and him glorifie:
With harts deſire all that are here, worſhip the Lord and ſay, Amen.

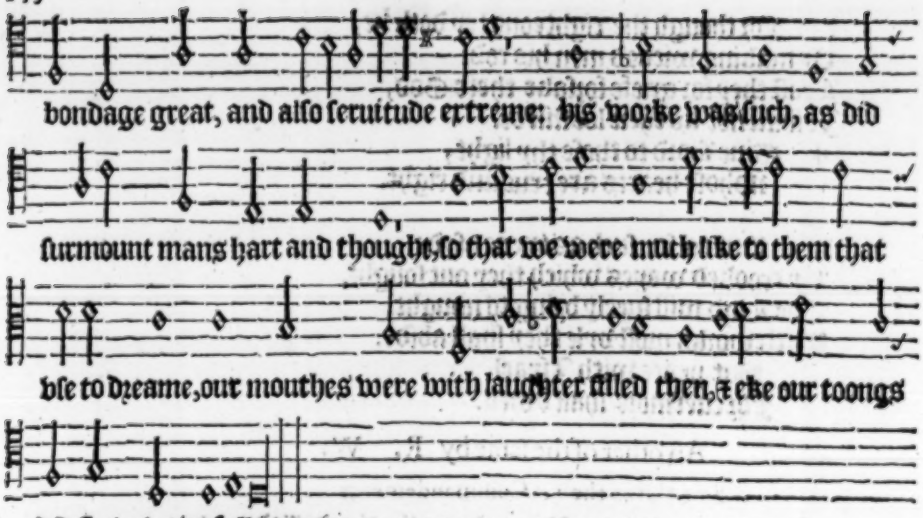
In conuertendo. Pſal. Cxxvi. W. K.

This Pſalme was made after the returne of the people from Babilon, and ſheweth that the meane of their deliuerance was wonderfull, after the ſeuenty yeres of captiuity, foreſpoken by Jeremi. 25. 12. and 29. 10.



When that the Lord againe his Sion had forth brought, from

bondage



bondage great, and alſo ſeruitude extreme: his worke was ſuch, as did ſurmount mans hart and thought, ſo that we were much like to them that vſe to dreame, our mouthes were with laughter filled then, & eke our toongs did ſhew vs ioyfull men.

The Heathen folke, were forced then this to confeſſe,
How that the Lord, for them alſo great things had done.
3 But much more we, and therefore can confeſſe no leſſe:
Wherefore to ioy, we haue good cauſe as we begon.
4 O Lord go forth, thou canſt our bondage end:
As to deſerts, thy flowing riuers ſend.

5 Full true it is, that they which ſow with teares in deed,
A time will come, when they ſhall reap in myrth and ioy:
6 They went and wept, in bearing of their precious ſeed,
For that their foes, full oftentimes did them annoy,
But their returne, with ioy they ſhall ſure ſee:
Their sheaues home bring, and not impaired bee,

Niſi Dominus Pſal. Cxxvii. W. W.

It is not mans wit, power, and labour, but the free goodnes of God, that giueth riches, preſerueth townes and countries, graunteth nourishment and children.

Sing this as the Lords prayer.

EXcept the Lord the houſe do make,
And thereunto do ſet his hand,
What men do build it cannot ſtand.
Lykewiſe in vayne men vndertake,
Cities and holds to watch and ward,
Except the Lord be their ſafegard.

2 Though ye riſe earely in the morne,
And ſo at night go late to bed,
Feeding full hardely with browne bread,
Yet were your labour loſt and worne.
But they whom God doth loue and keepe,
Receiue all things with quiet ſleep.

3 Therefore marke well when euer ye ſee,
That men haue heyres to enioy their land,
It is the gift of Gods owne hand:
For God himſelfe doeth multiply,
Of his great liberality,
The bleſſing of poſterity.

4 And when the children come to age,
They grow in ſtrength and actiuenelle,
In perſon and in comelineſſe,
So that a ſhaft ſhot with courage,
Of one that hath a moſt ſtrong arme,
Fleeth not ſo ſwift, nor doth like harme.

5 Oh well is him that hath his quiuer,
Furniſhed with ſuch artillery:
For when in perill he ſhalbe,
Such one ſhall neither ſhake nor ſhiuer.
When that he pleadeth before the iudge,
Againſt his foes which beare him grudge.

Beati omnes qui timent. Pſal. Cxxviii. T. S.

He deſcribeth the proſperous eſtate of them that be ſtarted in the feare of God, ſetting forth all the promiſes of Gods bleſſings to all them that liue in the honorable eſtate, according to his commandements.

Sing this as the 137. Pſalme.

BLeſſed art thou that feareſt God, and walkeſt in his way:
2 For of thy labour thou ſhalt eate, happy art thou I ſay.
3 Like fruitfull vines on the houſe ſides, ſo doth thy wife ſpring out:
thy children ſtand like Olive plants, thy table round about.

4 Thus art thou bleſt that feareſt God, and he ſhall let thee ſee:
5 The promiſed Jeruſalem, and his felicity.
6 Thou ſhalt thy childrens children ſee, to thy great ioyes encreaſe,
And likewiſe grace on Iſraell, proſperity and peace.

Sæpe expugnauerunt. Pſal. Cxxix. N.

He admoniſheth the Church to reioyce, though it haue beene afflicted in all ages, for God will deliuer it, and the enemies, for all their glorious ſhow, ſhall ſodenly be deſtroyed.

Sing this as the 137 Pſalme

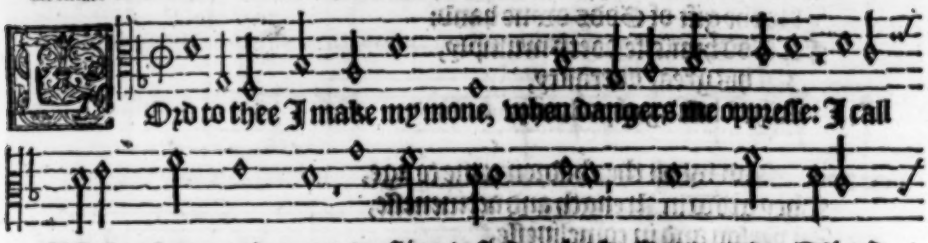
OFt they now Iſraell may ſay, me from my youth aſſayled:
oft they aſſayld me from my youth, yet neuer they preuayled.
3 Upon my backe the plowers plowed, and furrowes long did caſt.
4 The righteous Lord hath cut the cordes, of wicked foes at laſt.

5 They that hate him ſhall be aſhamed, and turned backe alſo.
6 And made as graſſe vpon the houſe, which withereth ere it growe,
7 Whereof the mower cannot finde, inough to fill his hand:
nor he can fill his lap that goeth, to gleane vpon the land.
8 Nor paſſers by pray God on them, to let his bleſſing fall:
nor ſay we bleſſe you in the name, of God the lord at all.

De profundis clamaui. Pſal. Cxxx. W. W.

In

An effectuous prayer of him that for his sinne had sustayned great afflictions, and notwithstanding he fully trusteth, and assureth himselfe to obteyne mercy and forgiuenes of his sinnes, & at length deliuerance from all euils.



3 O Lord our God if thou way our sinnes and them peruse:
who shall then escape and say, I can my selfe excuse.
4 But Lord thou art mercifull, and turnst to vs thy grace:
that we with harts most carefull, should feare before thy face.

5 In God I put my whole trust, my soule waiteth on his will:
for his promise is most iust, and I hope therein still.
6 My soule to God hath regard, wayting for him alway:
more then they that watch and ward, to see the dawning day.

7 Let Israell then boldely, in the Lord put his trust:
he is that God of mercy, that his deliuer must.
8 For he it is that must saue, Israell from his sinne:
and all such as surely haue, their confidence in him.

Domine non est. Psal. Cxxxi. M.

Dauid charged with ambition and greedie desire to raigne, protesteth his humility and modestie before God and teacheth all men what they should do.

Sing this as the Lamentation

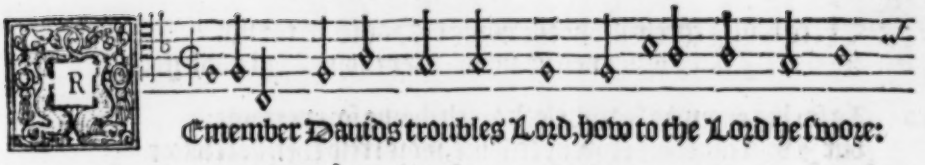
O Lord I am not puft in minde, I haue no scornefull eye:
I doe not exercise my selfe, in things that be too hye.

But as a chylde that wayned is, euen from his mothers brest:
so haue I now behaude my selfe, in silence and in rest.
O Israell trust in the Lord, let him be all thy stay:
from this time forth for euermore, from age to age I say.

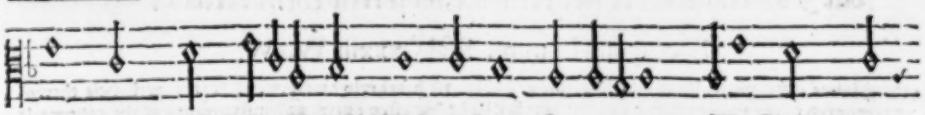
Memento Domine Psal. Cxxxii. M.

The faithfull grounding on Gods promise made vnto Dauid, desireth that he would establish the same, both as touching posterity, and the building of the temple, to pray there as was foretspoken.

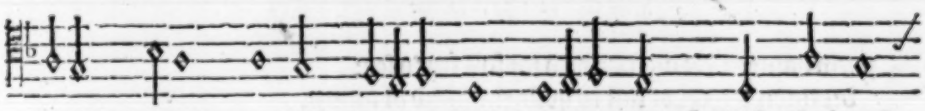
Remember



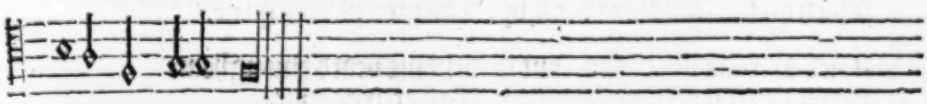
REmember Dauids troubles Lord, how to the Lord he ſwore:



and vowde a vow to Jacobs God, to keepe for euermore. I will not come



within my houſe nor clyme vp to my bed: nor let my temples take their reſt,



or the eyes in my head.

2 Till I haue found out for the Lord, a place to ſet thereon:
an houſe for Jacobs God, to be an habitation.
3 We heard of it at Ephrata, there did we heare the ſound:
and in the fields and forreſtes there, theſe voyces firſt were found.

4 We will aſſay and goe in to, his tabernacle there:
before his footeſtoole to fall downe, vpon our knees in feare.
5 Aryſe O Lord, aryſe I ſay, into thy reſting place:
both thou and the Arke of thy ſtrength, the preſence of thy grace.

6 Let all thy Prieſts be clothed Lord, with truth and righteouſneſſe:
let all thy Saintes and holy men, ſing all with ioyfulneſſe.
7 And for thy ſeruant Dauids ſake, refuſe not Lord I ſay:
the face of thine annoynted Lord, or turne thy face away.

The ſecond part

8 The Lord to Dauid ſwore in trueth, and will not ſhrinke from it:
ſaying, the fruite of thy body, vpon thy ſeat ſhall ſit.
9 And if thy ſonnes my couenant keepe: that I ſhall learne eche one:
then ſhall their ſonnes for euer ſit, vpon thy Princely throne.

10 The lord himſelfe hath choſe Sion, and loueth therein to dwell:
11 Saying, this is my reſting place, I loue and like it well.
12 And I will bleſſe with great increaſe, her victuals euery where,
and I will ſatiſfie with bread, the needy that be there.

13 Yea, I will decke and cloth her Prieſtes, with my ſaluation:
and all her Saintes ſhall ſing for ioy, of my protection.

17 There will I ſtrely make the horne of Dauid for to bud:
for there I haue ordayned for myne, a lanthorne bright and good.

18 As for his enemies I will cloth, with ſhame for euermore:
but I will cauſe his crowne to ſhine, more freſh then heretofore.

Ecce quam bonum. Pſal. Cxxxiii. W. W.

This Pſalme contayneth the commendation of godly and brotherly amity, which for the excellencie thereof is compared to the moſt precious oyle, wherewith the Prieſtes onely, and inſtruments of the tabernacle were annoynted. Exodus xxx.

Sing this as 137. Pſalme

O How happy a thing it is, and ioyfull for to ſee:
brethren together faſt to hold, the band of amity.

2 It calth to mynde the ſweete perfume and that coſtly oyntment:
which on the ſacrificers head, by Gods precept was ſpent.

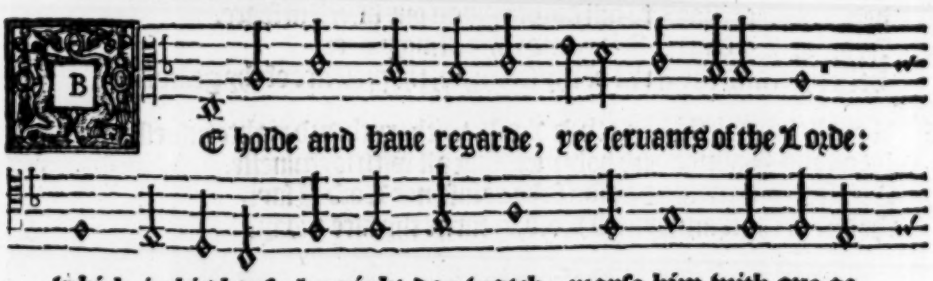
It wet not Aarons head alone, but drencht his beard throughout:
and finally it did runne downe, his rich attire about.

3 And as the lower ground doth drinke, the dew of Hermon hill:
and Sion with his ſiluer drops, the fieldes with fruite doth fill.

4 Euen ſo the Lord doth power on them, his bleſſings manifold:
whoſe hearts and mindes without all guile, this knot doth keepe and hold.

Ecce nunc. Pſal. Cxxxiiii. W. K.

He exhorteth the Leuites that watch in the Temple, to prayſe the Lord.



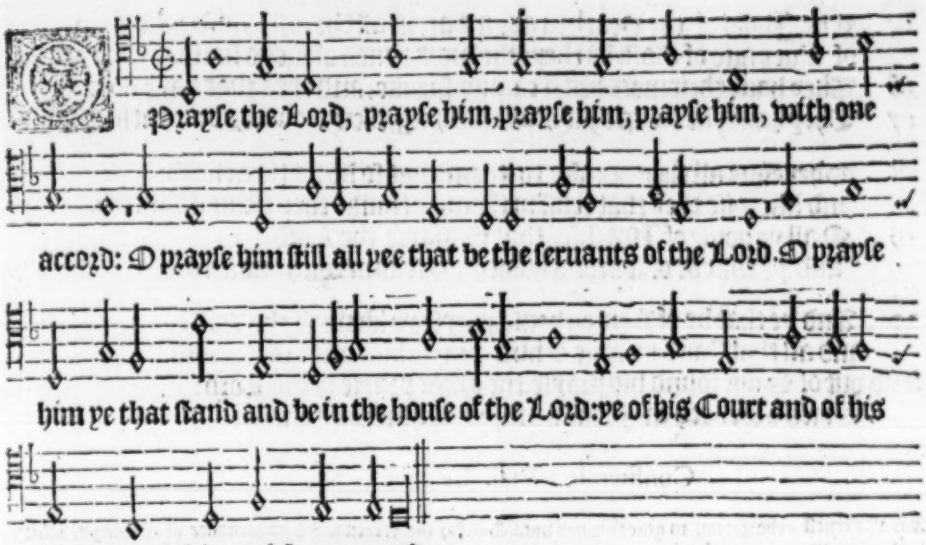
cord.

2 Lift vp your hands on high, vnto his holy place:
and giue the Lord his prayſes due, his beneſites embrace.

3 For why? the Lord who did, both earth and heauen frame:
doth Sion bleſſe and will conſerue, for euermore the ſame.

Laudate nomen. Pſal. Cxxxv. M.

He exhorteth all the faithfull of what eſtate ſoeuer they be to prayſe God for his marueilous workes, and ſpecially for his graces towards his people, wherein he hath declared his maieſtie to the confuſion of al Idolaters and their Idols.



3 Prayſe ye the Lord for he is good, ſing prayſes to his name:
it is a comely and good thing, alwaies to do the ſame.
4 For why the Lord hath choſe Jacob, his very owne you ſee:
ſo hath he choſen Iſraell, his treaſure for to bee.

5 For this I know and am right ſure, the Lord is very great:
he is in deed aboue all Gods, moſt eaſie to entreat.
6 For whatſoeuer pleaſeth him, all that full well hee wrought:
in heauen, in earth, and in the ſea, which he hath framd of nought.

7 He lifteth vp clouds from the earth, he makes lightning and raigne:
he bringeth forth the windes alſo, he made nothing in vaine.
8 He ſmote the firſt borne of ech thing, in Egypt that tooke reſt:
he ſpared there no liuing thing, the man nor yet the beaſt.

9 He hath in thee ſhewed wonders great, O Egypt voyd of vaunts:
on Pharao thy curſed king, and his ſeuere ſeruants.
10 He ſmote then many nations, and did great acts and things:
he ſlew the great and mightieſt, and chiefeſt of their kings.

11 Sehon king of the Ammorites, and Og king of Balan:
he ſlew alſo the kingdoms all, that were of Canaan.
12 And gaue their land to Iſraell, an heritage wee ſee:
to Iſraell his owne people, an heritage to be.

The ſecond part

13 Thy name O Lord ſhall ſtill endure, and thy memorial:
throughout all generations, that are or euer ſhall.
14 The Lord will ſurely now auenge his people all in deed:
and to his ſeruants he will ſhew, fauoure in time of need.

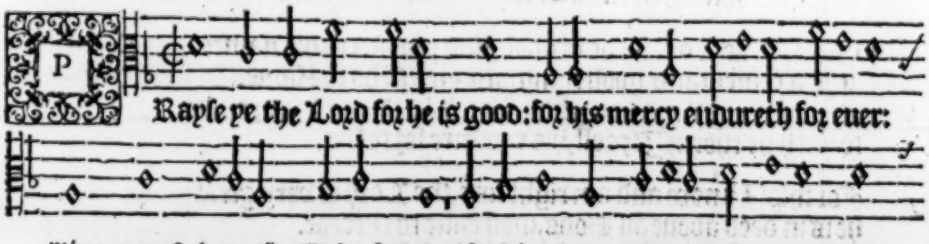
15 The Idols of the Heathen are made, in all the coſtes and lands:
of ſiluer and of Gold be they: the worke euen of mens hands.
16 They haue their mouthes, & cannot ſpeake, and eyes that haue no ſight:
17 They haue eke eares that heare nothing, their mouthes be breathles quite.

18 Wherefore all they are like to them, that ſo do ſet them forth:
and likewiſe they that truſt in them, or thinke they be ought worth.
19 O all ye houſe of Iſrael, ſee that ye prayſe the Lord:
and ye that be of Aarons houſe, prayſe him with one accord.

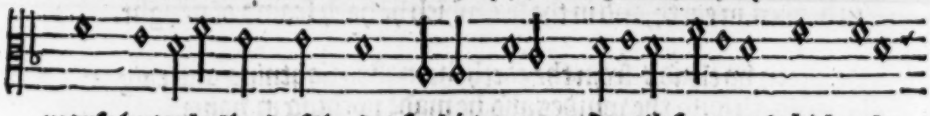
20 And ye that be of Leuies houſe, prayſe ye likewiſe the Lord:
and all that ſtand in awe of him, prayſe him with one accord.
And out of Sion ſound his prayſe, the great prayſe of the Lord:
which dwelleth in Ieruſalem, prayſe him with one accord.

Confitemini. Pſal. Cxxxvi. N.

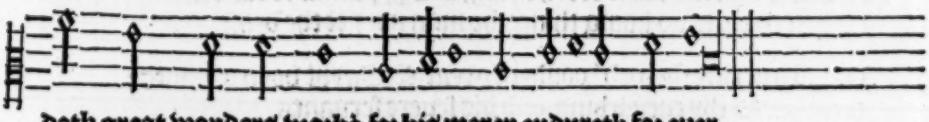
A moſt earneſt exhortation to giue thankes vnto God for the creation and gouernance of all things, which ſtandeth in confeſſing that he giueth vs al of his meer liberality.



Giue prayſe vnto the God of Gods, for his mercy endureth for euer: Giue



prayſe vnto the Lord of Lords, for his mercy endureth for euer: which only



doth great wonders worke, for his mercy endureth for euer.

5 Which by his wiſedome made the heauens, for his mercy endureth &c.
6 Which on the waters ſtretcht the earth, for his mercy endureth, &c.
7 Which made great light to ſhine abroad, for his mercy endureth. &c.
8 As ſunne to rule the lightſome day, for his mercy endureth for euer.

9 The moone and ſtars to guide the night, for his mercy endureth for euer:
10 Which ſmote Egypt with their firſt borne, for his mercy endureth. &c.
11 And Iſrael brought out from them, for his mercy endureth for euer.
12 With mighty hand and ſtretched arme, for his mercy endureth. &c.

13 Which cut the red ſea in two parts, for his mercy endureth for euer.
14 And Iſraell made paſſe there through, for his mercy endureth for euer.

15 And

15 And drowned Pharao and his hoſt, for his mercy endureth for euer.
16 Through wildernelle his people led, for his mercy endureth for euer.

17 He which did ſmite great noble kings, for his mercy endureth for euer.
18 And which hath ſlayne the mighty kings, for his mercy endureth for euer.
19 As Sehon king of the Amorites, for his mercy endureth for euer.
20 And Og the king of Baſan land, for his mercy endureth for euer.

21 And gaue their land for heritage, for his mercy endureth for euer:
22 Euen to his ſeruant Iſrael, for his mercy endureth for euer.
23 Remember vs in baſe eſtate, for his mercy endureth for euer.
24 And from oppreſſors reſcued vs, for his mercy endureth for euer.

25 Which giueth foode vnto al fleſh, for his mercy endureth for euer.
26 Prayſe ye the God of heauen aboue, for his mercy endureth for euer.
27 Giue thankes vnto the Lord of Lords, for his mercy endureth for euer.

An other of the ſame, by T. C.

Sing this as the 148 Pſalme.

O Laud the Lord benigne,
Whoſe mercies laſt for aye,
Great thankes and prayſes ſing:
To God of Gods I ſay:
For certainly,
His mercies dure,
Both firme and ſure,
Eternally.

3 The Lord of Lords prayſe ye,
Whoſe mercies aye do dure:
4 Great wonders onely he,
Doth worke by his great power:
For certainely,
His mercies dure,
Both firme and ſure,
Eternally.

5 Which God omnipotent,
By his great wiſedome hye,
The heauenly firmament,
Did frame as we do ſee:
For certainely, &c:

6 Yea all the heauy charge,
Of all the earth did ſtretch,
And on the waters large,
The ſame he did out reach:
For certainely, &c.

7 Great lights he made to vs,
For which his loue is aye:
8 Such as the ſame wee ſee,
To rule the lightſome day:
For certainely, &c.

9 And eke the Moone ſo cleare,
Which ſhineth in our light:
And ſtarres that do appeare,
To guide the darkeſome night:
For certainely, &c.

10 With grieuous plagues & ſore:
All Egypt ſmote he then:
The firſt borne leſſe and more,
He ſlew of beaſtes and men,
For certainely, &c.

11 And from amidſt their land,
His Iſraell forth brought:
12 Which he with mighty hand,
And ſtretched arme hath wrought,
For certainely, &c.

13 The ſea he cut in two,
Which ſtood vp like a wall,
14 And made through it to goe,
His choſen children all,
For certainely, &c.

15 But there he whelmed then.
The proud king Pharao,
With his huge hoſt of men,
And charets eke alſo:
For certainly, &c.

16 Who led through wilderneſſe,
His people ſafe and ſound,
And for his loue endleſſe,
17 Great kings he brought to ground)
For certainely, &c.

18 And ſlew with puiſant hand,
Kings mighty and of fame,
As of Amorites land.
19 Sehon the king by name)
For certainely, &c.

20 And Og the giant large,
Of Baſan king alſo:
21 Whoſe land for heritage
He gaue his people tho.
For certainely, &c.

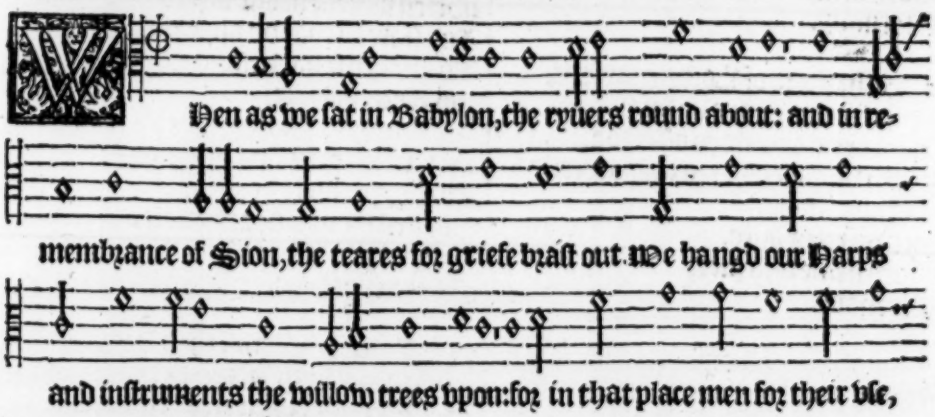
22 Euen vnto Iſraell,
His ſeruant deare I ſay,
He gaue the ſame to dwell,
And there abide for aye.
For certainely, &c.

23 To minde he did vs call,
In our moſt baſe degree.
24 And from oppreſſours all,
In ſafety ſet vs free.
For certainely, &c.

25 All fleſh in earth abroad,
With foode he doth fulfill:
26 Wherefore of heauen the God,
To laud be it your will.
For certainely, &c.

Super flumina Babylonis. Pſal. Cxxxvii.

The people of God in their baniſhment, ſeeing Gods true Religion decay, liued in great anguiſh and ſorrow of heart, the which griefe the Caldeans did ſo litle pitie, that they rather increaſed the ſame dayly, with tauntes, reproches, and blaſpemies againſt God, wherefore the Iſraelites deſire God to puniſh the Edomites, who prouoked the Babylonians againſt him, (and moued by the ſpirite of God) propheſieth the deſtruction of Babylon, where they were handled ſo tyrannouſly.



3 Then they to whome we priſoners were, ſaid to vs tauntingly:
now let vs heare your Hebrew ſongs and pleaſant melody.
4 Alas ſaid we, who can vs frame, his ſorrowfull heart to ſing:
the prayſes of our liuing God, thus vnder a ſtrange king.

5 But

5 But yet if I Jeruſalem, out of my heart let ſlide:
then let my fingers quite forget, the warbling Harpe to guide.
6 And let my tongue within my mouth, be tyde for euer faſt:
if that I ioy before I ſee, thy full deliuerance paſt.

7 Therefore (O Lord) remember now, the curſed noyſe and cry:
that Edoms ſonnes againſt vs made when they razde our Citie.
Remember Lord their cruell wordes, when as with one accord:
they cryde, on facke and raſe their walles, in deſpight of their Lord.

8 Euen ſo ſhalt thou (O Babylon) at length to duſt be brought:
and happy ſhall that man be cald, that our reunge hath wrought.
9 Yea bleſſed ſhall that man be cald, that taketh thy children young:
to daſh their bones againſt hard ſtones, which lye the ſtreets among.

Confitebor tibi. Pſal. Cxxxviii. N.

Dauid with great courage prayſeth the goodneſſe of God toward him, which is ſo great, that it is knowne to forreine princes, who ſhall prayſe the Lord together with him, and he is aſſured to haue like comfort of God in the time following, as he hath had before.

Sing this as the 47 Pſalme

THee will I prayſe with my whole heart, my Lord my God alwayes:
euen in the preſence of the gods, I will aduance thy prayſe.
2 Toward thy holy temple I, will looke and worſhip thee:
and prayſed in my thankefull mouth, thy holy name ſhall be.

Euen for thy louing kindneſſe ſake, and for thy trueth withall:
for thou thy name haſt by thy word, aduanced ouer all.
3 When I did call thou heardeſt me, and thou haſt made alſo,
the power of encreaſed ſtrength, within my ſoule to grow.

4 Yea all the kings on earth they ſhall, giue prayſes to thee O Lord:
for they of thy moſt holy mouth, haue heard the mighty word.
5 They of the waies of God the Lord, in ſinging ſhall entreate:
becauſe the glory of the Lord, it is exceeding great.

6 The Lord is hygh, and yet he doth behold the lowly ſprite:
but he contemning knowes a farre, the proud and lofty wight.
7 Although in midſt of trouble I, do walke yet ſhall I ſtand:
renewd by thee O my Lord God, thou wilt ſtretch out thy hand.

Upon the wrath of all my foes, and ſaued ſhall I bee:
by thy right hand the Lord God will, performe his worke to me.
8 Thy mercy Lord endures for aye, Lord do me not forſake:
forſake me not that am the worke, which thine owne hand did make.

Domine probaſti. Pſal-Cxxxix. N.

Dauid to cleanſe his heart from all hipocriſie, ſheweth that there is nothing ſo hid which God ſeeth not, which he confirmeth by the creation of man. After declaring his zeale and feare of God, he proteſteth, to bee enemy to all that contemne God.

Sing this as 137. Pſalme

O Lord thou haſt me tride and knowne, my ſitting thou doeſt know,
2 and riſing eke: my thoughts a farre, thou vnderſtandeſt alſo.

3 My

3 My pathes, yea, and my lying downe, thou compaſſeſt alwaies,
and by familiar cuſtome art, acquainted with my waies.

4 No word is in my tongue O Lord, but knowne it is to thee:
5 Thou me behinde holdſt and before, thou laieſt thy hande on mee:
6 Too wonderfull aboue my reach, Lord is thy cunning ſkill:
it is ſo high that I the ſame, can not attayne vntil.

7 From light of all thy ſeeing ſpyte, lord whether ſhall I go?
or whether ſhall I fly away, thy preſence to ſcape fro?
8 To heauen I mount aloft, loe thou art preſent there:
in hell if I lye downe below, euen there thou doeſt appeare.

9 Yea, let me take the morning wings, and let me goe and hide:
euen there where are the fartheſt partes, where flowing ſea doth ſlide.
10 Yea euen thether alſo ſhall, thy reaching hand me guide:
and thy right hand ſhall hold me faſt, and make me to abide.

11 Yea, if I ſay the darkeneſſe ſhall, yet ſhroud me from thy light:
loe euen alſo the darkeſt night, about me ſhall be light.
12 Yea, darkenes hideth not from thee, but night doth ſhine as day:
to thee the darkeneſſe and the light, are both alike alway.

13 For thou poſſeſſed haſt my raines, and thou haſt couered mee:
when I within my mothers wombe, encloſed was by thee.
14 Thee will I prayſe made fearefully, and wondrouſly I am:
thy workes are marueilous, right well my ſoule doth know the ſame.

15 My bones they are not hid from thee, although in ſecret place:
I haue been made, and in the earth, beneath I ſhapen was.
16 When I was formeleſſe then thine eye ſaw me, for in thy booke:
were written all (nought was before) that after faſhion tooke.

17 The thoughts therefore of thee, O God how deare are they to mee?
and of them all how paſſing great, the endleſſe numbers bee.
18 If I ſhould count them, loe their ſumme more then the ſand I ſee:
and when ſoeuer I awake, yet am I ſtill with thee.

19 The wicked and the bloudy men, oh that thou wouldeſt ſlay,
euen thoſe O God, to whome depart, depart from me I ſay.
20 Euen thoſe of thee O Lord my God, that ſpeake full wickedly:
thoſe that are lifted vp in vaine, being enimies to thee.

21 Hate I not them that hate thee Lord, and that in earneſt wiſe?
contend not I againſt them all, againſt thee that aryſe?
22 I hate them with vnfayned hate, euen as my vtter foes.
23 Try me O God and know my heart, my thoughts prooue and diſcloſe.

24 Conſider Lord if wickednesſe, in me there any bee:
and in the way O God my guide, for euer lead thou mee.

Dauid complayneth of the crueltie, falſhood, and iniuries of his enemies, againſt which he praieth vnto the Lord, and aſſureth him ſelfe of his helpe and ſuccour. Wherefore he prouoketh the iuſt to prayſe him and to aſſure themſelues of his tuition.

Sing this as the Lamentation

L Lord ſaue me from the euill man, and from the cruell wight:
2 Deliuer me which euill doe, imagine in their ſpite.
3 Which make on me continuall warre, their tongues loe they haue whet:
like Serpents vnderneath their lips, is Adders poyſon ſet.

4 Keepe me O lord from wicked hands, preſerue me to abide:
free from the cruell man that meanes, to cauſe my ſteps to ſlyde.
5 The proud haue layd a ſnare for me, and they haue ſpread a net:
with cordes in my path way, and gins, for me eke haue they ſet.

6 Therefore I ſaid vnto the lord, thou art my God alone:
heare me O lord, oh heare the voyce, wherewith I pray and mone.
7 O Lord my God, thou onely art, the ſtrength that ſaueth mee:
my head in day of battayle hath, been couered ſtill by thee.

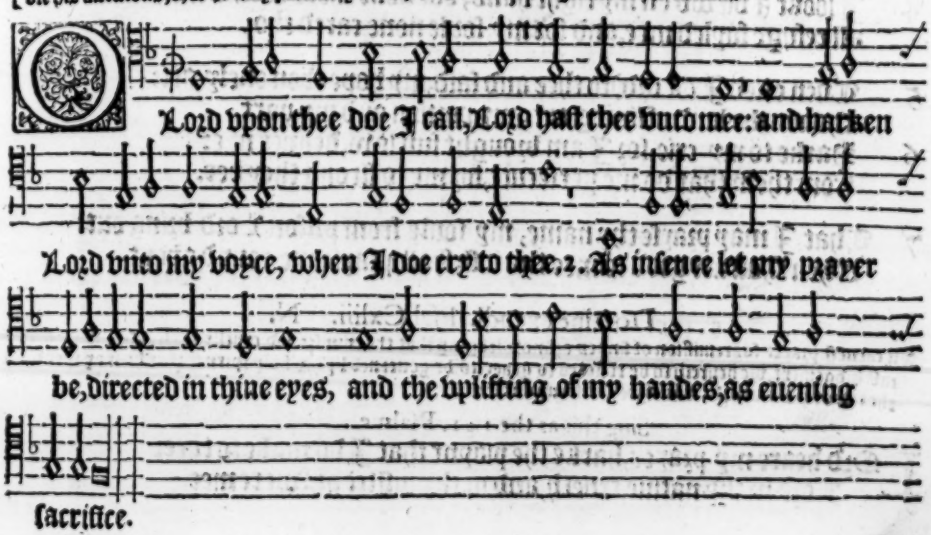
8 Let not O lord the wicked haue, the end of his deſire:
performe not his ill thought leaſt he, with pride be ſet on fire.
9 Of them that compaſſe me about, the chiefeſt of them all:
lord let the miſchiefe of their lips, vpon themſelues befall.

10 Let coales fall on them, let him caſt, them in conſuming flame:
and in deepe pits ſo as they may, not riſe out of the ſame.
11 For no back ebiter ſhall on earth, be ſet in ſtable plight:
and euill to deſtruction ſtill, ſhall hunt the cruell wight.

12 I know the lord the afflicted will reuenge, and iudge the poore.
13 The iuſt ſhall prayſe thy name, iuſt ſhall dwell with thee euermore.

Domine probaſti. Pſal. Cxli. N.

Dauid being grieuously perſecuted vnder Saul, onely flyeth vnto God to haue ſuccour, deſiring him to diuide his affections, that he may patiently abide, till God take vengeance of his enemies.



3 My lord for guiding of my mouth, set thou a watch before:
and also of my moouing lips, O lord keepe thou the doore.
4 That I should wicked workes commit, inclyne thou not my heart:
with ill men of their delicates, lord let me eate no part.

5 But let the righteous smite me Lord, for that is good for mee:
let him reproove me, and the same, a pretious oyle shall be.
Such smiting shall not breake my head, the time shall shortly fall,
when I shall in their misery, make prayers for them all.

6 Then when in stony places downe, their iudges shall be cast:
then shall they heare my words, for then they haue a pleasant tast.
7 Our bones about the graues mouth, loe scattered are they founde:
as he that heweth wood, or he, that diggeth vp the ground.

8 But O my Lord my God, myne eyes doe looke vp vnto thee:
in thee is all my trust, let not my soule forsaken bee.
9 Which they haue layd to catch me in, Lord keepe me from the snare:
and from the suttle gins of them, that wicked workers are.

10 The wicked into their owne nets, together let them fall:
while I doe by thy help escape, the dangers of them all.

Voce mea ad dominum, Psal. Cxlii. N.

Dauid neither astonyed with feare, nor caried with anger, nor forced by desperation, would kill Saul, but with a quiet minde, directed his earnest prayer vnto God who did preserue him.

Sing this as the 141 Psalme

BEfore the Lord God with my voyce, I did send out my Cry:
and with my strayned voyce, vnto the Lord God prayed I.
2 My meditation in his sight, to poure I did not spare:
and in the presence of the Lord, my trouble did declare:

3 Although perplexed were my spirite, my path was knowne to thee:
in way where I did walke a snare, they slily laid for mee.
4 I lookt & viewd on my right hand, but none there would me know:
all refuge fayled mee, and for my soule none cared tho.

5 Then cried I (Lord) to thee and said, my hope thou onely art:
thou in the land of lining art, my portion and my part.
6 Harke to my crie, for I am brought full low, deliuer me:
from them that do me persecute, for me to strong they bee.

7 That I may prayse thy name, my soule from prison Lord bring out:
when thou art good to mee the iust, shall prayse me round about.

Domine exaudi. Psal. Cxliii. N.

In earnest prayer for remission of sinnes acknowledging that the enimies did cruelly persecute him by Gods iust iudgement, He desireth to be restored to grace, to be gouerned by his holy spirite, that he may spend the the rest of his life in the true feare and seruice of God.

Sing this as the 141. Psalme

LOrd heare my prayer, harke the playnt that I do make to thee:
Lord in thy natiue trueth, and in thy iustice answere mee.

In

2 In iudgement with thy ſeruant Lord, oh enter not at all:
for iuſtified in thy ſight, not one that liueth ſhall.

3 The enemy hath purſued my ſoule, my life to ground hath throwne:
and layd me in the darke, like them, that dead are long agone:
4 within me in perplexity, was mine accombred ſpirite:
and in me was my troubled heart, amaſed and affright.

5 Yet I record time paſt, in all, thy workes I meditate:
Yea in thy workes I meditate, that thy hands haue create.
6 To thee O Lord my God, loe I, do ſtretch my crauing hands:
my ſoule deſireth after thee, as doe the thirſty lands.

7 Heare me with ſpeede, my ſpirite doth fayle, hide not thy face me fro:
els ſhall I be like them that downe, into the pit do go.
8 Let me thy louing kindneſſe in, the morning heare and know:
for in thee is my truſt, ſhew me, the way that I ſhall goe.

9 For I lift vp my ſoule to thee, O Lord deliuer mee:
from all mine enymies, for I haue, hidden me ſtill with thee.
10 Teach me to do thy will for thou, thou art my God I ſay:
let thy good ſpirite vnto the land, of mercy me conuey.

11 For thy names ſake with quickening grace, aliue do thou me make:
and out of trouble bring my ſoule, euen for thy iuſtice ſake.
12 And for thy mercy ſlay my foes, O Lord deſtroy them all:
that do oppreſſe my ſoule, for I, thy ſeruant am and ſhall:

Benedictus Dominus. Pſal. Cxliiii. N.

Dauid prayſeth the Lorde with great affection and humility for his kingdome reſtored, and for his victories obtayned, yet calling for helpe, and the deſtruction of the wicked: promiſing to acknowledge the ſame with a ſong of prayſes and declareth wherein the felicity of any people conſiſteth.

Sing this as the 141 Pſalme

BLeſt be the Lord my ſtrength that doth, inſtruct my hand to fight:
the Lord that doth my fingers frame, to battel by his might.
2 He is my goodneſſe, fort, and tower, deliuerer and ſhield:
in him I truſt, my people he, ſubdues to me to yeeld.

3 O Lord what thing is man that him, thou holdeſt ſo in price?
or ſonne of man that vpon him, thou thinkeſt in ſuch wiſe?
4 Man is but like to vanity, ſo paſſe his dayes to end:
5 As fleeting ſhade bow downe O Lord, thy heauens and deſcend.

6 The mountaines touch, and they ſhal ſmoak, caſt forth thy lightning flame:
and ſcatter them, thine arrowes ſhoote, conſume them with the ſame.
7 Send down thy hand euen from aboue, O Lord deliuer me:
take me from waters great, from hand, of ſtrangers make me free.

8 Whoſe ſuttle mouth of vanity, and fondneſſe doth entreate:
and their right hand is a right hand, of falſhood and deceite,

9 A newe ſong I will ſing O God, and ſinging will I be:
on Viole and on inſtrument, ten ſtringed vnto thee.

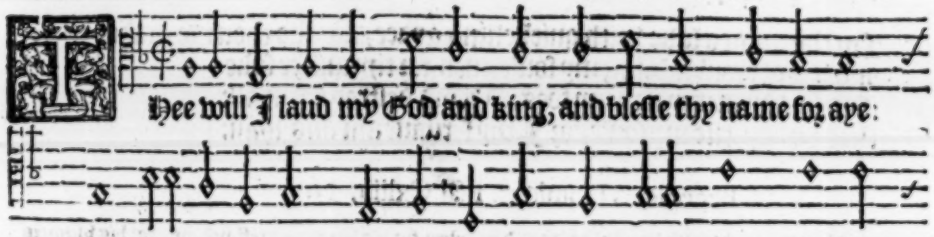
10 Euen he it is that onely giues, deliuerance to kings:
vnto his ſeruant Dauid helpe, from hurtfull ſword he brings.
11 From ſtrangers hand me ſaue & ſhield, whoſe mouth talkes vanitie:
and their right hand is a right hand, of guile and ſubtiltie.

12 That our ſons may be as the plants, whom growing youth doth reare:
our daughters as carued corner ſtones, like to a palace fayre.
13 Our garners full and plenty may, with ſundry ſortes be found:
our ſheepe bring thouſands in our ſtreets, ten thouſands may abound.

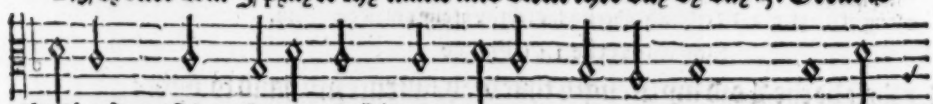
14 Our Oxen be to labour ſtrong, that none do vs inuade:
there be no going out, no cry, within our ſtreets be made.
15 The people bleſſed are that with, ſuch bleſſings are ſo ſtorde:
yea bleſſed all the people are, whoſe God is God the Lord.

Exaltabote Deus. Pſal. Cxlv. M.

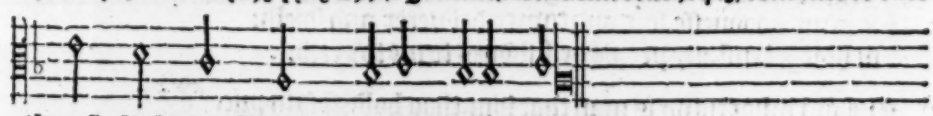
This Pſalme was made when the kingdome of Dauid florißhed. Wherein he deſcribeth the wonderful prouidence of God, as well in gouerning man, as in preſeruing all the reſt of his creatures. He prayſeth God for his iuſtice and mercy, but eſpecially for his louing kindneſſe toward thoſe that call vpon him, that feare him and loue him.



2. For euer will I prayſe thy name and bleſſe thee day by day. 3. Great is



the Lord, moſt worthy prayſe, his greatnes none can reach. 4: From race to race



they ſhall thy workes prayſe, and thy power preach.

5 I of thy glorious maieſty, the beauty will record,
and meditate vpon thy workes, moſt wonderfull O Lord.
6 And they ſhall of thy power, and of thy fearefull actes declare.
and I to publiſh all abroad, thy greatnes will not ſpare.

7 And they into the mention ſhall, breake of thy goodnes great:
and I alone thy righteouſnes, in ſinging ſhall repeat.
8 The Lord our God is gratious, and mercifull alſo:
of Great aboundant mercy, and to anger he is ſlow.

9 Yea good to all,and all his workes,his mercy doth exceede:
10 Loe all his workes doe prayſe thee Lord,and do thy honour ſpread.
11 Thy ſaintes doe bleſſe thee and they doe, thy kingdoms glory ſhow:
12 And blaſe thy power,to cauſe the ſonnes of men his power to know

And of his mighty kingdome eke,to ſpread the glorious prayſe:
13 Thy kingdome Lord a kingdome is,that doth endure alwaies,
And thy dominion through ech age,endures without decay:
14 The Lord vpholdeth them that fall,their ſlyding he doth ſtay.

15 The eyes of all do wait on thee, thou doeſt them all relieue.
and thou to ech ſufficing foode,in ſeaſon due doeſt giue,
16 Thou openeſt thy plenteous hand,and bounteouſly doeſt fill:
all things whatſoeuer doth liue, with gifts of thy good will.

17 The Lord is iuſt in all his waies,his workes are holy all:
18 Neare all he is that call on him,in trueth that on him call.
19 He the deſires which they require,that feare him will fulfill.
and he will heare them when they cry,and ſaue them all he will.

20 The Lord preſerues all thoſe to him,that beare a louing heart:
but he them all that wicked are,will vtterly ſubuert:
21 My thankefull mouth ſhall gladly ſpeake, the prayſes of the Lord:
all fleſh to prayſe his holy name,forever ſhall accord.

Lauda anima mea. Pſal. Cxlvi. I. H.

Dauid ſhewing the great deſire hee had to prayſe God, teacheth that none ſhould put their truſt in men, but in God alone:who is almighty, & deliuereth the afflicted, nouriſheth the poore,ſetteth priſoners at liberty, comforteth the fatherleſſe,and raigneth king for euer.

Sing this as the 137 Pſalme

MY ſoule prayſe thou the Lord alwaies,my God I will confeſſe:
while breth and life prolong my daies,my tongue no time ſhall ceaſe.
3 Truſt not in worldly princes then,though they abound in wealth:
Nor in the ſonnes of mortall men,in whome there is no health.

4 For why their breath doth ſoone depart,to earth anone they fall:
and then the counſels of their heart,decay and periſh all.
5 O happy is that man I ſay,whom Jacobs God doth ayde:
and he whoſe hope doth not decay,but on the Lord is ſtaide.

6 Which made the earth and waters deepe, the heauens hye with all:
which doth his word and promiſe keepe, in trueth and euer ſhall.
7 With right alwaies doth he proceede,for ſuch as ſuffer wrong.
the poore,and hungry he doth feede,and looſe the fetters ſtrong.

8 The Lord doth lend the blinde their ſight,the lame to limbs reſtore:
the Lord I ſay doth loue the right,and iuſt man euermore.
9 He doth defende the fatherleſſe,the ſtranger ſad in heart:
and quite the widow from diſtreſſe,and ill mens wayes ſubuert.

10 Thy Lord and God eternally, O Sion ſtill ſhalt raigne:
in time of all poſterity, for euer to remayne.

Laudate Dominum. Pſal. Cxlvii. N.

The Prophet prayſeth the bounty, wiſedome, power, iuſtice, and prouidence of God, vpon all his creatures: ſpecially vpon his Church, which he gathered together after their diſperſion, declaring his Word and iudgement vnto them, as he hath done to no other people.

Sing this as the 137. Pſalme

PRayſe ye the Lord, for it is good vnto our God to ſing,
for it is pleaſant, and to prayſe, it is a comely thing.
2 The Lord his owne Jeruſalem, he buildeth vp alone:
and the diſperſt of Iſrael, doth gather into one.

3 He heales the broken in their heart, their ſores vp doth he bind:
4 He counts the number of the ſtars, and names them in their kinde.
5 Great is the Lord, great is his power, his wiſedome infinite:
6 The Lord releeues the meeke and thrawes, to ground the wicked wight.

7 Sing vnto God the Lord with prayſe, vnto the Lord reioyce:
And to our God vpon the harpe, aduance your ſinging voice.
8 He couers heauen with clouds, and for the earth prepareth raine:
and on the mountaines he doth make, the graſſe to grow againe.

9 He giues to beaſtes their foode, and to yong Rauens when they cry:
10 His pleaſure not in ſtrength of horſe, nor in mans legs doth lye.
11 But in all thoſe that feare the Lord, the Lord hath his delight:
and ſuch as doe attend vpon, his mercies ſhining light.

The ſecond part

12 O prayſe the Lord Jeruſalem, thy God O Sion prayſe:
13 For he the barres hath forged ſtrong, wherewith thy gates he ſtaies.
14 Thy children he hath bleſt in thee, and in thy borders he:
doth ſettle peace, and with the flower of wheat he filleth thee.

15 And his commandement vpon, the earth he ſendeth out:
and eke his word with ſpeedy courſe, doth ſwiftly runne about.
16 He giueth ſnow like wool, hore froſt like aſhes doth he ſpread:
17 Like morſels caſtes his ice, thereof the cold who can abide.

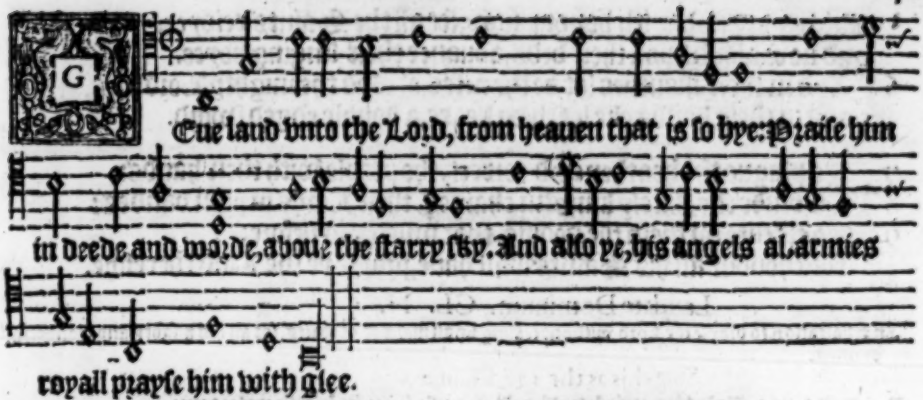
18 He ſendeth forth his mighty word, and melteth them agayne:
his winde he made to blow and then, the waters flow amayne.
19 The doctrine of his holy word, to Jacob did he ſhow:
his ſtatutes and his iudgements he giues Iſrael to know:

20 With euery nation hath he not ſo delt, nor they haue knowne.
his ſecret iudgements, ye therefore prayſe ye the Lord alone.

Laudate Dominum. Pſal. Cxlviii. I. H.

He prouoketh al creatures to prayſe the Lord in heauen, and in all places, ſpecially for the power that he hath giuen to his people Iſrael, whom he hath taken ſo neare vnto him.

Giue



Eue land vnto the Lord, from heauen that is so hye: Prayſe him in deede and worde, aboue the ſtarry ſky. And alſo ye, his angels al armies royall prayſe him with glee.

3 Prayſe him both moon and ſunne.
Which are both cleare and bright
The ſame of you be done,
Ye glittering ſtarres of light.
4 And eke not leſſe,
Ye heauens faire,
5 And cloudes of the ayre,
His land expreſſe.
6 For at his word they were,
All formed as we ſee:
At his voice did appeare,
All things in their degree:
Which he ſet faſt
To them he made, A law and trade,
For aye to laſt.
7 Extol and prayſe Gods name,
In earth ye Dragons fell
All deepes do ye the ſame,
For it becommeth you well.
8 Him magnifie, fire, hayle, Ice, ſnow,
And ſtormes that blow, at his decree,
9 The hils and mountaines all,
And trees that fruitfull are:
The Ceders great and tall,
His worthy prayſe declare.
10 Beaſts and cattell,
Yea birds flying
And wormes creeping,
That on earth dwel.
11 All kings both more and leſſe,
With all their pompous traine.
Princes and all iudges,
That in the world remayne,
Exalt his name:
12 Young men and maides,
Old men and babes, do ye the ſame.
13 For his name ſhall we proue.
To be moſt excellent;
Whoſe prayſe is farre aboue,
The earth and firmament.
14 For ſure he ſhall,
Exalt with bliſſe, the horne of his,
and help them all.
His Saints al ſhall forth tell,
His prayſe and worthineſſe:
The children of Iſraell,
Ech one both more and leſſe.
15 And alſo they,
That with good will,
His wordes fulfill, and him obey.

Cantate Domino. Pſal. Cxlix. N.

An exhortation to the Church to prayſe the Lord for his victory, and conqueſt that he giueth his Saintes againſt all mans power.

Sing this as the 145 Pſalme

SIng ye vnto the Lord our God, a new reioyſing ſong:
and let the prayſe of him be heard, his holy ſaintes among.
2 Let Iſrael reioyce in him, that made him of nothing:
and let the ſeede of Sion eke, be ioyfull in their king.
3 Let them ſound prayſe with voyce of flute, vnto his holy name:
and with the Timbrell and the harpe, ſing prayſes of the ſame.
4 For why? the Lord his pleaſure all, hath in his people ſet:
and by deliuerance he will rayſe, the meeke of glory great.

with glory and with honour now, let all the Saints reioyce,
and now aloud vpon their beds, aduance their ſinging voyce.
6 And in their mouthes let be the actes, of God the mighty Lord:
and in their hands eke let them beare, a double edged ſword.

7 To plague the heathen and correct, the people with their hands:
8 To binde the ſtately kings in chaines, their Lords in yron bandes:
9 To execute on them the doome, that written is before:
this honour all his Saints ſhall haue, prayſe ye the Lord therefore.

Laudate Dominum. CL. N.

An exhortation to prayſe the Lord without ceaſing by all manner of waies, for all his mighty and wonderfull workes.

Sing this as the 137 Pſalme

YEld vnto God the mighty Lord, prayſe him in his ſanctuary:
and prayſe him in the firmament, that ſhewes his power on hie.
2 Aduance his name and prayſe him in, his mighty actes alwaies:
According to his excellencie, of greatnes giue him prayſe.
3 His prayſes with a princely noyſe, of ſounding trumpets blow,
Prayſe him vpon the Viol and, vpon the harpe alſo.
4 Prayſe him with Timbrell and with flute, Organs and Virginals.
5 With ſounding Cimbals prayſe ye him, prayſe him with loud Cimbals.
6 What euer hath the benefit, of breathing prayſe the Lord:
to prayſe the name of God the Lord, agree with one accord.

The end of the Pſalmes of Dauid in meeter.

An exhortation to the prayſe of God to be ſong before
Morning prayer. T. B.
Sing this as 100. Pſalme

PRayſe the Lord O ye Gentiles all, which hath brought you into his light
O prayſe him all people mortall, as it is moſt worthy and right.
For he is full determined, on vs to poure his mercy:
And the Lords trueth be ye aſſured, abideth perpetually.
Glory to God the Father, and to Jeſus Chriſt his true Sonne,
With the holy Ghoſt in like manner, now and at euery ſeaſon.

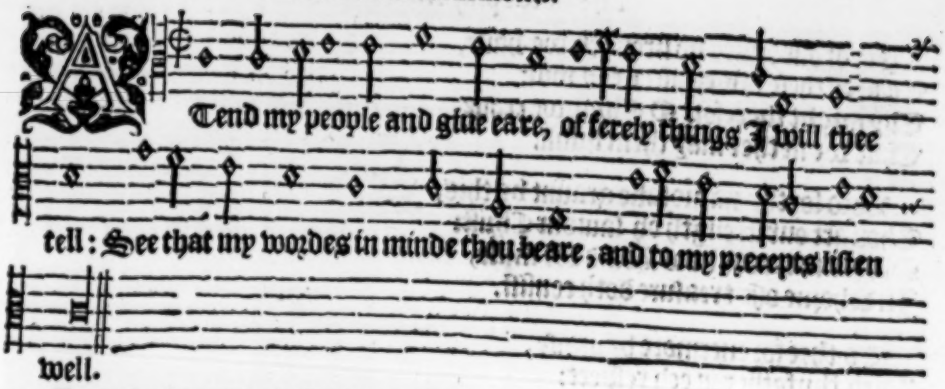
An exhortation to be ſung before Euening
Prayer. T. B:
Sing this as the 100 Pſalme

BEhold now giue heede ſuch as be,
The Lords ſeruants faithfull and true:
Come prayſe the Lord euery degree, with ſuch ſongs as to him are due.
O ye that ſtand in the Lords houſe, euen in our owne Gods manſion
Praiſe ye the Lord ſo bounteous, which worketh our ſaluation,
2 Lift vp your hands in his holy place, yea and that in the time of night:
Praiſe ye the Lord which giueth all grace, for he is a Lord of great might.
Then ſhal the Lord out of Sion, which made heauen & earth by his power:
Giue to you and your nation, his bleſſing, mercy and fauour.

Glory to God the Father, &c.

The X. Commandements of almighty God. Exod. xx. W. W.

Attend



1 I am thy soueraigne Lord and God:
which haue thee brought from careful thral
And eke reclaymed from Pharaos rod,
Make thee no Gods on them to call.

2 Nor fashioned forme of any thing,
In heauen or earth to worship it:
For I thy God by reuenging,
With grieuous plagues this sin will smite.

3 Take not in vaine his holy name,
Abuse it not after thy will:
For so thou mightst soone purchase blame,
And in his wrath he would thee spill.

4 The lord from work the seuenth day ceast,
And brought all things to perfect end:
So thou and thine that day take rest,
That to Gods hests ye may attend.

5 Unto thy parents honour giue,
As Gods commandements do pretend:
That thou long dates and good maiest liue:
In earth where God a place doth lend:

6 Beware of murther and cruel hate,
7 All filthy fornication feare:
8 See thou steale not in any rate,
9 False witnes against no man beare.

10 Thy neighbours house wish not to haue,
His wife or ought that he calleth mine:
His field, his Oxe, his Asse, his Slaue,
Or any thing which is not thine.

A prayer.

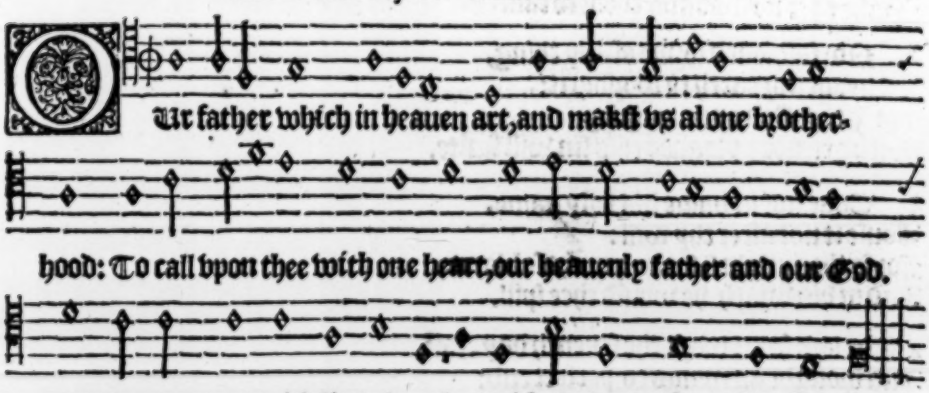
The spirit of grace grant vs O Lord,
To keep these lawes our harts restore:
And cause vs all with one accord,
To magnifie thy name therefore.

For of our selues no strength we haue,
To keep these lawes after thy will:
Thy might therefore O Christ we craue,
That we in thee may them fulfill.

Lord for thy name sake graunt vs this,
Thou art our strength oh sauoir Christ:
Of thee to speede how should we misse,
In whome our treasure doth consist.

To thee for euermore be praise,
with thy father in ech respect:
And with thy holy spirite alwaies,
The comforter of thine elect.

The Lords Prayer. D.Cox.



Thy blessed name be sanctified.
Thy holy word might vs inflame:
In holy life for to abide,
To magnifie thy holy name.
From all errors defend and keepe,
The little flocke of thy poore sheep:

Thy kingdome come euen at this houre,
And henceforth euer lastingly,
Thine holy Ghost vnto vs power,
withall his giftes most plenteously.
From Sathans rage and filthy band,
Defend vs with thy mighty hand.

Thy will be done with diligence,
Like as in heauen in earth also:
In trouble graunt vs patience,
Thee to obey in wealth and woe.
Let not flesh, blood, or any ill,
Preuaile against thy holy will:

Giue vs this day our dayly bread.
And all other gifts of thine:
Keepe vs from war and from bloudshed,
Also from sickenes, dearth and pine.
That we may liue in quietnes.
Without all greedy carefulnes.

Forgiue vs our offences all,
Relieue our carefull consciences:
As we forgiue both great and small,
Which vnto vs haue done offence.
Prepare vs Lord for to serue thee,
In perfect loue and vnitie.

O Lord into temptation,
Lead vs not when the fiend doeth rage:
To withstand his inuasion,
Giue power and strength to euery age.
Arme and make strong thy feeble host.
With fayth and with the holy Ghost.

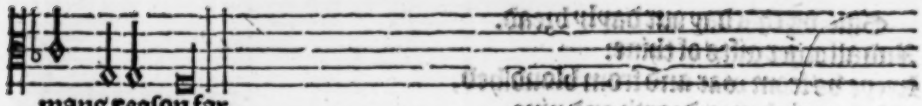
O Lord from euill deliuer vs,
The dayes and times are dangerous,
From euerlasting death saue vs,
And in our last need comfort vs.
A blessed end to vs bequeath,
Into thy hands our soules receiue.

For thou (O Lord) art king of kings,
And thou hast power ouer all:
Thy glory shineth in all things,
In the wide world vniuersal.
Amen let it be done (O Lord,)
That we haue prayd with one accord,

The xii. Articles of Christian fayth.

A L my beliefe and confidence, is in the Lord of might, the father
which all things hath made, the day & eke the night: the heauens & the firmament, and also many a starre, the earth, and all that is therin, which passe

mans



mans reason far.

And in like maner I beliene, in Christ our Lord his Sonne:
Coequall with the deitie, and man in flesh and bone.
Conceiued by the holy Ghost, his word doth me assure:
and of his mother Mary borne, yet she a virgin pure.

Because mankinde to Sathan was, for sinne in bond and thrall,
he came and offred vp himselfe, to death to saue vs all.
And suffering most grieuous payne, then Pilate being iudge:
was crucified on the crosse, and thereat did not grudge:

And so he dyed in the flesh, but quickened in the spirite:
his body then was buried, as is our vse and rite.
His spirite did after this discend, into the lower parts:
to them that long in darkenes were, the true light of their hearts.

And in the third day of his death, he rose to life agayne:
to thend he might be glorified, out of all griefe and payne.
Ascending to the heauens high, to sit in glory still:
on Gods right hand his father deare, according to his will.

Untill the day of iudgement come, when he shall come agayne:
with angels power, yet of that day, we all be vncertayne.
To iudge all people righteously, whom he hath dearely bought:
the liuing and the dead also, which he hath made of nought.

And in the holy spirite of God, my faith to satisfy:
the third person in trinity, beliue I stedfastly.
The holy and catholike Church, that Gods word doth mayntayne:
and holy scripture doth allow, which Sathan doth disdayne.

And also I do trust to haue, by Jesu Christ his death,
release and pardon of my sinnes, and that onely by faith.
What time all flesh shall rise agayne, before the Lord of might:
and see him with their bodily eyes, which now do giue them light.

And then shall Christ our sauiour, the sheep and goats diuide:
and giue life euerlastingly, to those whome he hath tride.
Which is his realme celestiall, in glory for to rest:
with all his holy company, of Saints and Angels blest.

Which serue the Lord omnipotent, obediently ech houre:
to whom be all dominion, and prayse for euermore.

A prayer vnto the holy Ghost to be song before
the Sermon.
Sing this as the 119. Psalme

Come

COme holy spite the God of might, comforter of vs all:
teach vs to know thy word aright, that we do neuer fall.
O holy Ghost visit our coast, defend vs with thy shield:
against all sin and wickednes, Lord help vs win the field.

Lord keepe our Queene and her Counsell, and giue them will and might:
to perseuere in thy Gospell, which can put sin to flight.
O Lord that giuest thy holy word, send Preachers plentreously,
that in the same we may accord, and therein liue and dye.

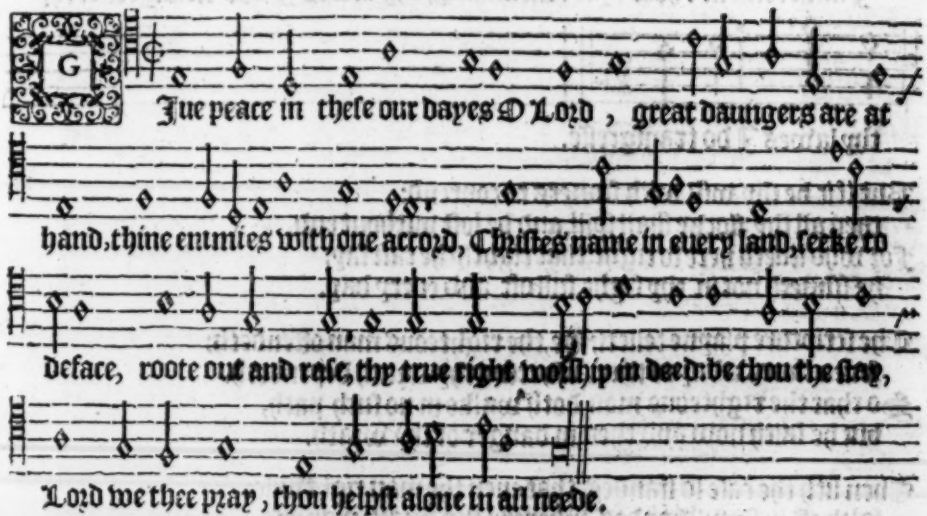
O holy spirit direct aright, the Preachers of thy word:
that thou by them mayst cut downe sin, as it were with a sword.
Depart not from those pastors pure, but ayd them all at need:
which breake to vs the bread of life, whereon our soules do feede.

O blessed spirit of trueth keep vs, in peace and vnity:
keep vs from sects and errors all, and from all Papistrie.
Conuert all those that be our foes, and bring them to thy light:
that they and we may all agree, and prayse thee day and night.

O Lord increase our fayth in vs, and loue so to abound:
that man and wife be voyd of strife, and neighbours about vs round.
In our time giue thy peace (O Lord) to nations far and nie:
and teach them all thy holy word, that we may sing to thee.

All glory to the Trinity, that is of mightes most:
the liuing Father and the Sonne, and eke the holy Ghost.
As it hath been in all the time, that hath been heretofore:
as it is now, and so shall be, henceforth for euermore.

Da pacem Domine. E. G.



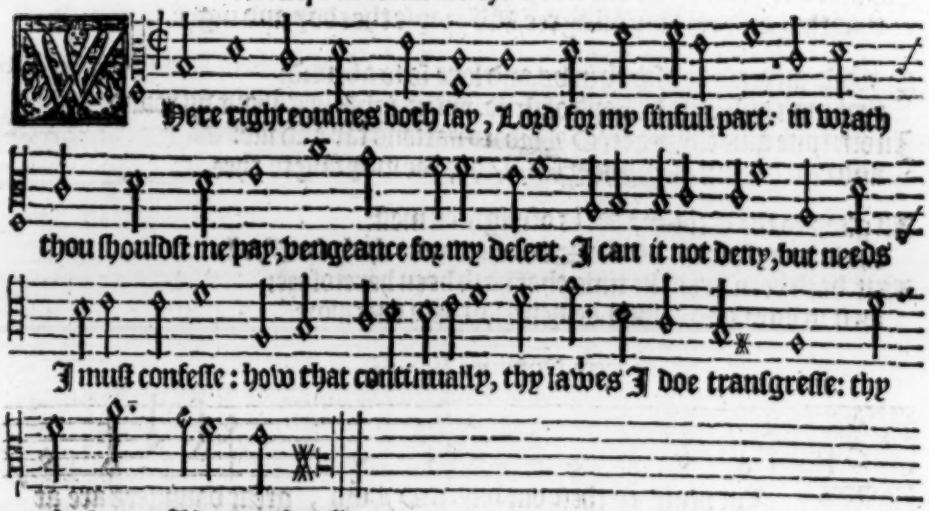
Giue vs that peace which we do lacke,
Through misbeliefe and ill life:

Thy

Thy word to offer thou doest not slacke,
which we vnkindly game-striue.
With fire and sword, this healthfull word,
Some persecute and oppresse.
Some with the mouth confesse the trueth,
without sincere godlinesse.

Giue peace and vs thy spirit downe send,
With griefe and repentance true:
To pearce our harts our liues to amend.
And by faith Christ renue.
That feare and dread, war and bloodshed,
Through thy sweete mercy and grace:
May from vs slide, thy trueth may bide,
And shine in euery place.

The complaynt of a sinner who craueth of Christ to be kept vnder his mercy:



But if it be thy will with sinners to contend:
then all thy flocke shall spill, and be lost without end.
For who liueth here so right, that rightly he can say:
he sinneth not in thy sight, full oft and euery day.

The scripture playne telleth me, the righteous man offendeth:
seuen times a day to thee, whereon thy wrath dependeth.
So that the righteous man, doth walke in no such path,
but he falth now and then, in danger of thy wrath.

Then sith the case so standes, that euen the man rightwise:
falth oft in sinfull bandes, whereby thy wrath may rise,
Lord I that am vniust, and righteousnes none haue:
whereto then shall I trust, my sinfull soule to saue.

But

But truely to that poſt, whereto I cleaue and ſhall:
which is thy mercy moſt, Lord let thy mercy fal.
And mitigate thy moode, or elſe we periſh all:
the price of this thy bloud, wherein mercy I call.

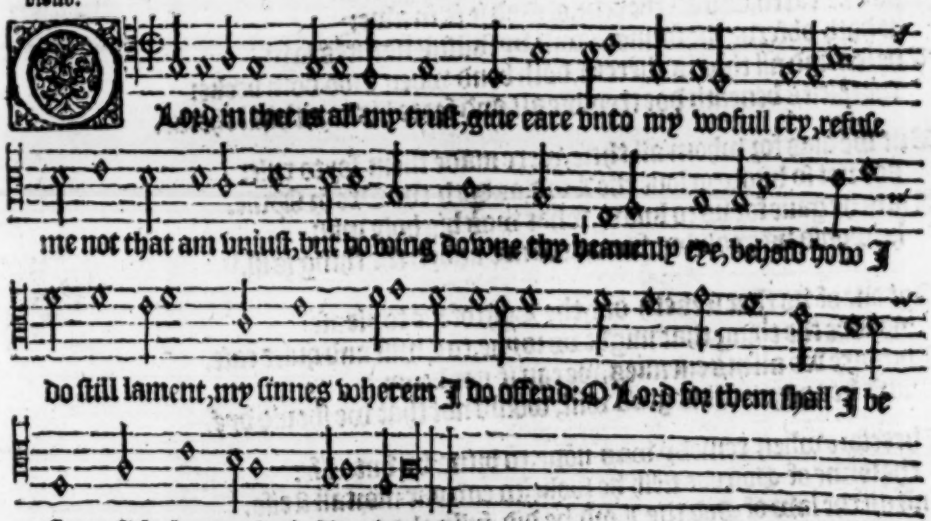
The ſcripture doth declare, no drop of bloud in thee:
but that thou didſt not ſpare, to ſhed ech drop for me.
Now let theſe drops moſt ſweete, ſo moyſt my heart ſo dry:
that I with ſinne replete, may liue and ſinne may dye.

That being mortified, this ſinne of mine in mee,
I may be ſanctified, by grace of thine in thee.
So that I neuer fall, into ſuch mortall ſinne:
that my foes infernall, reioyce my death therein.

But vouchſafe me to keepe, from thoſe infernall foes:
and from that lake ſo deepe, whereas no mercy groweth.
And I ſhall ſing the ſongs, confirmed with the luſt:
that vnto thee belongs, which art mine onely truſt:

The Lamentation.

Through perfect repentãce the ſinner hath a ſure truſt in God that his ſins ſhalbe waſhed away in Chriſts bloud.



No, no, not ſo, thy will is bent, to deale with ſinners in thine ire:
But when in heart they ſhall repent, thou grantſt with ſpeede that they deſire.
To thee therefore ſtill ſhall I cry, to waſh away my ſinfull crime:
Thy bloud O Lord is not yet dry, but that it may helpe me in time.

Haſt thee (O Lord) haſt thee I ſaye, to poure on me thy gifts of grace:
That when this life muſt fleete away, in heauen with thee I may haue place.
Where thou doeſt raigne eternally, with God which ones did downe thee ſend.
Where Angels ſing continually, to thee be prayſe world without end.

A thankesgiuing after the receiuing of the Lords supper.

Sing this as the 137 Psalme

1

The Lord be thanked for his gifts, and mercy euermore:
that he doth shew vnto his Saints, to him be laud therefore.
Our tongues cannot so prayse the Lord, as he doth right deserue:
our harts cannot of him so thinke, as he doth vs preserue.

His benefits they be so great, to vs that be but sinne:
that at our hands for recompence, there is no hope to winne:
O sinfull flesh that thou shouldst haue such mercies of the Lord:
thou doest deserue most worthely, of him to be abhord.

Nought els but sinne and wretchednes, doth rest within our harts,
and stubbornely against the Lord, we dayly play our parts.
The sunne aboue the firmament, that is to vs a light:
doth shew it selfe more cleane and pure, then we be in his sight.

The heauens aboue, and all therein, more holy are then wee:
they serue the Lord in their estate, ech one in their degree.
They do not striue for mastership, nor slacke their office set:
but feare the Lord and do his will, hate is to them no let.

Also the earth, and all therein, of God it is in awe:
it doth obserue the formers will, by skilfull natures law.
The sea and all that is therein, doth bend when God doth becke:
the spirits beneath doe tremble all, and feare his wrathfull checke.

But we alas for whom all these, were made them for to rule:
doe not so know or loue the Lord, as doth the Oxe or Mule.
A law he gaue for vs to know, what was his holy will:
he would vs good, but we would not auoyd the thing is ill.

Not one of vs that seeketh out, the Lord of life to please:
nor doe the thing that might vs ioyne, to Christ and quiet ease.
Thus are we all his enemies, we can it not deny:
and he agayne of his good will, would not that we should dye.

Therefore when remedy was none, to bring vs vnto life:
the sonne of God our flesh he tooke, to end our mortall strife.
And all the law of God the Lord, he did fully obay:
and for our sinnes vpon the Crosse, his blood our debts did pay.

And that we should not yet forget, what good he to vs wrought:
a signe he left our eyes to tell, that he our bodies bought.
In bread and wine here visible, vnto our eyes and tast:
his mercies great thou maiest record, if that his spirite thou hast.

As once the corne did liue and grow, and was cut downe with sithe:
and threshed out with many stripe, out from his huske to driue.
And as the mill with violence, did reare it out so small:
and made it like to earthly dust, not sparing it at all.

And as the ouen with fire whot, did close it vp in heat:
and all this done that I haue said, that it should be our meate.
So was the Lord in his ripe age, put downe by cruell death:
his soule he gaue in torments great, and yelded vp his breath.

Because that he to vs might be, an euerlasting bread:
with much reproch, and troubles great, on earth his life he led.
And as the grapes in pleasant time, are prested very sore:
and plucked downe when they be ripe, not let to growe no more.

Because the iuyce that in them is, as comfortable drinke:
we might receiue and ioyfull be, when sorowes make vs shrinke.
So Christes bloud out prested was, with nayle, and eke with speare:
the iuyce whereof doth saue all those, that rightly do him feare.

And as the cornes by vnity, into one loafe is knit:
so is the Lord and his whole Church, though he in heauen sit.
As many grapes make but one wine, so should we be but one:
in fayth and loue in Christ aboue, and vnto Christ alone.

Leading a lyfe without all strife, in quiet rest and peace:
from enuy, and from malice both, our harts and tongues to cease.
Which if we do then shall we shew, that we his chosen be:
by fayth in him to lead a lyfe, as alwaies willed he.

And that we may so doe in deed, God send vs all his grace:
then after death we shall be sure, with him to haue a place.

R. W.

PReserue vs Lord by thy deare word, from Turke and Pope defend
vs Lord, which both would thrust out of his throne, our Lord Iesus Christ
thy deare Sonne.

Lord Iesus Christ shew forth thy might, y thou art Lord of Lords by right,
Thy poore afflicted flocke defend, that we may praise thee without end.
God holy Ghost our comforter, be our patron, help, and succour:
Geue vs one minde, and perfect peace, all gifts of grace, in vs increase.
Thou lyuing God in persons three, thy name be praysed in vnity:
In all our neede so vs defend, that we may prayse thee world without end.

¶ A forme of prayer to be vsed in priuate houses *euery Morning and Euening.*

Morning prayer.

ALmighty God & most mercifull Father, we do not presente our selues here before thy maiestie, trusting in our owne merits or worthinesse, but in thy manifold mercies, which hast promised to heare our prayers & grant our requests which we shal make to thee, in the name of thy beloued sonne Iesus Christ our lord: who also hath commanded vs to assemble our selues together in his name, with full assurance that he will not onely bee amongst vs, but also be our mediator & aduocate towards thy maiesty, that we may obtayne all things which shal seeme expedient to thy blessed will for our necessities: Therefore we beseech thee sweet father, to turne thy louing countenãce towards vs, & impute not vnto vs our manifold sins & offences, whereby we iustly deserue thy wrath & sharpe punishment, but rather receiue vs to thy mercy for Iesus Christs sake, accepting his death & passion as a iust recompence for al our offences, in whom only thou art pleased, & through whom thou canst not be offended with vs. And seeing þ of thy great mercies, we haue quietly passed this night, grant (O heauenly father) that we may bestow this day wholy in thy seruice, so that all our thoughts, woordes & deeds may redound to the glory of thy name, & good ensample to all men, who seeing our good workes, may glorifie thee our heauenly Father. And forasmuch as of thy meere fauor and loue, thou hast not onely created vs to thine owne similitude & likenes, but also hast chosen vs to be heirs with thy deare sonne Iesus Christ, of þ immortal kingdom which thou prepardst for vs from the beginning of the world: we beseech thee to encrease our faith and knowledge, & to lighten our harts with thy holy spirit, that we may in þ meane time liue in godly conuersation and integrity of life, knowing that Idolaters, adulterers, couetous men, contentious persons, drunkards, gluttons, and such like shall not inherit the kingdome of God.

And because thou hast comanded vs to pray one for an other, we do not onely make request (O Lord) for our selues, & for them thou hast already called to the true vnderstanding of thy heauenly will, but for all people & nations of the world, who as they know by thy wonderfull workes that thou art God ouer all, so they may be instructed by thy holie spirit, to beleeue in thee their onely sauiour & redeemer. But forasmuch as they cannot beleeue except they heare, nor cannot heare but by preaching, and none can preach except he be sent: therefore (O Lord) raise vp faithfull distributers of thy misteries, who setting apart al worldly respects, may both in their life and doctrine onely seeke thy glory. Contrary confound Sathan, & Antichrist, with al hirelings, whome thou hast already cast off into a reprobate sence, that they may not by sects, schismes, heresies and errors, disquiet thy little flocke. And because (O Lord) we be fallen into the latter dayes & dangerous times wherein ignorance hath gotten the vpper hand, and Sathan by his ministers seeke by all meanes to quench the light of thy Gospel, we beseech thee to maintaine thy cause against those rauening wolues, and strengthen all thy seruants, whom they keep in prison and bondage. Let not thy long suffering be an occasion, either to increase their tiranny, or to discourage thy children, neither yet let our sinnes and wickednes be an hindrance to thy mercies, but with

speede

speede (O Lorde) consider these great miseries. For thy people Israell many times by their sinnes prouoked thine anger, and thou punishedst them by thy iust iudgement, yet though their sinnes were neuer so grieuous, if they once returned from their iniquity, thou receiuedst them to mercy. We therefore most wretched sinners bewayle our manifolde sinnes, and earnestly repent vs of our former wickednesse, & vngodly behauiour towards thee: and whereas wee cannot of our selues purchase thy pardō, yet we hūbly beseech thee for Iesus Christs sake, to shew thy mercies vpon vs, & receaue vs againe to thy fauour. Grant vs deare father, these our requests & all other things necessary for vs & thy whole Church, according to thy promise in Iesus Christ our Lord. In whose name wee beseech thee as he hath taught vs, saying: Our father which art in heauen, &c.

¶Euening prayer.

O Lord God, father euerlasting and full of pitie, we acknowledge and confesse that we be not worthie to lift vp our eyes to heauen, much lesse to present our selues before thy maiestie, with confidence that thou wilt heare our prayers, and grant our requests, if we consider our owne deseruings, for our consciences do accuse vs, and our sinnes do witnesse against vs, and we know that thou art an vpright Iudge which doest not iustifie the sinners and wicked men, but punishest the faults of all such as transgresse thy commandements. Yet most mercifull father, since it hath pleased thee to command vs to call on thee in all our troubles and aduersities promising euen then to helpe vs when we feele our selues (as it were) swallowed vp of death, and desperation: wee vtterly renounce all worldly confidence, and flee to thy soueraigne bounty as our onely stay and refuge: beseeching thee not to call to remembrance our manifold sinnes and wickednesse, whereby we continually prouoke thy wrath & indignation against vs: neither our negligence and vnkindnesse, which haue neither worthily esteemed, nor in our liues sufficiently expressed the sweet comforts of thy Gospell reuealed vnto vs: but rather to accept the obedience and death of thy sonne Iesus Christ, who by offering vp his body in sacrifice once for all, hath made a sufficient recompence for all our sinnes. Haue mercy therefore vpon vs (O Lorde) and forgiue vs our offences. Teach vs by thy holy spirite that weemay rightlye waigh them, and earnestlye repente for the same. And so much the rather (O Lord) bicause that the reprobate and such as thou hast forsaken can not praise thee nor call vpon thy name, but the repenting heart, the sorrowful mind, the conscience oppressed, hungring and thirsting for thy grace shall euer set forth thy praise and glory. And albeit we bee but wormes and dust, yet thou art our father and we thy children, thou art our shepeheard, and wee thy flocke, thou art our redeemer, and we the people whom thou hast bought: thou art our God, and wee thine inheritance. Correct vs not therefore in thine anger (O Lord) neither according to our deserts punish vs, but mercifully chastice vs with a fatherly affection that all the worlde may knowe that at what time soeuer a sinner doth repent him of his sin from the bottom of his heart, thou wilt put away his wickednesse out of thy remembrance as thou hast promised by thy holy Prophet.

Finally for as much as it hath pleased thee to make the night for man to rest in, as thou hast ordained him the day to trauaile in, grant deare father that wee may so take our bodely rest, that our soules may continually watch for the time that our Lord Iesus Christ shall appeare for our deliuerance out of this mortall

life, and in the meane season, that we not ouercome by any fantasies, dreames, or other temptations, may fully set our mindes vpon thee, loue thee, feare thee, and rest in thee: furthermore, that our sleepe be not excessiue or ouermuch after the insatiable desires of our flesh, but onely sufficient to content our weake nature that we may be better disposed to liue in all godly conuersation, to the glory of thy holy name, and profit of our brethren. So be it.

A godly prayer to be said at all times.

HOnor and prayse be giuen to thee (O Lord God almighty) most deare Father of heauen for all thy mercies and louing kindnesse shewed vnto vs, in that it hath pleased thy gracious goodnes freely & of thine owne accord to elect and choose vs to saluation before the beginning of the world, and euen like continuall thankes be giuen to thee for creating vs after thine owne image, for redeeming vs with the precious blood of thy deare sonne when we were vtterly lost, for sanctifying vs with thy holy spirite in the reuelation & knowledge of thy holy word, for helping and succouring vs in all our needs and necessities, for sauing vs from all dangers of body and soule, for comforting vs so fatherly in all our tribulations and persecutions, for sparing vs so long, and giuing vs so large a time of repentāce. These benefits (O most mercifull father) like as we acknowledge to haue receiued them of thy only goodnesse: euen so we beseech thee for thy deare sonne Iesus Christs sake, grant vs alwaies thy holy spirit, that we may continually grow in thankfulnes towards thee, to be led into all trueth and comforted in all our aduersities. O Lord strengthen our faith, kindle it more in feruentnes and loue towards thee & our neighbors for thy sake. Suffer vs not most deare Father to receiue thy worde any more in vaine: but grant vs alwaies the assistance of thy grace and holy spirit, that in hart, word and deed, we may sanctifie and do worship to thy name, help to amplifie and increase thy kingdome, & whatsoeuer thou sendest, we may be hartely well content with thy good pleasure and will. Let vs not lacke the thing (O Father) without the which we cannot serue thee: but blesse thou so all the workes of our hands, that we may haue sufficient and not bee chargeable but rather helpfull to others.

Be mercifull (O Lord) to our offences, & seeing our debt is great which thou hast forgiuen vs in Iesus Christ, make vs to loue thee & our neighbors so much the more. Be thou our Father, our Captayne and defender in all temptations, hold thou vs by thy mercifull hand, that wee may be deliuered from all inconueniences, and end our liues in the sanctifying & honour of thy holy name, through Iesus Christ our Lord and onely Sauiour. So be it.

Let thy mighty hand and outstretched arme (O Lord) be stil our defence, thy mercy & louing kindnesse in Iesu Christ thy deare sonne our saluation, thy true and holy word our instruction, thy grace and holy spirite our comfort and consolation vnto the end, and in the end. So be it. O Lord increase our faith. &c.

A confession for all estates and times.

O Eternall God and most mercifull Father, we confesse & acknowledge here before thy diuine maiestie, that we are miserable sinners, conceiued and born in sin and iniquity, so that in vs there is no goodnes: For the flesh euermore rebelleth against the spirit, wherby we continually transgresse thy holy precepts & commandements, & so purchase to our selues through thy iust iudgement, death and damnation. Notwithstanding (O heauenly Father,) forasmuch as we are

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displeased with our selues, for the sinnes that we haue committed against thee, and do vnfainedly repent vs of the same, we most humbly beseech thee for Iesus Christes sake to shew thy mercy vpon vs, to forgaue vs al our sinnes, and increase thy holy spirit in vs: that wee acknowledging from the bottom of our harts, our owne vnrighteousnes, may from henceforth not onely mortifie our sinfull lusts and affections, but also bring forth such fruits as may be agreeable to thy most blessed will, not for the worthines thereof, but for the merits of thy dearely beloued Sonne Iesus Christ our onely Sauiour, whom thou hast already giuen an oblation and offering for our sinnes, & for whose sake wee are certainely perswaded that thou wilt deny vs nothing that wee aske in his name according to thy wil. For thy spirit doeth assure our conscience that thou art our merciful Father, & so louest vs thy Children through him, that nothing is able to remoue thy heauenly grace and fauour from vs. To thee therefore (O Father) with thy Sonne and the holy Ghost, bee all honor and glory, world without end. Amen.

A prayer to be said before a man begin his worke.

O Lord God most mercifull Father and Sauior, seeing it hath pleased thee to command vs to trauel, that we may releeue our need, wee beseech thee of thy grace so to bless our labours, that thy blessing may extend vnto vs, without the which we are not able to continue: and that this great fauour may be a witnes vnto vs of thy bountifulnes and allsufficiency, so that thereby we may knowe the fatherly care that thou hast ouer vs.

Moreouer (O Lord) we beseech thee that thou wouldest strengthen vs with thy holy spirite, that we may faithfully trauaile in our estate & vocation without fraud or deceite: and that we may endeuour our selues to follow thy holy ordinances, rather then to seeke to satisfie our greedy affections or desire to gaine. And if it please thee (O Lord) to prosper our labour, giue vs a minde also to help them that haue neede, according to that ability that thou of thy mercy shalt giue vs: and knowing that all good things come of thee, graunt that we may humble our selues to our neighbours, and not by any meanes lift our selues vp aboue them which haue not receiued so liberall a portion as of thy mercy thou hast giuen vnto vs. And if it please thee to vexe and exercise vs by greater pouerty, and neede, then our flesh would desire, that thou wouldest yet (O Lord) graunt vs grace to know that thou wilt nourish vs continually through thy bountifull liberality that we be not so tempted that wee fall into distrust: but that wee may patiently wait till thou fill vs not onely with corporall graces and benefits, but chiefly with thy heauenly and spirituall treasures, to the intent that we may alwaies haue more ample occasion to giue thee thankes, and so wholy to rest vpon thy mercies. Heare vs (O Lord of mercy) through Iesus Christ thy sonne our Lord. Amen.

A prayer for the whole estate of Christs Church.

Almighty God and most mercifull Father, we submit our selues, & fall downe before thy maiestie, beseeching thee from the bottome of our hearts, that this seed of thy word now sowne amongst vs, may take such deepe roote that neither the burning heate of persecution cause it to wither, neither the thorny cares of this life do choke it, but that as seede sowne in good ground, it may bring forth thirtie, sixtie and an hundred folde, as thy heauenly wisedome hath appointed. And because we haue need continually to craue many things at thy hands, we humbly beseech thee (O heauenly father) to grant vs thy holy spirit to direct our

petitions

petitions, that they may proceede from such a feruent minde, as may be agreeable to thy most blessed will. And seeing that our infirmitie is able to do nothing without thy help, and that thou art not ignorant with how many & great temptations, we poore wretches are on euery side enclosed & compased: Let thy strength (O Lord) sustaine our weaknes, that we being defended with the force of thy grace, may be safely preserued against all assaults of Sathan, who goeth about cõtinually like a roaring Lyon, seeking to deuoure vs. Encrease our faith (O merciful Father) that we do not swerue at any time frõ thy heauenly word: but augment in vs hope and loue, with a cheerefull keeping of all thy commandements, that no hardnesse of heart, no hypocrisie, no concupiscence of the eyes, nor intisements of the world, do draw vs away from thy obedience. And seeing we liue now in these most perilous times: let thy fatherly prouidence defende vs against the violence of all our enimies, which doe seeke by all meanes to oppresse thy truth. Furthermore forasmuch as by thy holy Apostle we be taught, to make our prayers and supplications for all men: We pray not onely for our selues here present, but beseech thee also, to reduce all such as be yet ignorant, from the miserable captiuity of blindnesse and errour, to the pure vnderstanding & knowledge of thy heauenly truth: that we all with one consent & vnity of minds, may worship thee our only God and Sauiour. And that all Pastors, shepeherds and ministers, to whom thou hast committed the dispensatiõ of thy holy word, & charge of thy chosen people, may both in their life & doctrine, be found faithfull, setting onely before their eies thy glory: and that by them all poore sheepe, which wander and goe astray, may be gathered & brought home to thy fold. Moreouer, because the hearts of all rulers are in thy hands, we beseech thee to direct and gouerne the hearts of all Kings, Princes, and Magistrates, to whome thou hast committed the sword: specially (O Lord) according to our bounden duety we beseech thee to maintaine and increase the honorable estate of the Queens maiestie, and all her noble Counsellers, and Magistrates, with all the spirituall Pastors and Ministers and all the whole body of this common weale. Let thy fatherly fauor so preserue them, and thy holy spirite so gouerne their hartes, that they may in such sort execute their office, that thy religion may be purely maintayned, manners reformed, and sinne punished according to the precise rule of thy holy word. And for that we be all members of the misticall body of Jesus Christ, we make our requests vnto thee O heauenly Father, for all such as are afflicted with any kinde of crosse or tribulation, as warre, plague, famine, sickenesse, pouerty, imprisonment, persecution, banishment, or any other kinde of thy Crosse, whether it be calamity of the body or vexation of the minde: that it would please thee to giue them patience and constancy, till thou send them full deliuerance of al their troubles. Roote out from hence (O Lord) all rauening wolues, which to fill their bellies, seeke to destroy thy flocke. And shew thy great mercies vpõ those our brethren in other countries, which are persecuted, cast into prison & daily condemned for the testimony of thy trueth. And though they bee vtterly destitute of all mans aide, yet let thy sweete comfort neuer depart from them: but so inflame their harts with thy holy spirit, that they may boldly and cheerefully abide such triall, as thy godly wisdome shall appoynt. So that at length as well by their death as by their life, the kingdome of thy deare Sonne Jesus Christ may encrease and shine through all the world. In whose name wee make our humble petitions vnto thee. As he hath taught vs. Our Father which art in heauen, hallowed be thy name &c.

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¶ These yee shall haue after the Psalmes.

Prayse the lord O yee.
Behold now geue.
Attend my people.
Our father which in heauen art.
All my beliefe.
Come holy spirit.
Giue peace in these
Where righteousnes
O Lord in thee is all.
Preserue vs lord.
The lord be thanked.
Also certaine godlie prayers.

¶ These yee shall haue in the beginning of the booke.

Veni creator spiritus.
Venite exultemus
Te Deum laudamus
Benedicite.
Benedictus Dominus
Magnificat anima
Nunc dimittis
The lamentation of a sinner.
The humble sute of a sinner.
Quicunque vult
The Pater noster
The x. Commandements.

FINIS.